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# Beginning Sewing II: Basic Garment Construction

## Materials List

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### Required

- Sewing machine and all the pieces and feet that came with your machine including the manual
- 4 empty bobbins for your machine
- Good sewing scissors
- Sewing pins
- Fabric marking tool, i.e. heat or water-soluble pen or tailor's chalk.
- Sewing tape measure
- Good quality polyester thread in colors to match your cotton fabrics (I recommend Gütermann)
- Note-taking materials
- 3 – 3 ½ yds of cotton or flannel -- if you are tall, you will need the longer amount
- 1 ½ yards of ½-inch wide elastic

### Optional

- Clear sewing ruler (really good to have in one's kit)
- Rotary cutter and self-healing mat



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