The Osher Lifelong Learning Institute

Courses, Special Activities, and Community for People 50 and Better

Join Today! (801) 581-6461 www.usher.utah.edu
Spring always brings to mind new beginnings. As green grass peeks out from underneath our powdery white snow, and buds begin to appear on our trees, I can’t help but reflect upon how quickly the world begins to look brand new.

As a resource to you, and our community, Osher Lifelong Learning Institute at the University of Utah sees each semester as an opportunity to get you excited about something brand new. By exciting your curiosity, introducing you to new subjects, new people and new places, Osher Lifelong Learning Institute is your gateway to a brand new world.

This spring is no exception. With classes discussing the Silk Road, African American Women Writers, Japanese Architecture and Traditional Greek Dancing, you are certain to discover something new (and perhaps uncover a brand new passion).

Thank you for continuing to learn and grow with us. Happy spring!

Lauren Andersen
Director
Experts tell us that the keys to squeezing the most out of life include staying mentally and socially active. Participating in Osher helps you integrate both in convenient and enjoyable ways. Osher members say it best.

“It’s been a great way to stay connected and meet new people as well as old friends.”

“We are learning, living more fully, and are more informed to understand world events and local communities.”

Courses
Taking classes at Osher offers the best return for the time and money you invest. Tuition is very affordable and scholarships are available for those for whom money would be a barrier. Classes are held at the Commander’s House in Fort Douglas and other nearby locations - all easily accessible with free parking! Most classes meet for 90 minutes, once per week, for 6 weeks, allowing plenty of time for other interests. Osher instructors teach with both style and substance. They are able to entertain as well as educate. And when you take classes you are eligible to obtain a U of U student ID card that brings many more opportunities and benefits to you.

Special Activities
The brown bag Lunch and Learn lecture series and the Special Events are included in the basic membership (just $30 per year). The weekly Lunch and Learn lectures at the Commander’s House in Fort Douglas can be a nice intermezzo between classes and the Special Events provide a way to learn about the surrounding community and to stay connected when classes are not in session.

People
Osher members are dynamic, interesting people who each bring a lifetime of experience to every conversation. You will meet new, interesting people and may even renew a long lost connection from your past.

Campus
The Osher Institute is your portal to the University of Utah. U of U faculty teach abbreviated classes at Osher, the Campus Highlights program brings the best of campus right to your class and e-mail, and staff are available to help you navigate.

Discounts
Osher members taking classes are eligible for select U of U student benefits (with U of U student ID card*) including free admission to the Natural History Museum of Utah, the Utah Museum of Fine Arts, and Red Butte Garden. Show your student ID card in and out of town and let us know what benefits you receive.

* U of U Student ID card is available to Osher members taking classes. There is a fee for the card. Obtain the card at the U Card office in the Olpin Union (801-581-2273). The card is active in semesters in which you are registered for at least one class.
Art and Art Appreciation
Architectural Appreciation for the European Traveler
Beginning - Intermediate Digital Photography
Drawing Workshop with Emphasis on Two Point Perspective
Faces in Art: Portraits, Self-portraits, and People in Paintings
Japanese Architecture and Gardens
Mexico, through its Magnificent Art
Modern Art and Social Change: Understanding Art from 1940-1990

Contemporary Studies
Culture of Utah Politics
Current Issues in American Public Affairs and Politics
Federal Public Lands in Utah - What Are They and Why
All The Fuss?
Medical Ethics in Court, Media, and at the Bedside
The Impact and Potential of Disability Rights in Utah
The Presidency

Film, Music, Dance, Theater
A Night at the Theater
It's Never Too Late to Learn Guitar - An Easy Introduction
Opera Preview: Mozart's Don Giovanni
Six English Composers
The Way Music Works
Traditional Greek Dancing

Health and Fitness
Build a Bone
Dance Fitness
Eating for Life
Exercise Science: Transform Your Quality of Life
Improving Balance and Flexibility with Alignment Yoga
Relationships in the Golden Years: Improving Difficult Relationships
Walking Meditation

History
A House Divided: A History of U.S. Politics Under Pressure
Miracle in Philadelphia - The US Constitution
Rise of Islamic Fundamentalism in Iran (20th Century)
The American Revolution, 1763-1789: Birth of a Nation
The American War: Its Realities, Its Myths, Its Legacy
World War II in the Pacific

Humanities and Literature
African American Women's Fiction
Homer's Iliad
Shakespeare: The Tragedies
Silk Road
Writing Your Life From Journal to Memoir
Zane Grey and the Southwest: Romances of the Border

Nature and Outdoors
Becoming a Bird Watcher
The Colorado River, an Endangered Enigma

Potpourri
Enriching Human-Animal Partnerships
Herb Gardening Intensive
Regions of France: History, Food, Viticulture, and Enology
Sparkling Wines—A History & Appreciation

Science, Medicine and Technology
Causation, Prevention, Intervention and Surviving Cancer
Embrace Aging - It's a Once-in-a-lifetime Opportunity
Google Maps: Become a Custom Map Maker
Google Tools: Exploring Drive and Photos
iPad: Beyond the Basics
Mac Basics
Memory and Aging
Parenting Adult Children: Developmental Aspects to Problem Solving
The (Unequal) Distribution of Health Outcomes in the US
Weather or Not: A Peek behind the Forecast

Indicates after hours classes. For more evening and weekend classes visit www.continue.utah.edu and check out the Lifelong Learning, Professional Education, and Academic Non-Credit programs.

Indicates new class this term.
**A House Divided: A History of U.S. Politics Under Pressure**

The 2016 presidential election highlighted profound divisions within our country. This course will examine other periods in U.S. history when our political leaders faced a deeply fractured electorate. What caused those earlier divisions? How did leaders respond to them (for both good and ill)? What can we learn from them? Particular attention will be given to the presidencies of George Washington, Andrew Jackson, Abraham Lincoln, and James Garfield as well as the presidents throughout the tumultuous 1960s and 1970s.

Osher  989-001  
Dates:  Tuesdays, 3/28/2017 – 5/2/2017  
Time:  11:30 AM – 1:00 PM  
Location:  Commander’s House, Fort Douglas  
Instructor:  Renee Tanner  
Tuition:  $99

**A Night at the Theater**

Enhance your theater experience of three locally produced plays. Focusing on contemporary—and often political—works, the class will include pre- and post-play discussion of each play’s storyline, social setting, characters, themes, theatrical techniques, and the feature artists who contributed to the production. Plays to be discussed are: Pioneer Memorial Theatre’s production of Mike Bartlett’s *Charles III*, People Production’s version of August Wilson’s *Ma Rainey’s Black Bottom*, and Salt Lake Acting Company’s presentation of Robert Askins’ *Hand to God*. Special fee includes the cost of tickets for both the Pioneer Theater and Salt Lake Acting Company performances.

Osher  584-001  
Time:  3:15 PM – 4:45 PM  
Location:  Commander’s House, Fort Douglas  
Instructor:  Richard Scharine  
Tuition:  $99  
Special Fee:  $50

**African American Women’s Fiction**

In this session, students will investigate the work of three major African American Women writers. The class will begin with *Their Eyes Were Watching God* by Zora Neale Hurston, (1937) which was named as one of “The Best 100 English Language Novels published since 1923” by Time Magazine. We will continue with Toni Morrison’s *Song of Solomon*, (1977) which not only received the National Book Critics Award, it was also cited as a crucial work in awarding her the Nobel Prize in 1993. President Obama has said that “it is the book that taught me how to live my life.” We will finish the session with Alice Walker’s *The Color Purple*, (1982) which won the 1983 Pulitzer Prize for Fiction as well as the National Book Award. It appears at #17 on the A.L.A. 100 Most Frequently Challenged Books.

Osher  661-001  
Time:  09:30 AM – 11:00 AM  
Location:  Commander’s House, Fort Douglas  
Instructor:  Sally Smith  
Tuition:  $99

Osher  661-002  
Time:  11:30 AM – 01:00 PM  
Location:  Commander’s House, Fort Douglas  
Instructor:  Sally Smith  
Tuition:  $99

**Architectural Appreciation for the European Traveler**

This course will explore the fascinating history of European architecture, with particular emphasis on the awe-inspiring buildings that
can be visited by travelers today. We will begin with the creation of the classical tradition in ancient Greece and Rome, then analyze the evolution of Romanesque and Gothic styles in the castles and cathedrals of the Middle Ages. We will trace the rebirth of classicism in the palaces and churches of the Renaissance, the elaboration of these architectural forms in the Baroque period, and the beautiful variations of Neoclassicism and Romanticism. We will close with an examination of the beginnings of modernism and some of the great examples of contemporary European architecture.

Through in-class lessons and field trips students will develop skills that allow them to classify and identify birds based on plumage, song, behavior, habitat, and season. In-class lessons focus on identifying birds, selecting good gear, getting involved in local birding groups, participating in citizen science, and becoming familiar with online and print resources. Three field trips to various habitats reinforce the learning.

Osher  977-001
Time:  3:15 PM – 4:45 PM
Location: Commander’s House, Fort Douglas
Instructor: Paul Lawrence Anderson
Tuition:  $99

Becoming a Bird Watcher
The key to becoming a proficient bird watcher is understanding the general impression of size and shape (also known by the acronym “GISS”) of the bird. These are characteristics that enable bird watchers to accurately identify the bird.

Beginning – Intermediate Digital Photography
Students will learn about the camera controls—that is, the whys and wherefores of all the buttons. Moving into photographic technique, they will learn how to meter through the lens for best exposure, mid-grey and the histogram; how to exploit the “Exposure Triangle” (what it is, and why it is important;) what the best shutter speed is for different situations; how to work with depth of field & f/stops on the camera, tying in “inclusive vs. exclusive” pictures; and finally, how to shoot landscapes.

Osher  994-001
Dates:  Tuesdays, 3/28/2017 – 5/2/2017
Time:  5:15 PM – 6:45 PM
Location: Commander’s House, Fort Douglas
Instructor: Rodger Newbold
Tuition:  $99

Build a Bone
Osteoporosis is a major public health threat for millions of Americans 50 years and older. If you have heard the terms osteopenia or osteoporosis from your medical professional, take this class to learn what can be done to improve your bone health and prevent bone loss. Experts lead the class in weight bearing, weight lifting, spine extension, balance, and core strengthening exercises. We learn how walking and proper nutrition can improve bone strength and reduce the risk of falls by 50%. Classes are motivating, fun, and physically interactive. Wear appropriate clothing.

Osher  189-002
Dates:  Fridays, 4/7/2017 – 4/28/2017

Causation, Prevention, Intervention and Surviving Cancer

Researchers, doctors, therapists and caregivers will present information about new research and treatments for cancer, sharing their insights on current successes and future hopes for medical interventions against the disease. Topics will include the role of genetic counseling in cancer prevention; the prospects for personalized therapy; leveraging mind-body interventions in treatment; the genetics of breast cancer; childhood, adolescent, and young adult survivorship; and what experts want you to know about cancer.

Culture of Utah Politics

Utah politics is a fascinating mix of policy making, local culture, and religion. The course will explore Utah politics, how citizens can be more engaged and how to deal with voter apathy. It will provide insights for non-native Utahns into the idiosyncrasies of Utah politics. We will cover political structures in Utah from a historical perspective and discuss current Utah cultural influences on politics, citizens' involvement and engagement in the political process, single party dominance and its effect on political culture, and the plight of disenfranchised voters.
Mary Jo Westien grew up on a farm 25 miles from Grand Forks, North Dakota. In winter, her family would hunker down inside their farmhouse, which had no electricity or running water, while outside temperatures would plunge to 40 degrees below zero.

Mary Jo still gets emotional when she remembers the day the house finally got electricity. She was 13 years old and the thrill of turning on the lights for the first time was such a joy that it still resonates to this day. Her rugged upbringing, though a struggle at times, taught her the value of hard work.

“Life has been a piece of cake ever since. I have a great appreciation for all the comforts that many people take for granted. I just feel happy all of the time.”

Mary Jo’s mother always stressed the importance of education and encouraged her daughters to pursue jobs that could provide them with their own money. Mary Jo didn’t need much encouragement. She enjoyed school in the community’s one-room schoolhouse and determined her career path from an early age.

“When people were ill on the farm, a public health nurse would come to help. I decided that being a nurse was the job for me. So when I finished high school in Grand Forks, I went to the University of North Dakota and received a Bachelor’s degree in Nursing.”

Her first position as a Registered Nurse was in the Operating Room in the hospital in Grand Forks, later teaching that aspect of nursing at the University of North Dakota.

Mary Jo and her husband moved to Utah in the 1960s. Soon after, she received a scholarship from the U.S. Public Health Department to attend the University of Utah to pursue a Master’s Degree in Nursing Education. In addition to working in many hospitals in the area, Mary Jo has taught nursing in the Colleges of Nursing at the University of Utah and at Brigham Young University.

Her work as a nursing educator continues to this day. Just a few years ago, she had the honor to teach a group of 200 student nurses and 50 staff nurses at the Chinese General Hospital School of Nursing in Manila, Philippines. She clearly believes that it’s important to continue to seek educational opportunities. That’s why she was already taking Continuing Education classes at the U when she heard about Osher. She immediately signed up for a music course and loved it. From there, she immersed herself in the program, joining the curriculum committee and enrolling in as many classes as she could. Since Mary Jo joined the program, she has taken over 100 classes.
“Even after all this time, I still get excited when I think of Osher. Growing up, we were so limited on the farm and had few resources in our little schoolhouse. The fact that now I can learn from tremendously knowledgeable professors in so many different subject areas—music, history, language, literature—it’s exhilarating. People who weren’t so deprived might not see what an amazing opportunity Osher provides.”
you dance your way to increased physical fitness and mental acuity. All skill and fitness levels are welcome; the workout will include warm-up and cool-down stretch. Wear clothes allowing you to move to the music and athletic workout shoes. The last 15 minutes of class will be dedicated to optional muscle toning exercises. Bring a yoga mat if you plan to stay for the optional toning exercises.

### Dance & Toning Workshop

**Osher** 855-002  
**Dates:** Wednesdays, 3/29/2017 – 5/3/2017  
**Time:** 2:00 PM – 3:15 PM  
**Location:** Tenth East Senior Center, 237 S. 1000 E., SLC  
**Instructor:** Denise Gibson  
**Tuition:** $89

The last 15 minutes of class will be dedicated to optional muscle toning exercises. Bring a yoga mat if you plan to stay for the optional toning exercises.

### Drawing Workshop with Emphasis on Two Point Perspective

In a workshop setting, gain additional skill and confidence working in colored pencil, portrait rendering, or conte crayon. Set your own goals and work at your own pace. Supervised instruction, guidance, and feedback will be available to students as needed. Come prepared with something to work on at the first session of the workshop or have ideas for review by the instructor. A prerequisite for taking this class is to have completed at least one Osher Colored Pencil or Portrait Drawing course or to have the approval of the instructor. Students are responsible for purchasing their own supplies. Materials needed will be discussed in the first class and a shopping list will be provided.

**Osher** 875-001  
**Dates:** Tuesdays and Thursdays, 3/28/2017 – 5/2/2017  
**Time:** 1:30 PM – 3:00 PM  
**Location:** Tenth East Senior Center, 237 S. 1000 E., SLC  
**Instructor:** Bill Laursen  
**Tuition:** $159  
**Special Fee:** $2

### Eating for Life

Learn the secrets to healthy eating for sustained energy, weight loss, and reducing inflammation in the body. Better understand the basics of healthy eating and determine the foods that are right for you. This class will also help you learn to read labels and find out what foods you should avoid. As a bonus, you will receive sample meal plans and even try some healthy treats.

**Osher** 536-001  
**Dates:** Wednesdays, 3/29/2017 – 5/3/2017  
**Time:** 3:15 PM – 4:45 PM  
**Location:** Liberty Senior Center, 251 East 700 South, SLC  
**Instructor:** Stephanie Nelson-Cunningham  
**Tuition:** $99  
**Special Fee:** $35

### Embrace Aging - It’s a Once-in-a-lifetime Opportunity

This class will demystify aging and look at how we can enjoy a healthier, happier and more prepared life as we age. Topics will include: biology of the aging brain and how that biology affects the risk for cognitive impairment (dementia); the ways to identify and manage illness (mental and physical) as we age; the role of the family and caregivers; how to address and plan for the end of life (what’s important, what’s not); and identification of community resources for the aging population.

**Osher** 979-001  
**Dates:** Thursdays, 3/30/2017 – 5/4/2017  
**Time:** 5:15 PM – 6:45 PM  
**Location:** Commander’s House, Fort Douglas  
**Instructor:** Anne Asman  
**Tuition:** $99

- Indicates evening and weekend classes
Enriching Human-Animal Partnerships
There are communication difficulties in every relationship, especially the ones closest to us. This class will help you understand the physical, mental and emotional connection you have with your companion animals and use this awareness to effectively communicate with them and also change their behavior. These are not traditional training methods but rather a unique way to move from conflict to cooperation and deepen the experience of sharing your life with dogs, cats or horses. We will also explore more intuitive techniques involving asking specific questions and receiving answers and will discuss some current topics in the ethical treatment of animals. There will be one Saturday field trip to practice the communication skills learned in class and we will also work from photographs.

Exercise Science: Transform Your Quality of Life
The science of human movement holds the key to a healthy life. Through lecture and movement participation, we will study the evolution of the concept of fitness, master the five fundamental movement patterns, understand strength and power, and see how proper movement leads to better quality of life. Students will learn how to make their training simple and effective.

Federal Public Lands in Utah – What Are They and Why All the Fuss?
This course will examine the history of public lands in the U.S., beginning with the initial 13 states and working forward through additional land acquisitions by the federal government, federal land disposal programs, development of land retention policies, and current public land patterns (primarily in the western U.S.). Explanations will be provided of the different federal land agencies and the various land categories managed by each, such as national forests, national parks, and monuments, wilderness areas, and tribal lands. Land status patterns in Utah will be discussed, including state trust lands, federal lands, tribal lands, and private lands. More detailed review will be provided of topical issues in Utah such as management conflicts in grazing policies, law enforcement, minerals production, environmental protection, back country roads, and wilderness and national monument designations as
well as the proposed state lawsuit to obtain title to federal public lands in the state.

Google Maps: Become a Custom Map Maker
Discover tips and tricks for using Google Maps. Create and save custom maps in your own My Places Google Maps account. Learn to map your favorite restaurants, fishing holes, bike routes, golf courses, trail heads, etc. The workshop will explore the variety of features available in Google Maps through demos, hands-on exercises, and discussion. The class will be held in a computer lab.

Herb Gardening Intensive
The goal of this class is to inform and inspire students to imagine and create gardens that include the culinary and medicinal herbs for use and pleasure. History, cultivation, design, harvest and preservation, potting, and companion planting will be discussed and hands on demonstrations will enable students to grow and use herbs with confidence. A worksheet will be provided along with fresh herb samples from the teacher’s garden. This class will have three meetings. The first session will be at the Jewish Community Center; the second will be at Millcreek Herbs 3191 South Valley Street, SLC.

Homer's Iliad
One of the oldest works of Western literature, the *Iliad* (traditionally attributed to Homer) consists of some 16,000 lines of poetry that have gripped listeners and readers for almost three millennia. Set during a few weeks in the tenth and final year of the siege of Troy, the story ranges across a huge cast of characters, both human and divine, and

### Google Tools: Exploring Drive and Photos
Discover how to use Google Drive to create and store documents, spreadsheets, slides, and forms in the “Cloud.” Access your files on Drive anywhere, using your mobile device or desktop computer. Learn how to organize and store your files about family events, travel, business, social activities, and much more. We’ll learn how to use Google Photos, a free photo and video sharing and storage service developed by Google. Bring your phone or tablet to class. Let’s have fun and get organized!

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includes elements of Greek mythology. The poem deals not only with grim war but also with the deep yearning for peace. The recommended text for the course is the award-winning translation by Robert Fagles, available in Penguin paperback.

Osher 987-001
Time: 1:30 PM – 3:00 PM
Location: Commander’s House, Fort Douglas
Instructor: Christopher Horner
Tuition: $99

Improving Balance and Flexibility with Alignment Yoga
Alignment Yoga (AY) is a gentle and therapeutic style of yoga that emphasizes increasing core strength and stability while creating more ease and flexibility in movement. The tools and techniques unique to AY provide insight into other forms of yoga and exercise, and one’s daily activities. AY is accessible to people of all ages, abilities, and backgrounds. Both beginners and experienced practitioners will benefit from cultivating mindfulness, relaxation, and physical vitality through attention to optimal alignment, breathing, and inner awareness. Note: The yoga studio has mats and all props (including chairs) that will be used in class.

Osher 881-002
Time: 11:30 AM – 1:00 PM
Location: Mindful Yoga Collective, 223 S. 700 E., Suite 4, SLC
Instructor: Carla Anderson
Tuition: $99

iPad: Beyond the Basics
Most people only scratch the surface of the iPad’s functions. Learn how to get the most out of your iPad as you participate in a hands-on experience going beyond exploring the basics of the operating system. The course will highlight key applications (apps), trouble-shooting techniques, and tips and tricks to get the most from your device. We will also explore some exceptional apps that will personalize and help expand the uses of your iPad. Bring your iPad to class. iPhones are welcome, too. This class is not intended for those who have never used a tablet or smart phone; instead, iPad Basics is for you.

Osher 843-002
Time: 11:30 AM – 1:00 PM
Location: Commander’s House, Fort Douglas
Instructor: Debbie White
Tuition: $99

It’s Never Too Late to Learn Guitar—An Easy Introduction
This course is for anyone who thinks that the opportunity to learn guitar may have passed them by. We’ll take a complicated instrument and make it simple by learning several basic chords. We’ll also play several popular songs as a way to learn techniques to make the guitar sound the way that you want it to sound. Finally, we will learn basic concepts of music theory that will help you better understand the music that you want to play. The class will be relaxed and informal, just right for anyone who thinks, “I want to learn how to play guitar, but I’m just not sure.” Students should bring their own guitars to class.

Osher 946-002
Dates: Mondays, 3/27/2017 – 5/1/2017
Time: 3:15 PM – 4:45 PM
Location: Tenth East Senior Center, 237 S. 1000 E., SLC
Instructor: Bim Oliver
Tuition: $99

Japanese Architecture and Gardens
This course examines the historical development of architecture and gardens in Japan from ancient times to the present, with a focus on
the role of tradition in contemporary Japanese architecture and landscape design. Architecture in Japan is closely tied to culture, environment, and landscape and was shaped over centuries by various sociopolitical forces. Traditional architecture and arts peaked during the time of Japan’s almost complete seclusion (1639-1854) and changed abruptly after the 1854 signing of a trade treaty with the United States. We will survey these changes and discover the traces of history that remain even in the high-design architecture and gardens of contemporary Japan.

**Mac Basics**

Expand your ability to enjoy and personalize your Mac computer. This lab-based class is a great environment for those who are switching from PC to Mac or those who would like to increase their aptitude and general understanding. In six weeks we will highlight key features on a variety of apps within the Apple operating system, along with best practices, settings, and trouble-shooting. At-home weekly assignments will be suggested and will enhance class activities. Some prior use and understanding of computers is required for this class. This is not intended as an introduction to computers.

- **Osher** 505-001
- **Dates:** Wednesdays, 3/29/2017 – 5/3/2017
- **Time:** 5:15 PM – 6:45 PM
- **Location:** Commander’s House, Fort Douglas
- **Instructor:** Mira Locher
- **Tuition:** $99

**Medical Ethics in Court, Media, and at the Bedside**

Using recent and contemporary media reports of controversial clinical cases and medical practices, we will identify and explore current and emerging ethical problems. Participants will propose and evaluate solutions based on personal experience, cultural or professional perspectives, and content knowledge. Issues likely to emerge are the evolving doctor-patient relationship, the way doctors deal with medical errors, how informed consent is changing, what constitutes conflict for physicians, what is a just healthcare system, and what decisions are possible at the end of life and how patients and families make them. Students who have taken this class in the past are welcome to return, as we will discuss new cases.

- **Osher** 512-001
- **Dates:** Wednesdays, 4/5/2017 – 5/10/2017
- **Time:** 9:30 AM – 11:00 AM
- **Location:** Annex 2182
- **Instructor:** Debbie White
- **Tuition:** $99
- **Special Fee:** $30

**Memory and Aging**

A number of fascinating research advancements are being made at the University of Utah’s Center for Alzheimer’s Care, Imaging, and Research (CACIR.) This course will provide an opportunity to learn about the cutting-edge research occurring at the Alzheimer’s Center, and what it tells us about memory changes in aging and dementia. Copies of the book *Framing Dementia* will be available for purchase the first day of class. This book is not required. If you would like to purchase a copy, bring $5 cash or write a $5 check to CACIR.
Mexico, Through Its Magnificent Art
In this interactive class we learn about Mexico’s history and cultures through its stunning art. Examining ancient sculptures, monumental murals, and contemporary arts, we will journey through its history, learning not only about our neighbor to the south, but uncovering the ties that bind our two countries and our peoples. Students will be called upon to share experiences and observations and to help draw parallels between Mexico and the U.S.

Modern Art and Social Change: Understanding Art from 1940-1990
Modern Art can seem baffling, often appearing to require little skill or to hold little meaning. However, the outward appearance of such artworks belies their complex emotional, philosophical and social content. This course will guide students through an exploration of how art from the second half of the 20th century responded to cultural change by perpetually challenging the definitions of art. Topics covered will include Abstract Expressionism and the Cold War; Pop Art and consumer culture; Conceptualism and the Vietnam War; Postmodernism and the Reagan presidency; and finally, a special unit on Utah Land Art.
**Opera Preview: Mozart’s *Don Giovanni***

Each class in the multi-term series will focus on a Utah Opera production during the company’s season. You will learn the historical background of the opera, and will have the opportunity to listen carefully and get acquainted with the work’s beloved musical moments. The class has been planned so that participants may sit in on some of the rehearsal process in the opera production studios. It’s a great way to prepare to have a fantastic experience attending a performance of the opera in the Capitol Theatre, and to appreciate all of the work that goes on behind the scenes.

Osher  982-001

Dates:  Tuesday, 5/2/2017

Time:  1:30 PM – 2:30 PM

Location:  Utah Opera Productions, 3rd floor Learning Center, 356 N. 400 W., SLC

Instructor:  Paula Fowler

Tuition:  $19

**Parenting Adult Children: Developmental Aspects to Problem Solving**

In this course we will outline a summary of the social and emotional development of children. We will discuss attachment theory and steps of separation individuation. Ericsson’s stages of adult development will be reviewed. Then specific conflicts that may occur with adult children will be discussed using the framework of child and adult development. Specific topics will include understanding and accepting your adult child in the context of his/her marriage and family, issues with in-laws, financial issues, sibling issues, setting boundaries, and special circumstances like physical or mental disabilities.

Osher  958-002


Time:  11:30 AM – 1:00 PM

Location:  Commander’s House, Fort Douglas

Instructor:  Karen Christian

Tuition:  $99

**Regions of France: History, Food, Viticulture, and Enology**

The history of formal viticulture (the science, production, and study of grapes) and enology (the study of wine and winemaking) dates back to 600 BC. Grapes were discovered and planted by existing tribes and new cultures of France with diverse traditions. Many of the food traditions from the area are as historic as the wines themselves.

Janice Blum was born with the heart and soul of a traveler. So it just made sense that she would marry a pilot. As a girl growing up in a rural community in Ohio, Janice would look out at the surrounding farmland and doodle a tropical scene—complete with palm trees and the Diamond Head crater. It must have been a premonition because, soon after she was married, her husband was assigned to a base in Oahu, where Janice would wake up every morning and look out on the exact scene from her drawings.

Since her time in Hawaii, Janice has remained on the move, with stops in Japan, Texas, Atlanta, Chicago, and Park City, to name a few. Living in so many places introduced Janice to diverse viewpoints and broadened her understanding of the United States and its place in the world.

“It’s hard to understand the different parts of our country and the views of the people from various regions, until you’ve lived there.”

Janice’s desire for adventure continues to burn bright. She feeds that desire not only by continuing to travel, but also by exploring new subject areas through her membership in Osher.

- Indicates evening and weekend classes

See more class information on next page.
She first heard about Osher a dozen years ago when she was back in her Ohio hometown taking care of her father. When Janice returned to Utah, she came seeking Osher, diving right into a variety of courses that matched her interests. And those interests are diverse to say the least—resiliency, eating for life, geology, and music courses have been some of her favorites.

“The biggest problem with Osher is looking at the schedule of classes each term and deciding which ones to take.”

Janice also joined Osher’s curriculum committee, which gave her the opportunity to meet people and to do her part to help the program. She loves the Lunch & Learn activities and special events, as well, crediting them with contributing to the success of the program and greatly adding to the camaraderie among the members.

“Osher is a vibrant institution, filled with wonderful people intent on not only learning, but doing. Every time I interact with members, I get a boost of energy that propels me to better things and new opportunities.”

Spoken like a traveler who appreciates the journey, but keeps a sharp eye out for her next destination.
Discover each of the twelve wine regions of France, from Provence to Alsace. Each week we will taste six wines from four regions of France and enjoy cheeses of France and freshly baked breads.

Osher 926-002
Dates: Wednesdays, 4/19/2017 – 5/3/2017
Time: 5:15 PM – 7:15 PM
Location: Harmons City Creek Conference Room, 135 E. 100 S., SLC
Instructor: Sheral Schowe
Tuition: $69
Special Fee: $150

Relationships in the Golden Years: Improving Difficult Relationships
We thought relational issues would get easier in the “golden years”, didn’t we? Instead they evolve, taking new forms as our connections with children, grandchildren, friends, in-laws, and especially with our partners make unwanted twists and turns. Participants in this course will privately identify personal relationships they hope to see improved, and, throughout the course, will have the opportunity to verbally share with the rest of us as appropriate. They will learn skills that can be effectively applied even when the other persons are not interested in making relational changes. Course content will develop from the professional experience of the instructor, from the professional literature, and from the personal lives of participants.

Osher 927-001
Dates: Tuesdays, 3/28/2017 – 5/2/2017
Time: 3:15 PM – 4:45 PM
Location: Commander’s House, Fort Douglas
Instructor: Alan Springer
Tuition: $99

Rise of Islamic Fundamentalism in Iran (20th Century)
This course will provide a brief history of the events in Iran in the 20th century that led to the rise of Islamic fundamentalism in the 1970s. We will start with an in-depth discussion about Iran’s Constitutional Revolution (1905-1911), the fall of the Qajar dynasty (1925) and the modernizing effects of the Pahlavi regime. The course will include an overview of Iran’s occupation during World War II by allies, the nationalization of the oil industry under the leadership of the democratically-elected Prime Minister Dr. Mossadegh, his overthrow (facilitated by the CIA) and how this all led to the establishment of the Islamic Republic of Iran.

Osher 993-001
Dates: Tuesdays, 3/28/2017 – 5/2/2017
Time: 9:30 AM – 11:00 AM
Location: Commander’s House, Fort Douglas
Instructor: Cyrus Mostofi
Tuition: $99

Shakespeare: The Tragedies
All of Shakespeare’s characters and language are fascinating. Join us as we examine the characters and language of the major tragic plays. Thrill to the language in King Lear, Macbeth, Hamlet and Othello. This class will emphasize speaking selected soliloquies aloud as a fundamental technique for appreciating the genius of these plays. We will round out the session with readings of Coriolanus and Julius Caesar.

Osher 984-001
Time: 11:30 AM – 1:00 PM
Location: Commander’s House, Fort Douglas
Instructor: Charles Boynton
Tuition: $99
Silk Road
Nomadic migrations occurring over the millennia in Eurasia are among the most interesting and controversial subjects in the social sciences and humanities. The concept of nomadism and its different forms in the region will be explained within geographical, historical, socio-economic, political, and cultural contexts during the last six thousand years, but especially focusing on the modern era. Relevant data from China, Central Asia, Mongolia, Siberia, the Middle East, India, and Europe will be presented.

Osher  552-001
Time:  1:30 PM – 3:00 PM
Location:  Commander’s House, Fort Douglas
Instructor:  Ewa Wasilewska
Tuition:  $99

Six English Composers
This class is a survey of the lives and music of Henry Purcell, Edward Elgar, Ralph Vaughan Williams, Gustav Holst, William Walton, and Benjamin Britten. We will use compositions of these beloved creators to become more informed, sophisticated, analytic listeners. Emphasis in this series will be partly determined by members of the class.

Osher  331-001
Dates:  Tuesdays, 4/11/2017 – 5/2/2017
Time:  6:30 PM – 8:30 PM
Location:  Salt Lake Culinary Center, 2233 300 East, Salt Lake City
Instructor:  Drew Ellsworth
Tuition:  $88
Special Fee:  $40

The (Unequal) Distribution of Health Outcomes in the US
This course is designed to provide students with an introduction to the study of social determinants of health in the population of the United States. We will examine how health disparities are defined and measured and explore issues such as how the structure of society affects health and disease differently across the various demographic strata of the population. Two central questions will be addressed: (1) Which groups in society are more/less advantaged in terms of health and longevity? (2) Why are certain groups in society more/less advantaged in terms of health and longevity? The bulk of the course will be devoted to understanding how social position (and socially patterned conditions) might contribute to health and longevity patterns. Specific topics include, but are not limited to: socioeconomic status, race, ethnicity, gender, aging, family, religious involvement, and neighborhood context.

801-581-6461 • www.osher.utah.edu
The American Revolution, 1763-1789: Birth of a Nation

The Revolutionary era is perhaps the most interesting and important chapter in American history, since it is the dramatic story of the birth of a nation and its fundamental principles. This course covers the major events, ideas and people associated with the coming of independence, the Revolutionary War, and the creation of the American republic culminating with implementation of the Constitution of 1787. Power Point illustrations and the reading of original documents will complement class presentations.

The Colorado River, an Endangered Enigma

Through a variety of highly experienced presenters, this course will explore the conflicts and opportunities of the Colorado River System. It will discuss and explore the natural and cultural history of the river, its hydrology, its economics, the National Parks through which it passes, the economics of the system and the political and legal conflicts inherent in its management.

The Impact and Potential of Disability Rights in Utah

The federal government, in response to deplorable conditions in the past, has protected vulnerable citizens from discrimination, segregation, isolation, physical assault, and violence. Laws and courts have set out expectations of equal opportunity, fair treatment, and protection against harm. We will explore the potential and historical impact of these laws and statutes in terms of employment, education, housing, public services, and our correction system. Instruction and discussion will be led by Disability Law Center attorneys who advocate for citizens who are either born with a disability, or acquire one through age or injury. They strive to insure that these people have full civic participation and full community inclusion.

The Presidency

This class will examine the election and the powers of the U.S. President. We will emphasize the development of the expansion of presidential powers and examine the question: has the expansion of presidential powers become a danger to democracy? Also included will be an explanation of the Electoral College System and its impact on presidential elections.
Location: Commander’s House, Fort Douglas
Instructor: Rod Julander
Tuition: $99

The Vietnam War: Its Realities, Its Myths, Its Legacy
This course will help you understand the nature and affect of the Vietnam War and its continuing legacy. The class expands on the Vietnam War course Chris Wangsgard taught in fall 2016 and explores several additional issues: the media and Vietnam, public opinion and Vietnam, the POW/MIA issue, the Paris peace negotiations and agreement, the 1975 fall of Vietnam, and the War’s myths and legacy. The previous course is not a prerequisite for this course.

Osher 988-001
Time: 1:30 PM – 3:00 PM
Location: Commander’s House, Fort Douglas
Instructor: Chris Wangsgard
Tuition: $99
Special Fee: $2

The Way Music Works
This course will begin with the building blocks of sound and go on to teach students terminology and listening skills that can be applied to any genre (consonance, dissonance, scale, rhythmic complexity, etc.). We will explore questions such as: What is sound? When does sound become music? What is the most basic form of music expression? How does rhythm work? How does rhythm become pitch? How do pitches and intervals work? How are pitches combined to create motives? What is the scientific definition of consonance and dissonance? How are pitches combined to create scales with different characters, and how does this affect the character of the music and our reactions to it? How are motives combined to create songs? Why are there so many tuning systems? How do composers keep our interest through form, repetition, variation, and abstract ideas about sound? What intellectual puzzles do composers layer in their writing? How do we (political parties, schools, governments, individuals) use music to express our identity and mark our territory?

Osher 259-001
Time: 5:15 PM – 6:45 PM
Location: Commander’s House, Fort Douglas
Instructor: Shana Osterloh
Tuition: $99

Traditional Greek Dancing
This course is designed to give non-dancers an opportunity to exercise their bodies and brains while learning a little about Greek culture and the role that dance plays in the lives of Greeks. The dances will be basic and a partner is not required. Comfortable shoes are recommended as you learn dances and music from different regions of this magnificent country.

Osher 890-002
Dates: Tuesdays, 3/28/2017 – 5/2/2017
Time: 3:15 PM – 4:45 PM
Location: Millcreek Senior Center, 2266 East Evergreen Avenue, Millcreek
Instructor: Stephanie Peterson
Tuition: $99

Walking Meditation
Walking is good for the body and meditation is good for the mind. Putting the two of them together makes sense. Open yourself to the possibilities with this introductory exploration of walking and standing meditation forms. We’ll learn about four types of walking meditation and the history, practical aspects, breathing methods, and mantras associated with each. Each class includes...
time to practice what you learn. During the last class we will walk the labyrinth on the University of Utah campus. Please wear layered clothing appropriate to the season and comfortable shoes suitable for walking and standing.

Osher 935-001
Dates: Fridays, 4/14/2017 – 5/5/2017
Time: 1:30 PM – 3:00 PM
Location: Tenth East Senior Center, 237 S. 1000 E., SLC
Instructor: David Keyes
Tuition: $66

Weather or Not: A Peek behind the Forecast
Weather forecasting is just the front panel of meteorology. This class offers a look behind the screen to explore the different types of weather found in nature, how a forecast is made, what it means, and how meteorological measurements are taken and transformed through modeling into weather information useful to the public. We will also explore relevant topics such as air pollution and climate change.

Osher 754-001
Dates: Tuesdays, 3/28/2017 – 5/2/2017
Time: 9:30 AM – 11:00 AM
Location: Commander’s House, Fort Douglas
Instructor: Stephen Hall
Tuition: $99
Special Fee: $1

World War II in the Pacific
This class will cover the major events of World War II in the Pacific theatre. We will discuss the decision processes that guided these events, how and why decisions were made, and the pros and cons of the decisions. Why did the Japanese bomb Pearl Harbor? Why did the Allies drop two atomic bombs on Japan—wouldn’t one have sufficed? What did the decision-makers know that guided their actions, and why did they pursue the courses of action they did?

Osher 559-001
Time: 3:15 AM – 4:45 AM
Location: Commander’s House, Fort Douglas
Instructor: Kathryn Egan
Tuition: $99

Zane Grey and the Southwest: Romances of the Border
In this course we will study four of Zane Grey’s earliest writings about the Southwest, specifically those set on the Utah-Arizona border, the area that he explored during several backcountry expeditions from 1907 to 1915. Students should be prepared to read and discuss the following texts: The Last of the Plainsmen (1908,) The Heritage of the Desert (1910,) Riders of the Purple Sage (1912,) and The Rainbow Trail (1915). In these stories, the desert and canyon country is the primal force that molds and motivates character.

Writing Your Life from Journal to Memoir
Your life experiences, how you dealt with them then, and what you think about them now are important. Get to know yourself by writing what you know and leave a record of what worked and what didn’t. Share epiphanies and those moments that changed your life. Writing exercises will bring the memories to light and life. A text, Writing Down the Bones Freeing the Writer Within by Natalie Goldberg, ISBN 0 87773 375 9, is required.

Osher 981-001
Dates: Tuesdays, 3/28/2017 – 5/2/2017
Time: 3:15 PM – 4:45 PM
Location: Commander’s House, Fort Douglas
Instructor: Christopher Biltoft
Tuition: $66

Writing Your Life from Journal to Memoir
Your life experiences, how you dealt with them then, and what you think about them now are important. Get to know yourself by writing what you know and leave a record of what worked and what didn’t. Share epiphanies and those moments that changed your life. Writing exercises will bring the memories to light and life. A text, Writing Down the Bones Freeing the Writer Within by Natalie Goldberg, ISBN 0 87773 375 9, is required.
and precipitates action. The literary genre is that of the romance. Among the themes to be discussed are the regenerative power of the western landscape, the role of violence in the development of the West, male-female relationships (closely related to the quest for freedom and independence by the female characters,) the racial conflicts between whites and Native Americans, and the influence of religion. Books are available for free download online.

Temple Square Tour
Monday, 5/22/2017, 1:00PM
Temple Square, 50 N Temple, SLC, UT 84150
The guided tour of Temple Square will begin at the North Visitors’ Center. The tour will provide information on the 40-year journey to build the Salt Lake Temple, the Tabernacle (home of the Mormon Tabernacle Choir), the faith and fortitude of the Mormon pioneers, and the 11 foot tall marble Christ statue. This tour will require walking from building to building and will include stairs. Wheelchairs provided upon request.

Wasatch Back Alpacas
Saturday, 5/13/2017, 10:00-11:00AM
1880 S 2400 E Heber City, UT 84032
Take a drive to the beautiful Heber Valley to visit the Wasatch Back Alpacas operation. We will learn about alpacas and Navajo Churro sheep. There will be an opportunity to see lambs and baby alpaca. Discover interesting facts about alpaca wool and fiber and visit the small on-site store to see and purchase alpaca products.

Utah Bureau of Forensic Services and Utah Department of Agriculture and Food Laboratory Services
Tuesday, 5/23/2017, 10:00-11:00AM
4451 South 2700 West, West Valley City, Utah
The Utah Bureau of Forensic Services is the only full-service crime laboratory in Utah. With its 40 forensic scientists and two satellite offices in Cedar City and Ogden, it serves city, county, state and federal law enforcement. It provides forensic analysis in the areas of controlled substance, trace evidence, firearms/toolmarks, DNA, fingerprints, shoe/tire impressions and crime scene response and reconstruction. The staff provides expert testimony in court proceedings.

The Utah Department of Agriculture and Food, Division of Laboratory Services provides testing of agriculture and food products to promote Utah’s agriculture industry, support the Department’s regulatory functions and ensure a safe food supply for Utah citizens. Samples collected by compliance officers and inspectors are analyzed to determine if products are in compliance with labeling rules properly processed, and free of harmful substances. Specific areas of testing include dairy products, meat products, detection of pesticide residues and toxins, feed and fertilizer testing and testing to support consumer product investigations.

Unified Police Department and Special Operations Unit
Tuesday, 5/16/2017, 10:00-12:00PM
Tuesday, 6/6/2017, 10:00-12:00PM
3365 South 900 West, SLC
Students will receive a personal tour of several facilities from our host Sheriff Jim Winder. Sheriff
Nothing changes faster in today’s world than technology. What’s cutting edge today becomes obsolete tomorrow. In this constantly evolving environment, fear of the unknown can be paralyzing. Fortunately, Osher instructor Debbie White has never been afraid of change. In fact, she embraces it—always questing for the next big technological advance.

“To avoid technology because it seems daunting will only leave you isolated. Besides, when you’re up-to-date on your knowledge of new technology, you can choose if and how you want to use it. Knowledge gives you power.”

Debbie’s mastery of technology, combined with her 30-plus years of experience as a school teacher, make her the perfect Osher instructor to teach technology courses. Teaching has always been in her blood. Her grandparents were school teachers and she started educating her younger siblings from the moment they were born. One of her greatest thrills is seeing a spark of understanding light up in a student’s eyes.

She has always been equally attracted to both technology and the creative arts—two very different interests that don’t always go hand-in-hand, but when they come together, it’s magical. During her many years as a school teacher, Debbie integrated creative arts, particularly
Winder will provide a tour of the Adult Detention Complex (Metro Jail), Special Operations and the Administration Building.

The tour of the Adult Detention Complex (ADC) will be limited to the outside facilities that assist inmates with their reintegration back into society. These areas include the jail garden and rehabilitation pond. The tour of Special Operations will include details and information related to the K9, SWAT, Motor, Search and Rescue and Mounted Posse Units. Finally, participants will visit the Forensics Lab, Investigations Division, the Unified Police Integration Center, and the Metro Gang Unit as part of their tour of the Administration Building.

Sri Sri Radha Krishna Temple
Thursday, 5/11/2017, 10:30AM-1:00PM
311 West 8500 South, Spanish Fork, UT

Sri Sri Radha Krishna Temple (also called Lotus Temple) is situated on an elevated 15 acre plot with a commanding view of south Utah Valley. This temple is modeled after a famous devotional palace in India and is clearly visible from I-15. Each spring the Holi Festival of Colors is held at this location. On the tour of the farm and animal park, you will encounter llamas, parrots, peacocks and a pond full of koi. The guided temple tour covers the history, beliefs and deities of Krishna consciousness. Our visit will include a tour of the farm and temple, followed by a buffet vegetarian lunch (salad bar and many exotic hot preparations from the on-site organic garden).

Beehive Cheese Company
Thursday, 5/25/2017, 1:00-2:30PM
2440 E. 6600 S. #8, Uintah, Utah

In 2005 brothers-in-law Tim Welsh and Pat Ford left the fast-paced world of software and real estate seeking a simple way of life as cheese makers. They traded their grinding commute and laptops for quiet pre-dawn mornings sitting with 500 gallons of farm-fresh milk, carefully mixing and warming it for hours to develop their cheeses. The long days of polishing their recipes and the months spent waiting with an artisan’s patience for wheels to ripen to perfection have made Beehive Cheese Company’s cheeses some of the best in America. Come take a tour of the creamery and then enjoy samples of cheese curds and a selection of artisan cheeses. There is a $5 fee payable at this event.

Grand America Hotel
Thursday, 5/18/2017, 2:00PM
Thursday, 5/25/2017, 2:00PM
555 South Main Street, SLC

The tour of the Grand America Hotel, located in the
Please remember to cancel your RSVP if your schedule changes so a member on the wait list will have an opportunity to attend.

Heart of downtown Salt Lake City, gives participants a chance to see this beautiful 2.4 million square footage hotel in a different perspective. The tour will provide an insight on the history of the hotel and the day-to-day behind the scenes operations involved in managing this 24-story building.

**Momentum Glass Recycling**

Wednesday, 5/10/2017, 10:00-11:00AM
Wednesday, 5/17/2017, 10:00-11:00AM
658 South 4050 West, SLC

Momentum Recycling is a state-of-the-art glass processing facility that expanded its operations in 2012 to include processing and recycling of post-consumer glass. It is the exclusive glass recycler for Salt Lake City and operates the first curbside glass collections program in Utah. From a glass-enclosed conference room, the tour guide will explain the glass recycling process as we watch it from a safe location. This tour involves very little walking.

**Fox 13 TV Studio**

Tuesday, 5/9/2017, 2:00-3:00PM
5020 Amelia Earhart Dr., Salt Lake City, Utah 84116

On this tour we will learn what it’s like to spend a day gathering the news. It will consist of walking through both of their major facilities: (1) West Building with administrative, sales, programming, production, and Studio B (where their lifestyle show airs daily at 1:00 pm); and (2) East Building with their Master Control, Engineering and News Departments. This will also include Q & A with a news personality at the end of the tour.

**Holdman Stained Glass Studio**

Thursday, 5/18/2017, 11:00-11:40AM
3001 N Thanksgiving Way, Lehi, Utah

Holdman Studio has been designing glass since 1988, and has been commissioned worldwide to create various projects, decoration for many LDS temples since 1999. The tour will include the “hot shop” where they blow glass. The tour guide will explain the process of how stained glass windows are put together. We will also visit the gallery where samples are displayed of stained glass windows, vases, platters, flowers, etc.

**LDS Humanitarian Center**

Monday, 4/10/2017, 10:00-11:00AM
1665 So. Bennett Rd. (2030 West), SLC, Utah

This tour will include touring the facility that encompasses change to: the work and humanitarian programs. The work program focuses on training and educating refugees and immigrants, 150 of whom are still learning English as a second language. The humanitarian program supports emergency response, clean water projects, immunization programs, and many others.

**Water Treatment Plant at Snowbird**

Thursday, 6/1/2017, 1:30-3:00PM
Salt Lake County Service Area, No. 3 building, Entry 4 at Snowbird Resort, Little Cottonwood Canyon, Utah

Little Cottonwood Canyon plays an important role in Utah’s water industry and has two distinctive water systems. Water for both Alta and Snowbird resorts comes from old mines. Snowbird’s water system stores 35 million gallons and treats it all within the confines of the Wasatch Drain Tunnel. Members taking this tour will go into the tunnel and learn how multiple metal contaminants are removed to make the water safe to drink. The focus will be mainly on water, but there will also be interesting information on the canyon’s history and geology. This tour does require walking on wet cement, so please be prepared with proper footwear.

**Park City Culinary Institute**

Wednesday, 5/24/2017, 9:30-10:30AM
Wednesday, 6/7/2017, 9:30-10:30AM
1484 S State Street, SLC, Utah

The Park City Culinary Institute has a new Salt Lake City location. Come tour its new facility and observe one of the Culinary Institute’s training classes. While you’re on the tour, you’ll learn about the Culinary Institute’s day and evening programs and what it takes to receive a Professional Certificate in Culinary Arts.
Midway Fish Hatchery
Monday, 5/15/2017, 2:00PM
Thursday, 6/1/2017, 2:00PM
140 E. 850 South, Midway, Utah
Midway Fish Hatchery provides the public with a healthy fish population so Utah fishers have a better catch rate. The Midway Fish Hatchery began operations as a private trout farm in 1909. It has had numerous owners since then, but the goal has always been the same: to provide fishers with lots of fish to catch. To that goal, the hatchery production is currently about 1 million per year, comprising 510,000 Bear Lake Cutthroat; 288,000 Kokanee Salmon; 300,000 Rainbow Trout; and 69,000 Tiger Trout. The tour will include a hatchery introduction, then a visit to the “nursery” (egg room) and the rearing room for the fingerlings. You will learn about the transportation of the fish and the raceway building for catchable fish.

Salt Lake City Main Library
Wednesday, 5/24/2017, 11:00AM
Wednesday, 5/31/2017, 11:00AM
210 East 400 South, SLC, Utah
The Salt Lake City Main Library is a significant architectural feat. The library design earned an Honor Award for excellence in architecture from The American Institute of Architects. The design recognizes the civic importance of the library through its siting, composition and grand interior spaces. The Main Library in Salt Lake City embodies the idea that a library is more than a repository of books and computers—it reflects and engages the city's imagination and aspirations. Join us for a tour of this shining star in local architecture and discover features likely missed on a casual visit.

Classic Cars International Museum
Monday, 4/17/2017, 11:00AM
Monday, 4/24/2017, 11:00AM
355 W. 700 S., SLC, Utah
Classic Cars International is a classic car museum located in Salt Lake City, Utah. It boasts a collection of over 100 classic and iconic cars from the last century on display. The collection runs from 1913 up to early 1970s and includes Auburns, Cadillacs, Chevys, Fords, and Willys. All proceeds from the museum are donated to the Utah Homeless Boy’s Ranch. This is Stacey’s private collection that he and his father have been restoring for almost 40 years. He will be on hand to answer your questions and explain each step he took to restore his cars to their original beauty.

Thomas S. Monson Center
Friday, 4/14/2017, 11:00AM
Friday, 4/28/2017, 11:00AM
411 East South Temple, SLC, Utah
Meant to be a “gathering place for people and ideas and a source of enlightenment for the citizens of Utah and the world,” a recently restored and iconic mansion in downtown Salt Lake City will now house an “embassy” for the University of Utah. Come take a tour of the newly renovated Thomas S. Monson Center. This beautiful building, located off South Temple in downtown Salt Lake City, was formerly known as the Wall Mansion. The history of the Wall Mansion will be discussed as we will take you through the three floors of the original mansion, the additional west wing and the added Carriage House.

Adonis Bronze
Tuesday, 5/9/2017, 11:00AM-11:30AM
450 S Alpine Highway, Alpine, Utah
Adonis Bronze in Alpine has over 27 years of bronze foundry experience. It is a full-service foundry that produces bronze art for many well recognized artists, including Dennis Smith, Ed Hlavka, Blair Buswell, Lincoln Fox, W. Stanley Proctor, Karl Jensen, Mike Colman, Jocelyn Russell and J. Anne Butler. Adonis Bronze has customers from all over the world. Work
from its artists can be found at many prominent locations including the Smithsonian Institute, four Disneyland locations, Sea World, the Vatican, Cowboy Hall of Fame and the NFL Hall of Fame. The primary specialty for this full-service foundry is bronze casting, but they also work with steel and even 22 karat gold. Following a video presentation of foundry artists at work on different stages of the casting process, there will be time to view an array of paintings and bronze sculptures in the gallery, and to see life-size bronzes displayed throughout the gardens.

**Euclid Timber Frames**

*Monday, 5/8/2017, 11:00AM*
*3093 W. So. Hwy. 189, Heber City, Utah*

Euclid Timber Frames, started in 1987, is Utah’s premier timber framing company. Combining some of the most sophisticated machinery in North America with the traditional timber-framing techniques used for thousands of years, Euclid Timber Frames is able to create some of the most aesthetically pleasing, and long-lasting, structures used in construction today. In addition to Euclid’s timber frame operations, in recent years Euclid has developed a Solid Wood Wall (ICLT) system which utilizes the ever-growing amount of beetle kill timber infecting our forests. In conjunction with the Forest Service and private land owners, Euclid responsibly harvests the infected trees and uses them to build ICLT wall panels for use in residential and commercial structures that are not only beautiful, but are also healthy, absorb moisture, fight mold, filter the air, and are incredibly strong. This tour will include a walk through of Euclid’s design and production facilities in the beautiful Heber Valley.

**Park City Brewery**

*Friday, 5/12/2017, 3:00PM*
*Friday, 5/19/2017, 3:00PM*
*2720 Rasmussen Rd., Suite A1, Park City, Utah*

People ask us all the time, “Why here? Why start a brewery in Park City?” The answer is simple….we love Park City and everything that this community is about. We are all outdoor enthusiasts so we wanted our beer to embody that outdoor way of life… to be evident in the beer itself, the packaging, and the brand as a whole. We want people to be able to enjoy drinkable, flavorful beers while enjoying the outdoors. A tour of Park City Brewery takes customers through the entire brewery and covers all aspects of the brewing process. We begin with grain storage and handling and work through all the functions of the brewhouse that are required to make the initial wort, or unfermented beer. Next, customers are taken past the fermenter tank farm where yeasts are actively fermenting the wort to make beer. Finally, the tour ends in the packaging area, which includes a canning machine, kegging machine, and several Brite Beer Tanks that hold the finished beer. Although small, we are proud to craft quality ales and lagers and look forward to sharing this process with Osher members.

**Raw Holistic Pet**

*Saturday, 4/22/2017, 8:00AM-10:00AM*
*1330 Foothill Village, SLC, Utah*

Aspen Anderson is the owner of Desert Raw Holistic Pet, a Utah Valley University professor, and former Osher instructor where she taught classes on Jane Austen. She will teach us how to extend the philosophy of raw feeding to our pets. She will cover the evolution of cats and dogs and how this shapes their nutritional needs, the history of commercial pet food, the raw food philosophy as it applies to pets, common chronic pet diseases and nutritional solutions, and the health benefits of raw dairy for pets. Come learn with us about how to extend holistic health benefits of quality and clean food to your pets.

**Nuzzles & Co. Rescue Ranch**

*Wednesday, 5/31/2017, 12:00-1:30PM*
*6466 N. Highview Road, Peoa, Utah*

At Nuzzles & Co. (formerly Friends of Animals- Utah), our mission is to protect animals; to provide
a loving, nurturing place where they can get healthy and learn positive behaviors; and then to find loving homes for each one of them. We also work to educate people on the humane treatment of animals. Each week, we visit animal shelters throughout our region to rescue adoptable dogs and cats who are often on these shelters’ euthanasia lists. At our 16,000 sq. ft. Rescue Ranch in Peoa, our veterinarian gives every dog and cat a medical evaluation and a full spectrum of vaccines. Each is debugged, bathed, spayed/neutered, vaccinated, and micro-chipped. We provide further treatment for animals who need intensive dental work, life-saving surgeries, or other medical procedures. Set on 100 acres, the rescue ranch was built from the ground up by volunteers, with materials donated by our generous supporters. This temporary home has the capacity to care for 40 dogs and 85 cats in our program.

Natural History Museum of Utah Highlights Tour
Monday, 6/5/2017, 12:00PM
Natural History Museum of Utah, 301 Wakara Way, SLC, Utah
Journey through time, hear amazing stories, and discover the secrets behind the Museum’s most fascinating objects. This Highlights Tour is a behind-the-scenes look at Natural History Museum of Utah (NHMU) and its collections. Participate in a totally unique experience and learn the stories the exhibits don’t tell you. An expert guide will take you through the 42,000 square foot building to share with you the most exciting objects the Museum has on display. They will reveal all their insider knowledge, so captivating it’s guaranteed to spark a new curiosity in anyone. Utah’s an amazing place, and this tour will show you why. This tour will entail a good amount of walking, especially from the parking area.

Congregation Kol Ami Tour
Monday, 3/20/2017, 1:00PM
2425 East Heritage Way, SLC, Utah
Rabbi Ilana Schwartzman will take you on a guided tour of Congregation Kol Ami, the largest synagogue in Utah. Kol Ami is a vibrant, inclusive, participatory, egalitarian synagogue that values the rich traditions of the Jewish heritage. The congregation has a mix of Jews from many places and Jewish experiences, and their strength comes from their diverse background. You can explore and ask questions about Judaism, being Jewish in Utah, or anything else you would like to learn from a rabbi.

Crandall Historical Printing Museum
Friday, 5/5/2017, 11:00AM-12:30PM
275 E. Center Street, Provo, Utah
A docent will take you on a one-and-a-half-hour tour across five centuries of printing history. We will be able to assist in printing on an authentic copy of the Gutenberg Press from the fifteenth century. In the replica of Benjamin Franklin’s colonial print shop, we will see copies of Poor Richard’s Almanac being printed on an exact replica of Franklin’s own printing press and learn the story of the printing of Thomas Paine’s broadsides and other colonial pamphlets. We will also visit a replica of E. B. Grandin’s print shop, where the first edition of the Book of Mormon was printed, and view the actual Ramage Press that was brought across the plains to Utah to print the very first copies of the Deseret News. This tour has a $5 fee, payable at the museum.
What Can We “Depend” On? Exploring Research Findings about Bladder Control and Management
Wednesday, 3/29/2017, 12:00 – 1:00 PM
Commander’s House, Fort Douglas
Katarina Friberg Felsted, M.S. Gerontology
While bladder control can be a frustrating issue for postmenopausal women, knowledge is power. Come learn about the different types of urinary incontinence, their risk factors, relevant terminology, current treatments, potentially applicable frameworks, and future directions.

Volunteers of America, Utah - Youth Resource Center
Wednesday, 4/5/2017, 12:00 – 1:00 PM
Commander’s House, Fort Douglas
Cathleen Sparrow, Chief Development Officer, Volunteers of America
Volunteers of America, Utah is a human services nonprofit organization with more than 180 paid staff who serve more than 10,000 people across the state each year through programs addressing homelessness, substance abuse, mental illness, and domestic violence. Thousands of volunteers and partners join with us to accomplish our mission to reach and uplift those in greatest need. At our new Youth Resource Center, we serve homeless youth 15-22 years of age. At first, individuals may come to the Youth Resource Center for a shower, to do laundry or get some food. But once trust is built, we’re able to serve them in more meaningful ways while breaking down barriers that led to homelessness and allowing teens to transform their lives. Each year, we expect to serve over 1,000 teens through our facility. We offer emergency shelter beds, 24/7 assistance, three meals a day in our volunteer led kitchen, case management, counseling, housing, education and job search assistance as well as free legal services. We also offer art, health and wellness programs.

Enjoying Birds in Your Garden
Wednesday, 4/12/2017, 12:00 – 1:00 PM
Commander’s House, Fort Douglas
JB Leonard, Manager, Backyard Birds
More than 30 different species of birds live in and around the gardens of residents along the Wasatch Front. This question-and-answer discussion will introduce those birds, describing their behavior in terms of what they eat, how they survive and ways in which they can be attracted.

Climbing Mountains that Meet the Sky
Wednesday, 4/19/2017, 12:00 – 1:00 PM
Commander’s House, Fort Douglas
Kim Wirthlin, Adventurer and Mountaineer
Sir Edmund Hillary said, “What we get from adventure is just sheer joy.” In “Climbing Mountains That Meet The Sky,” Kim Wirthlin shares the stories and shows spectacular photos of climbing some of the highest and most beautiful mountains in the world; from Denali in Alaska to Chimborazo in Ecuador and Ama Dablam in the Himalayas. It’s a presentation that tells of teamwork and trust, challenge and risk, exhilaration and disappointment, and yes, moments of sheer joy.

Getting the Most out of the Total Eclipse of August, 21 2017
Wednesday, 4/26/2017, 12:00 – 1:00 PM
Commander’s House, Fort Douglas
Seth Jarvis, Director, Clark Planetarium
How to best, and safely, view and enjoy the total solar eclipse that occurs on August 21, 2017. Total solar eclipses visible from the United States are rare events. You’re going to want to know where to be and how to safely view them, and understand the science behind them.

Threads of Identity: Textiles Woven and Worn by Indigenous Women in the Highlands of Guatemala
Wednesday, 5/3/2017, 12:00 – 1:00 PM
Commander’s House, Fort Douglas
Gladys Muren Webb, M.A. Art History
In this presentation, Gladys shares numerous textiles from her vast collection of hand-woven clothing from the Guatemala Highlands. The women in the...
Highlands weave their village specific clothing on a simple back strap loom. Attendees will view clothing from various villages, both everyday wear as well as ceremonial clothing. The collection includes blouses (huipils), skirts, sashes, and headdresses. The colors, textures, designs, and patterns in the textiles are diverse and woven on the type of loom used by ancient Maya women. This presentation will include the experience of viewing and examining the textiles, as well as information regarding types of weaves, continuity and change in village dress, and the everyday life of the women who weave and wear the textiles.

### INSTRUCTORS

**Paul Lawrence Anderson**  
*Architectural Appreciation for the European Traveler*

Paul L. Anderson is a retired architect, artist, museum designer, and curator. He has degrees in architecture from Stanford and Princeton Universities, and worked for 35 years creating exhibitions in art museums. He has also designed homes and business buildings. He taught architectural history classes and seminars at BYU. He has published several articles and book chapters on architectural history. He is an enthusiastic traveler, and has enjoyed visiting, analyzing, and sketching great architecture throughout Europe. He has studied formally in France and England, and has toured in nearly all of the countries in Europe and most of the major cities.

**Carla Anderson**  
*Improving Balance and Flexibility with Alignment Yoga*

Carla began practicing yoga in 2007 and has completed 500 hours of advanced teacher training at Alignment Yoga, an educational and learning center based in Madison, Wisconsin. She currently teaches group classes and private sessions, she serves as Director of School Programs for GreenTREE Yoga, a 501(c)3 nonprofit.

**Anne Asman**  
*Embrace Aging - It’s a Once-in-a-lifetime Opportunity*

Anne Asman completed a M.S. in Interdisciplinary Gerontology in August of 2015 from the University of Utah; the Dementia Dialogues Certification as a trainer in August of 2016; and the Utah Certificate of Palliative Care Education in August of 2016. She has worked with the State Office of Aging and Adult Services, and is an active member and leader for the Alzheimer’s and Other Dementias’ Coordinating Council. Anne has facilitated several presentations on Advanced Directives and End of Life planning. She is also an integral part of the Department of Psychiatry’s committee applying for a designated Geriatric Psychiatry Division. Anne has consulted with Community Nursing Services for the past 5 years.

**Christopher Blitoff**  
*Weather or Not: A Peek behind the Forecast*

Christopher has a B.S. in Engineering from the United States Military Academy, a B.S. in Meteorology from St. Louis University, and an M.S. in Meteorology from the South Dakota School of Mines and Technology. After serving in the U.S. Air Force and working a year for the Tennessee Valley Authority, he began a 35-year career at U.S Army Dugway Proving Grounds. While there, he was a meteorologist and the field test Program
Director. His background experience includes synoptic meteorology, weather forecasting, instrumentation, atmospheric turbulence and dispersion. He has authored numerous articles in scientific journals.

Charles Boynton
*Shakespeare: The Tragedies*
Charles Boynton has spent decades studying Shakespearean plays and sonnets and examining the problem: “Who wrote Shakespeare?”. His expertise and enthusiasm are reflected in his previous work as Chair of the Marin Shakespeare Company and his membership in the well-respected Shakespeare Oxford Society. Charles' post-graduate education is in Business.

Tim Chambless
*Current Issues in American Public Affairs and Politics*
Tim Chambless, Ph.D., has taught courses in the University of Utah's Department of Political Science since 1987. He emphasizes current events and contemporary world problems in his courses because he wants his students to see political science as the study of government as both an experiment in democracy (George Washington's term) and as a tool for problem-solving.

Karen Christian
*Parenting Adult Children: Developmental Aspects to Problem Solving*
Karen Christian, M.D. is a Board Certified Child, Adolescent, and Adult Psychiatrist. Dr. Christian went to medical school at the University of Minnesota and did her residency in psychiatry and “a fellowship” in child psychiatry at the University of Washington in Seattle. She worked at Cincinnati Children's Hospital for 15 years and at Intermountain Healthcare in the Mental Health Integration for 10 years. Currently, she is on sabbatical.

Anne Dolowitz and Margaret Landesman
*Faces in Art: Portraits, Self-portraits, and People in Paintings*
Anne Dolowitz has a degree in Education from the University of Utah and has been a Docent at Utah Museum of Fine Arts (UMFA) for 24 years. She has trained docents for a number of exhibits in the area. She served as Director of Outreach and Program Development at the Salt Lake Jewish Community Center for 12 years and as President of the United Jewish Federation.

Margaret Landesman, Emeritus Faculty of the University of Utah, served as the Head of Collections Development at Marriott Library for many years. She has a B.A. in Philosophy from Oberlin College, a Master of Library Science from USC and spent two years as a graduate student in Art History at Stanford University. She is also a docent at UMFA.

Kathryn Egan
*Writing Your Life from Journal to Memoir*
Professor Kathryn S. Egan is professor emerita, Department of Communications, Brigham Young University. She has taught writing courses at the high school and university levels since 1972. Keeping a journal and writing her memoir are her current retirement occupations.

Melanie Ellis
*Build a Bone*
Melanie Ellis is working toward a master’s degree in Health Promotion and Education at the University of Utah. She has a passion for helping others find ways to be physically active and healthy in a holistic way. She loves speaking with others about the seven dimensions of health and promoting longevity of life.

Drew Ellsworth
*Sparkling Wines—A History & Appreciation*
Chef Drew Ellsworth has his B.A. from Weber State with majors in French and Spanish and a M.A. from BYU in French. He has done an apprenticeship in Dijon, France to become a culinary chef and has studied with Paul Bocuse in Lyon. Drew has been certified as an executive chef from the American Culinary Federation and has been a chef for over thirty years—also owning his own restaurant Dijon in the 1980s. Chef Drew has taught cooking classes since 1981 and has served as the Wine
Manager at the new Utah State Wine Store in SLC. He is currently working for Southern/Glazer’s Wine & Spirits and is a card-carrying member of the French Wine Society. Drew has extensive knowledge of all wine-producing regions throughout the world and has received a Level II Wine Certification from the Wine and Spirit Education Trust located in London, England.

Paula Fowler and Carol Anderson

**Opera Preview: Mozart’s Don Giovanni**

Paula Fowler is the Director of Education and Community Outreach for Utah Symphony | Utah Opera, a position she has held since the two companies merged in 2002. She was Education Director for the Utah Opera for five years before the merger. She helps oversee Utah Opera’s Resident Artist program, manages outreach to schools and communities around the state, runs the company’s classroom operas program, and enjoys creating music events for special populations.

Dr. Carol Anderson has been principal coach for the Utah Symphony | Utah Opera since 2003, where her duties include presenting the popular Opera Preludes before every Utah Opera performance. She serves as the official accompanist for both the Utah District Metropolitan Opera National Council Auditions (MONCA) and the MONCA Southeast Regional Auditions in Atlanta, and spends her summers on the music staff of the Santa Fe Opera.

Larry Gerlach

**The American Revolution, 1763-1789: Birth of a Nation**

Larry has a B.S. in Education and a M.A. in History from the University of Nebraska and a Ph.D. in History from Rutgers University. He was a professor in the History Department of the University of Utah 1968-2013. In addition to teaching college and teacher workshop courses on the American Revolution, he has published ten books/monographs and numerous scholarly articles on the subject.

Denise Gibson

**Dance Fitness**

Denise Gibson was a professional ballroom, swing, and jazz dancer for over eight years and has been teaching ballroom dance, step aerobics, dance aerobics, kickboxing, and spinning for over 30 years. She is the founder and owner of fitness.edu, a continuing education provider for fitness professionals.

Stephen Hall

**World War II in the Pacific**

Stephen C. Hall, (Colonel, USAF retired) is a former Senior Fellow at L-3 Communications Systems-West, Salt Lake City, Utah. He is a 1967 graduate of the Georgia Institute of Technology and received his Masters degree in Management from Troy State University in 1976. Colonel Hall lectures on World War II history at Georgia Tech, Morehouse College, BYU, and the University of Utah.

Merry Harrison

**Herb Gardening Intensive**

Merry Lycett Harrison, a Registered Herbalist with the American Herbalists Guild, is the owner of Millcreek Herbs, LLC, in Salt Lake City, Utah. A trained clinical herbalist and professional member of the American Herbalists Guild, she received her training from Michael Moore of the Southwest School of Botanical Medicine in 1998. She’s studied ethnobotany at the Baca Institute of Ethnobotany and the science of essential oils at Purdue University. Merry is an author and researcher whose work can be read in Herbal Gram; the Journal of the American Botanical Council; and Utah’s own Catalyst Magazine. She teaches classes on medicinal and culinary herbs, herb gardening, harvesting, preparations, and she is also the creator of Thrive Tonic.

Aubrey Hawks

**Modern Art and Social Change: Understanding Art from 1940-1990**

Aubrey Hawks earned her B.A. (2013) and M.A. (2015) in Art History from the University of Utah. She has taught Contemporary Art History as a graduate teaching assistant at the University of Utah since 2014 and the Survey of Western Art History at Utah State University since 2015. Her M.A. thesis focused on Contemporary Mexican artist Tania Candiani and her work “Bordoadora.” Her research focuses on the use of technology in art.
Paul Holbrook
*Exercise Science: Transform Your Quality of Life*
Paul Holbrook has a master’s degree in Gerontology from the Fischer Institute for Wellness at Ball State University and experience at the Human Nutrition Research Center on Aging at Tufts University. A Certified Strength and Conditioning Specialist through the National Strength and Conditioning Association, he has worked as a personal trainer for over twenty years. In 2005, Paul founded the Age Well Center, a human performance training center for older adults.

Christopher Horner
*Homer's Iliad*
Chris Horner has an M.A. from City College, New York and a Ph.D. from the University of Utah, both in literature. He has taught literature and composition at the University of Utah, Weber State, Westminster College, and Salt Lake Community College.

Jay Jacobson
*Medical Ethics in Court, Media, and at the Bedside*
Dr. Jacobson, Professor Emeritus in Internal Medicine, has studied, trained, or taught at the Universities of Michigan, Florida, Chicago, and Utah, and at the Centers for Disease Control. His specialties are Infectious Disease and Medical Ethics. He does clinical consultation at both Intermountain Healthcare hospitals. He established the multidisciplinary Division of Medical Ethics and Humanities at the University of Utah Medical School in 1989. His academic interests include medical errors and apologies, professional conflicts of interest, and ethical issues at the end of life.

Rod Julander
*The Presidency*
Rod Julander graduated from the University of Utah with a Master’s degree in Philosophy. In 1984 he earned a Ph.D. in Political Science. He served as the chairperson of the Department of Political Science and Philosophy at Weber State University. In the 1970s he was a member of the Utah Senate, and in the 1990s was the vice-chair of the Utah Democratic Party.

David Keyes
*Walking Meditation*
David Keyes completed his yoga teacher training soon after retiring from Salt Lake City School District last year. He teaches yoga, strength and balance, and Qigong in the community. His interest in Walking Meditation began in earnest after attending a labyrinth workshop at Grace Cathedral in San Francisco.

Brian King
*Culture of Utah Politics*
Brian S. King graduated from the University of Utah College of Law in 1985 and has practiced law in Salt Lake City for over 25 years. Most of that time he has represented individuals and health care providers litigating against health, life and disability insurers, and self-funded employee benefit plans. He is a past president and current member of the Board of Governors of the Utah Association for Justice. Since 2008 Brian has served in the Utah State House of Representatives as the representative for District 28 in Salt Lake City. He is the minority leader for the Utah State House and is on the Executive Committee of the Utah Democratic Party.

Huntsman Cancer Institute (HCI)
*Causation, Prevention, Intervention and Surviving Cancer*
The Huntsman Cancer Institute (HCI) is a National Cancer Institute (NCI)-Designated Comprehensive Cancer Center, which means it meets the highest standards for cancer care and research. HCI is also a member of the National Comprehensive Cancer Network (NCCN), a not-for-profit alliance of the world’s leading cancer centers, dedicated to improving the quality and effectiveness of care provided to patients with cancer. Presenters in this series include: Wendy Kohlmann M.S., HCI’s Director of the Genetic Counseling Program; Tudy Oliver, Ph.D., Investigator and Professor of Oncological Sciences; Melinda Angus-Hill, Ph.D., Investigator and Professor of Internal Medicine, Gastroenterology; Katherine Varley, Ph.D., Investigator and Professor of Oncological Sciences; Donna Branson, B.A., Director of Patient and Public Education; and Anne Kirchhoff, Ph.D., M.P.H., Investigator and Professor of Pediatrics, Division of Hematology/Oncology.
Pat Lambrose

Google Maps: Become a Custom Map Maker and Google Tools: Exploring Drive and Photos

Pat Lambrose has a B.A. in Recreation and Youth Leadership, a B.A. in Education, and an M.Ed. in Technology and Computers, all from the University of Utah. She taught in middle and high schools and was an instructional technology facilitator in Salt Lake City School District. As a retiree, she is now pursuing her passion for outdoor adventures like backcountry skiing hut trips in Canada, cycling in Europe, and river running. Pat coordinates statewide geospatial technology opportunities.

Bill Laursen

Drawing Workshop with Emphasis on Two Point Perspective

Bill Laursen, a well-known Salt Lake area artist and educator, has been painting and teaching his entire career. His art credits include Best of Show from the Brigham City Museum Gallery, the Oneta J. Thorne Memorial Art Award for Outstanding Watercolor, and an Award of Merit from the Park City Arts Festival. Bill is a member of the Salt Lake County Art Selection Committee.

Jeanne Le Ber

Becoming a Bird Watcher

Jeanne Le Ber has a B.A. in English Literature and a Master’s degree in Library Science. A passionate bird watcher for the past 35 years, Jeanne has studied and birded with Terry Tempest Williams, Ella Sorenson, Mark Stackhouse and other experts. As a result of this excellent mentoring, Jeanne has a Utah bird list of 324 species, a North American bird list of 530 species and an international bird list of 1100 species. Jeanne regularly participates in local bird counts including the Salt Lake City Christmas Bird Count, the Jordan River CBC (as the lead compiler), and the Brighton Bird Count, held in July. She is also an active participant with the Strawberry Valley Bluebird Box Trail, on which 100 nesting boxes are maintained in the Strawberry Valley.

Mira Locher

Japanese Architecture and Gardens

Mira Locher is an architect and an Associate Professor and the Chair of the School of Architecture. She teaches design studios and courses on Japanese architectural history and construction technology. Mimi authored three books on Japanese architecture, gardens, and design: Traditional Japanese Architecture, Zen Gardens, and Super Potato Design. She lived in Japan for seven years, has more than twenty years of experience guiding tours of Japanese buildings and gardens, and enjoys introducing and interpreting Japanese culture.

Cyrus Mostofi

Rise of Islamic Fundamentalism in Iran (20th Century)

Cyrus Mostofi has a degree in German Language and Literature from the University of Tehran and a Master’s degree in Political Science and Public Administration from the University of Utah. After graduating from the U, he returned to Iran, where he held leadership positions in the Sefid Roud Power and Water Authority, the Bank Omran, the Namak Abroad Urban Development Company, and the Omran Investment Corporation. With the 1979 Islamic revolution, his career in Iran was disrupted and he was banned from leaving the country for fifteen years. During that time, he founded Pars Key International, an export and import company. When the ban was lifted he emigrated to the U.S.

Stephanie Nelson-Cunningham

Eating for Life

Stephanie Cunningham is a member of, and board certified by, the American Association of Drugless Practitioners as a holistic health coach. She graduated from the Institute of Integrative Nutrition. She works with people on food and nutrition, including cooking and meal planning, plant-based diets, stress management, self-care, and toxin-free living. In addition to giving corporate wellness talks, Stephanie helps people design healthy and supportive offices and homes.

Rodger Newbold

Beginning - Intermediate Digital Photography

Rodger is an avid photographer with 36 years experience in the field and teaching photography. He attended the University of Utah, Utah State University and Santa Fe, New Mexico workshops. He has studied
Wayne Egan relates deeply to the wager made by the legendary Faust with Mephistopheles regarding the devil’s desire for Faust’s soul. Wayne shares the Faustian urge to live long and learn in perpetuity. Wayne believes aging slows down when one keeps on learning. “Complacency is what does you in,” he says. “You should never be satisfied with the knowledge you have—there’s always more to learn.”

It’s a sentiment Wayne shares with his wife, Kathryn. Both are Osher members and instructors. Kathryn graduated with a B.A. from the University of Utah, earned an MSJ at Northwestern, and completed her PhD in Educational Technology from USC.

Kathryn spent her career focused on the media and how they influence society, working in various capacities both as part of, and associated with, the media. She finished her career as a full professor at BYU, teaching Broadcast Journalism, Mass Communications, and Media Ethics, to name a few of her courses.

Kathryn, who values the importance of critical thinking, said, “Education is the key to a successful and fulfilling life. It gives you the opportunity to decide for yourself what your future will be.”

After graduating from the U, Wayne was immediately drafted into the U.S. Army. His college degree enabled him to attend Officer Candidate School. As an artillery officer Wayne served at duty stations in Germany and Vietnam, and then left the army to attend graduate school at the University of Texas, where he earned a PhD in German Literature.

Wayne’s career managing corporate communications ended at L-3 Communications where he wrote and organized DoD proposals. He also taught humanities and continued pursuing his avocation as a jazz pianist, producing three albums and working at hotels, private events, and restaurants across the Wasatch Front.

Music has always shaped Wayne’s life; it helped bring him out of his shell as a child. Playing the piano...
ERUDITE continues to teach him the value of improvisation as he discovers melodic patterns and creates rich harmonies whether in popular standards and in complex musical arrangements and intellectual concepts.

Kathryn enjoys Osher art classes, and she teaches “Writing Your Life: From Journal to Memoir.” “I love how Osher members are engaged with life. They have great hope for the future and understand that they can still make a difference in the world.”

Wayne takes literature courses at the U, plays ambient jazz piano at Log Haven Restaurant, and has taught a series of Osher courses on the Great American Songbook. “I think the wide span of ages of the members—from their early 50s to their 80s—brings an interesting dynamic to each class.”

So it seems the Faustian urge remains as strong as ever in both Kathryn and Wayne; both remain engaged in pursuing enthusiastically a multitude of cultural and artistic aims.
Bachelor’s degrees from East Carolina University in Greenville, North Carolina in vocal performance, and enjoys singing 20/21st century music, which combines her technology skills with her love of singing.

**Clayton Parr**

*Federal Public Lands in Utah - What Are They and Why All the Fuss?*

Clayton Parr has a B.S. Geology (1960), a M.S. Geology (1965), and a J.D. Law (1968), all from the University of Utah. He was a practicing attorney for his entire career, specializing in natural resources law. His work involved nearly all mineral commodities including mineral materials, oil and gas, coal, and water, all of which required an understanding of land status, including public lands in the U.S. He taught mining law at University of Utah College of Law as adjunct professor for 15 years. While presently retired, he remains of counsel for the firm of Parr Brown Gee & Loveless in Salt Lake City.

**Anita Pascoe**

*The (Unequal) Distribution of Health Outcomes in the U.S.*

Anita Pascoe is a fifth year graduate student, and holds undergraduate degrees in Sociology and Psychology. She has taught several undergraduate courses in addition to being a full time employee at Intermountain Healthcare’s Transformation Lab. She loves to teach and strives to provide a safe and interesting learning environment, to foster critical thinking skills, and to encourage the development and maintenance of academic curiosity.

**Stephanie Peterson**

*Traditional Greek Dancing*

Trained in ballet, Stephanie expanded her love of dance to teaching traditional Greek dancing. She shares her expertise with students and tourists interested in broadening their understanding of Greek culture beyond what they learned in academic classes or from tour guides. She has taught classes and workshops in Rhodes, Hania, Drama, Sifnos, and Spetses from 1987-2004 and participated in the University of Utah Summer in Greece program in 1998, 2000, and 2004, during which she spent time in Crete, Nafplio, and Athens.

**Lewis Phelps**

*Six English Composers*

Lew Phelps earned B.M., M.M.Ed., and A.Mus.D. degrees at the University of Arizona, studying voice, music history, and composition. He served as choral director at Point Loma High School, San Diego, and as professor of music at Mount Union College, Alliance, Ohio. He received the Great Teacher Award in 1999. A career highlight was spending a year lecturing at the BYU Jerusalem Center and Hebrew University.

**Patty Rayman**

*Enriching Human-Animal Partnerships*

Patty Rayman was born with the ability to communicate with animals and they have always been her best teachers. She has developed very effective techniques to help people move from conflict to communication with their animals. She has been working professionally for over 15 years and has clients worldwide.

**Cordell Roy**

*The Colorado River, an Endangered Enigma*

Cordell Roy is a retired National Park Service Superintendent and Ranger. His work experience with the Service is broad, including ranger; resources management; park management; science and policy positions in several parks; and work in central offices. His last position was as Utah State Coordinator, which he did for nine years. While with the Service he served a detail in the Washington, D. C. office of Senator Robert Bennett, had his own television program, and was Damage Assessment Coordinator for the Exxon Valdez Oil Spill. His bachelor’s degree is from California State-Chico in Biological Sciences. Including an Osher course on National Parks, he has participated in a variety of educational and training programs and presentations. For this course, his direct experience was supervising the Colorado River Program for the National Park Service for nine years.
John Sanders

Zane Grey and the Southwest: Romances of the Border

John Sanders completed an M.A. in English from Ohio State University, as well as the course work toward the Ph.D. As a graduate student, he taught several undergraduate courses and then continued his teaching career in English at the high-school level for 33 years. He feels privileged to live in Utah, so close to the settings that figure prominently in the history and literature of the West.

Richard Scharine

A Night At The Theater

Richard Scharine, Professor Emeritus in Theatre and an Adjunct Professor of Ethnic Studies at the University of Utah, has taught since 1978. He served as Director of Graduate Studies and head of the B.A. program and was co-founder of the London Study Abroad Program and of People Productions, Utah’s first African-American theatre company. Specializing in theatre history, Dr. Scharine continues to teach Black American Theatre and American Political Theatre. He has directed over 90 plays and has acted in 10 states and seven foreign countries. He received a Ph.D. from the University of Kansas.

Sheral Schowe

Regions of France: History, Food, Viticulture, and Enology

Sheral Schowe is the founder and owner of Wasatch Academy of Wine. She teaches for the Lifelong Learning program at the U, Harmon’s Grocery and Cooking Schools, and SLCC Culinary Institute. Certified as a French Wine Scholar through the French Wine Society, she is a Scholar in the areas of Provence and the Rhone. She has a Master’s degree in Adult Education and is a Licensed Wine Educator through the Utah Department of Alcoholic Beverage Control.

Sally Smith

African American Women’s Fiction

Sally Smith owned and operated A Woman’s Place Bookstore for ten years. She taught English literature for 22 years at Judge Memorial Catholic High School and West High School. She graduated from the University of Utah with a major in English and minors in History and French.

Alan Springer

Relationships in the Golden Years: Improving Difficult Relationships

Dr. Springer earned a B.S. in Sociology and Health Education at Brigham Young University; a M.Ed. in Family Studies from Central Washington University; a Certificate in Counseling Psychology from Eastern Washington University; and a Ph.D. in Marriage and Family Therapy and Gerontology from Brigham Young University. He began his professional career as a school teacher and school counselor. He then transitioned into serving as a therapist, therapist supervisor, and then director of services at an adolescent treatment center. Most recently, he was owner, director, and therapist at the Marriage Clinic of Utah. He is also an adjunct instructor teaching Marriage and Family Therapy at Brigham Young University.

Renee Tanner

A House Divided: A History of U.S. Politics Under Pressure

Renee Tanner is a lifelong student of government. She has been privileged to work both for government and with government. She has taught government at the University of Utah since 2002. Her interests include U.S. national, state, and local government, and political theory. One of her favorite political quotes comes from John F. Kennedy: “Democracy is never a final achievement. It is a call to an untiring effort.”

The University of Utah’s Alzheimer’s Care, Imaging, and Research Center (CACIR)

Memory and Aging

CACIR is where patients, caregivers and physicians will find the Intermountain West’s most comprehensive treatment, research and education resource for Alzheimer’s disease and related dementias. Presenters will include CACIR Director Norman L. Foster, M.D.; Dustin Hammers, Ph.D., Clinical Neuropsychology (CN); Gordon Chelune, Ph.D., ABPP (CN); R. Brock Frost, Ph.D.; Lindsay Embree, Ph.D.; Kevin Duff, Ph.D., ABPP (CN); and Richard King, M.D., Ph.D.
INSTRUCTORS

Susan Vogel
*Mexico, through its Magnificent Art*
Susan Vogel is founder of Artes de Mexico en Utah and author of *Becoming Pablo O’Higgins: How an Anglo American Artist from Utah Became a Mexican Muralist* (Utah Book Award finalist, 2010). She studied at the Universidad Autónoma de México (UNAM), before graduating with a B.A. from San Francisco State University, and later a J.D. from University of California, Hastings College of the Law. She has taught classes on Mexican art and history throughout Utah.

Chris Wangsgard
*The Vietnam War: Its Realities; Its Myths; Its Legacy*
Chris Wangsgard graduated from West Point in 1963 and served six years on active duty in the infantry. He was an honor graduate from the Army’s Special Forces School and served in Vietnam with the 5th Special Forces Group in 1967-68. He was awarded the Bronze Star. He graduated in 1972 from the University Utah College of Law. Chris has read extensively about the Vietnam War and has written a bibliographic essay summarizing the best books about the Vietnam War.

Ewa Wasilewska
*Silk Road*
Ewa Wasilewska has more than 30 years of experience as a university professor working on different historical and cultural aspects of ancient and modern Middle East and Central Asia. Her formal education includes Master’s degrees in Middle Eastern Studies, Archaeology, and History, and a Doctorate in Anthropology.

Debbie White
*iPad: Beyond the Basics and Mac Basics*
Debbie White has over thirty years of experience in teaching. She earned her M.Ed. at Westminster College and her Technology Endorsement via the eMINTS program. After an extended period teaching sixth grade, Debbie spent three years as an Apple Product Professional, teaching Mac and iPad basics and well as software programs such as iPhoto and iMovie. She enjoys teaching in a variety of settings, particularly with students as eager to learn as those enrolled in Osher Lifelong Learning Institute.

Elizabeth Whitsett
*Miracle in Philadelphia - The US Constitution*
Ms. Whitsett is a Utah (and California) attorney, practicing law since 1978. She is a graduate of the University of Southern California Law School, Yale University (M.A. in Teaching), and Stanford University. She has broad transactional legal experience with focus in recent years on compliance and governance, including code and policy development and employee training for U.S. and multinational clients. She is a former Adjunct Professor of Law, University of Utah College of Law.

Adina Zahradnikova
*The Impact and Potential of Disability Rights in Utah*
The Disability Law Center (DLC) will have six attorneys present on different topics. The DLC is the only agency in Utah to provide self-advocacy assistance, legal services, disability rights education, on-site monitoring and investigation of conditions in institutions and long-term care facilities, systemic advocacy through the courts and the legislature, and public policy initiatives on behalf of the more than 300,000 people with disabilities in Utah. The DLC’s services are available statewide and are free of charge. Over the past decade, the Center has served more than 40,000 individuals.
<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| 9:30 – 11:00 AM | • Rise of Islamic Fundamentalism in Iran (20th Century)  
• World War II in the Pacific | • Becoming a Bird Watcher  
• Causation, Prevention, Intervention and Surviving Cancer  
• Medical Ethics in Court, Media, and at the Bedside  
• Mac Basics | • African American Women's Fiction  
• Memory and Aging  
• The Presidency | | |
| 11:30 AM – 1:00 PM | • Federal Public Lands in Utah – What Are They and Why All the Fuss?  
• A House Divided | LUNCH & LEARN  
• Shakespeare: The Tragedies  
• iPad: Beyond the Basics | • African American Women's Fiction  
• Culture of Utah Politics  
• Herb Gardening Intensive  
• Improving Balance and Flexibility with Alignment Yoga  
• Parenting Adult Children | • Mexico, through its Magnificent Art |
| 1:30 – 3:00 PM | • Current Issues in American Public Affairs and Politics  
• Drawing Workshop (T,TH)  
• Opera Preview: Mozart's Don Giovanni | • The Colorado River, an Endangered Enigma  
• Dance Fitness (2 – 3:30 PM)  
• Exercise Science  
• The Impact and Potential of Disability Rights in Utah  
• Silk Road  
• Six English Composers | • Drawing Workshop (T, TH)  
• Faces in Art  
• Homer's Iliad  
• The Vietnam War | • Build a Bone  
• Walking Meditation |
| 3:15 – 4:45 PM | • It’s Never Too Late to Learn Guitar  
• The American Revolution, 1763-1789  
• Relationships in the Golden Years  
• Traditional Greek Dancing  
• Weather or Not: A Peek Behind the Forecast | • Eating for Life  
• Modern Art and Social Change  
• Writing Your Life, Journal to memoir  
• Zane Grey and the Southwest | • A Night at the Theatre  
• Architectural Appreciation for the European Traveler  
• Enriching Human-Animal Partnerships | |
| Evening | • Beginning – Intermediate Digital Photography  
• Sparkling Wines  
• The (Unequal) Distribution of Health Outcomes in the US | • Google Tools  
• Japanese Architecture and Gardens  
• Miracle in Philadelphia – The U.S. Constitution  
• Regions of France | • Embrace Aging – It’s a Once-in-a-lifetime Opportunity  
• Google Maps  
• The Way Music Works | |
Commander’s House, Fort Douglas
Osher classes held at Ft. Douglas, Salt Lake City are based at the Commander’s House. Arrive a few minutes early on your first day of class for a cup of coffee, tea, or cocoa, and to find out where your class will be held. An Osher representative will be on hand to welcome you and help you find your class.

Enter gates of Fort Douglas from South Campus Drive or Mario Capecchi Dr. Left at first stop sign. Left on the one-way street immediately before the Officer’s Club into parking lot. Whenever classes are in session you may park in any space in this lot except the handicap and University vehicle stalls. Overflow parking is available in the lot behind the University Guest House to the north.

Administrative and Registration Offices
The Osher offices are located in the Annex. The registration office is on the north end of the first floor, room 1185. The administrative offices are on the second floor at the south end of the hall, rooms 2163, 2165, and 2197.

The Annex is the building on the corner of Mario Capecchi Dr. (formerly Wasatch Dr.) and South Campus Dr., just east of the Huntsman Center. Metered parking is available on the north and west sides of the building. Note, some meters are only 36 minutes.

Tenth East Senior Center
237 S. 1000 E., Salt Lake City
The center is on the east side of the street. Parking is in the lot behind the center and is free at all times.

IJ & Jeanne Wagner Jewish Community Center
2 N. Medical Dr., SLC
The JCC is slightly north west of the University of Utah Hospital. From downtown, proceed east on 100 S. which turns into N. Campus Dr. and then into N. Medical Dr. From Foothill Blvd., turn north on Mario Capecchi at the VA Hospital. Turn right onto N. Campus/N. Medical Dr. at the T intersection. From either direction, take the first left after passing the Mario Capecchi and the N. Campus/N. Medical Dr. intersection. Free parking in lot north of the JCC entrance.

Millcreek Senior Center
2266 East Evergreen Avenue, Millcreek
Evergreen Avenue is southwest of 3300S and 2300E. The center is on the south side of the street. Parking is to the east of the center and is free at all times.

Liberty Senior Center
251 East 700 South, Salt Lake City
The center is on the north side of the street. Parking is in the lot to the west of the center and is free at all times.

“Age is an issue of mind over matter. If you don’t mind, it doesn’t matter.”
—Mark Twain
Class Registration and Special Event RSVP

Request Processing
Registration and RSVP requests are processed as they arrive in the office or online. If a class or event you request is full your name will be placed on the wait list. Registration status (confirmed or wait listed) will be noted on your confirmation.

Textbooks
Textbooks can be purchased at your favorite bookseller or borrowed from a source of your choosing. Remember, as an Osher student, you have access to university libraries with your U of U student ID card.

Special Fees
In most cases special fees can be waived if you do not wish to receive the materials. Please call the Osher office for assistance.

Refunds
You may drop a course and receive a full tuition and fee refund up until four days before the class starts. Should you need to drop after this point, please contact us so that we may identify the best option to meet your individual circumstance. Membership fees cannot be credited or refunded.

Attending Classes for Which You Are Not Registered
You must be registered before you attend a class. This includes attending a different section of a class. Sitting-in on a class disrupts the experience for those students who are legitimately registered for the class. Please respect your fellow students and instructors by not attending classes for which you are not registered.

Guests
Bringing guests age 50 and over to Osher is a lovely way to introduce them to our community. Members are encouraged to bring guests to Lunch and Learn Lectures. These lectures offer an opportunity to experience the more academic side of Osher and to meet some members. Guests are welcome to sample Special Events and Courses on a space available basis with prior approval of the Osher office. Call four days before the event or one day before the course to check availability and register your guest. There is no guest charge, but remember, the guest policy is for sampling Osher. Please encourage your guests to join so they too can enjoy the full benefits.

Cancellation of Classes
In the event of university closure, Osher classes and activities will be canceled. Listen to your local radio station for University closure announcements or call the Osher office.

Occasionally a class will be cancelled at the request of the instructor. Every effort will be made to schedule a make up class at a time that is convenient for the most students.

Accessibility
To request a reasonable accommodation for a disability, please contact the Center for Disability Services at 801-581-5020 or online at disability.utah.edu. Reasonable notice required.

Special Events
RSVPs are required for all events. To ensure all members have an opportunity to attend some events there is a four event per member limit. The four event limit applies to the total number of events for which you are either confirmed or wait listed. We ask that you contact the office at 801-585-5442 if you are unable to attend your special event. This gives us an opportunity to invite a member on the waitlist and give an accurate attendee count to our special event host.

Your RSVP is nontransferable. Members on the wait list have priority for open spots and must be processed in order.

Event size is limited at the request of our hosts to ensure a great experience for participants. Do not attend an event for which you do not have a confirmed reservation as this can place a burden on our host and is not fair to other members.

Tuition Reduction
University of Utah faculty and staff tuition reduction benefits are available for Osher classes. To receive the discount you must submit an application to Human Resources (801-581-7447) every semester. Failure to submit the application will result in a balance due on your account and may result in a hold on your account preventing future registration.

Communication
The Osher office uses email for registration confirmation, special event reminders, and for general communication with Osher members. Please be sure you have a current email address on file and that you check your email periodically. If you do not use email, consider getting an email buddy who can pass communication along to you in a timely manner.
National treasures, American history, and politics take center stage in the U.S. capital city. This seven-day, fully guided experience offers an insider’s look at this iconic city.

Whether it will be your first time in Washington, DC or an anticipated return visit, get ready to learn about the United States in this unique classroom. Dr. Tim Chambless, Osher Institute and University of Utah Political Science faculty member, and Dr. Cathy Chambless from the University of Utah Kem C. Gardner Policy Institute, will share their passion for America’s governmental system and insight into how Washington works. This exclusive group of 20 travelers will explore museums and historical sites, meet with representatives on Capitol Hill, attend a performance at The Kennedy Center, and enjoy lively discussions over fine dinners. You will return to Utah with a refreshing perspective of the beltway.

Join us! golearn.utah.edu

MAY 19 – 27, 2017
Join, Renew, Register, and RSVP

Become an Osher member, renew your membership, register for classes, and RSVP for special events using the procedure below. Memberships are valid for 1 full year. For the best chance of getting your preferred classes and events, register early.

1 - Complete the information on page 45.
2 - Submit your request with payment. Credit card payment is preferred.
   - Online: www.osher.utah.edu.
   - By phone: (801) 581-6461
   - In person (8 AM – 5 PM) or by mail:
     Continuing Education Registration Office
     Annex wing A
     1901 E. South Campus Dr., #1185
     Salt Lake City, UT 84112

Register early to ensure that the class you want will have room for you, and to prevent classes with low enrollment from canceling. Refer to page 47 for important policies.

Member Information

Name: ____________________________

Address: ____________________________

City, State, Zip: ____________________________

Phone: ____________________________ Cell: ____________________________

E-mail: ____________________________

Student ID (if known): ____________________________ Date of Birth: ____________________________

Courses and Membership Calculations

<table>
<thead>
<tr>
<th>Line</th>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Course Tuition Subtotal (from Course table on reverse)</td>
<td>________</td>
</tr>
<tr>
<td>2</td>
<td>Tuition Discount (Multiply line 1 by eligible discount)</td>
<td>________</td>
</tr>
<tr>
<td></td>
<td>Emeritus: 100%, U of U Faculty/Staff: 50%</td>
<td>________</td>
</tr>
<tr>
<td>3</td>
<td>Course Tuition Subtotal (subtract line 2 from line 1)</td>
<td>________</td>
</tr>
<tr>
<td>4</td>
<td>Course Fees Subtotal (from Course table on reverse)</td>
<td>________</td>
</tr>
<tr>
<td>5</td>
<td>Special Event Fees (from Special Event table on reverse)</td>
<td>________</td>
</tr>
<tr>
<td>6</td>
<td>Membership Dues ($30 per year)</td>
<td>________</td>
</tr>
</tbody>
</table>

Total (Add lines 3, 4, 5, and 6) ________

Gift Calculations

<table>
<thead>
<tr>
<th>Line</th>
<th>Description</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Donate Discount (from line 2 above)</td>
<td>________</td>
</tr>
<tr>
<td>2</td>
<td>Additional Gift To Sustain The Institute</td>
<td>________</td>
</tr>
</tbody>
</table>

Gift Total (Add lines 1 and 2) ________

Make checks payable to the University of Utah.

Credit Card Information

Name on Card: ____________________________

Card #: ____________________________ Exp: ____________________________

Signature: ____________________________

Billing Address: ____________________________

[office use ____________________________ ____________________________]

ID

Name
Our donors, sponsors, and partners allow us to bring together a community of adult learners who share a passion for intellectual and social interaction.

MASTER SPONSOR
Continuing Education & Community Engagement (CECE)
CECE provides the operational infrastructure for our Osher Institute.

MASTER DONOR
Bernard Osher Foundation
The Bernard Osher Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. Among other priorities, the Foundation funds Osher Lifelong Learning Institutes for people 50 and better on 119 campuses of higher education across the country.

MEMBERS MAKE THE DIFFERENCE!
Members’ tax-deductible gifts are greatly appreciated and help sustain and expand the quality Osher programming. Thank you for supporting the benefits and joy of learning by enrolling in classes, purchasing gift certificates for family members and friends, and remembering Osher in your charitable giving. Visit www.osher.utah.edu/support or call the office to discuss giving options.

FACULTY PARTNERS
Thank you to the esteemed faculty from the University of Utah Colleges and Academic Departments who will share their expertise with Osher members this term.

CAMPUS AND COMMUNITY PARTNERS
Jewish Community Center
Liberty Senior Center
Marriott Library
Millcreek Senior Center
Natural History Museum of Utah
Red Butte Garden and Arboretum
Tenth East Senior Center
The University Guest House and Conference Center
Utah Museum of Fine Arts
University of Utah Alumni Association
University of Utah Emeriti Club

OSHER MEMBERS MAKE IT HAPPEN!
The Osher Institute depends on members who volunteer their time and talents to make our programs the best they can be. Volunteers multiply the reach of our small staff and are integral to curriculum, special event, and lunch and learn planning and to instructor and member support.

Curriculum Committee
Dot Blakely
Jan Blum
John Boles
Charles Boynton
Kathie Coopersmith - past chair
Marlyn Copeland, Editor
Connie Kirkpatrick
Helle LeRette
Luci Malin, Vice-Chair
Claudia Raab, Chair
Barbara Reid
Mary Jo Westien

Special Events Committee
Cynthia Beckstrand
Steven Hudson
Janice Pierce
Connie Reed
Tamara Springer, Chair
Anne Wilde

Class Assistants
Too numerous to list, but none-the-less important to the success of the Osher Institute.

YOU
Anyone can be a volunteer at the Osher Institute. Opportunities range from being a contributing member of one of the standing committees to proposing and leading a new initiative to spreading the word in the community. Contact the Osher office to express your interest and share your ideas.

“Wherever you turn, you can find someone who needs you. Even if it is a little thing, do something for which there is no pay but the privilege of doing it.”
—Albert Schweitzer
Share a Taste of Osher

INVITE A FRIEND TO CLASS

What better way to show someone how great Osher is than inviting them to join you?

Sharing the Osher experience is a win-win-win. The new member gains access to an amazing array of learning opportunities, the program becomes stronger with each new member, and you have the satisfaction of making a difference in someone’s life (and possibly even gain a companion with whom to take classes and attend special activities). Invite your friends to feel the energy of the members and catch a glimpse of the interesting classes and life-enhancing experiences that await them when they join the dynamic Osher community.

Note: Some people may like to sample the Osher experience before joining. Guests are welcome to sample Special Events and Courses on a space available basis with prior approval of the Osher office. See page 43 for the guest policy.