A ZEST FOR LIFE

Winter 18: January February March
Join Today! (801) 581-7155 www.osher.utah.edu

Visual Arts • Politics • History • STEM • Fitness • Literature • Music • Fun
I write this letter as a gentle breeze lifts the fall leaves off our campus trees and places them softly on the ground. Fall term is coming to a close, and the Osher staff is preparing for Winter 2018.

I am normally a little sad this time of year. I’m not a skier, so knowing that winter (and snow and ice and cold) is coming always gets me down.

This year though, I’m looking forward to January 2018. January kicks off Osher Lifelong Learning Institute’s Winter term and it brings with it courses on the Golden Rule, Federal Public Lands in Utah, the Syrian Crisis and Endangered Languages.

I’m also looking forward to seeing all of you at Special Events. Our volunteers have done a wonderful job organizing tours of the remodeled Vivint Smart Home Arena, UDOT Operations Center, Clark Planetarium and CousCous Grill.

As I sit here watching the leaves and thinking of all that we will learn, I realize that I’m looking forward to learning with each curious Osher member. Your curiosity is contagious. It’s just what the doctor ordered to get me excited for winter. I’m even (sort of) excited for the snow.

Lauren Andersen
Director
Membership in the Osher Institute is one of the best gifts you can give yourself and those you care about.

Everyone knows learning is good for your brain. The Osher Institute at University of Utah makes it easy and fun.
Shahpar Ghodsi
Classroom Assistant & Member
One easy way to measure your happiness and productivity is to gauge how you feel about your alarm clock. Do you dread the noise and quickly hit the snooze button? Or do you consider the alarm ringing to be the sound of promise? Happy people tend to enthusiastically greet each morning, viewing the day as an empty canvas to be painted, a blank page to be filled, or a hunk of clay to be shaped.

The Osher Lifelong Learning Institute caters to people who are fired up about life and who love to seek out interesting people and topics. The thoughtfully curated classes cover a broad range of topical and energizing subjects, guaranteed to spark lively conversation. As issues are discussed, minds are opened, perspectives enhanced, confidence built, and friendships formed.

On the docket this semester are a diverse slate of classes and engaging special events. You’ll also find several dynamic new offerings that are sure to pique your interest, including: The Olympic Games: A Primer; Elections: Rational Choice, or Mental Manipulation?; Dostoevsky and Russian Terrorism; News Media and Democracy in Tumultuous Times; and On the Trail of the West: Art of the American Frontier.

When it comes to happiness, it’s not age that matters, it’s attitude. Sign up for a membership today!
COURSES BY CATEGORY

History
Iran: Shah to Present
Military Intelligence - Part One
Military Intelligence - Part Two
Tale of Six Cities
The History of Conflict: Perspectives on the Colorado Plateau
The Olympic Games: A Primer
The Roaring Twenties and the Great Depression
Understanding the Syrian Crisis
World War I: Mayhem Made Manifest

Law, Government, and Politics
Citizen Governance: We the People in the Age of Tribalism
Current Issues In American Public Affairs & Politics
Elections: Rational Choice, or Mental Manipulation?
Federal Public Lands in Utah - What Are They and Why All the Fuss? (Updated)
Have We Lost Our Right to Know?
Individual Rights and the Constitution - Part 2: First Amendment - Speech and Religion
The Pulse of Utah Politics: What's Happening on the Hill

Literature
Dostoevsky and Russian Terrorism
Homer's Odyssey
Poetry for Enrichment 2
Shakespeare's Comedies
Shakespeare's Narrative Poetry
The Lacuna, Barbara Kingsolver
William Faulkner: Southern Gothic

Medicine, Health, and Fitness
Build a Bone
Dance Fitness
Embrace Aging - It's a Once-in-a-lifetime Opportunity
Everyday Mindfulness
Exercise Science: Transform Your Quality of Life
Improving Balance and Flexibility with Alignment Yoga

Nature, Outdoors, and Lifestyle
Walking Meditation
Wines of Northern France

Other Humanities
An Introduction to Hinduism and its Most Sacred Text: The Bhagavad Gita
Bon Voyage 2! French for Travelers
Documenting Endangered Languages and Cultures
Does Practicing the Golden Rule Still Matter?
Fashion Inspirations: From the Ancient Middle East to Modern High Fashion
Opening Eyes to Today's, Yesterday's, and Tomorrow's Art World
Right and Wrong, Good and Bad: Who Decides?
A Philosophical Conversation about Morality
Tanner Humanities Center Lectures
The First Fifty Pages
Writing Your Story

Performance Arts
Beginning Ukulele
Black Violin
Opera Preview: Pagliacci and Gianni Schicchi
Opera Preview: Moby Dick

STEM
Advances in Biotechnology
America's Energy: How It Works, and What You Need to Know
Basics: iPhoto and iMovie
From Death to the Grave
Fruitful Relationships: Improved Production from Interactions with Family and Friends
Herbal Medicine: History, Insights, and Discoveries from the Past
Internet Security
iPad Basics
Mac: Basics
Mac: Beyond the Basics
Our Genes - Our Future - The Revolution

Visual Arts
Beginning-Intermediate Watercolor Painting
Drawing: Portraits
Intermediate Photography and Creative Practices
On the Trail of the West: Art of the American Frontier
Women Artists in a Man's World: 19th - 21st Centuries
Advances in Biotechnology
The twenty-first century has seen remarkable advances in biotechnology. A word that was barely used seventy years ago is now the occupation of thousands of engineers, biologists, mathematicians, chemists and physicians. Learn from various researchers from the University of Utah Bioengineering department about what they do, advances that they are making in this remarkable field, and hear them describe how their research could change medicine, computation, modeling, food, and pharmaceuticals for future generations.

Osher 938-001 • Thursdays, Jan 18-Feb 22
11:30 AM-1:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Scholars from the University of Utah’s Department of Biotechnology
TUITION: $99

America’s Energy: How It Works, and What You Need to Know
We live in a society that is defined and molded by the energy we use—and we use a lot of it—yet most people have only a simple understanding of where energy comes from and where it is used. This class sits at the intersection of science and public policy. It will provide the background you need to understand where energy comes from, how it is used, what the future holds, how and why the decisions made by legislators will affect our lives. For example, is “Clean Coal” part of our future or is it an oxymoron? How about wind and solar? What is the grid, and why should I care? Is nuclear energy safe?

Osher 54-001 • Thursdays, Jan 18-Feb 22
11:30 AM-1:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Alan Eastman
TUITION: $99

An Introduction to Hinduism and its Most Sacred Text: The Bhagavad Gita
The popular view of Hinduism is that of a complex, confusing mix of rituals, festivals, and customs combined with thousands of gods and goddesses. Yet, it is also the source for deep philosophical insight and practices, such as yoga and meditation. This picture masks the underlying unity and appeal of the ancient ideas of the Vedic seers seeking answers to fundamental questions: Who am I? What is this creation? What or who is God? These questions are addressed in the study of Vedanta—the Bhagavad Gita along with the Upanishads. This course will introduce Hinduism through these most sacred texts and the relevance of their messages in day to day life. It will cover the basic tenets of Hinduism – dharma (ethical living) karma theory (destiny/free will), karma yoga (path to spiritual/emotional maturity) and reincarnation.

Osher 880-001 • Tuesdays, Jan 16-Feb 20
1:30-3:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Santosh Gandhi
TUITION: $99

Basics: iPhoto and iMovie
Expand your ability to enjoy your photos and movies by learning the basics of iPhoto and iMovie on your Mac computer. We’ll start with importing and managing your digital photos. Then we will learn basic photo editing techniques that you can use to turn good shots into magnificent ones. After we are all organized, we’ll move on to iMovie, learning how to combine photos and video clips to make your own movie to share with family and friends. This is a hands-on class. Students will learn on an iMac with your own external hard-drive or you can bring your own Mac laptop to class. The special fee included in the class includes parking passes at the Annex Building parking lot.
Beginning Ukulele
Learning to play the ukulele is fun and easy. This versatile instrument can be played in any style from rock and roll to gospel, old classics to new songs. This course is for soprano, alto, and tenor C-tuned ukuleles. We will learn the various parts of the ukulele and their functions, how to play 12 ukulele chords, and how to strum simple songs. Music is provided.

OSHER 595-001 • Wednesdays, Jan 17- Feb 21
3:15-4:45 PM
LOCATION: Tenth East Senior Center, 237 S. 1000 East, SLC
INSTRUCTOR: Marci Villa
TUITION: $99

Beginning-Intermediate Watercolor Painting
Haven’t held a paint brush since elementary school, but have a desire to express yourself? Know nothing about painting or drawing? This course is for you. You will produce art work that you can be proud of. You will gain an understanding of the color wheel, blending and shading colors and the importance of contrast and composition. You will also experience the joy of creativity. Special themes for this session will be: flowers; trees; dogs; and birds. Students should bring to the first class a pad of watercolor paper (9 x 12 cold press 140 lb.), a cup for water, a roll of toilet paper, three water color brushes (small size #1-4 round, medium #8 or 10 round, and large #14 flat), one water color palette box (minimum 7 colors), spray bottle, pencil, and a tray for mixing with a minimum of 4 wells.

OSHER 55-001 • Tuesdays, Feb 13- 27
LOCATION: David Gardner Music Hall, Room 270
INSTRUCTORS: Theresa Martinez and Shana Osterloh
TUITION: $39 + $11.50 special fee
NOTE: This section does not include a ticket.

OSHER 55-002 Tuesdays, Feb 13-27
LOCATION: David Gardner Music Hall, Room 270
INSTRUCTORS: Theresa Martinez and Shana Osterloh
TUITION: $39
NOTE: This section does not include a ticket.
**Bon Voyage 2! French for Travelers**

Gain confidence and “savoir faire” when traveling to France by communicating in French. This second level course builds upon basic vocabulary. You will learn essential conversational skills, navigational phrases, and other clues from an experienced traveler. Important topics include emergency expressions, medical issues, tourism, transportation, leisure activities, dining, shopping, and entertainment. Discover useful verbs and idioms to enliven your speech. Practice conversations and stories with classmates to gently implant expressions into your memory. Extra tips to assist you with social manners and customs will be shared. Some technology sites may be suggested. The special fee included in the class includes parking passes at the Annex Building parking lot.

OSHER 56-001 • Tuesdays, Jan 16-Feb 20 1:30-3:00 PM
LOCATION: Annex 1035
INSTRUCTOR: Linda Bayes
TUITION: $99 + $30 special fee

**Build a Bone**

Osteoporosis is a major public health threat for millions of Americans 50 years and older. If you have heard the terms osteopenia or osteoporosis from your medical professional, take this class to learn what can be done to improve your bone health and prevent bone loss. Experts lead the class in weight bearing, weight lifting, spine extension, balance, and core strengthening exercises. We learn how walking and proper nutrition can improve bone strength and reduce the risk of falls by 50%. Classes are motivating, fun, and physically interactive. Wear appropriate clothing.

OSHER 189-001 • Mondays and Fridays, Jan 19 - 26. First class meets on Thursday, Jan 18. 1:30 - 3:30 PM
LOCATION: Oral Health Sciences Bldg., Rm. B140, 526 Wakara Way
INSTRUCTOR: Raven Berman
TUITION: $89

**Citizen Governance: We the People in the Age of Tribalism**

The phrase “We the People” introduces the innovation of a written constitution with its implications for the rule of law and stable governance. These basic tenets are under assault from a number of forces in the 21st Century. This course deals with basic structures that concerned citizens will need for participation in what will come next.

OSHER 57-001 • Wednesdays, Jan 17-Feb 21 1:30-3:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Wayne McCormack
TUITION: $99

**Current Issues In American Public Affairs & Politics**

Examine the behind-the-scenes details—strategies, personalities, power, and politics—that influence stories in The New York Times about current political and governmental events. The New York Times provides many issues for lively discussion. In addition, The Washington Post, CNN, and National Public Radio will be sources for breaking stories. News articles and videos seed the discussion, but they often grow into entirely different topics based on student interest and participation. Students are encouraged to ask hard questions, and to participate actively and respectfully in class discussion.

OSHER 630-001 • Tuesdays, Jan 16-Feb 20 1:30-3:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Tim Chambless
TUITION: $99

more class information on page 9
## Dance Fitness

Studies prove that dancing can improve mental and physical fitness levels. This fun workout will have you moving to the “oldies”, incorporating dance moves you love as well as current music and styles. Improve balance, endurance, tone and rhythm as you dance your way to increased physical fitness and mental acuity. All skill and fitness levels are welcome; the workout will include warm-up and cool-down stretch. Wear clothes allowing you to move to the music and athletic workout shoes. The last 15 minutes of class will be dedicated to optional muscle toning exercises. Bring a yoga mat if you plan to stay for this part.

**OSHER 885-001 • Wednesdays, Jan 17-Feb 21 2:00 - 3:15 PM**  
**LOCATION: Tenth East Senior Center, 237 S. 1000 East, SLC**  
**INSTRUCTOR: Denise Gibson**  
**TUITION: $89**

## Documenting Endangered Languages and Cultures

This course will provide an overview of language endangerment. We will examine situations confronting threatened languages from both a linguistic and a sociological perspective. We will also explore efforts to reverse language shift and look at methodologies to assist speech communities in revitalizing their language. We will discuss what (beyond a language system) can be lost when a language ceases to be spoken. The instructor’s own fieldwork will illuminate all course topics.

**OSHER 58-001 • Thursdays, Jan 18-Feb 22 5:15-6:45 PM**  
**LOCATION: Commander’s House, Fort Douglas**  
**INSTRUCTOR: Neil Olsen**  
**TUITION: $99**

## Does Practicing the Golden Rule Still Matter?

Using the life experiences of those in class, we will explore major current events. We will employ the lens of the Golden Rule: “Treat others as you want to be treated.” With a full and civil discussion, we will examine three themes: Poverty and Homelessness; Immigration; and Health Care. This will not be a right vs. left political discussion, but rather an exploration of what our moral obligations are to each other. How might we treat others with kindness and compassion even when we differ in so many ways? Students will spend time in small group discussions and sharing with the entire class.

**OSHER 59-001 • Wednesdays, Jan 17-Feb 21 9:30-11:00 AM**  
**LOCATION: Commander’s House, Fort Douglas**  
**INSTRUCTOR: Susan Soleil**  
**TUITION: $99**

## Dostoevsky and Russian Terrorism

While there is no one definition of terrorism, one important element of the idea is the use of violence or threat of violence against civilians to create political, religious, or ideological change. It is especially aimed at the overthrow of government institutions and leaders. In this course we will examine how the philosophies of the Russian “Westernizing Fathers” of the 1840s resulted in the nihilism and the terrorist activity of the revolutionary sons of the 1860s and 70s (including a short discussion of Turgenev’s *Fathers and Sons*). We will concentrate on Dostoevsky’s 1871-72 novel *The Demons* (in part based on Sergei Nechaev’s 1869 “Catechism of a Revolutionary.”) Dostoevsky creates characters that form both of these groups but who also embody the “cursed questions:” the meaning of life, the nature and existence of God/Christ, ethics and morality, among other things.
**OSHER 60-001 • Wednesdays, Jan 17-Feb 21 3:15-4:45 PM**
LOCATION: Commander’s House, Fort Douglas  
INSTRUCTOR: Gene Fitzgerald  
TUITION: $99 + $3 special fee  

**Drawing: Portraits**
Drawing the human face is fun and easy when you know the insider secrets. Learning how to recognize the proportions and placement of facial features will enable you to quickly create a likeness. We will begin with rendering the individual features of the face and then move on to rendering hair, profiles, and three-quarter views of the head as our skills develop. You should expect to make rapid progress. Both experienced and inexperienced students are welcome. Each student should bring a sketchbook, pencils, and erasers to class.

**OSHER 688-001 • Tuesdays and Thursdays, Jan 16-Feb 22 1:30-3:00 PM**
LOCATION: Tenth East Senior Center, 237 S. 1000 East, SLC  
INSTRUCTOR: Bill Laursen  
TUITION: $159 + $3 special fee

**Elections: Rational Choice, or Mental Manipulation?**
This class will examine the candidate nominating process in Utah and the nation. It will also look at both minor (e.g. state legislative) and major (U.S. Senate or Presidential) campaign techniques and strategies. In addition, we will compare the two parties and the role of minority parties.

**OSHER 61-001 • Tuesdays Jan 16-Feb 22 1:30-3:00 PM**
LOCATION: Commander’s House, Fort Douglas  
INSTRUCTOR: Rod Julander  
TUITION: $99

**Embrace Aging - It’s a Once-in-a-lifetime Opportunity**
This class will demystify aging and look at how we can enjoy a healthier, happier and more prepared life as we age. Topics will include: biology of the aging brain and how that biology affects the risk for cognitive impairment (dementia); the ways to identify and manage illness (mental and physical) as we age; the role of the family and caregivers; how to address and plan for the end of life (what’s important, what’s not); and identification of community resources for the aging population.

**OSHER 979-001 • Wednesdays, Jan 17-Feb 21 5:15-6:45 PM**
LOCATION: Commander’s House, Fort Douglas  
INSTRUCTOR: Anne Asman  
TUITION: $99 + $2 special fee

**Everyday Mindfulness**
Participants will experience the two complementary ways to practice mindfulness: learning the formal practice of meditation and the informal experience of letting mindfulness spill over into everyday life. This class will introduce mindfulness, the history, benefits and science behind this age-old practice. By just paying attention to the present moment, mindfulness unfolds a whole new level of awareness. Be prepared to be curious! Meditation increases memory and immune function, decreases anxiety, depression, pain, and inflammation, and is effective with cardiac disorders.

more class information on page 11
Exercise Science: Transform Your Quality of Life
The science of human movement holds the key to a healthy life. Through lecture and movement participation, we will study the evolution of the concept of fitness, master the five fundamental movement patterns, understand strength and power, and see how proper movement leads to better quality of life. Students will learn how to make their training simple and effective. Course activities include both floor and standing exercises. Students must be comfortable getting up and down from the floor.

Federal Public Lands in Utah - What Are They and Why All the Fuss? (Updated)
This course will examine the history of public lands in the U.S., beginning with the initial 13 states, and working forward through additional land acquisitions by the federal government. It will discuss how federal land disposal programs, development of land retention policies, and current public land patterns have changed the boundaries of the western U.S. Explanations will be provided of the different federal land agencies and the various land categories managed by each, such as national forests, national parks, monuments, wilderness areas, and tribal lands. Land status patterns in Utah will be discussed, including state trust lands, federal lands, tribal lands, and private lands. A detailed review will be provided of topical issues in Utah such as management conflicts in grazing policies, law enforcement, minerals production, environmental protection, back country roads, and wilderness and national monument designations as well as the proposed state lawsuit to obtain title to federal public lands in the state.
From Death to the Grave
This course will cover the timeline of what happens to an individual from the time of death to final disposition of their remains. Emphasis will be on those deaths that fall under the jurisdiction of the Medical Examiner’s Office and will cover the following: death scene investigations; what is an autopsy?; why is a death a Medical Examiner case?; who issues a death certificate?; types of injuries and their interpretations; drug-related deaths; organ and tissue donation; and the preparations are done by a funeral home prior to a funeral or cremation. Speakers will join the course to speak about Intermountain Donor Services, the work of a funeral director, and the role of a medical examiner investigator. Some topics and photos will be of a graphic nature. Please take this into consideration before signing up.

OSHER 64-001 • Wednesdays, Jan 17-Feb 28 3:15-4:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Ed Leis
TUITION: $99

Fruitful Relationships: Improved Production from Interactions with Families and Friends
Relationships with family members and friends evolve over time as new challenges develop with children, grandchildren, friends, in-laws, and with partners. The content of this course will include skills of cognitive, emotional, and behavioral interaction that connect or disconnect bonds. Participants will be invited to privately identify personal relationships they hope will grow as they apply the skills they learn in this course—even if the other persons are not interested in making changes. The content will emerge from the professional experience of the instructor, from the professional literature, and from the personal lives of participants.

OSHER 927-001 • Wednesdays, Jan 17-Feb 21 1:30-3:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Alan Springer
TUITION: $99

Have We Lost Our Right to Know?
If so, how did that happen, and how do we get it back? The information we need to live in a free society is out there. Why is it not easily accessible instead of hidden behind terms such as “fake news?” Is the media really “the enemy of the American people?” We will learn to cut through this smoke and mirror environment and obtain information we can trust and use. The purpose is not to go after particular political figures, but rather to explore how our ability to get information has been manipulated. We will explore where “news” was gathered, checked for accuracy, and distributed as long as twenty years ago, and what has affected the change to today’s “fake news.”

OSHER 49-001 • Thursdays, Jan 18-Feb 22 3:15-4:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Rob Branch
TUITION: $99

 Herbal Medicine: History, Insights, and Discoveries from the Past
Not so long ago, botanical medicine was often the only hope for a cure, but where has that information gone? Instructor Merry Harrison’s passion for discovering and recovering the knowledge of plant medicine from the past has led her into some fascinating research projects. She will share her findings as we investigate the contents of a 500 year old Native American
bundle; learn folklore of Granny Witches; carefully handle a large collection of old medicinal herbs that came out of the oldest pharmacy in the oldest town in Montana; and peer into Doc William’s saddlebag. We will also get to know some of the more famous plant folk and practitioners who persisted in spite of pressure from medical hospitals, theorists, doctors and associations.

OSHER 65-001 • Thursdays, Jan 18-Feb 22
11:30 AM-1:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Merry Harrison
TUITION: $99

Homer’s The Odyssey
The 12,000-line Greek epic poem, The Odyssey, ascribed to Homer and composed around 2,700 years ago, remains so compelling that every decade witnesses new translations into many modern languages—15 in English just since 2000. The Odyssey is the story of a hero’s 10-year struggle to return to his wife and home, and in sharp contrast to its companion epic, The Iliad, unfolds in a world fundamentally at peace—one in which women, both human and divine, play large and important roles. The instructor recommends the acclaimed 1996 verse translation of The Odyssey by Robert Fagles (also available as an unabridged audiobook, performed by Ian McKellen), but any translation is acceptable.

OSHER 743-001 • Tuesdays, Jan 16-Feb 20
11:30 AM-1:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Chris Horner
TUITION: $99

Improving Balance and Flexibility with Alignment Yoga
Alignment Yoga (AY) is a gentle and therapeutic style of yoga that emphasizes increasing core strength and stability while creating more ease and flexibility in movement. The tools and techniques unique to AY provide insight into other forms of yoga and exercise, and one’s daily activities. AY is accessible to people of all ages, abilities, and backgrounds. Both beginners and experienced practitioners will benefit from cultivating mindfulness, relaxation, and physical vitality through attention to optimal alignment, breathing, and inner awareness. Note: The yoga studio has mats and all props that will be used in class.

OSHER 881-001 • Thursdays, Feb 1-Mar 8
11:30 AM-1:00 PM
LOCATION: Mindful Yoga Collective, 223 S. 700 E., Ste 4, SLC
INSTRUCTOR: Carla Anderson
TUITION: $99

Individual Rights and the Constitution, Part 2: First Amendment - Speech and Religion
This class will explore the U.S. Constitution, focusing on the First Amendment’s prohibition of laws abridging freedom of speech, and those respecting the establishment of religion or prohibiting its free exercise. The bulk of our study and discussion will concern the development of federal law respecting these protections. We will review a number of Supreme Court cases in their historical contexts, addressing these First Amendment protections, and will look closely at the cases in this area that were scheduled for argument and decision before the U.S. Supreme Court in its October 2017 session. This course is intended to be the second of three exploring the Constitution’s protections of individual rights, and while there is no prerequisite for this class, it will build upon materials covered in the first course in the series.
Intermediate Photography and Creative Practices
This course will review the steps required to go beyond normal event photography to cultivate your creative practices. Students will learn how to use the aperture controls for artistic renditions using depth of field to express your feelings toward the subject. We will discover how to use the shutter to create artistic events of the typical day-to-day results usually seen. We will study the acts of uncertainty and risk that will help stimulate greater creative actions and the attitudes for conquering artistic blocks when they plague us. We will learn why we shouldn’t wait for a bolt of lightning to blast us into a new artistic life.

Internet Security
The three-session class will cover the types of threats that are out there such as security, privacy, viruses, malware, scams/frauds/identity theft, computer hackers, phishing, and more. We will also discuss a number of suggested offensive and defensive safety tips and best practices for both Mac and Microsoft platforms, including most mail clients. The special fee included in the class includes parking passes at the Annex Building parking lot.

iPad Basics
People who find smart phones and tablets daunting will find this class a perfect introduction to connecting with our changing world of technology. This class is a hands-on experience focused on having fun with your iPad. We will take time to explore the operating system, as well as highlighting some of the multi-faceted capabilities of the iPad. Bring your iPad to class; iPhones are welcome, too. At the end of six weeks, you will know the basics of using your device and be excited about its convenience. The special fee included in the class includes parking passes at the Annex Building parking lot.

Iran: Shah to Present
This class will provide a brief history of Iran in the 20th century, and detail the events that led to the rise of Islamic fundamentalism in the 1970s. We will start with an in-depth discussion around nationalization of the Iranian oil industry and its effect on the region. Next, the course will cover Britain’s historical mistakes which led to the nationalization of oil, and the British oriented coup which, with the help of CIA, led to the overthrow of the democratically elected prime minister,
A NEW PERSPECTIVE ON THE WORLD EVERY DAY

Our understanding of political affairs seems to change every day. Join Osher instructor Tim Chambless as he discusses the details that influence current political and governmental events.

Current Issues in American Public Affairs & Politics, pg. 8
Mohammed Mossadegh. We will also discuss the reign of Mohammad Reza Shah of the Pahlavi dynasty, his service and his devastating mistakes. Finally, we'll discuss the 1979 Iranian revolution and the establishment of the Islamic republic.

OSHER 68-001 • Tuesdays, Jan 16-Feb 20
9:30-11:00 AM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Cyrus Mostofi
TUITION: $99 + $2 special fee

Mac: Basics
Expand your ability to enjoy and personalize your Mac computer. This lab-based course is a great environment for those who are switching from PC to Mac or those who would like to increase their aptitude and general understanding. In four sessions we will highlight key features on a variety of apps within the Apple operating system, along with best practices, settings, and trouble-shooting. At-home weekly assignments will be suggested and will enhance class activities. Some prior use and understanding of computers is required for this class. This is not intended as an introduction to computers. The special fee included in the class includes parking passes at the Annex Building parking lot.

OSHER 950-001 • Tuesdays and Thursdays, Jan 16-Jan 25
9:30 AM - 12:00 PM
LOCATION: Annex Building, Room 2182
INSTRUCTOR: Debbie White
TUITION: $99 + $20 special fee

Mac: Beyond the Basics
Further expand your ability to enjoy and personalize your Mac computer. The iMac lab is a great environment for those who are switching from PC to Mac or those who would like to increase their use and general understanding. In four sessions we will continue building on the skills learned in the Mac Basics class, continuing to highlight key features on a variety of Apps within the Apple operating system, along with best practices, settings, and trouble-shooting. At-home weekly assignments will be intended to enhance the class activities. Some prior use and understanding of computers is required for this class. This is not intended as an introduction to computers. Mac Basics is a recommended requirement for this class. The special fee included in the class includes parking passes at the Annex Building parking lot.

Military Intelligence Part One
Throughout history, gathering and the use of intelligence has been a critical element of military and political decision making. From the early Egyptians to current times, intelligence operations have played major roles in defining world history. Learn about the ancient and medieval intelligence operations and about intelligence gathering during early American conflicts, including World War I and World War II.

OSHER 69-001 • Tuesdays and Thursdays, Jan 30-Feb 8
9:30 AM - 12:00 PM
LOCATION: Annex Building, Room 2182
INSTRUCTOR: Debbie White
TUITION: $99 + $20 special fee

Military Intelligence Part Two
Throughout history, gathering and use of intelligence has been a critical element of military
and political decision making. From the early Egyptians to current times, intelligence operations have played major roles in defining world history. Learn about intelligence operations during the Cold War, the Cuban Missile Crisis, Vietnam, and the Gulf Wars. Current capabilities and operations will be discussed with emphasis on airborne reconnaissance operations. Enlightening, first-hand stories enhance the presentations.

OSHER 953-001 • Thursdays, Jan 18-Feb 22
1:30-3:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Frank (“Fuzzy”) Furr
TUITION: $99

On the Trail of the West: Art of the American Frontier
This class will highlight both the art and history of the American West, along with a series of city-wide events taking place during winter of 2017-18. The course will feature curators, orchestrators, museum leaders and historians to describe their participation in exhibits like Go West! Art of the American Frontier, a Utah Museum of Fine Arts exhibition of paintings by Moran, Bierstadt, Russell, Remington and others on loan from The Buffalo Bill Center of the West, and a Utah Symphony premiere of a score to accompany the 1952 film High Noon, on the big screen at Abravanel Hall.

OSHER 70-001 • Thursdays, Jan 18-Feb 22
1:30-3:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Donna Poulton
TUITION: $99 + $1 special fee

Opening Eyes to Today’s, Yesterday’s, and Tomorrow’s Art World
The Phillips Gallery in Salt Lake City has invited six artists to conduct five 1 1/2 hour sessions at the gallery. The artists will share their own perspective to approaching and understanding art. Featured artists for the winter session are John Telford (photographer); Claudia Sisemore (abstract painter); Patricia Kimball (landscape and figure painter); Ed Bateman (digital imagery); Lindey Carter (landscape and still life painter); and Rebecca Klundt (assembled wood painter).

OSHER 955-001 • Wednesdays, Jan 17-Feb 21
9:30-11:00 AM
LOCATION: Phillips Gallery, 444 E 200 SLC
INSTRUCTOR: Meri DeCaria
TUITION: $99

Opera Preview
Each class in this multi-term series will focus on a Utah Opera production during the company’s season. You will learn the historical background of the operas, and will have the opportunity to listen carefully and get acquainted with the work’s most beloved musical moments. The class has been planned so that participants may sit in on some of the rehearsal process in the opera production studios. It’s a great way to prepare to have a fantastic experience attending a performance of the opera in the Capitol Theatre, and to appreciate all of the work that goes on behind the scenes.

Pagliacci and Gianni Schicchi
Enjoy a sentimental double-bill performance featuring some of the most beloved music in all of opera. The performance begins with Pagliacci, Leoncavallo’s emotionally intense masterpiece of passion, infidelity, and murder. The opera includes the famous aria “Vesti la giubba,” sung by the clown Canio – a signature role of Utah Opera’s founder Glade Peterson. Next, heartbreak turns into laughter as we explore the lighter side of Puccini with Gianni Schicchi. See what unfolds when a man of great wealth dies, leaving behind a secret will, and a gang of scheming heirs. Watch, listen, and laugh at the comedy in the chaos.
**OSHER 956-001 • Tuesday, Feb 27**
1:30-2:30 PM
LOCATION: Utah Opera Productions, 3rd floor Learning Center, 336 N. 400 W., SLC
INSTRUCTOR: Paula Fowler
TUITION: $19

**Moby Dick**
Since its debut in 2010, Jake Heggie and Gene Scheer’s opera adaptation of Melville’s classic novel has enraptured audiences with its innovative storytelling. Experience an entirely new production of their opera, *Moby Dick*, created by and for Utah Opera. With an incredible combination of astounding visuals and spellbinding music, Utah Opera will sweep you out to sea on a quest fueled by one man’s willingness to risk everything for revenge.

**OSHER 957-001 • Tuesday, Jan 9**
1:30-2:30 PM
LOCATION: Utah Opera Productions, 3rd floor Learning Center, 336 N. 400 W., SLC
INSTRUCTOR: Paula Fowler
TUITION: $19

**Our Genes - Our Future - The Revolution**
This course will provide a background in basic genetics from DNA to RNA to proteins. The goal is to give students the tools to understand genes, genetic predispositions and gene editing. Dramatic advances in gene editing technology will ultimately allow editing of any gene in any organism including humans, unleashing the power to alter the course of evolution. This course should provide the background necessary to enter into the deep social and ethical issues that need to be understood and discussed by the global society.

**OSHER 519-001 • Wednesdays, Jan 17-Feb 21**
9:30-11:00 AM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Raymond Gesteland
TUITION: $99

**Poetry for Further Enrichment**
First rate poetry, properly presented, deepens our experience and makes life richer. This class continues Osher’s Poetry for Enrichment series in which we see how good poetry illuminates life, beauty, death, love, war, loneliness, faith, and joy. In the process, we also investigate poetry itself, its art, craft, and history. Some of the poems will be funny, and some will be sad. All will be important and worthwhile. No prerequisite is required. This class is for people who don’t know much about poetry and who are about to discover how much they enjoy it.

**OSHER 960-001 • Thursdays, Jan 18-Feb 22**
1:30-3:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Roy Ellefsen
TUITION: $99

**Right and Wrong, Good and Bad: What Are They? Who Decides?**
We all make moral judgments, believing that things are right or wrong, good or bad. Moral judgments define our character, motivate our actions, and are expressed in our emotions. We can’t help but evaluating our actions morally. Although morality is basic, it is puzzling. Moral judgments are not like factual judgments whose truth can be determined by observation and experiment. This leads many to believe that there is no objective truth about right or wrong but just different opinions, or that morality is relative to the society in which one lives. Others argue, however, that there is an objective right and wrong. Some base this on religion; others think we have a moral sense that enables us to determine what’s right. Still others think we use reasoning to arrive at correct and true judgments in morality. These are the issues we will address.

**OSHER 71-001 • Thursdays, Jan 18-Feb 22**
1:30-3:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Bruce Landesman
TUITION: $99
Shakespeare’s Comedies
Shakespeare’s comedies are the fun, vivacious, outlandish and sometimes outrageous plays written for Queen Elizabeth I and her court, for the law students at Gray’s Inn and for the groundlings at the Theater, and later, at the Globe. With plots that twist like pretzels, quick-witted language that thrills, titillates, confounds, and characters you want to take home; this is Shakespeare at his sharpest wit and entertaining best. We work through a play each week. We study it, read speeches aloud, and discuss the characters and language. The plays to be covered are: Two Gentlemen of Verona; The Merry Wives of Windsor; The Comedy of Errors; Much Ado About Nothing; As You Like It; and The Taming of the Shrew.

OSHER 72-001 • Wednesdays, Jan 17-Feb 21 11:30 AM-1:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Charles Boynton
TUITION: $99
TEXT: Signet Edition of Shakespeare’s Plays recommended.

Shakespeare’s Narrative Poetry
This course surveys Shakespeare’s narrative poems: Venus & Adonis; The Rape of Lucrece; The Phoenix and The Turtle; The Passionate Pilgrim and The Lover’s Complaint. The narrative style was new and reflected a change in how poets expressed themselves. The shorter poems show the personality of the Bard in his younger days: fresh, witty, full of his ability to turn a phrase. No study of Shakespeare is complete until his unique narrative poetry is read and heard alongside the incredible plays.

OSHER 73-001 • Tuesdays, Jan 16-Feb 20 11:30 AM-1:00 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Charles Boynton
TUITION: $99
TEXT: Any book with the original poems: Venus and Adonis; The Rape of Lucrece; The Phoenix and The Turtle; The Passionate Pilgrim; The Lover’s Complaint

Tale of Six Cites
The fascinating history of six European cities is brought to life through personal anecdotes, facts, and trivia collected during extensive travel in Berlin, Prague, Vienna, Rome, Paris, and London. Explore twists and turns in the history of these European capitals that have shaped the world. Students are invited to share their travel experiences to these cities. If a trip is in your future, you will gain valuable information and hints for exploring these magnificent places.

OSHER 799-001 • Thursdays, Jan 18-Feb 22 3:15-4:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Christoph Dressler
TUITION: $99 + $1 special fee

The First Fifty Pages
If you want to write a novel, you have to begin with a beginning. There are particular skills that you need to learn, rules that should be followed, and time needs to be spent working hard. The instructor, national best selling author Mette Ivie Harrison, will give suggestions on what’s working and what isn’t in your novel. She will bring the class together so the students can help each other and learn from each others’ criticism.

OSHER 74-001 • Thursdays, Jan 18-Feb 22 5:15-6:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Mette Ivie Harrison
TUITION: $99
Tanner Humanities Center Lectures
Gain an appreciation for contemporary research in the humanities. In this three-part lectures series, Fellows from the Tanner Humanities Center share their work in various disciplines.

News Media and Democracy in Tumultuous Times
Professor Kevin Coe
Claims about media bias and “fake news” are common, but the reality of bias in the news media (and in public perception) is much more complex. This talk focuses on the kinds of bias that might exist in different forms of news media, how common or uncommon they are, and what this means for American democracy.

The Continuing Empire: Muslims in Modern Russia
Professor Matt Romaniello
After the collapse of the Soviet Union, the Russian Federation had to navigate its relationships not only with the former Soviet states but also a number of semi-autonomous regions inside Russia. In 2001, a new law eradicated any local or ethnic political parties that did not have representation at the national level in an attempt to curtail the independence of these regions. This talk will focus on the relationship between three key Muslim regions inside Russia (Cechnya, Tatarstan, and Chuvashia) to understand Russia’s struggles with multi-pluralism.

Genre Bending in Contemporary Fiction
Professor Jeremy Rosen
Surveying today’s literary marketplace, one notices a striking phenomenon: the prevalence of esteemed “literary” writers that incorporate “low” forms of “genre fiction” into their works. In the past, novelists who aspired to literary quality defined their writing in opposition to the commercial sphere, in particular to genres such as romance, western, science fiction, horror, and mystery. Many of today’s most prestigious writers, by contrast, work within genre fiction—often bending these genres in fascinating directions. This lecture examines this phenomenon, and what this means about the supposed divide between “high” literature and popular culture.

To attend All Three Lectures:
OSHER 948-001 • Wednesdays Jan 24-Feb 7
5:15-6:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTORS: Jeremy Rosen, Matt Romaniello, and Kevin Coe
TUITION: $ 49

To attend Genre Bending in Contemporary Fiction:
OSHER 81-001 • Wednesday Jan 24
5:15-6:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Jeremy Rosen
TUITION: $19

To attend The Continuing Empire: Muslims in Modern Russia:
OSHER 82-001 • Wednesday Jan 31
5:15-6:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Matt Romaniello
TUITION: $19

To attend News Media and Democracy in Tumultuous Times
OSHER 83-001 • Wednesday Feb 7
5:15-6:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Kevin Coe
TUITION: $19

801-581-7155 • www.osher.utah.edu

THE UNIVERSITY OF UTAH
The Obert C. & Grace A. Tanner Humanities Center
The History of Conflict: Perspectives on the Colorado Plateau
Conflict is a major theme of western American history, and perhaps especially so the history of the Colorado Plateau where monument designations, archaeological preservation, wilderness creation, road building, and water development have polarized the region for years. This course will use the methodologies and perspective of history and archaeology to examine controversial episodes on the high plateau and canyon country of southeastern Utah. The first half of the course, Land and Sovereignty, will address disputes concerning ownership and control of territory and archaeological resources on public lands. The second half, Water and the Future of the West, looks at water policies and their impact on land usage. Participants will come away from this course with a better understanding of the varying perspectives concerning land, archaeology, and water on the Colorado Plateau. They will also understand how these perspectives are best informed through a deep historical dive.

OSHER 75-001 • Wednesdays, Jan 17-Feb 21
5:15-6:45 PM
LOCATION: Commander's House, Fort Douglas
INSTRUCTOR: Jedediah Rogers with Arie Leeflang
TUITION: $99

The Lacuna, Barbara Kingsolver
A “lacuna” is a void or a hidden part, reflecting the author’s belief that the most interesting part of a story is the part that is not told. Our narrator, Harrison William Shepherd, is a homosexual writer who goes to work for Frida Kahlo and Diego Rivera. When Leon Trotsky is assassinated, Frida seeks to protect Harrison by having him deliver art to the United States. His homosexuality and association with leftists make him the object of investigation by the House Committee on Un-American Activities. Quite a plot, but the best this novel has to offer lies in its character development and exquisite writing. Barbara Kingsolver believes this is her best work.

OSHER 76-001 • Thursdays, Jan 18-Feb 22
9:30-11:00 AM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Sally Smith
TUITION: $99

The Olympic Games: A Primer
The Olympic Games have become the world’s most famous and popular sports event, unmatched in drama, spectacle, pageantry and worldwide television audience. To enable students to be better informed observers of the Winter Olympics in PyeongChang, Korea in February 2018, as well as future Winter and Summer Olympic Games, this course will examine the history of the Winter Games and Paralympics; Olympic symbols, principles, ceremonies, and administration; media coverage of the Olympics; and current issues affecting the future of the Games. Attention will also be given to issues that arise before and during the PyeongChang Games.

OSHER 77-001 • Wednesdays, Jan 17-Feb 21
9:30-11:00 AM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Larry Gerlach
TUITION: $99 + $2 special fee

The Pulse of Utah Politics: What’s Happening on the Hill
Be involved in Utah’s legislative process and stay up on what is happening in “The People’s House” during the 2018 legislative session. In addition to spirited classroom discussions, we will witness the political process first hand during weekly classes at the Capitol, helping you better navigate Utah’s political arena. Track the status of bills and observe lobbyists, advocates, elected officials, and staff in action. Guest speakers will be invited to share their perspective on issues and bills of interest. Classes will include a refresher on how an idea becomes a law,
how constituents can advocate, an orientation to the Capitol, and information about transportation/parking during the legislative session.

OSHER 725-001 • Tuesdays, Jan 16-Feb 20 9:30-11:00 AM
LOCATION: Utah State Capitol, Senate Building, Olmsted Room (room #115, east building)
INSTRUCTOR: Trisha Beck and Sheryl Anderson
TUITION: $99 + $2 special fee

The Roaring Twenties and the Great Depression
The Roaring Twenties brought massive social change to America, while the Great Depression of the 1930s almost rocked American society off its political and economic foundations. Class lectures will emphasize important people of the era and events that highlight the hedonistic nature of the 1920s and the disastrous gloom that settled over the country as a result of the worst economic depression in the nation's history.

OSHER 889-001 • Wednesdays, Jan 17-Feb 21 3:15-4:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Abdul Nasser Kaadan
TUITION: $99

Understanding the Syrian Crisis
This course introduces and explains many different aspects of the civil war in Syria, which began as anti-government protests and escalated into a full-scale civil war. More than 600,000 Syrians have lost their lives in six years of armed conflict. More than 11 million others (about half of the population of Syria) have been forced from their homes. The fighting continues, as forces loyal to President Bashar al-Assad and those opposed to his rule battle each other, as well as jihadist militants from the so-called Islamic State. At the end of this course, students will understand the causes of the Syrian civil war, the parties involved, and the consequences of it. They will grasp the complex politics of the conflict and the ideological, religious, and political differences that separate the combatants.

OSHER 18-001 • Thursdays, Jan 18-Feb 22 3:15-4:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Walter Jones
TUITION: $99 + $2 special fee

William Faulkner: Southern Gothic
Gangsters and bootleggers – moonshiners and prostitutes – a runaway coed with a penchant for depravity – a bookish, hen-pecked lawyer – a decaying antebellum mansion haunted by the sins of the past and possessed by the evils of the present – a black-clad gunman with sexual proclivities of a peculiar nature – the dysfunctional family of a poor dirt farmer – a poetic young man on the cusp of madness – a boy who thinks his mother is a fish – an epic journey harried by fire and flood, and a woman who speaks from the grave – this is the gothic world of the South circa 1929-1930 that William Faulkner portrays in the novels, As I Lay

Walking Meditation
Walking is good for the body and mediation is good for the mind. Putting the two of them together makes sense. Open yourself to the possibilities with this introductory exploration of walking and standing meditation forms. We’ll learn about four types of walking meditation and the history, practical aspects, breathing methods, and mantras associated with each. Each class includes time to practice what you learn.

OSHER 935-001 • Fridays, Jan 19-Feb 9 1:30-3:00 PM
LOCATION: Tenth East Senior Center, 237 S. 1000 E., SLC
INSTRUCTOR: David Keyes
TUITION: $66

more class information on page 23
Dying (1930) and Sanctuary (1931). Despite the darkness of Faulkner’s vision, the ominous mood is frequently relived by flashes of sardonic humor and occasional acts of kindness and generosity that offer a modicum of hope for a fallen world. Each novel will be allotted three class periods to provide ample time for detailed discussions. Faulkner can be somewhat difficult to read, but, fear not, all will be explained.

Wines of Northern France
France’s wine history begins in 125 BC, and this history has made France the leader in the wine world. French wine grapes are the most well-known, and each wine region has an interesting tale to tell, illustrated by delicious examples. This session explores Northern wine region, its culture, history and wine making traditions – and gives you an opportunity to taste many styles of French wine.

Bring a notebook to record your impressions.

World War I: Mayhem Made Manifest
No war has been as devastating nor as avoidable as World War I. Statesmen created a diplomatic system of the most fragile sort, and in the process created consequences beyond comprehension. The Great War showcased the disparities between emerging technology and military doctrine. The frontal assault that had been the bedrock of military actions for centuries produced unimagined casualties when pitted against the technologies of machine guns, rapid fire cannon, and airplanes. This lecture series focuses on specific events and campaigns, but even more on the decisions and their results. We will examine the pros and cons of the major decisions, the factors in play, and why the final decisions were as they turned out to be. Topics we will discuss include but are not limited to: The Roots of World War I; The Schlieffen Plan; Technologies and Tactics; The Yanks are Coming!; Major Campaigns, West and East; and Coda: Harvest and Seeds.
Writing Your Story
This class is meant for those who have always wanted to write their story, or parts of a family story, to leave for posterity, and have never quite gotten around to it. The first goal is to help you arrive at a place that makes writing your story seem not only possible, but truly enjoyable. We will have a small reading list, and a little homework each week. The second goal is to make this fun and easy. We hope that you feel confident reading parts of your work in class, but reading out loud is not required. You will be required to bring a notebook big enough to write on quickly (I like 8.5 by 11") and a pen or two.

OSHER 80-001 • Tuesdays, Jan 16-Feb 20
3:15-4:45 PM
LOCATION: Commander’s House, Fort Douglas
INSTRUCTOR: Terrell Dougan
TUITION: $99

Special Events

Utah Center for Assistive Technology (UCAT)
Jan 9 • 10:00-11:30 AM
1595 W 500 S, Salt Lake City, UT 84104
The Utah Center for Assistive Technology (UCAT) is a state-funded resource center serving the citizens of Utah. Its mission is to connect children and adults who have disabilities with technology tools. This special event will be an educational opportunity to learn what Assistive Technology (AT) is, how it can improve independence, employment and everyday life. After a brief classroom training, we’ll have a tour of the facility, see a demonstration of a variety of assistive technology and meet the UCAT staff.

BYU Broadcasting Building Tour
Jan 10 • 2:00 PM
701 E University Pkwy, Provo, UT 84602
The BYU Broadcasting building was completed in August 2011 and is the home of BYU Channels 11 and 21. Its three floors contain the latest advances in modern technology. The tour will include Studios A, B, and C, the Sports Desk, radio and performance studios, control and editing rooms, etc.

Vivint Smart Home Arena
Jan 11 • 10:00 AM
301 S Temple, Salt Lake City, UT 84101
The Vivint Smart Home Arena, home of the Utah Jazz, was built in 1991 and has a capacity of about 20,000 people. During home basketball games, it is noted for being “one of the loudest places in sports.” This tour will include the recent renovations, such as arena seating, club facilities, restaurants, suites, gathering areas, etc.

FACES Friends for Animal Care and Effective Solutions
Jan 11 • 2:00-4:00 PM
511 W 3900 S, Salt Lake City, 84123
Friends for Animal Care and Effective Solutions (Utah FACES) is the non-profit, all volunteer partner of Salt Lake County Animal Services. Working together, our partnership creates innovative programs and provides services to the public that are helping to save lives. The shelter is the largest open-admission government shelter and has been a no-kill facility since 2011. Come tour the shelter and learn firsthand the services provided and see the various equipment purchased with funds raised by Utah FACES.

UDOT Operations Center
Jan 12 • 10:00 AM
2060 S 2760 W, Salt Lake City, UT 84104
The Utah Department of Transportation actively manages traffic across the state. Devices such as
traffic cameras, electronic message signs, traffic monitoring stations, traffic signal controllers, and road weather stations are deployed from border to border and are controlled from the Traffic Operations Center. Discover how to access information if a storm has swept in and you are looking for the safest route home. Learn how UDOT uses these resources to manage traffic and learn about UDOT’s many partnerships that facilitate the work.

Adopt A Native Elder
Jan 12 • 9:30-11:30 AM
328 Gregson Ave S, South Salt Lake, UT 84115
The Adopt-A-Native-Elder Program exists to create a bridge of hope between Native Americans and other cultures. The Program supports over 500 traditional Elders who live in the cultural and spiritual traditions of the Dine’ People (as the Navajo refer to themselves) by providing food, simple medicines, clothing, fabric and yarn. These materials are funded by donations and distributed by hundreds of volunteers. Learn more about this award-winning organization and participate in a special project.

SL City Library 24 Hour Online Resources
Jan 19 • 10:00-11:30 AM
Jan 29 • 10:00-11:30 AM
210 E 400 S, Salt Lake City, 84111
The City Library offers dozens of online resources that you can access anytime and anywhere. Download eBooks and digital magazines, stream music and movies, learn a new language or skill. Databases include The New York Times, Consumer Reports, Lynda and Zinio. Each person who attends this orientation will have access to a computer to actively learn how to use all these resources.

Valley Emergency Communications Center
Jan 22 • 10:30 AM-12:00 PM
Feb 12 • 1:30-3:30 PM
5360 Ridge Village Dr, West Valley City, UT 84118
Salt Lake Valley Emergency Communications Center (VECC) is the largest 9-1-1 public safety answering point in the State of Utah. The tour will consist of a classroom presentation that covers the process of 9-1-1, who VECC serves, when to call 9-1-1 and what to expect when you do. Then we’ll tour the operations floor and meet the 9-1-1 Call Takers, Police, Fire and EMS Dispatchers who take the calls and dispatch the public safety resources.

Wasatch Pain Solutions
Jan 26 • 2:00 PM
661 W S Jordan Pkwy, South Jordan, UT 84095
Wasatch Pain Solutions is the first and only Regenexx Network Provider in Utah to provide advanced Regenexx Stem Cell Therapies. They offer a viable alternative for individuals suffering pain from osteoarthritis or in their back, neck, joints, etc. They provide the most advanced interventional spine and pain treatments on state-of-the-art equipment.

A. Fisher Brewing Company
Jan 27 • 12:00-2:00 PM
320 W 800 S, Salt Lake City, UT 84101
In 1884, German immigrant Albert Fisher opened A. Fisher Brewing in Salt Lake City. It became one of the largest breweries in the west. In 1967, after a series of acquisitions by larger brewing companies, it was closed. Four years ago Albert Fisher’s great-great-grandson, and three partners, decided to restart the brewery as a small batch craft brewery with a taproom and a rotating cast of food trucks. Up to 15 different, fresh craft beers are available on tap. Crowlers (32 ounce cans) and growlers are available to-go. Patrons of the brewery’s taproom are greeted by a vintage neon

⚠️ Remember to cancel your RSVP if your schedule changes so a member on the wait list will have an opportunity to attend.
sign and an old Fisher back bar sign that says the beer is still “sparkle brewed to the altitude.” A $10 participation fee buys participants a Fisher Beer pint glass and a tasting flight of 5 beers following a tour of the brewery.

**Intermountain Therapy Animals**  
Feb 2 • 1:00-2:00 PM  
4030-4058 S 2700 E, Holladay, UT 84124  
“Not Just Warm & Fuzzy!” - Come learn about the broad spectrum of ways that therapy animals are being utilized to help people heal. Some of them will surprise you. This lively and interesting presentation will be both educational and fun, and there will of course be trained therapy animals present.

**Utah Truffles**  
Feb 5 • 10:00 AM  
Feb 5 • 11:00 AM  
9075 S. Sandy Pkwy W, Sandy, UT 84070  
Utah Truffles, is a local Utah favorite for chocolatey delicious truffles, so let’s tour the facility to see how these treats are made. We will learn about the process of making the chocolate from the harvesting of the cacao bean to the finished product. Watch the magic through their viewing area and see the care that goes into making these decadent treats.

After enjoying a complimentary chocolate sample, participants may visit their on-site store for gifts, bargains or a treat for yourself.

**Park City Culinary Institute**  
Feb 9 • 3:00-5:30 PM  
1484 S State Street, Salt Lake City, UT 84115  
A chef from the Park City Culinary Institute will host a special cooking class at their Salt Lake location. Participants will make a variety of delicious sliders, from a caramelized onion and jalapeño blue cheese to an all-American with sun-dried tomatoes and smoked cheddar to a Korean kimchi slider with gochujang sauce. This is a hands-on cooking class where all participants will be involved in the preparation of the food. At the end of the class members will enjoy the “fruits of their labor” and eat the items they have prepared. There is a $15 fee for this event.

**CousCous Mediterranean Grill**  
Feb 16 • 4:00-6:00 PM  
5470 900 E #1, Murray, UT 84117  
CousCous Mediterranean Grill is a lovely place to eat. All food is made with 100% olive oil, and a variety of fresh spices to create exceptional flavors. Owner/chef, Nick Shams owes his healthy lifestyle to a diagnosis of colorectal cancer in 2008. Nick set out to change his eating habits and uses his knowledge of the restaurant business to educate others about maintaining a healthy body and mind. You can find him cooking up the daily special, or out in the dining room talking with his customers about food and life. He will share his story and cook for us.

**Clark Planetarium**  
Feb 23 • 2:00 PM  
110 400 W, Salt Lake City, UT 84101  
The Clark Planetarium offers so much more than IMAX shows! Join a guided tour of select exhibits and a behind the scenes look at this amazing community resource.

**Cell Therapy and Regenerative Medicine (CTRM) University of Utah School of Medicine**  
Feb 28 • 9:00 AM  
675 Arapeen Drive, Ste. 300, Salt Lake City, UT 84108  
CTRM provides patients with the highest quality of clinical grade cellular and tissue engineered therapies via comprehensive “bench to bedside” services that coordinate the efforts of clinicians, researchers and bioengineers. Discoveries are translated into clinical applications that extend and improve the quality of life after debilitating disease or injury.
Outlaw Distillery
March 2 • 3:00 PM
552 W 8360 S, Sandy, UT 84070
Outlaw Distillery is owned by Kirk and Denise Sedgwick, and with the help of family members, opened for business on January 1, 2015. The name Outlaw is a tribute to Butch Cassidy and The Wild Bunch, and the Outlaw Trail that ran through Utah. The couple is committed to making and selling the finest quality hand-crafted spirits (using locally grown ingredients whenever possible). They are a proud member of Utah’s Own. While maintaining and growing their solid brand recognition, and adhering to the highest quality industry standards in truth and labeling of their spirits, they are actively involved in the prevention of underage drinking. They currently offer six spirits including three types of rum, white whiskey and moonshine. The tour is free and you may sample each spirit for $1 each or all six for $6. All products are available for purchase on-site, or at local liquor stores.

Deseret Book Warehouse Tour
March 7 • 10:00 AM
2240 W 1500 S, Salt Lake City, UT 84104
This tour will include the process of how Deseret Book merchandise (books, pictures, gifts, specialty items, candy, and ice cream) is received, categorized, processed, stored, selected, and loaded on conveyor belts to be loaded on trucks for delivery to individual Deseret Book retail stores or other book stores.

Rust Rare Coin, Inc.
March 8 • 10:00 AM
242 East Broadway, Salt Lake City, UT 84111
Rust Rare Coin, Inc. was founded in 1966 by Alvin E Rust. For fifty years we have been dedicated to providing excellent service to the collector and investor alike. We pay top dollar for rare coins while offering a wide selection of rare coins at fair prices. We are considered to be the expert in the industry on Utah and Mormon related coins and notes. We sell a large volume of gold and silver bullion and offer nationally competitive pricing. On our tour, our host will speak about the following topics: bullion, U.S. and foreign coins and paper money, early Utah and Mormon coins and notes, stamps and pocket watches.

Great Salt Lake Institute - Behind the Scenes
March 9 • 10:00 AM-12:00 PM
Meldrum Science Center, 1840 S. 1300 E., Room 377, Salt Lake City, UT 84105
The Great Salt Lake is an understudied and underestimates National Landmark. Westminster College recognized this as an opportunity and created Great Salt Lake Institute to connect the community to the lake through research and Education. Let’s visit the headquarters, meet students, tour labs and learn more about our salty neighbor.

Eccles Theater Tour
March 12 • 10:00 AM
131 S Main Street, Salt Lake City, UT 84111
The George S. & Delores Doré Eccles Theater had its ground breaking on June 3, 2014 and opened on October 21, 2016. It includes the 2,500-seat Delta Performance Hall, which hosts national touring Broadway shows, concerts, comedy and other popular entertainment events. The Regent Street Black Box hosts innovative local arts performances as well as community and private events. The six-story Grand Lobby overlooks Main Street and is enhanced by two dramatic public art pieces and a public terrace. Our tour will include both the front and back stage areas of the theater.

Remember to cancel your RSVP if your schedule changes so a member on the wait list will have an opportunity to attend.
Motion Control
March 13 • 10:30 AM
115 N Wright Brothers Dr, Salt Lake City, UT 84116
Motion Control is one of the most advanced development and manufacturing companies in the prosthetic industry. The company was established in 1974 to commercialize the medical technology developed at the University of Utah. The company currently ships prosthetic devises worldwide. They pride themselves on delivering state-of-the-art products to patients around the world.

Roots of Knowledge
Bingham Gallery, Fulton Library
Utah Valley University
March 14 • 1:00-2:00 PM
March 20 • 11:00 AM-12:00 PM
800 W University Pkwy, Orem, UT 84058
Roots of Knowledge is a massive art installation chronicling the history of knowledge and human civilization. It consists of 80 individual stained glass panels covering a space 10 feet high and 200 feet long. This panorama of the evolution of knowledge is told through 60,000 pieces of glass along with rock, fossils, coins, meteorite, petrified wood and coral. The intricate details incorporated into every window represent years of painstaking research on the events and people that shaped humankind from the days of cavemen to the iPhone. This stunning piece of art took 12 years to complete from conception to completion.

UTA Jordan River Rail Service Center
March 15 • 2:00-3:30 PM
2264 S 900 W, South Salt Lake, UT 84119
As the recipient of the 2014 American Public Transportation Association Outstanding Public Transportation System Achievement Award, the Utah Transit Authority is justifiably proud of its Rail Service Centers. The Jordan River Rail Service Center, which opened in 2011, includes 280,000 square feet of office and shop space on 24 acres in South Salt Lake. The facility makes use of a 35-year old retail warehouse that longtime Salt Lake City residents always recognize as “the old ZCMI warehouse.” The Center houses Administration, Maintenance-of-Way, Light Rail Operations and Vehicle Maintenance, the Light Rail Control Center, and a Parts Department. It is in operation 365 days per year, 24-hours per day and was built as part of the UTA Transit 2015 project. Thanks to some very forward thinking regarding rail line planning, the Center has the ability to service the entire UTA light rail fleet and is physically large enough to have 100 light rail vehicles on-site at any given time.

University of Utah Lassonde Entrepreneur Institute Studios
March 19 • 2:00 PM
1701 Student Life Way, Salt Lake City, UT 84112
Lassonde Studios is the new $45 million home for student entrepreneurs and innovators at the University of Utah. The facility, which opened in August 2016, is the place where students from any major background can, according to the Institute’s motto, “Live. Create. Launch.” Students can apply to be one of the “Lassonde 400” residents. All students are welcome to use the Neeleman Hangar (the 20,000-square-foot innovation space on the main floor) to connect, test ideas, build prototypes, launch companies and learn by doing. Above are four floors of themed residential space. Lassonde Studios is the center of campus and is advancing the University of Utah as a top school for entrepreneurship.
Social Security Maximization
Wednesday, Jan 17, 2018, 12:00-1:00 PM
Commander’s House, Fort Douglas
Derek Overstreet, President, New Millenium Group
Learn key factors you should know before you apply for Social Security and strategies that could help maximize your lifetime benefits. Discussion highlights include: how benefits are calculated and simple strategies to increase them, coordinating benefits with your spouse and how married couples could miss out on substantial benefits, and when you should apply for Social Security.

The Benefits of Self-Doubt
Wednesday, Jan 24, 2018, 12:00-1:00 PM
Commander’s House, Fort Douglas
Debra Payne, ADHD & College Success Coach
If you have ever let self-doubt derail you from achieving your goals, however big or small, come to this presentation. We’ll discuss how to make self-doubt work in our favor. We’ll explore the sources of how to learn from it and how to stop it from derailing us. We’ll walk away from this session with a list of “Powerful Questions for DIY Coaching,” a model on the Benefits of Self-Doubt, and a one-step action plan to begin using what you’ve learned.

Kent Davis, DatAsia Press, and Fine Press Books on early 20th Century Indochina
Wednesday, Jan 31, 2018, 12:00-1:00 PM
Commander’s House, Fort Douglas
Walter Jones, Librarian, retired
Kent Davis, founder of DatASIA Press, reproduces out-of-print early 20th century books on Indochina. He enhances the value and quality of the works through the inclusion of scholarly articles, photographs, maps and other illustrations. Walter Jones, retired librarian and current Osher instructor, will share examples of DatASIA books and walk us through what makes them gold mines of fascinating reading material.

Head Over Heels Fall Prevention
Wednesday, Feb 7, 2018, 12:00-1:00 PM
Commander’s House, Fort Douglas
Ryan Carver, Leverage Fitness Solutions
Falling is the most threatening event for adults 65+ years of age. Falling is a multi-factorial problem and a comprehensive fall prevention program should include aspects such as reaction, strength, flexibility, visual training, vestibular (inner ear) training, and agility. Learn some easy-to-do drills to improve your balance and make sure you don’t fall.

South Temple Street: A Study In Architectural Evolution
Wednesday, Feb 14, 2018, 12:00-1:00 PM
Commander’s House, Fort Douglas
Bim Oliver, Architectural Writer and Researcher
South Temple is arguably Utah’s most architecturally significant street. That significance derives, in great part, from the diversity of styles it displays—from some of Salt Lake City’s earliest adobe homes to the elaborate stone mansions of the early 20th century to the Modernist office buildings of the 1950s and 1960s. South Temple Street: A Study In Architectural Evolution will survey South Temple’s varied architecture, exploring what its buildings tell us about how styles and designs evolve. In doing so, the discussion will also address the economic, social, and technological factors behind that evolution as a way of understanding how and why buildings and places change.

Sexual Fluidity
Wednesday, Feb 21, 2018, 12:00-1:00 PM
Commander’s House, Fort Douglas
Lisa Diamond, Professor of Psychology and Gender Studies
Most individuals think that sexual orientation is a rigid trait that develops early in life and undergoes little or no change. Yet research has found that
many individuals undergo unexpected shifts in their attractions over the lifespan (heterosexual individuals developing unexpected same-sex attractions and gay/lesbian individuals developing unexpected other-sex attractions). What do these experiences mean, and how do they occur? This presentation will answer these questions and introduce participants to fascinating new research findings on the development and expression of sexual orientation over the life course.

### INSTRUCTORS

**Carla Anderson**  
*Improving Balance and Flexibility with Alignment Yoga*
  Carla began practicing yoga in 2007 and has completed 500 hours of advanced teacher training at Alignment Yoga, an educational and learning center based in Madison, Wisconsin. She currently teaches at Yoga Upstairs, Mindful Yoga Collective, and the Huntsman Cancer Institute. In addition to teaching group classes and private sessions, she serves as Director of School Programs for GreenTREE Yoga, a 501(c)3 nonprofit.

**Artists from Phillips Gallery**  
*Opening Eyes to Today’s, Yesterday’s, and Tomorrow’s Art World*

**John Telford** has been making photographs of the Utah landscape and environment for more than 40 years. He received an M.F.A. from the University of Utah and is a Professor Emeritus at Brigham Young University. He previously won the Karl G. Maeser Award for Creative Excellence at BYU as well as other honors throughout the country.

**Claudia Sisemore** has graduate degrees in both painting and filmmaking. For fifteen years she produced educational films for the Utah State Office of Education, and has filmed over 20 individual Utah artists. She is also an accomplished painter.

**Patricia Kimball** received her M.F.A. from the University of Utah in 2000. She was the Artist in Residence at the Entrada Institute in Torrey, UT in 2006 and won the First Place Juror’s Award at Springville Museum of Art’s Spring Salon in 2005.

**Edward Bateman** is an Associate Professor in the Department of Art & Art History at the University of Utah, where he is the head of the Photography and Digital Imaging area. He received his M.F.A. from the University of Utah in 2003 and joined the faculty in 2008. That same year he was awarded the Salt Lake City Mayor’s Award for his contributions to the arts. In 2009, Nazraeli Press released a book of his book titled *Mechanical Brides of the Uncanny*. Bateman's work has been shown internationally in over twenty countries.

**Lindsey Carter**, the great-great-great-granddaughter of pioneer Utah artist C.C.A. Christensen, is represented by the Phillips Gallery in Salt Lake City. She also has a painting hanging in Nordstrom’s at City Creek Center.

**Rebecca Klundt** received her B.F.A. from Brigham Young University. She has had recent shows at Phillips Gallery and the Finch Lane Gallery.

**Anne Asman**  
*Embrace Aging - It's a Once-in-a-lifetime Opportunity*
  Anne Asman completed a M.S. in Interdisciplinary...
Here at Osher, we’re constantly floored by the talents, knowledge, and passion of our members and instructors, all of which motivates us to go the extra mile to make the program as amazing as the participants.

DEDICATED TO YOU
Telling True Stories instructors

Nan Seymour and Giuliana Serena

BETTER TOGETHER

When a dynamic community of like-minded individuals band together, creative sparks fly, discussions crackle with energy, and knowledge deepens into understanding, while simultaneously expanding into satisfying new directions.

Steve Hudson, Lunch & Learn Chair
Chris Schaefer, Osher Instructor
Margarita Hudson, Member since 2010
Gerontology in August of 2015 from the University of Utah. She became a Dementia Dialogues Certification trainer in August 2016, and received the Utah Certificate of Palliative Care Education in August 2016. She has worked with the State Office of Aging and Adult Services, and is an active member and leader for the Alzheimer’s and Other Dementia’s Coordinating Council. Anne has facilitated several presentations on Advanced Directives and End of Life planning. She serves as the Director of Advancement and Outreach for the Department of Psychiatry and the Neuropsychiatric Institute at the University of Utah and consults with Community Nursing Services.

Linda Bayes
**Bon Voyage 2! French for Travelers**
Linda Bayes is passionate about all things French. Holding a Bachelor of Arts in French from the University of Utah, she completed advanced courses at UCLA, California State University, and BYU. She has studied a variety of subjects in France on multiple occasions and traveled through the country eleven times. A retired language teacher and former Osher instructor on French culture, she is active in multiple associations advocating French language and culture. Linda served as the Attachée for the French Olympic Committee in 2002.

Trisha Beck and Sheryl Allen
**The Pulse of Utah Politics: What’s Happening on the Hill**
Before entering politics, Sheryl Allen was an educator and served as Director of the Davis Education Foundation. Prior to that, she served as president of the Davis County Board of Education and represented the 19th District in the Utah House of Representatives from 1994 to 2011. In 2010, she ran for Lt. Governor of Utah as a member of the first major bipartisan ticket in Utah history. Although she lost that election, Sheryl has remained committed to improving the lives of Utah residents, working as an advocate for Real Women Run, Chair of the Richards Institute for Ethics at Weber State University, Alliance for a Better Utah, and KUED.

Raven Berman
**Build a Bone**
Raven is a Certified Athletic Trainer (ATC) currently working toward his Master’s in Health and Wellness Coaching at the University of Utah. He focuses on a holistic approach to health and wellness, with a strong emphasis in preventative care. Growing up on a small farm in the mountains of North Central Washington, Raven learned to value a balanced lifestyle consisting of regular exercise, well-rounded nutrition, and stress management. Preserving these values throughout his own experiences, Raven truly believes that the key to living a long, healthy life is to prioritize and invest in these lifestyle choices.

Charles Boynton
**Shakespeare’s Comedies, Shakespeare’s Narrative Poetry**
Charles Boynton has spent decades studying Shakespearean plays and sonnets and examining the problem: “Who wrote Shakespeare?” His expertise and enthusiasm are reflected in his previous work as Chair of the Marin Shakespeare Company and his membership in the well-respected Shakespeare Oxford Society. Charles’ post-graduate education is in Business.

Rob Branch
**Have We Lost Our Right to Know?**
Rob Branch earned his B.A. in Communications from Anitoch University in Santa Barbara, California. He
INSTRUCTORS

Bernadette Brown
Women Artists in a Man's World: 19th - 21st Centuries
Bernadette Brown worked as the Curator of African, Oceanic, and New World Art at the Utah Museum of Fine Arts. She earned an M.A. in Anthropology and a Certificate in Museum Studies from New York University and a B.A. in Anthropology with a minor in Art History and Archaeology from Hunter College.

Tim Chambless
Current Issues In American Public Affairs & Politics
Tim Chambless, Ph.D., has taught courses in the University of Utah's Department of Political Science since 1987. He emphasizes current events and contemporary world problems in his courses because he wants his students to see political science as the study of government as both an experiment in democracy (George Washington's term) and as a tool for problem-solving.

Terrell Dougan
Writing Your Story
Terrell Harris Dougan’s most recent book is a memoir, That Went Well: Adventures in Caring for My Sister (Hyperion, 2009). Other books include This is the Place: An Entertaining Guide (1976-1986) with Jo Rose, and We Have Been There: A Guidebook for Families of People with Mental Disabilities. Her award-winning humor column appeared for 13 years in The Deseret News. More recently, she has been a blogger for The Huffington Post. (You can read her work by googling Terrell Harris Dougan). She is at work on two books: one, an update of her memoir about her sister, Normal People Worry Me, and a memoir about growing up as a descendant of handcart pioneers.

Christoph Dressler
Tale of Six Cites
Born and raised as a German, Christoph Dressler has seen the world from a variety of perspectives. As a child growing up in East Germany, he never dreamed he would leave his home to become an exchange student in the United States, where he earned a Bachelor’s degree in World Issues. He traveled the world earning a Master’s degree in International Affairs and sees himself as a global citizen with an immense appetite for all things historical.

Alan Eastman
America’s Energy: How It Works, and What You Need to Know
Alan Eastman has a Ph.D. in Chemistry from the University of Utah. He worked for 30 years as a research chemist for a major oil company. After “retiring” from that company, he co-founded, and is now the Principal Research Scientist of, GreenFire Energy, a geothermal energy company. He won a successful $1.4 million grant for GreenFire, and is now the grant administrator. The grant is funding a proof-of-concept field demonstration of GreenFire’s innovative proprietary technology. His knowledge of energy is wide and deep - and he loves sharing it with Osher members.

Roy Ellefsen
Poetry for Enrichment 2
Roy Ellefsen received a B.A. and an M.A. from Brigham Young University in musicology and French Literature. He received his Ph.D. from Florida State University in Humanities with an emphasis in musicology as well as ancient and Renaissance studies. He is a certified instructor at the Utah Writing Project. He has taught music, English, history, humanities, and theater history at Snow College. He is a good pianist with extensive training and experience in choral conducting.

Gene Fitzgerald
Dostoevsky and Russian Terrorism
Gene Fitzgerald has been a professor of Russian Language and Literature at the University of Utah since 1969. He has also taught courses in the Honors, Liberal Education, and Comparative Literature programs. He has principally concentrated on the fiction of Dostoevsky, Gogol, Tolstoy, and Chekhov, and the poetry of Aleksander Pushkin.
His teaching awards over the years include the U’s Distinguished Teaching Award, the Hatch Prize for Excellence in Teaching, and the Presidential Teaching Scholar Award.

Paula Fowler and Carol Anderson

Opera Preview: Pagliacci and Gianni Schicchi
Paula Fowler is the Director of Education and Community Outreach for Utah Symphony/Utah Opera, a position she has held since the two companies merged in 2002. She was Education Director for the Utah Opera for five years before the merger. She helps oversee Utah Opera’s Resident Artist program, manages outreach to schools and communities around the state, runs the company’s classroom operas program, and enjoys creating music events for special populations.

Dr. Carol Anderson has been principal coach for the Utah Symphony/Utah Opera since 2003, where her duties include presenting the popular Opera Preludes before every Utah Opera performance. She serves as the official accompanist for both the Utah District Metropolitan Opera National Council Auditions (MONCA) and the MONCA Southeast Regional Auditions in Atlanta, and spends her summers on the music staff of the Santa Fe Opera.

Frank (“Fuzzy”) Furr
Military Intelligence - Part One and Part Two
Frank “Fuzzy” Furr holds a B.S. from North Carolina State University and an M.S. from the University of Northern Colorado. He is a retired USAF Colonel who piloted the U2 spy plane. He has over 45 years of experience in intelligence-related activities. Since he retired, first from the Air Force and then from a leading defense contractor, he has given lectures on military intelligence history in a variety of venues.

Santosh Gandhi
An Introduction to Hinduism and its Most Sacred Text: The Bhagavad Gita
Santosh Gandhi earned a M.Sc. in Physics from Punjab University in India and a Master’s in Electrical Engineering from the University of Utah. She worked as a Senior Software Developer and Project Manager for 3M Health Information Systems in Utah for 25 years. Since her retirement, she has engaged in Vedantic studies.

Larry Gerlach
The Olympic Games: A Primer
Larry Gerlach is Professor of History, Emeritus, University of Utah, where he taught courses on Colonial and Revolutionary America, the History of Sport in America, and the History of the Olympics: Ancient to Modern. In addition to articles on the Olympics in historical journals, he has published Alma Richards: Olympian, The Winter Olympics: From Chamonix to Salt Lake City, and with W. Lindsay Adams, The Olympic Games: Ancient and Modern.

Raymond Gesteland
Our Genes - Our Future - The Revolution
Dr. Raymond F. Gesteland has a B.S. in Chemistry and an M.S. in Biochemistry from the University of Wisconsin, and a Ph.D. in Biochemistry from Harvard University. He is emeritus faculty in the Department of Human Genetics at the University of Utah. During his time at the University of Utah, Dr. Gesteland served as chairman and professor of Human Genetics, director of NIH Utah Center for Human Genome Research, and Vice President for Research. He is the recipient of the Helen Lowe Bamberger Colby Presidential Endowed Chair in Human Genetics.

Denise Gibson
Dance Fitness
Denise Gibson was a professional ballroom, swing, and jazz dancer for over eight years and has been teaching ballroom dance, step aerobics, dance aerobics, kickboxing, and spinning for over 30 years. She is the founder and owner of fitness.edu, a continuing education provider for fitness professionals.
INSTRUCTORS

Steve Hall  
World War I: Mayhem Made Manifest  
Stephen C. Hall, (Colonel, USAF retired) is a former Senior Fellow at L-3 Communications Systems-West, Salt Lake City, Utah. He is a 1967 graduate of the Georgia Institute of Technology and received his Masters degree in Management from Troy State University in 1976. Colonel Hall lectures on World War II history at Georgia Tech, Morehouse College, BYU, and the University of Utah.

Merry Harrison  
Herbal Medicine: History, Insights, and Discoveries from the Past  
Merry Lycett Harrison, RH (AHG), is the owner of Millcreek Herbs, LLC, in Salt Lake City, Utah. A trained clinical herbalist and professional member of the American Herbalists Guild, she received her training from Michael Moore of the Southwest School of Botanical Medicine in 1998. She’s studied ethnobotany at the Baca Institute of Ethnobotany and the science of essential oils at Purdue University. Merry is an author and researcher whose work can be read in the HerbalGram; the Journal of the American Botanical Council and Utah’s own Catalyst Magazine. She teaches classes on medicinal and culinary herbs, herb gardening, harvesting, preparations, and she is also the creator of herbal energy solution Thrive Tonic.

Mette Ivie Harrison  
The First Fifty Pages  
Mette Ivie Harrison is the author of seven young adult novels, including The Princess and the Hound, and three adult mystery novels set in Mormon Utah, including The Bishop’s Wife, a national bestseller and New York Times notable book. She has also published a memoir, Ironmom, about her experiences training for her first Ironman race after the death of her sixth child. She is a regular blogger about religious topics at The Huffington Post and Religious News Service.

Paul Holbrook  
Exercise Science: Transform Your Quality of Life  
Paul Holbrook has a Master’s degree in Gerontology from the Fischer Institute for Wellness at Ball State University and experience at the Human Nutrition Research Center on Aging at Tufts University. A Certified Strength and Conditioning Specialist through the National Strength and Conditioning Association, he has worked as a personal trainer for over twenty years. In 2005, Paul founded the Age Well Center, a human performance training center for older adults.

Chris Horner  
Homer’s Odyssey  
Chris Horner has an M.A. from City College, New York and a Ph.D. from the University of Utah, both in literature. He has taught literature and composition at the University of Utah, Weber State University, Westminster College, and Salt Lake Community College.

Julie Howell  
Everyday Mindfulness  
Julie Howell is a Certified Mindfulness Facilitator (CMF) who trained at the Semel Institute at UCLA, Mindful Awareness Research Center. She continues to enjoy a decades long meditation practice. She works at the Huntsman Cancer Institute, and facilitates mindfulness-based classes for patients and staff. Having personally experienced the benefits of a mindfulness practice, she delights in teaching the practical application of mindfulness to everyday life, and the experiential practice of meditation.

Walter Jones  
The Roaring Twenties and the Great Depression  
Walter Jones, retired Head of Western Americana at the J. Willard Marriott Library, teaches history at Salt Lake Community College. He has Master’s degrees in Library Science from BYU and in History from the University of Utah. Walter was a Korean linguist in the U.S. Army (four years active duty and 23 years Reserves) and in the National Guard. He has presented papers and written about the Vietnam War.
Rod Julander
Elections: Rational Choice, or Mental Manipulation?
Rod Julander graduated from the University of Utah with a Master’s degree in Philosophy. In 1984 he earned a Ph.D. in Political Science. He served as the chairperson of the Department of Political Science and Philosophy at Weber State University. In the 1970s he was a member of the Utah Senate, and in the 1990s was the vice-chair of the Utah Democratic Party.

Abdul Nasser Kaadan
Understanding the Syrian Crisis
Dr. Abdul Nasser Kaadan arrived in the US in December of 2016 as a refugee of the Syrian crisis. He was an orthopedic surgeon and a professor of the History of Medicine at Aleppo University. He now teaches as a Visiting International Professor at Weber State University’s History Department. His courses include the History of Medicine, the History of Science, the History of the Middle East, the History of the Syrian crisis, and the Islamic Renaissance. Professor Kaadan founded the International Society for the History of Islamic Medicine, and still serves as its President and Editor of its journal. His work and writing led him to be nominated for the Nobel Prize in 2012.

David Keyes
Walking Meditation
David Keyes completed his yoga teacher training soon after retiring from Salt Lake City School District. He teaches yoga, Qigong, and other healthy living classes in the community. His interest in Walking Meditation began in earnest after attending a labyrinth workshop at Grace Cathedral in San Francisco.

Bruce Landesman
Right and Wrong, Good and Bad: Who Decides? A Philosophical Conversation about Morality
Bruce Landesman received his B.A. from the University of Rochester and his M.A. and Ph.D. in Philosophy from the University of Michigan. He taught at the University of Utah for 44 years, retiring in 2012. His specialties are Political Philosophy, Ethical Theory, and Applied Ethics. He has taught graduate and undergraduate courses in political philosophy, ethics, medical ethics, business and legal ethics, and other areas of philosophy.

Bill Laursen
Drawing: Portraits
Bill Laursen, a well-known Salt Lake area artist and educator, has been painting and teaching his entire career. His art credits include Best of Show from the Brigham City Museum Gallery, the Oneta J. Thorne Memorial Art Award for Outstanding Watercolor, and an Award of Merit from the Park City Arts Festival. Bill is a member of the Salt Lake County Art Selection Committee.

Ed Leis
From Death to the Grave
Ed Leis received his Doctor of Medicine from the University of Kansas in 1984. He has been the Assistant and Deputy Chief Medical Examiner in Utah since 1990 to present day, performing over 12,000 forensic examinations. He is an Assistant Professor of Pathology at the University of Utah School of Medicine, and in addition to having extensive experience in courtroom testimony, he has provided lectures for students from grade schools, high schools, medical students, residents in pathology training programs and law enforcement training programs.

Theresa Martinez and Shana Osterloh
Black Violin
Theresa Martinez completed her Ph.D. in Sociology in 1990 at the University of New Mexico. She was formerly the Assistant Vice President for Academic Outreach at the University of Utah and serves as Associate Professor of Sociology. Her teaching and research deal with issues of race, class and gender, deviant behavior, juvenile delinquency, and popular culture. She has won several teaching awards including the Distinguished University Teaching Award, the College Superior Teaching Award, the Presidential Teaching Scholar Award, and the Calvin S. and JeNeal N. Hatch Prize in Teaching—the highest teaching honor at the University of Utah.
INSTRUCTORS

She has appeared in *Time*, the *Miami Herald* and *The New York Times* as well as on National Public Radio and *20/20: News Magazine*.

Shana Osterloh is a recent University of Utah graduate, earning her Doctorate of Musical Arts in vocal performance, and completing two related fields in opera directing and music technology. She teaches Introduction to Music Technology at the School of Music. She has experience teaching music theory and sight-reading to music majors, and has taught several years of Music Appreciation for non-majors. Shana earned both her Master’s and Bachelor’s degrees from East Carolina University in Greenville, North Carolina in vocal performance, and enjoys singing 20/21st century music, which combines her technology skills with her love of singing.

Wayne McCormack
Citizen Governance: We the People in the Age of Tribalism
Professor McCormack received a B.A. from Stanford University and a J.D. from the University of Texas. He joined the faculty at the University of Utah S.J. Quinney College of Law in 1978 and also served as Associate Dean for Academic Affairs. Before coming to the University of Utah, he taught at the University of Georgia and served as Associate Director of the Association of American Law Schools.

Cyrus Mostofi
Iran: Shah to Present
Cyrus Mostofi has a degree in German Language and Literature from the University of Tehran and a Master’s degree in Political Science and Public Administration from the University of Utah. After graduation he returned to Iran, where he held leadership positions in the Sefid Road Power and Water Authority, the Bank Omran, the Namak Abroud Urban Development Company, and the Omran Investment Corporation. With the 1979 Islamic revolution, his career in Iran was disrupted and he was banned from leaving the country for fifteen years. During that time, he founded the Pars Key International, an export and import company. When the ban was lifted he emigrated to the U.S.

Rodger Newbold
Intermediate Photography and Creative Practices
Rodger is a 36 year veteran of teaching and performing photography. He attended the University of Utah, Utah State University, and Santa Fe New Mexico Photo workshops and studied with Ansel Adams, Ruth Bernhard, Cole Weston and others. He has contributed to many books of photography and was named Photographer/Educator of the year by the Salt Lake Chamber of Commerce in 1997.

Neil Olsen
Documenting Endangered Languages and Cultures
Neil H. Olsen served in Vietnam in 1967-8, first in the infantry, then as an adviser to indigenous units, which was comprised mostly of montagnards (highland tribal people of the region). During that time, he documented the people, their language (Kho), and life ways. Olsen’s dissertation was a descriptive grammar of the Kho language. As an ethnographic linguist, documenting endangered languages and cultures, he is currently associated with the Shoshoni Language Project at the University of Utah.

Clayton Parr
Federal Public Lands in Utah - What Are They and Why All the Fuss? (Updated)
Clayton Parr has an M.S. in Geology (1965), and a J.D. (1968) from the University of Utah. He spent his entire career practicing law and specializing in natural resources law. His work in mineral commodities, such as oil and gas, coal, water, and mineral materials, required him to have an intimate understanding of land status, including public lands in the U.S. He taught mining law at University of Utah College of Law as an adjunct professor for 15 years. He is currently retired while remaining of counsel for the firm of Parr Brown Gee & Loveless in Salt Lake City.
Donna Poulton
On the Trail of the West: Art of the American Frontier
After curating Art of Utah and the West at the Utah Museum of Fine Arts for seven years, Dr. Poulton established Donna Poulton Curated: Fine Art Consulting, with a focus on building and maintaining private art collections. She earned her M.A. from Boston University and her Ph.D. from BYU. She has juried and curated many exhibitions, including “Bierstadt to Warhol” and “LeConte Stewart: Materworks”. Dr. Poulton has written numerous articles and books—her most recent book is Painters of Grand Teton National Park.

Jedediah Rogers with Arie Leeflang
The History of Conflict: Perspectives on the Colorado Plateau
Jedediah Rogers earned a Ph.D. in American history from Arizona State University. Currently co-managing editor of the Utah Historical Quarterly, he is author of Roads in the Wilderness: Conflict in Canyon Country (University of Utah Press, 2013) and editor of two documentary volumes in Mormon history. He has taught adjunct history courses at Westminster College in Salt Lake City and University of Montana in Missoula. Arie Leeflang is the Archaeology Records Manager for the State of Utah and an archaeologist with the Antiquities Section of the Utah Division of State History. He also serves as the State History representative on the Utah Committee on Geographic Names. His professional interests lie in Great Basin prehistory, the Virgin Anasazi of southern Utah, and the history of archaeological site recording in Utah. He holds a Masters of Science in Anthropology from the University of Utah.

John Sanders
William Faulkner: Southern Gothic
John Sanders completed an M.A. in English from The Ohio State University, as well as all the course work toward the Ph.D. As a graduate student, he taught several undergraduate courses and then continued his teaching career in English at the high-school level for 33 years. He has actually visited Yoknapatawpha County, Mississippi.

Scholars from the Tanner Center for Humanities
Tanner Humanities Center Lectures
Matt Romaniello is an Associate Professor at the Department of History, University of Hawaii at Manoa; Jeremy Rosen is an Assistant Professor in the Department of English, University of Utah; Kevin Coe is an Associate Professor, Department of Communication, University of Utah.

Scholars from the University of Utah’s Department of Biotechnology
Advances in Biotechnology
Researchers from the University of Utah Bioengineering Department: Richard Rabbitt Ph.D., Gregory Clark Ph.D., David Grainger Ph.D., Rob MacLeod Ph.D., Christopher Butson Ph.D., Frank Sachse Ph.D.

Sheral Schowe
Wines of Northern France
Sheral Schowe is the founder and owner of Wasatch Academy of Wine. She teaches for the Lifelong Learning program at the University of Utah, Harmons Grocery and Cooking Schools, and Salt Lake Community College Culinary Institute. Certified as a French Wine Scholar through the French Wine Society, she is a Scholar in the areas of Provence and the Rhone. She has a Master’s degree in Adult Education and is a Licensed Wine Educator through the Utah Department of Alcoholic Beverage Control.

Sally Smith
The Lacuna, Barbara Kingsolver
Sally Smith owned and operated A Woman’s Place Bookstore for ten years. She taught English literature for 22 years at Judge Memorial Catholic High School and West High School. She graduated from the University of Utah with a major in English and minors in History and French.

Susan Soleil
Does Practicing the Golden Rule Still Matter?
Susan Paris Soleil is a Utah native. For more than 25 years, she has worked with nonprofits and has had the great
privilege of witnessing the loving and giving hearts of Utahns on a regular basis. Susan is the Executive Director of the Golden Rule Project, with the mission of spreading the Golden Rule. Different versions of the Golden Rule are found on all continents, in all cultures, and through all time. It is a unifying and universal principle.

**Alan Springer**  
*Fruitful Relationships: Improved Production from Interactions with Families and Friends*

Dr. Springer earned a B.S. in Sociology and Health Education at Brigham Young University; a M.Ed. in Family Studies from Central Washington University; a Certificate in Counseling Psychology from Eastern Washington University; and a Ph.D. in Marriage and Family Therapy and Gerontology from Brigham Young University. He began his professional career as a school teacher and school counselor. He then transitioned into serving as a therapist, therapist supervisor, and then director of services at an adolescent treatment center. Most recently, he was owner, director, and therapist at the Marriage Clinic of Utah. He is also an adjunct instructor teaching Marriage and Family Therapy at Brigham Young University.

**Barbara Taylor**  
*Beginning-Intermediate Watercolor Painting*

Barbara received a B.A. from the University of Utah and taught art in the public schools. She then earned an M.Ed. from University of Illinois and later an M.S.W. from the University of Utah. She is a retired L.C.S.W. who has discovered the thrill of color. She has taught art at the Rescue Mission and recently won a blue ribbon in watercolor at the Utah State Fair.

**Marci Villa**  
*Beginning Ukulele*

Marci Villa is a self-taught ukulele player with a passion for the cheery little instrument whose Hawaiian name translates as “jumping flea”, and enthusiastically shares her love of the instrument and for music. Twenty years’ experience as a corporate trainer have honed her understanding of how people learn and given her an exceptional ability to teach new skills.

**Ewa Wasilewska**  
*Fashion Inspirations: From the Ancient Middle East to Modern High Fashion*

Ewa Wasilewska has more than 30 years of experience as a university professor working on different historical and cultural aspects of ancient and modern Middle East and Central Asia. Her formal education includes Master’s degrees in Middle Eastern Studies, Archaeology, and History, and a Doctorate in Anthropology.

**Debbie White**  
*Basics: iPhoto and iMovie, Internet Security, iPad Basics, Mac: Basics, Mac: Beyond the Basics*

Debbie White has over thirty years of experience in teaching. She earned her M.Ed. at Westminster College and her Technology Endorsement via the eMINTS program. After an extended period teaching sixth grade, Debbie spent three years as an Apple Product Professional, teaching Mac and iPad basics and well as software programs such as iPhoto and iMovie. She enjoys teaching in a variety of settings, particularly with students as eager to learn as those enrolled in Osher Lifelong Learning Institute.

**Beth Whitsett**  
*Individual Rights and the Constitution - Part 2: First Amendment - Speech and Religion*

Ms. Whitsett is a Utah (and California) attorney, practicing law since 1978. She is a graduate of the University of Southern California Law School, Yale University (M.A. in Teaching), and Stanford University. She has broad transactional legal experience with focus in recent years on compliance and governance, including code and policy development and employee training for U.S. and multinational clients. She is a former Adjunct Professor of Law, University of Utah College of Law.
<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:30 – 11:00 AM</td>
<td>9:30-11</td>
<td>9:30 – 11:00 AM</td>
<td>9:30 – 11:00 AM</td>
<td>9:30 – 11:00 AM</td>
</tr>
<tr>
<td>• Basics: iPhoto and iMovie (T &amp; Th, 2/13-2/22)</td>
<td>• Fashion Inspirations</td>
<td>• Does Practicing the Golden Rule Still Matter?</td>
<td>• Basics: iPhoto and iMovie (T &amp; Th, 2/13-2/22)</td>
<td>• Mac: Basics (T &amp; Th, 1/16-1/25)</td>
</tr>
<tr>
<td>• Fashion Inspirations</td>
<td>• Iran: Shah to Present</td>
<td>• The Olympic Games</td>
<td>• Mac: Beyond the Basics (T &amp; Th, 1/30-2/8)</td>
<td>• Right and Wrong, Good and Bad</td>
</tr>
<tr>
<td>• Mac: Basics (T &amp; Th, 1/16-1/25)</td>
<td>• Mac: Beyond the Basics (T &amp; Th, 1/30-2/8)</td>
<td>• Opening Eyes to the Art World</td>
<td>• The Lacuna, Barbara Kingsolver</td>
<td>• WWI: Mayhem Made Manifest</td>
</tr>
<tr>
<td>• The Pulse of Utah Politics</td>
<td>• Women Artists in a Man's World</td>
<td>• Our Genes—Our Future—The Revolution</td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:30 AM – 1:00 PM</td>
<td>11:30 AM – 1:00 PM</td>
<td>11:30 AM – 1:00 PM</td>
<td>11:30 AM – 1:00 PM</td>
<td>11:30 AM – 1:00 PM</td>
</tr>
<tr>
<td>• Federal Public Lands in Utah</td>
<td>• Shakespeare’s Comedies</td>
<td>• Advances in Biotechnology</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Shakespeare’s Narrative Poetry</td>
<td>• Homer’s Odyssey</td>
<td>• Alignment Yoga</td>
<td></td>
<td></td>
</tr>
<tr>
<td>• Homer’s Odyssey</td>
<td>• Shakespeare’s Comedies</td>
<td>• Energy in America</td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:30 – 3:00 PM</td>
<td>1:30 – 3:00 PM</td>
<td>1:30 – 3:00 PM</td>
<td>1:30 – 3:00 PM</td>
<td>1:30 – 3:00 PM</td>
</tr>
<tr>
<td>• Build a Bone</td>
<td>• Bon Voyage 2!</td>
<td>• Beg.-Int. Watercolor</td>
<td>• Build a Bone</td>
<td>• Build a Bone</td>
</tr>
<tr>
<td>• Current Issues in Am. Public Affairs and Politics</td>
<td>• Drawing: Portraits (T &amp; Th)</td>
<td>• Citizen Governance</td>
<td>• Drawing: Portraits (T &amp; Th)</td>
<td>• Walking Meditation</td>
</tr>
<tr>
<td>• Drawing: Portraits (T &amp; Th)</td>
<td>• Elections: Rational Choice or Mental Manipulation</td>
<td>• Dance Fitness (2-3:15)</td>
<td>• iPad Basics (1/18-2/22)</td>
<td></td>
</tr>
<tr>
<td>• Internet Security (1/16-1/30) (2/6-2/20)</td>
<td>• Introduction to Hinduism</td>
<td>• Exercise Science</td>
<td>• Military Intelligence, Part 2</td>
<td></td>
</tr>
<tr>
<td>• Introduction to Hinduism</td>
<td>• Opera Preview: Pagliacci</td>
<td>• Fruitful Relationships</td>
<td>• On the Trail of the West</td>
<td></td>
</tr>
<tr>
<td>• Opera Preview: Moby Dick</td>
<td>• Opera Preview: Moby Dick</td>
<td>• Military Intelligence, Part 1</td>
<td>• Poetry for Enrichment</td>
<td></td>
</tr>
<tr>
<td>3:15 – 4:45 PM</td>
<td>3:15 – 4:45 PM</td>
<td>3:15 – 4:45 PM</td>
<td>3:15 – 4:45 PM</td>
<td>3:15 – 4:45 PM</td>
</tr>
<tr>
<td>• Individual Rights and the Constitution</td>
<td>• Dostoevsky and Russian Terrorism</td>
<td>• Have We Lost Our Right to Know?</td>
<td>• Tale of Six Cities</td>
<td></td>
</tr>
<tr>
<td>• William Faulkner</td>
<td>• From Death to the Grave</td>
<td>• Understanding the Syrian Crisis</td>
<td>• Understanding the Syrian Crisis</td>
<td></td>
</tr>
<tr>
<td>• Writing Your Story</td>
<td>• The Roaring Twenties</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5:15-6:45 PM</td>
<td>5:15-6:45 PM</td>
<td>• Beginning Ukulele</td>
<td>• Wines of Northern France</td>
<td></td>
</tr>
<tr>
<td>• Int. – Adv. Digital Photography</td>
<td>• Wines of Northern France</td>
<td>• History of Conflict</td>
<td>• Documenting Endangered Languages</td>
<td></td>
</tr>
<tr>
<td>• Black Violin</td>
<td>• History of Conflict</td>
<td>• Embrace Aging</td>
<td>• The First Fifty Pages</td>
<td></td>
</tr>
<tr>
<td>• Everyday Mindfulness</td>
<td>• Embrace Aging</td>
<td>• Tanner Humanities Lecture Series</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
**Commander’s House, Fort Douglas**
Osher classes held at Ft. Douglas, Salt Lake City are based at the Commander’s House. Arrive a few minutes early on your first day of class for a cup of coffee, tea, or cocoa, and to find out where your class will be held. An Osher representative will be on hand to welcome you and help you find your class.

Enter gates of Fort Douglas from South Campus Drive or Mario Capecchi Dr. Left at first stop sign. Left on the one-way street immediately before the Officer’s Club into parking lot. Whenever classes are in session you may park in any space in this lot except the handicap and University vehicle stalls. Overflow parking is available in the lot behind the University Guest House to the north.

**Tenth East Senior Center**
237 S. 1000 E., Salt Lake City
The center is on the east side of the street. Parking is in the lot behind the center and is free at all times.

Check the class listing in this catalog for your class location.

**Administrative and Registration Offices**
The Osher offices are located in the Annex. The registration office is on the north end of the first floor, room 1185. Administrative offices are in rooms 1173 and 1169.

The Annex is the building on the corner of Mario Capecchi Dr. (formerly Wasatch Dr.) and South Campus Dr., just east of the Huntsman Center. Metered parking is available on the north and west sides of the building. Note, some meters are only 20 minutes.
THE OSHER LIFELONG LEARNING INSTITUTE is one of three personal enrichment programs offered by the University of Utah.

Here are Osher’s Sister Programs to Enrich Your Life

Lifelong Learning at the University of Utah designs its courses for inquisitive adults ages 18 to 118. Sign up for a course and learn more, do more, become more.
Take your knowledge further as you explore the world with hand-selected U of U faculty in a program that combines education with a vacation. It’s the most intelligent way to travel.

continue.utah.edu/golearn
Class Registration and Special Event RSVP

Request Processing
Register online at osher.utah.edu or by calling 801-581-7155. Registration and RSVP requests are processed as they arrive in the office or online. If a class or event you request is full, your name will be placed on the wait list. Registration status (confirmed or wait listed) will be noted on your confirmation.

Special Fees
In many cases special fees may be waived if you do not wish to receive the materials. Please call the Osher office for assistance.

Refunds
Because space is limited and we have arranged to provide our students access to various University facilities, you may drop a course and receive a full refund up to the start of class. Once class has begun, you may drop the course, but a $20 late drop fee and class special fee will be subtracted from your refund. If you have an extenuating reason for dropping past the start of class, please contact the Osher office at 801-587-9037, so that we may identify the best option to meet your individual circumstance.

Attending Classes for Which You Are Not Registered
You must be registered before you attend a class. This includes attending a different section of a class. Sitting-in on a class disrupts the experience for those students who are legitimately registered for the class. Please respect your fellow students and instructors by only attending classes for which you are registered.

Guests
Bringing guests age 50 and over to Osher is a lovely way to introduce them to our community. Members are encouraged to bring guests to Lunch and Learn Lectures. These lectures offer an opportunity to experience the more academic side of Osher and to meet some members. Guests are welcome to sample Special Events and courses on a space available basis with prior approval of the Osher office. Call four days before the event or one day before the course to check availability and register your guest. There is no guest charge, but remember, the guest policy is for sampling Osher. Please encourage your guests to join so they too can enjoy the full benefits.

Cancellation of Classes
In the event of university closure, Osher classes and activities will be canceled. Listen to your local radio station for university closure announcements or call the Osher office. Occasionally a class will be canceled at the request of the instructor. Every effort will be made to schedule a make up class at a time that is convenient for the most students.

Accessibility
To request a reasonable accommodation for a disability, please contact the Center for Disability Services at 801-581-9037, so that we may identify the best option to meet your individual circumstance. Reasonable notice required.

Special Events
RSVPs are required for all events. To ensure all members have an opportunity to attend some events there is a four event per member limit. Additional events may be requested one week in advance of the event and will be honored on a space available basis. Call the office to check availability.

If you can't attend it is important that you call to cancel as far in advance as possible. This allows us to give someone else a chance to attend and is respectful of our hosts and fellow members. Your RSVP is nontransferable. Members on the wait list have priority for open spots and must be processed in order.

Event size is limited at the request of our hosts to ensure a great experience for participants. Do not attend an event for which you do not have a confirmed reservation as this can place a burden on our host and is not fair to other members.

Tuition Reduction
U of U faculty and staff tuition reduction benefits are available for Osher classes. To receive the discount you must submit an application to Human Resources (801-581-7447) every semester. Failure to submit the application will result in a balance due on your account and may result in a hold on your account preventing future registration.

Communication
The Osher office uses email for registration confirmation, special event reminders, and for general communication with Osher members. Please be sure you have a current email address on file and that you check your email periodically. If you do not use email, consider getting an email buddy who can pass communication along to you in a timely manner.

OSHER POLICIES & FAQ
Our donors, sponsors, and partners allow us to bring together a community of adult learners who share a passion for intellectual and social interaction.

Thank you to the esteemed faculty from the University of Utah Colleges and Academic Departments who will share their expertise with Osher members this term.

Credit the Bernard Osher Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. Among other priorities, the Foundation funds Osher Lifelong Learning Institutes for people 50 and older on 120 campuses of higher education across the country.

Members’ tax-deductible gifts are greatly appreciated and help sustain and expand the quality Osher programming. In 2017, donor gifts helped 155 members attend Osher courses by supporting over $10,000 in scholarships. Thank you! Visit www. osher.utah.edu/support or call the office to discuss giving options.

Class Assistants
Too numerous to list, but none-the-less important to the success of the Osher Institute.

Interested in being a volunteer?
Anyone can be a volunteer at the Osher Institute. Opportunities range from being a contributing member of one of the standing committees to proposing and leading a new initiative to spreading the word in the community. Contact the Osher office to express your interest and share your ideas.
Share Osher

INVITE A FRIEND TO CLASS

What better way to show someone how great Osher is than inviting them to join you?

Sharing the Osher experience is a win-win-win. The new member gains access to an amazing array of learning opportunities, the program becomes stronger with each new member, and you have the satisfaction of making a difference in someone’s life (and possibly even gain a companion with whom to take classes and attend special activities). Invite your friends to feel the energy of the members and catch a glimpse of the interesting classes and life-enhancing experiences that await them when they join the dynamic Osher community.

Note: Some people may like to sample the Osher experience before joining. Guests are welcome to sample Special Events and Courses on a space available basis with prior approval of the Osher office. See page 45 for the guest policy.