THE TIME OF YOUR LIFE

Visual Arts • Politics • History • STEM • Fitness • Literature • Music • Fun

Fall 18: August - December
Join Today! (801) 581-7155  www.osher.utah.edu
SAVED THE BEST FOR FALL

There comes a time each year when the Osher staff gets really excited for the fall term. This year it happened early. In April, we realized how many interesting courses and experiences Osher would be offering, and suddenly we couldn’t wait for the fall term to begin.

Starting in August we’ll have opportunities to tour businesses and organizations. One of our tours will be of the Utah Museum of Fine Arts (UMFA) exhibition of Japanese-American artist Chiura Obata, who was interned at the Topaz Museum during World War II. In September, Osher and Go Learn will be chartering a bus for a member’s only tour of Topaz Museum in Delta, Utah. Finally in October, Rick Okabe, a Board Member of the Topaz Museum and the son of parents who lived at an internment camp, will give a lecture to help Osher members understand the history and impact of internment during World War II.

In addition, the popularity of Osher’s Lunch & Learn lectures led us to work with the University of Utah to record each Lunch & Learn lecture and make it available online. Now you will have the opportunity to attend a lecture in the Commander’s House or view the Lunch & Learn lecture from home. We think you’re still going to love hearing the lectures in person but we hope you take advantage of the opportunity to watch them again at home.

And then, for the first time, we’re offering a volunteer opportunity for Osher members to teach and play with the University of Utah's youngest learners – the children at UKids Guardsman Way. From September through November you can sign up and volunteer to read your favorite stories, give an art lesson, or lead a sing-along to the children at UKids. More information can be found on page 26.

We hope you’ve found value in your membership from the courses you’ve taken, the friends you’ve made, your admission to Red Butte Garden and the UMFA, Lunch & Learns, and the four special events that you can sign up for each term. And with this value, we hope that you understand it’s time for Osher at University of Utah to raise its membership price to $40 a year. This is the first time we’ve raised the cost of membership in ten years! The increase will help us continue to offer great programs, support our instructors and volunteers, and create new opportunities for learning. We want this to be one of the most socially and intellectually enriching organizations that you belong to, and we are working hard to make that a reality for you.

We’re looking forward to seeing you this fall!

Lauren Andersen, Director
Membership in the Osher Institute is one of the best gifts you can give yourself and those you care about.

Everyone knows learning is good for your brain. The Osher Institute at the University of Utah makes it easy and fun.

**Courses**
Taking courses at Osher offers a great return for the time and money you invest. Tuition is affordable and scholarships are available. Most courses are held at the Commander's House in Fort Douglas and other nearby locations - all easily accessible with free parking! The majority of courses meet for 90 minutes, once per week, for 6 weeks, allowing plenty of time for other interests. Osher instructors teach with both style and substance. They are able to entertain as well as educate. And when you take courses you are eligible to obtain a U of U student ID card that brings many more opportunities and benefits to you.

**Special Activities**
The brown bag Lunch and Learn lecture series and the Special Events are included in the basic membership (just $40 per year). The weekly Lunch and Learn lectures at the Commander's House in Fort Douglas can be a nice intermezzo between classes. The Special Events provide a way to learn about the surrounding community and to stay connected when classes are not in session.

**People**
Osher members are dynamic individuals who each bring a lifetime of experience to every conversation. You will meet new, interesting people and may even renew a long lost connection from your past.

**Campus**
The Osher Institute is your portal to the University of Utah. U of U faculty teach abbreviated courses for Osher; our Special Events grant you behind the scenes access to some of the campus's newest buildings and remodels, and weekly e-mails keep you informed about events taking place at University of Utah.

**Benefits**
Osher members are eligible for select benefits (with U of U student ID card*) including free admission to the Utah Museum of Fine Arts. Red Butte Garden grants Osher members free admission to members who show their Osher name tag at the admission gates. Discounts are also available at Pioneer Theatre Company.

* U of U Student ID card is available to Osher members taking classes. There is a fee for the card. Obtain the card at the U Card office in the Olpin Union (801-581-2273). The card is active in semesters in which you are registered for at least one class.
Osher staff:
Carla Price (Office Administration),
Polly Drolett (Payroll),
John Boyack (Curriculum),
Jill Meyer (Osher Anniversary),
Lauren Andersen (Director),
Christoph Dressler (Outreach)
A TRULY FANTASTIC VOYAGE

Everyone is familiar with the Arthur Ashe quote, “Success is a journey, not a destination.” The idea being that the very act of taking on new challenges is more important than the outcome. The trek is where you learn and grow—and, most importantly, where you find happiness.

Osher classes and special events give you the perfect opportunity to embark on a fantastic voyage that will expand your mind and energize your body. And while you may not solve all the mysteries of the universe, you will walk away with new friends, profound insights, amazing experiences, and a greater sense of both your inner self and how to contribute to the world around you.


The more you know, the more you grow.
Sign up for a membership today!
<table>
<thead>
<tr>
<th>COURSES BY CATEGORY</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>History</strong></td>
</tr>
<tr>
<td>America's Role in the Cold war, 1918 -1990</td>
</tr>
<tr>
<td>Bhagavad Gita in Daily Life</td>
</tr>
<tr>
<td>Spiritual Gandhi</td>
</tr>
<tr>
<td>Stories from The Salt Lake City Cemetery</td>
</tr>
<tr>
<td>The Ancient Maya</td>
</tr>
<tr>
<td>The Fall of the Roman Republic</td>
</tr>
<tr>
<td>World War II: Eastern Europe</td>
</tr>
<tr>
<td><strong>Law, Government, and Politics</strong></td>
</tr>
<tr>
<td>Current Issues In American Public Affairs &amp; Politics</td>
</tr>
<tr>
<td>Democracy: What is it? How it Works? How it Fails?</td>
</tr>
<tr>
<td>Great Decisions</td>
</tr>
<tr>
<td>Individual Rights and the Constitution Part 3: Due Process and the Right to Privacy</td>
</tr>
<tr>
<td><strong>Literature</strong></td>
</tr>
<tr>
<td>The Aeneid by Virgil</td>
</tr>
<tr>
<td>William Faulkner: The Yoknapatawpha Saga</td>
</tr>
<tr>
<td><strong>Medicine, Health, and Fitness</strong></td>
</tr>
<tr>
<td>Balanced Bodies</td>
</tr>
<tr>
<td>Embrace Aging!</td>
</tr>
<tr>
<td>History of Medicine Part 1</td>
</tr>
<tr>
<td>Medicinal Herbs &amp; Botanicals</td>
</tr>
<tr>
<td>Reiki Level 1</td>
</tr>
<tr>
<td>Reiki Level 2</td>
</tr>
<tr>
<td>The Most Common Health Problems in Elderly Part 1</td>
</tr>
<tr>
<td>Yoga For All Bodies</td>
</tr>
<tr>
<td><strong>Nature, Outdoors, and Lifestyle</strong></td>
</tr>
<tr>
<td>Bird Watching: Friday Field Trips!</td>
</tr>
<tr>
<td>Connecting People to Nature</td>
</tr>
<tr>
<td>Everyday Mindfulness</td>
</tr>
<tr>
<td>Hiking the Wasatch</td>
</tr>
<tr>
<td>Live Free of Clutter and Get Organized Part 1: Your Space, and Life</td>
</tr>
<tr>
<td>Understanding Watersheds</td>
</tr>
<tr>
<td><strong>Other Humanities</strong></td>
</tr>
<tr>
<td>American Pragmatists: Charles Peirce &amp; William James</td>
</tr>
<tr>
<td>Bon Voyage: French for Travelers 1</td>
</tr>
<tr>
<td>Bon Voyage: French for Travelers 2</td>
</tr>
<tr>
<td>Cultural Geography</td>
</tr>
<tr>
<td>Interpersonal Communications: Words Are Only Tools</td>
</tr>
<tr>
<td>Write Your Creative Aging Story: The Art of the Personal Essay</td>
</tr>
<tr>
<td><strong>Performing Arts</strong></td>
</tr>
<tr>
<td>Singing for Shy Singers</td>
</tr>
<tr>
<td>Beginnig Ukulele</td>
</tr>
<tr>
<td>The Simple Joys of Singing</td>
</tr>
<tr>
<td>Utah Opera Preview: Gounod's Roméo et Juliette</td>
</tr>
<tr>
<td>Utah Symphony Finishing Touches Preview</td>
</tr>
<tr>
<td><strong>STEM</strong></td>
</tr>
<tr>
<td>Excel on Mac</td>
</tr>
<tr>
<td>Forensic Science</td>
</tr>
<tr>
<td>Google Tools: Exploring Drive and Sites</td>
</tr>
<tr>
<td>Google Maps: Become a Custom Map Maker</td>
</tr>
<tr>
<td><strong>Visual Arts</strong></td>
</tr>
<tr>
<td>Drawing and Painting the Landscape</td>
</tr>
<tr>
<td>Drawing: Colored Pencils</td>
</tr>
<tr>
<td>Great Architectural Monuments</td>
</tr>
<tr>
<td>Great Portraits in New York and London Museums</td>
</tr>
<tr>
<td>Jewelry: Historic Perspectives and Individual Creation</td>
</tr>
<tr>
<td>Plein-air Oil Painting</td>
</tr>
<tr>
<td>Renaissance Art: What’s the Fuss?</td>
</tr>
<tr>
<td>Silent Screams: The Dawning of Horror Motion Picture (1896-1931)</td>
</tr>
<tr>
<td>The Art of Sketchbooking</td>
</tr>
<tr>
<td>Through Their Eyes: Ancient Greek and Roman Art</td>
</tr>
<tr>
<td>Watercolor 1: Beginning - Intermediate</td>
</tr>
<tr>
<td>Watercolor 2: Intermediate - Advanced</td>
</tr>
<tr>
<td>Why Do Buildings Look The Way They Do?</td>
</tr>
<tr>
<td>Women Artists Part 1</td>
</tr>
</tbody>
</table>
American Pragmatists: Peirce and James

Of the various schools of philosophical thought, pragmatism is the one native to America. It was birthed in the late 19th and early 20th centuries by a circle that included Oliver Wendell Holmes, the Supreme Court justice, and William James, generally credited as the “father of American psychology.” Some of the earliest and most durable pragmatist writings appeared not in scholarly journals but in The Popular Science Monthly, originally published to disseminate scientific knowledge to the educated layman. This course will cover some of C.S. Peirce’s and James’ most accessible—and practical—papers, and through them logic, epistemology (theory of knowledge), religious faith, and free will. This course will be like the pragmatists themselves: accessible and engaging to all philosophically inclined learners, whether or not they have prior formal philosophical training or education.

OSHER 130-001 • Wednesdays, Sep 19 – Oct 31
9:30 - 11:00 AM • No class Oct 10
LOCATION: Commander’s House
INSTRUCTOR: L. Rex Sears
TUITION: $99
TEXTS C.S. Peirce
How to Make Our Ideas Clear, ASIN: B00MZDG036
William James
The Will to Believe, ASIN: B07CGX9PJW;

America’s Role in the Cold War, 1918 to 1990

The shadow of the Cold War was a constant presence in our childhoods. As adults, we can examine America’s involvement more objectively, discussing the continued influence this period has had on world affairs. We will focus on traditional views regarding American foreign policy and recent revisions to theories that guided Americans during the period. We will look at events from the end of World War I to the breakup of the Soviet Union, exploring American reactions to presumed Communist provocations. This will include moments in the Korean and Vietnam wars that demonstrate how deeply American policy makers believed in the containment policy and the domino theory.

OSHER 475-001 • Wednesdays, Sep 19 – Oct 31
1:30 - 3:00 PM • No class on Oct 12
LOCATION: 10th E Senior Center, 237 S 1000 E, SLC
INSTRUCTOR: Walter Jones
TUITION: $99

Balanced Bodies

(1) Mindful breathing, (2) balance, (3) flexibility, (4) physical strength, and (5) walking are five keys to healthy living. We will begin each class with a mini-workshop on one key, then practice that specific key using a variety of activities including easy, low-impact yoga and Qigong poses. Leave this course with new or improved skills you can use every day. Balanced Bodies is the perfect way to get active again.

No prior yoga experience necessary. Wear comfortable clothes for movement.

OSHER 193-001 • Fridays, Sep 21 – Nov 2
1:30 - 3:00 PM • No class on Oct 12
LOCATION: 10th E Senior Center, 237 S 1000 E, SLC
INSTRUCTOR: David Keyes
TUITION: $99

Beginning Ukulele

Learning to play the ukulele is easy – and fun! This versatile instrument can be played in any style from rock and roll to gospel, old classics to new songs. Beginning Ukulele is for soprano, alto, and tenor C-tuned ukuleles. Together we will learn the various parts of the ukulele and their functions, how to play twelve ukulele chords, and how to strum simple songs. Music is provided.

more class information on page 7
**Bhagavad Gita in Daily Life**

Bhagavad Gita means the “song of God”. It is one of the most revered and useful Indian spiritual texts. Mahatma Gandhi read it daily and called it his second mother because of its spiritual guidance. Many of Gandhi’s methods are rooted in the Gita, including his philosophy of nonviolence. In addition to its philosophical teaching, the Gita provides a blueprint for spiritual development based on different practices for different people’s personalities. Whatever your religious or spiritual background, a study of the Gita will likely enhance and strengthen your practices.

OSHER 595-001 • Wednesdays, Sep 19 – Oct 31
3:15 - 4:45 PM • No class Oct 10
LOCATION: 10th E Senior Center, 237 S 1000 E, SLC
INSTRUCTOR: Marci Villa
TUITION: $99

**Bird Watching – Field Trip Fridays!**

Take your bird watching skills beyond the basics by participating in six field trips designed for the adventurous birder. Developing good bird watching skills takes practice and these field trips offer the opportunity to improve and strengthen those skills. Osher members will explore 1) Liberty Park, 2) Mountain Dell, 3) Bountiful Ponds, 4) Jordan River, 5) Farmington Bay and 6) Antelope Island. Field trips start at 8:00 and last two to four hours depending on the trip.

Members should plan to carpool. Enrollment cap is 12. Binoculars required.

OSHER 160-001 • Tuesdays, Sep 18 – Oct 30
11:30 AM – 1:00 PM • No class Oct 9
LOCATION: Commander’s House
INSTRUCTOR: Harry Keshet
TUITION: $99

**Bon Voyage! French for Travelers 1**

Gain confidence and “savoir faire” when traveling to France by learning to communicate in French. You will learn essential conversational skills, navigational phrases, emergency expressions and other clues from an experienced traveler. Topics for discussion will include transportation, customs, money, directions, accommodations, dining, shopping, medical issues, sight-seeing, and entertainment. Practicing conversations with classmates will gently implant expressions into your memory. Helpful technology and extra tips to assist you with social manners and customs will be shared.

OSHER 170-001 • Fridays, Sep 21 – Nov 2
beginning at 8:00 AM • No class Oct 12
LOCATIONS: Instructor will provide directions to location meetup sites
INSTRUCTOR: Jeanne Le Ber
TUITION: $99

**Bon Voyage! French for Travelers 2**

This second level course builds upon basic vocabulary. You will learn essential conversational skills, navigational phrases, and other clues from an experienced traveler. Important topics include emergency expressions, medical issues, tourism, transportation, leisure activities, dining, shopping, and entertainment. Discover useful verbs and idioms to enliven your speech. Practice conversations and stories with classmates to implant expressions into your memory. Helpful technology and extra tips to assist you with social manners and customs will be shared. *Allons-y!*

OSHER 23-001 • Mondays, Sep 17 – Oct 29
1:30 – 3:00 PM • No class Oct 8
LOCATION: Commander’s House
INSTRUCTOR: Linda Bayes
TUITION: $99
SPECIAL FEE: $1

**Bon Voyage! French for Travelers 2**

This second level course builds upon basic vocabulary. You will learn essential conversational skills, navigational phrases, and other clues from an experienced traveler. Important topics include emergency expressions, medical issues, tourism, transportation, leisure activities, dining, shopping, and entertainment. Discover useful verbs and idioms to enliven your speech. Practice conversations and stories with classmates to implant expressions into your memory. Helpful technology and extra tips to assist you with social manners and customs will be shared. *Allons-y!*

OSHER 56-002 • Mondays, Sep 17 – Oct 29
3:15 – 4:45 PM • No class Oct 8
LOCATION: Commander’s House
INSTRUCTOR: Linda Bayes
TUITION: $99
SPECIAL FEE: $1
Cultural Geography
The world has become a global society in which various cultures and belief systems must coexist with each other. Understanding these cultures makes us more accepting and enriches our own life experience. This course will help us comprehend how humans shape their lives and their environments because of their geography. Cultural geography teaches the “why of the where” through both physical and cultural aspects. Although both are important, this course will focus on the cultural elements that define societies, such as identity, ethnicity, gender roles, religions, and language.

OSHER 24-001 • Mondays, Sep 17 – Oct 29
11:30 AM – 1:00 PM • No class Oct 8
LOCATION: Commander’s House
INSTRUCTOR: Chris Dyson
TUITION: $99

Connecting People to Nature
Learn and experience a few of the ways Tracy Aviary connects people to nature. Osher members will be introduced to the educational philosophy of the aviary and see how the staff utilizes different areas of it to provide the best facility for our birds and the general public. Members will also learn about our citizen science work and participate in a bird survey. Finally, members will learn how staff creates habitat within our landscapes, and will get dirty with a special, hands-on nature project.

OSHER 261-001 • Wednesdays, Sep 19 – Oct 31
9:30 – 11:00 AM • No class Oct 10
LOCATION: Tracy Aviary, 589 E 1300 S, SLC
INSTRUCTOR: Tim Brown
TUITION: $99

Current Issues in American Public Affairs and Politics – UPDATED
This exciting course gives Osher members opportunities to brainstorm and problem-solve together during 90 minutes of lively questions and answers. We will analyze current events and provocative stories breaking in the past week, the morning of, and sometimes even during class. Together, students in this course confront local, national, or global political controversies or governmental problems raised during discussion. Each subject is examined within a historical, legal, and/or economic context. The goal of this course is to afford students the opportunity to think critically, to practice group problem-solving, and to gain a greater understanding of current issues in American public affairs and politics.

OSHER 630-001 • Tuesdays, Sep 25 – Nov 13
1:30 – 3:00 PM • No class Oct 9 OR Oct 16
LOCATION: Commander’s House
INSTRUCTOR: Tim Chambless
TUITION: $99

Democracy: What is it? How Does it Work? How Does it Fail?
We live in a democracy and believe that democracy is the best form of government, perhaps the only morally acceptable form. Democracy is more than voting. It involves norms like the rule of law, judicial independence, freedom of speech and the press, tolerance, and more. Currently, a number of nations seem to be moving from democratic to more authoritarian forms of government. Some fear that democracy in the United States is also under threat. We will try to understand these events and trends. Our first and primary task will be to understand what democracy is, how it has developed, and what conditions are necessary to make and keep it a workable and desirable form of government.

OSHER 340-001 • Wednesdays, Sep 19 – Oct 31
1:30 – 3:00 PM • No class Oct 10
LOCATION: Commander’s House
INSTRUCTOR: Bruce Landesman
TUITION: $99

more class information on page 9
Drawing and Painting the Landscape

What are the elements that make up a good landscape painting? How do we produce one? With these questions in mind, the beginner or the more experienced Osher member will explore the art of landscape painting through discussion, hands-on indoor and outdoor work, and the study of light and shadow. We will discuss a variety of methods and materials as we work from life and reference course materials. Beginning with drawing, and later moving into painting, we will work outside in the Salt Lake City area, looking for subjects that spark our interest.

OSHER 400-001 • Thursdays, Sep 06 – Oct 18
10:00 – 11:30 AM • No class Oct 11
LOCATION: Greater Salt Lake City area
INSTRUCTOR: Michael Calles
TUITION: $99
SPECIAL FEE: $15

Drawing: Colored Pencils

Learn the fundamental techniques and principles needed to master this incredible modern medium. We will begin with an explanation of different types of pencils, paper, and strokes. Next, we will cover basic colored pencil techniques such as tonal layering. Osher members will choose their own subjects, work at their own paces, and discover the versatile and vibrant medium of colored pencil. This course will give members a solid foundation to continue with drawing or to move into other media such as watercolor, oil, or acrylic painting. Members are responsible for purchasing their own supplies. Materials needed will be discussed in the first class and a shopping list will be provided.

OSHER 626-001 • Tuesdays and Thursdays, Sep 18 – Nov 1
1:30 – 3:00 PM • No class Oct 9 and 11
LOCATION: 10th E Senior Center, 227 S 1000 E, SLC
INSTRUCTOR: Bill Laursen
TUITION: $159
SPECIAL FEE: $2

Embrace Aging– UPDATED

Your healthcare providers do not generally cover many of the topics we will discuss in depth. This course will examine how we can enjoy a healthier, happier, and better prepared life as we age. We will look at what is “normal” aging and what is not. Topics may include: the biology of the aging brain and how that biology affects the risk for cognitive impairment (dementia), defining dementia and quality of life, managing illness (mental and physical) as we age, the role of the family and caregivers as we age, how to address and plan for the end of life (what’s important, what’s not), and identification of community resources for the aging population.

OSHER 979-001 • Wednesdays, Sep 19 – Oct 31
5:15 – 6:45 PM • No class Oct 10
LOCATION: Commander’s House
INSTRUCTOR: Anne Asman
TUITION: $99
SPECIAL FEE: $2

Everyday Mindfulness

Osher members will experience the two complementary ways to practice mindfulness: learning the formal practice of meditation and the informal experience of letting mindfulness spill over into everyday life. This course will introduce the concept of mindfulness, covering history, benefits and science behind this age-old practice. When a practitioner pays attention to the present moment, mindfulness unfolds a whole new level of awareness. Meditation has been shown to have many beneficial effects, both mental and physical.

OSHER 62-001 • Tuesdays, Oct 16 – Nov 13
5:15 – 6:45 PM
LOCATION: Commander’s House (Nov 13 at 540 Arapene)
INSTRUCTOR: Julie Howell
TUITION: $79
SPECIAL FEE: $10
NOTE: Only five sessions. Special fee includes the rental of a room at Red Butte Garden for a meditation class session at Red Butte Garden.
Excel on Mac
Establishing and maintaining household records is more efficient and accurate when you utilize Excel spreadsheets. Whether you want to manage and forecast your household budget and assets, inventory investments and belongings, monitor healthcare status, or keep a record of birthdays, anniversaries, and other special occasions, you can learn how to create files, record information, and monitor the status of your most important information. Basic computer skills are required to take this introduction to Excel. When you complete the course, you will have a working knowledge of spreadsheets, cells, menus, and basic formulas (sums+). Osher members are encouraged to bring ideas for uses/projects for which they might want to use Excel.

OSHER 893-001 • Wednesdays, Sep 19 – Oct 31
9:30 – 11:00 AM • No class Oct 10
LOCATION: 540 Arapeen Drive, UUCE 156
INSTRUCTOR: Marshall Coopersmith
TUITION: $99

Forensic Science
Forensic science is the application of a broad spectrum of disciplines to investigate and assist the trier of fact in criminal or civil law. We will start with an overview of the field and learn about the capabilities of the Utah Bureau of Forensic Services (a.k.a. the State Crime Lab). Review the history of fingerprints and fingerprint processing techniques, explore history and topics in Questioned Document Examination, and study the tools and techniques in biological evidence (e.g. DNA). Osher members will walk through a mock crime scene and discuss any probative evidence and how to collect it. The course will be a balance of lecture and hands-on experience, culminating with a visit to the State Crime Lab.

OSHER 471-001 • Mondays, Sep 17 – Oct 29
5:15 – 6:45 PM • No class Oct 8
LOCATION: Commander’s House
INSTRUCTOR: Andy Pacejka
TUITION: $99
SPECIAL FEE: $25
NOTE: Special fee covers the cost of supplies for mock crime scene.

Google Tools: Exploring Drive and Sites
Discover how to use Google Drive to store documents, spreadsheets, slides, and forms in the “cloud.” Access your files on Google Drive anywhere using mobile devices or desktop computers. Learn how to create, organize, and store your files about family events, travel, business, social activities, and much more. Work with new Google Sites to build websites quickly and easily. Google Sites is a free and easy way to create and share webpages. Bring your phone or tablet to class. We will have fun and get organized.

OSHER 120-001 • Wednesday, Sep 19 – Sep 26
5:00 – 8:00 PM
LOCATION: 540 Arapeen Drive, UUCE 249
INSTRUCTOR: Pat Lambrose
TUITION: $39

Google Maps: Become a Custom Map Maker
Discover tips and tricks for using Google Maps. Create and save custom maps in your own My Places Google Maps account. Learn to map your favorite restaurants, fishing holes, bike routes, golf courses, trailheads, etc. The workshop will explore the variety of features available in Google Maps through demos, hands-on exercises, and discussion. Class will be held in a computer lab.

OSHER 469-001 • Tuesday, Oct 30
5:00 – 8:00 PM
LOCATION: 540 Arapeen Drive, UUCE 156
INSTRUCTOR: Pat Lambrose
TUITION: $39

Greatest Architectural Monuments
Unusual circumstances and fascinating individuals inform the creation of some of the most significant architectural works in art history. Learn about the

more class information on page 11
amazing architectural feats and intriguing stories behind marvels such as the Taj Mahal in India, the first Gothic cathedral in France, the Duomo in Florence, and others.

OSHER 580-001 • Wednesdays, Sep 19 - Oct 31
3:15 – 4:45 PM • No class Oct 10
LOCATION: Commander’s House
INSTRUCTOR: Jennifer Brown
TUITION: $99

Great Decisions – NEW INSTRUCTOR
Join Great Decisions, a discussion group where sharing knowledge, ideas, and opinions will strengthen your understanding and relevance of timely international issues that are vital to U.S. foreign policy. Osher members will have access to in-depth topic resources: a Great Decisions Briefing Book, videos that provide context, and lectures by local experts who will expound on the topics and lead the class discussions. 2018’s topics include: Pax Americana: The American Peace; Russia’s Foreign Policy; China: The New Silk Road; Media and Foreign Policy; Turkey: A Partner in Crisis; Crossroads: America’s Defense Strategy; South Africa: In the Shadow of Mandela; and Global Health: Preventing Pandemic. This course is offered in partnership with the Utah Council for Diplomacy, a local nonprofit affiliate of the World Affairs Council of America.

OSHER 14-001 • Eight sessions: Wednesdays, Sep 19 – Nov 14
1:30 – 3:00 PM • No class Oct 10
LOCATION: Commander’s House
FACILITATOR: Decanna Price
TUITION: $115

Great Portraits in New York and London Museum Collections
An introduction to the history, development, and stylistic conventions of portraiture from Roman times to the present day. Through close examination and group discussion students will discover: What intriguing stories can great portraits tell us? Who was the sitter? What was the purpose of commissioning a portrait? How did artists use details like fabrics, jewelry, furniture, and lighting to convey insight into their sitter’s character and personality? How do portraits capture a moment in time and even influence art history going forward? What can art conservators tell us about the materials and techniques used? The last class session will be a field trip to view portrait paintings in the Utah Museum of Fine Arts to learn how understanding the broader art historical context changes our view.

OSHER 131-001 • Tuesdays, Sep 18 – Oct 30
1:30 – 3:00 PM • No class Oct 9
LOCATION: Commander’s House
INSTRUCTORS: Margaret Landesman and Jill Meyer
TUITION: $99

Hiking the Wasatch
This course features short hikes in several of our local canyons. The pace will be slow enough to enjoy the environment, view any wildlife that may be encountered, and socialize with other Osher members. The following hikes are planned:

9/24 Cicero Lake (Altal 1.7 Mi 0,473 Ft
10/01 Lake Mary (Brighton) 2.0 Mi 0,765 Ft
10/08 Columbus Day (optional hike)
10/15 Willow Lake (Big Cottonwood Canyon) 1.4 Mi 0,586 Ft.
10/22 Twin Lakes (Silver Lake Trailhead) 1.8 Mi 0,759 Ft.
10/29 Catherine Pass (Altal 2.9 Mi 1,020 Ft

Sturdy walking or hiking shoes are recommended, and trekking poles may be helpful. Bring lunch (or a snack), water, a warm jacket or sweater, and rain gear. We beg your pawdon, but no dogs allowed.

OSHER 26-001 • Mondays, Sep 24 – Oct 29
9:30 AM – 1:30 PM
LOCATION: Osher members meet at Holladay Park & Ride, 6200 S and Wasatch Boulevard, SLC
History of Medicine: Part 1
The goal of this course is to encourage Osher members to think about medicine from an historical perspective, and to appreciate how medicine can inform the study of history. Members will investigate medicine in particular historical and social contexts, employing diverse approaches from historical and ethnographic methodologies to those informed by the study of science and technology. Members will examine past and present workings of the medical sciences and technology, their grounds of authority, the ethical and political dimensions of their regulation and applications, and their relationships to larger intellectual, cultural, social, and political trends and changes.

OSHER 41-001 • Thursdays, Sep 20 – Nov 1
3:15 – 4:45 PM • No class Oct 11
LOCATION: Commander’s House
INSTRUCTOR: Dr. Abdulnaser Kaadan
TUITION: $99

Hot Rocks: An In-depth Look at the World of Gems and Precious Stones
Never look at gems or precious stones the same way again. This course will leave members with a working knowledge of the gem kingdom and an understanding of the identification and value components of gems and precious stones. Look closely into the microscope and gain some hands-on experience tinkering with some of the gemologist’s tools. Members will also be exposed to some of the curious folklore and history of mining and selling organizations.

OSHER 943-001 • Tuesdays, Sep 18 – Oct 30
11:30 AM – 1:00 PM • No class Oct 9
LOCATION: Commander’s House
INSTRUCTOR: Brent McMaster
TUITION: $99

Individual Rights and the Constitution Part 3: Due Process and the Right to Privacy
This course is the third in a series of courses addressing some of the individual rights protections afforded by the US Constitution. We have looked at Equal Protection and at the First Amendment in prior courses. This term we will explore the Fourth and Fifth Amendments, focusing on due process of law, the prohibition of unreasonable search and seizure and the development of the right to privacy, as well as protections against self-incrimination and double jeopardy. We will discuss the history and elements of these amendments, consider what we think the law should be, and then review a number of Supreme Court cases analyzing and interpreting the Constitutional language. Our discussion will center on those cases, in their historical context, as the standards and doctrines have developed over the last 200+ years.

OSHER 152-001 • Mondays, Sep 17 – Oct 29
11:30 AM – 1:00 PM • No class Oct 8
LOCATION: Commander’s House
INSTRUCTOR: Beth Whitsett
TUITION: $99
NOTE: No prerequisite for this course, but we will build upon some of the concepts and understandings developed in the prior courses in this series. No required reading. Recommended readings suggested for those who wish to dig deeper.

Internet Security: Protecting Your Personal Information – UPDATED
Personal information is in high demand. That’s why we face threats, from Cambridge Analytica to Facebook to email phishing scams. These scams are stealing people’s personal information and threatening their life savings. This two-session course will take a challenging topic and simplify the types of threats and what experts say are the best offensive and defensive practices when using the Internet, empowering you with knowledge and tactics.

more class information on page 13
Interpersonal Communications: Words Are Only Tools
What is a word? And what happens when we see that words can't adequately hold the serious heaviness of negativity that we so often put with them? How does it feel to carry a sense of honoring for “what is” rather than the conditioned responses of judging, evaluating, criticizing, or disliking?

This course explores how words are pulled out of reality to provide shortcuts for communication, including the limits of what words can do, their nature as tools, and the stress generated by misusing them. We will explore a sense of being that is beyond words, including affection for people, animals, plants, and things created by people such as art or music or literature.

iPad 1: Basics
People who find smart phones and tablets daunting will find this course a perfect introduction to connecting with our changing world of technology. This course is a hands-on experience focused on having fun with your iPad. We will take time to explore the operating system, as well as highlighting some of the multi-faceted capabilities of the iPad. Bring your iPad to class; iPhones are welcome, too. At the end of six weeks, you will know the basics of using your device and be excited about its convenience.

iPad 2: Beyond the Basics
Most people only scratch the surface of the iPad’s functions. Learn how to get the most out of your iPad as you participate in a hands-on experience going beyond exploring the basics of the operating system. The course will highlight key applications (apps,) trouble-shooting techniques, and tips and tricks to get the most from your device. We will also explore some exceptional apps that will personalize and help expand the uses of your iPad. Bring your iPad to class; iPhones are welcome, too. This course not intended for those who have never used a tablet or smart phone.

Jewelry: Historic Perspectives and Individual Creation
Learn the fundamentals of silversmithing and become familiar with the tools used in the craft. Osher members will learn to use hand tools, a flex shaft, and a soldering torch. Working with silver and copper, members will explore jewelry design and fabrication as well as stone-setting techniques. Members will make pendants or rings with a bezel set cabochon. All levels of expertise are welcome. Special fee includes all materials and use of equipment. Materials include: sterling silver and copper sheet metal, sterling silver wire of various
shapes and sizes, silver solder, and a semi-precious cabochon. Course limited to 8 enrollments.

OSHER 143-001 • Three sessions: Tuesdays, Sep 18 – Oct 02
9:30 AM – 12:30 PM
LOCATION: First class at Utah Museum of Fine Arts, 410 Campus Center Drive, SLC; subsequent classes will be held at SmART Space, 3450 S. Main Street, SLC.
INSTRUCTOR: Mary Lambert
TUITION: $99
SPECIAL FEE: $90

Law in Film: Part 1
This course will view six to twelve films that portray lawyers and the legal system. Osher members will view the films assigned for the week at home or in a planned weekly library session, and should come prepared to participate in course discussions. We will focus on the criminal and civil justice systems, the jury trial, legal education, and even how the films tackle the attempt by the legal system to deal with the complex cultural issues of their time. Film clips from the movies viewed or other similar films will be shown as part of the presentation and discussion. Included in the films assigned will be Paper Chase, Anatomy of a Murder, Twelve Angry Men, Runaway Jury, To Kill a Mockingbird, The Verdict, A Civil Action, and Erin Brockovich.

Members may access these films through the public library system, Amazon Prime Online, iTunes, Netflix, Comcast’s Xfinity On Demand, Hulu, or another online service. The instructor will also loan out one or two copies of the films.

OSHER 310-001 • Thursdays, Sep 20 – Nov 1
11:30 AM – 1:00 PM • No class Oct 11
LOCATION: Commander’s House
INSTRUCTOR: R. Scott Williams
TUITION: $99

Live Free of Clutter and Get Organized Part 1: Your Space and Life
How would it feel to have your home free of clutter? In today’s world, we are bombarded with information and stuff – there is clutter everywhere. It is on our phones and computers, desktops and countertops, in our bedrooms and basements, closets and cupboards. We crave being free of the clutter and fantasize about being organized but getting there often feels impossible. Marla Dee is here to help. As a professional organizer for 19 years, Marla has seen firsthand the pain of cluttered living. With contagious enthusiasm and stories from clients, Marla shares her belief that living organized is a skill anyone can learn. Her Clear & Simple Systems teach where to start, what to do, and how to keep it up.

If you are ready for a change, come learn everything you need to make it happen.

OSHER 101-001 • Three sessions: Thursdays, Sep 20 – Oct 4
1:30 – 3:00 PM
LOCATION: Commander’s House
INSTRUCTOR: Marla Dee
TUITION: $49

In Part 1 of this series, members will learn the Clear & Simple Systems of See it, Map it, Do it© and STACKS©. In Part 2, members get to apply these systems to the paper pile pain, the boxes of photos and other collections that are keeping you from getting organized.
NOTE: Members enrolling in Part 2 are strongly encouraged but not required to enroll in Part 1.

OSHER 380-001 • Three sessions: Thursdays, Sep 20 – Oct 4
3:15 – 4:45 PM
LOCATION: Commander’s House
INSTRUCTOR: Marla Dee
TUITION: $49

more class information on page 16
A Harvard study found that people spend almost 50 percent of their time thinking about the past and future. But Osher students prefer to live for today with positivity, appreciation, and unquenchable curiosity. Osher classes and special events reward this attitude by bringing members into an energizing social realm with a community of like-minded learners who enjoy discussing new concepts, sharing ideas, and passing on time-tested wisdom.
Mac 1: Basics
Expand your ability to enjoy and personalize your Mac computer. This lab-based course is a great environment for those who are switching from PC to Mac, or for those who would like to increase their aptitude and general understanding. In four sessions we will highlight key features on a variety of apps within the Apple operating system, along with best practices, settings, and trouble-shooting. At-home weekly assignments will be offered to enhance course activities. Some prior use and understanding of computers is required; this is not intended as an introduction to computers. The class on Mac Basics is a recommended prerequisite for taking this class.

OSHER 950-001 • Four sessions: Mondays, Sep 17 – Oct 15
9:30 AM – 12:00 PM • No class Oct 8
LOCATION: 540 Arapeen Drive, UUCE 156
INSTRUCTOR: Debbie White
TUITION: $109

Mac 2: Beyond the Basics
Further expand your ability to enjoy and personalize your Mac computer. The iMac lab is a great environment for those who are switching from PC to Mac or those who would like to increase their use and general understanding. In four sessions, we will continue building on the skills learned in the Mac Basics course, highlighting key features on a variety of apps within the Apple operating system along with best practices, settings, and trouble-shooting. At-home weekly assignments will be offered to enhance course activities. Some prior use and understanding of computers is required; this is not intended as an introduction to computers. The class on Mac Basics is a recommended prerequisite for taking this class.

OSHER 950-002 • Four sessions: Mondays, Sep 17 – Oct 15
12:30 – 3:00 PM • No class Oct 8
LOCATION: 540 Arapeen Drive, UUCE 156
INSTRUCTOR: Debbie White
TUITION: $109

Medicinal Herbs and Botanicals – EXTENDED TO SIX SESSIONS
Gain the understanding and confidence you need to begin using herbs safely and appropriately in diet and health care. Learn how to mix useful preparations, read labels effectively, and harvest and preserve herbs. You will see a working herbal pharmacy and herbal preparations will be explained through hands-on demonstrations. We will make both a tincture and a salve that you can take home. The Materia Medica will be explained and herb resources will be shared. We will discuss botany, history and lore, essential oils, sacred plant medicine, and more.

OSHER 519-001 • Wednesdays, Sep 19 – Oct 31
9:30 – 11:00 AM • No class Oct 10
LOCATION: Commander’s House
INSTRUCTOR: Ray Gesteland
TUITION: $99

Our Genes, Our Future, The Revolution
This course will provide a background in basic genetics from DNA to RNA to proteins. The goal is to give Osher members the tools to understand genes, genetic predispositions, and gene editing. Dramatic advances in gene editing technology will ultimately allow editing of any gene in any organism (including humans), unleashing the power to alter the course of evolution. This course will give students the background necessary to enter into the deep social and ethical issues that must be discussed and understood by the global society.

OSHER 65-001 • Thursdays, Sep 20 – Nov 1
11:30 – 1:00 PM • No class Oct 11
LOCATION: Millcreek Herbs, 3191 S 3300 E, SLC (Westside Lower Level)
INSTRUCTOR: Merry Harrison
TUITION: $99

Our Great Salt Lake – UPDATED
Great Salt Lake is a unique, understudied, and underestimated national landmark. As one of the...
extreme ecosystems of the world, where life is tested at its limits, this lake provides new territory for exploration. Once an ancient inland sea, Great Salt Lake has a rich history, both geological and human. Today it is a critical site for migratory birds, an important resource for industry and recreation and a valuable laboratory for learning about the biology and chemistry of hyper-saline environments. Our goal is to connect each Osher member to an understanding of the lake through the interdisciplinary lenses of science, art, policy, and the humanities. For those who have previously taken this course, please note that we change the syllabus each time it is taught.

OSHER 793-001 • Thursdays, Sep 20 – Nov 1
9:30 – 11:00 AM • No class Oct 11
LOCATION: Commander’s House and meet up Great Salt Lake on Nov 1
INSTRUCTOR: Jaimi Butler
TUITION: $99

Plein-air Oil Painting
Be ready to paint, on site, at the first class. Please bring paints, easel, surface to destroy or paint on, chair, coat, umbrella, humility, sunscreen, hat—whatever you may need to create. From time to time, the instructor, Ken Baxter, will demonstrate techniques. Take this opportunity to learn from a pioneer of the plein-air school in Utah.

OSHER 390-001 • Mondays, Sep 17 – Oct 29
4:00 – 6:00 PM • No class Oct 8
LOCATION: Greater Salt Lake Area
INSTRUCTOR: Ken Baxter
TUITION: $99

Politics of the Middle East – UPDATED
Since the U.S. invasion of Iraq in 2003 and the “Arab Spring” of 2011, the Middle East has slowly deteriorated into a widening state of turmoil. Some areas have become open battlegrounds where multiple state and non-state actors compete over conflicting political and religious goals. Diverse factions of political Islam compete with each other, often guided by smaller but persuasive splinter groups. U.S. influence has declined and Russia has emerged as both a provocateur and peacemaker. Terrorist organizations cling to territory while the West’s push for democracy has declined. Israel, Iran, and Saudi Arabia now face each other across active battlefields. We will examine the political, religious and non-state actors in the region, and discuss their politics, objectives and conflicts. We will examine the changing relationships between governments such as Iraq, Syria, Turkey, Russia, Israel, and the U.S. and the relationships between established states and non-state peoples such as the Kurds, Palestinians, Yazidis, and Druze.

OSHER 514-001 • Thursdays, Sep 20 – Nov 1
11:30 AM – 1:00 PM • No class Oct 11
LOCATION: Commander’s House
INSTRUCTOR: Chris Schaefer
TUITION: $99
SPECIAL FEE: $3

Reiki: Level 1 & 2
Level I required for Level II enrollment
Reiki is a Japanese healing technique or universal life force. This two-part course will cover the knowledge and skills for both Reiki Level 1 and 2.

Level 1 covers the origin and history of Reiki, the nature of Reiki energy, the complete hand placement system, the treatment of yourself and others, Gasho meditation, Byosen scanning, and Chakra clearing.

Level 2 goes deeper into the healing practice with members gaining a second attunement and three useful symbols. Upon completion of the class, members will have an historical background of Usui Reiki, a full understanding of the healing practice, and will have gained the attunements and symbols for personal healing. Members will also receive Reiki certification at successful completion of the class. Plan to wear comfortable clothing.
Level 1: OSHER 132-001 • Monday, Sep 10
8:30 AM – 4:30 PM
LOCATION: 540 Arapeen Drive, UUCE 152
INSTRUCTOR: Debbie White
TUITION: $400

Level 2: OSHER 133-001 • Thursday, Sep 13
8:30 AM – 4:30 pm
LOCATION: 540 Arapeen Drive, UUCE 152
INSTRUCTOR: Debbie White
TUITION: $400

Renaissance Art: What’s the Fuss?
This course begins with a brief introduction
to the styles of the Middle Ages, including the
work of Giotto (“the father of Western pictorial
art”). From there, we go to an overview of the
artists of the early Renaissance in 15th century
Florence: Ghiberti, Brunelleschi, Masaccio,
Donatello, Botticelli, and Alberti. We will explore
the art of Flanders and the 15th century northern
Renaissance as illustrated by the idea of disguised
symbolism and the works of Van Eyck, and
Campin. We’ll go on to the High Renaissance in
Italy: mannerism as shown by Leonardo, Raphael,
Bramante, Michelangelo. We conclude with the
Renaissance in the North: Grunewald, Durer,
Cranach and Hans Holbein, and Bruegel.

OSHER 145-001 • Thursdays, Sep 20 – Nov 1
9:30 – 11:00 AM • No class Oct 11
LOCATION: Commander’s House
INSTRUCTOR: Colleen Wood
TUITION: $99

Singing for Shy Singers
Singing is our birthright: everyone can sing, given
encouragement and opportunity. Do you like to sing
in the shower, or in the car along with the radio, but
are self-conscious (or even terrified) when singing with
other people? Singing freely is a wonderfully liberating
experience. It is good for the mind, body, and spirit.
In this playful, light-hearted workshop, we will learn
to listen and to tune our ears and sing together in
harmony in a fun, supportive environment, using
movement to connect body, breath and voice. No
experience is required and everything will be taught by
ear (no need to read music).

OSHER 153-001 • Three sessions: Thursdays,
Sep 20 – Oct 4
11:30am – 1:00 PM
LOCATION: Monson Center, 411 E. S Temple, SLC
INSTRUCTOR: Stacey Cole
TUITION: $49

Silent Screams: The Dawning of the
Horror Motion Picture (1896-1931)
We will begin with Georges Méliès’ early films
dealing with supernatural themes, talk of German
Expressionist film, Lon Chaney Sr.’s various horror
/horror-esque roles, and finish with the first
supernatural thriller, Dracula, starring Bela Lugosi.
We will examine where horror films came from, why
they became popular, and the various sub-genres
of horror films (misshapen outsiders, whodunnits,
ghosts, vampires, etc.). We will watch clips from full-
length films such as Thomas Edison’s
Frankenstein,
F.W. Murnau’s Nosferatu,
Robert Wiene’s The
Cabinet of Dr. Caligari,
Lon Chaney’s The Phantom
of the Opera, and others. Most importantly, we will
explore how the early days led to the golden era
of horror films of the ’30s and ’40s, and conclude with
screamers of the modern era.

OSHER 165-001 • Wednesdays, Sep 19 – Oct 31
7:00 – 8:30 PM • No class Oct 10
LOCATION: Commander’s House
INSTRUCTOR: Christopher Stockslager
TUITION: $99

Spiritual Gandhi
Mahatma (“the great-souled one”) Gandhi’s primary
goal was realization or “moksha”. He was a shy
and fearful child and young man. Over time, he

more class information on page 19
transformed himself into an international statesman, a man of strength, love and integrity able to change the Indian culture and to lift a people from years of humiliation, poverty and self-doubt. Through spiritual study and practice, he created a new form of social change based on the ancient Hindu principles of non-hurting and faith in the transformative power of love. This became known as “non-violence”. Our course will be interactive, lively, open to humor and uplifting. Osher members often experience emotional, psychological and spiritual change and well-being inspired by Gandhi’s example.

OSHER 93-001 • Tuesdays, Sep 18 – Oct 30
9:30 – 11:00 AM • No class Oct 9
LOCATION: Commander’s House
INSTRUCTOR: Harry Keshet
TUITION: $99

Stories from the SLC Cemetery
Learn about early Salt Lake City history, art, and the cemetery’s monuments, as well as about the contributions of gentiles, Jews, and pioneers who made their mark on Utah. Discover the stories of famous women, artists, educators, plural wives and business owners buried in the Salt Lake City Cemetery in the Avenues. Within its boundaries are three Jewish cemeteries, numerous veterans’ areas, special monuments, and mysteries. Why were some people exhumed and moved out? Why was a sexton banished to a deserted island in the Great Salt Lake? What are the origins of the urban legends connected to the cemetery? Join us, and unravel the mysteries.

OSHER 798-001 • Thursdays, Sep 20 – Nov 1
1:30 – 3:00 PM • No class Oct 11
LOCATION: Commander’s House
INSTRUCTOR: Linda Hilton
TUITION: $99

The Aeneid by Virgil
Completed in 19 BCE, the Aeneid is a masterpiece of ancient Roman poetry and one of the great epics of Western literature. This nearly 10,000-line poem by the Augustan era poet, Virgil, tells the mythical foundation story of Rome. Many adventures confront Aeneas, a survivor of the Greek sack of Troy. He wanders across the Mediterranean has a tragic love affair with Dido (the queen of Carthaginia), and takes part in wars in Italy that culminate in the birth of Roman civilization.

OSHER 171-001 • Tuesdays, Sep 18 – Oct 30
11:30 AM – 1:00 PM • No class Oct 9
LOCATION: Commander’s House
INSTRUCTOR: Chris Horner
TUITION: $99

The Ancient Maya
The ancient Maya have an enduring fascination for both anthropologists and the public. We will explore how the ancient Maya lived, who ruled them, their religion, and why classic lowland Maya civilization declined, leaving vast areas devoid of population for hundreds of years. Topic 1: Introduction: The Maya, Past and Present; Topic 2: Making a Living; Topic 3: Writing and Calendar; Topic 4: Religion; Topic 5: Politics; Topic 6: Collapse of the Classic Maya.

OSHER 172-001 • Tuesdays, Sep 18 – Oct 30
3:15 – 4:45 PM • No class Oct 9
LOCATION: Commander’s House
INSTRUCTOR: Rick Paine
TUITION: $99

The Art of Sketchbooking
The course goal is to instill a creative habit of doing art (with a small “a”) as Danny Gregory describes in his book, Art Before Breakfast. Osher members do not need previous drawing experience and all levels are welcome. We will sketch without a lot of stuff, starting with a sketchbook and a pencil/pen. As you progress, you will want to expand your supplies to include watercolor pencils, a brush and maybe crayons, but we will continue to keep it basic. After the first class, we will meet in parks and urban locations. Each class will start with a short lecture
and then everyone will draw with individual help from the instructor. Weather permitting, we will be drawing outside. Bring a sketchbook, pencil/pen, and portable chair. An example of the type of sketchbook that is a good size with the proper weight of paper is the Moleskine Art Plus Sketchbook (5 x 8.25). Art Before Breakfast is useful, but not required (ISBN-13: 978-1452135472).

OSHER 21-001 • Mondays, Sep 17 – Oct 29 1:30 – 3:00 PM • No class Oct 8
LOCATION: First class meets at Commander’s House. Subsequent classes will meet in locations around Salt Lake City, and will be announced.
INSTRUCTOR: Ken Baxter
TUITION: $99

The Fall of the Roman Republic
The last century of the Roman Republic in many ways eerily resonates with our own time. The impact of its overseas empire had harrowing economic repercussions for Italy, dislocating farmers and merchants who could not compete with cheap provincial goods. This created a rapidly growing lower class in conflict with a powerful upper class which was constantly enriching itself. For the first time in Roman history political parties (factions) emerged. They put personal agendas before the good of the Republic, which had been founded on the principle of compromise for the public good. By the 130’s BC, spontaneous violence broke out between these factions, with rioting and assassinations. By the turn of the 1st century, violence was legalized as a tool of political organization, with criminal courts being used for political purposes. The culmination was a series of civil wars about which the historian Livy wrote: “We Romans have reached the point where we could tolerate neither our ills nor their cures.”

Ultimately Augustus established the façade of a Republic, providing cover for what was actually imperial rule. This era is the best documented period in ancient history, with key figures like Cicero, Caesar, and Sallust leaving volumes of letters, personal accounts and commentaries.

OSHER 175-001 • Thursdays, Sep 20 – Nov 1 11:30 AM – 1:00 PM • No class Oct 11
LOCATION: Monson Center, 411 E. S Temple, SLC
INSTRUCTOR: W. Lindsay Adams
TUITION: $99

The Simple Joys of Singing – UPDATED
Taking a lung full of air and pushing it out in a song is an act of survival. Decades before technology drowned listeners in recorded music, families and friends gathered around a piano in the parlor to sing with each other. This class is an invitation to re-learn the fun of informal singing as Osher members raise their voices around the Steinway piano at the Monson Center. Osher instructor Wayne Egan, a long-time local pianist, has compiled a playlist including Broadway standards, country tunes, folk songs, and old favorites—songs performed by the likes of Frank Sinatra, Tony Bennett, Ella Fitzgerald, the Beatles, Hank Williams, John Denver, Patsy Cline, Johnny Cash, et al. Egan will lead members in a sing-along while pointing out interesting features of the songs. Members may sing along with the piano or may simply listen and enjoy the music. The lyrics will be projected onto a large screen.

OSHER 102-001 • Thursdays, Sep 20 – Nov 1 1:30 – 3:00 PM • No class Oct 11
LOCATION: Commander’s House
TUITION: $99

The Most Common Health Problems in Elderly: Part 1
The average lifespan of humans has dramatically increased in the last decade due to advances in medicine. According to the United Nations, the world population of individuals aged 60 years or above will triple by 2050. In the UK alone, approximately 22% of the population will be 65 years

more class information on page 21
or older by 2031, exceeding the number of those aged less than 25 years. The fast-growing aging population increases the likelihood of some diseases. Geriatrics, or geriatric medicine, is a branch of science that focuses on health care of elderly people. It aims to promote health by preventing and treating diseases and disabilities in older adults. The goal of this course is to help Osher members understand the challenges faced by people as they age, and recognize that there are preventive measures that can place oneself (or a loved one) on a path to healthy aging.

OSHER 205-001 • Thursdays, Sep 20 – Nov 1
1:30 – 3:00 PM • No class Oct 11
LOCATION: Commander’s House
Instructor Dr. Abdulnaser Kaadan
TUITION: $99

Through Their Eyes: Ancient Greek and Roman Art

This survey from roughly 600 BCE to 200 CE will focus on how the ancient Greeks and Romans viewed their art and architecture. We will address questions ranging from how the Athenians thought of their public works to why the Romans copied classical Greek and Hellenistic art. Utilizing ancient scholarship, subjects like collecting, connoisseurship, materials, and color in art will be thoroughly explored and discussed in depth.

OSHER 235-001 • Tuesdays, Sep 18 – Oct 30
3:15 – 4:45 PM • No Class Oct 9
LOCATION: Commander’s House
INSTRUCTOR: Luke Kelly
TUITION: $99

Utah Opera Preview: Gounod’s Romeo and Juliet

Each class in the series will focus on a Utah Opera production during the company’s season. In the class, you will learn historical background of the opera and will have the opportunity to listen carefully and get acquainted with the beloved musical moments. Each class has been planned so that participants may sit in on some of the rehearsal process in the opera production studios. This is a productive way to prepare to have a fantastic experience attending a performance of the opera in the Capitol Theatre, and to appreciate all of the work that goes on behind the scenes. Romeo and Juliet share no fewer than four irresistible duets throughout this opera, with the final heart-wrenching harmonies occurring in the tomb just as Juliet awakes and Romeo breathes his last breath. Whether you cheer for Team Capulet or Team Montague, this performance will unite all who see it in vigorous applause.

Opera 1: Opera Preview: Gounod’s Romeo and Juliet
Utah Opera Production Studios 3rd floor learning center
Class members are invited to sit in while on the staging rehearsal after class ends

OSHER 343-011 • Tuesday, Oct 2
2:00 – 3:00 PM
LOCATION: Utah Opera Productions, 336 N 400 W, SLC
INSTRUCTORS: Carol Anderson & Paula Fowler
TUITION: $25

Utah Symphony Finishing Touches Preview - NEW INSTRUCTOR

Tchaikovsky’s Symphony No. 4, Corigliano’s Concerto for Violin and Orchestra (”The Red Violin”) and Bernstein’s “Fancy Free: Three Dance Variations”

The Finishing Touches Rehearsal is a behind-the-scenes look at the orchestra during a Masterworks Series rehearsal. Join Sally Humphreys, flute player and regular substitute on the Utah Symphony roster, for an informative and entertaining 30 minutes of learning about the music featured in this concert (followed by Q&A). The Finishing Touches class takes place the same morning as the performance, and includes a ticket to the rehearsal only. Evening performance tickets available usuo.org.
Understanding Watersheds and Their Importance as Natural Resources

A watershed is an area of land that catches water, stores it, and then releases it. Utah has ten major watersheds. Learn about the watersheds in Utah with this online course with field trips to watersheds in the Uinta Basin and the Great Salt Lake. Online content was developed by Utah Master Naturalist program and is delivered in three modules. Online material can be completed at your own pace and is supplemented with field trips, which are spent almost entirely outdoors. Walking will be required. Since the focus of this course is watersheds, we have tentatively planned the following field trips:

9/21: Upper Provo River at Soapstone Campground in the Uintas
9/28: Swaner Preserve and EcoCenter
10/5: Great Salt Lake at Antelope Island

Students are required to find their own transportation to and from the trip locations. Wear appropriate clothing and walking shoes.

Watercolor 1: Beginning to Intermediate

Haven’t held a paint brush since elementary school, but have a desire to express yourself? Know nothing about painting or drawing? This course is for you. You will produce artwork that you can be proud of. You will gain an understanding of the color wheel, blending and shading colors, and the importance of contrast and composition. You will also experience the joy of creativity. Special themes for this session will be still lifes, flowers, animals, and landscape (trees).

Osher members should bring to the first class a pad of watercolor paper (9 x 12 cold press 140 lb.), a cup for water, a roll of toilet paper, three water color brushes (small size #1-4 round, medium #8 or 10 round, and large #14 flat), one water color palette box (minimum 7 colors), spray bottle, pencil, and a tray for mixing with a minimum of 4 wells.

Watercolor 2: Intermediate to Advanced

This is a studio class. Osher members can work independently on their own projects at their own speed. Course facilitator Barbara Taylor will be
available for advice and support. At the end or beginning of each class we will meet for a short period to critique each other’s work and to support each other as we explore and grow in the watercolor medium.

**OSHER 570-001** • Five to six sessions: Tuesdays, Sep 18 – Oct 30
11:30 – 1:00 AM • No class Oct 9
LOCATION: 540 Arapeen Drive, UUCE 152
FACILITATOR: Barbara Taylor
TUITION: $89

**Why Do Buildings Look The Way They Do?**
Picture in your mind a building, any building. Examine its size, shape, color, and the materials from which it was constructed. Now ask yourself: “Why does it look the way it does?” The answer is quite complex, and can significantly enhance your appreciation of the structure. In this course we’ll delve into that complexity. We’ll explore the “why” of architecture, the various factors that determine why a given building looks the way it does. We’ll address a broad range of topics from the evolution of materials to the role of cultural values to the influences on how we perceive buildings.

**OSHER 250-001** • Wednesdays, Sep 19 – Oct 31
4:00 – 05:30 PM • No class Oct 10
LOCATION: Commander’s House
INSTRUCTOR: Bim Oliver
TUITION: $99

**William Faulkner: The Yoknapatawpha Saga**
In 1945, all but one of William Faulkner’s novels were out of print. He was working in Hollywood as a script writer when Viking Press hired literary critic and scholar Malcolm Cowley to edit an anthology of his work for their *Portable* series. As Cowley gathered and organized his selection of short stories and excerpts from Faulkner’s novels, he realized that Faulkner’s work, taken as a whole, formed a saga of the author’s fictional Mississippi county. Accordingly, Cowley arranged his selections for *The Portable Faulkner* in a chronological pattern and wrote an introduction that reveals the full range of Faulkner’s artistic vision. *The Portable Faulkner* was a financial success and helped revive Faulkner’s literary career. Four years later he won the Nobel Prize.
In this course, we will read and discuss a selection of the stories included in *The Portable Faulkner*, now published as a Penguin Classic, ISBN 978-0142437285.

**OSHER 280-001** • Wednesdays, Sep 19 – Oct 31
3:15 – 4:45 PM • No class Oct 10
LOCATION: Commander’s House
INSTRUCTOR: John Sanders
TUITION: $99

**Wines of Northern Spain**
Spain has a large and growing wine industry producing robust reds, crisp whites and sparkling cavas. Discover new names, flavors, and ideas for food pairing. You will learn about new up-and-coming wine regions and leave with confidence to select from these treasures found in the Spanish section in Utah’s wine stores.

**OSHER 381-001** • Wednesday, Sep 26
7:00 – 9:00 PM
LOCATION: Café Trio – Cottonwood, 405 South 3000 East, Salt Lake City
INSTRUCTOR: Sheral Schowe
TUITION: $49
SPECIAL FEE: $109

**Wines of Italy**
Italy is home to some of the oldest wine producing regions in the world, offering a broad variety of wines that are both distinctive and delicious. Join us as we explore the wine growing regions of Italy and travel from the top of the Italian boot to the toe, exploring the mountains and valleys in between. Enjoy reds, whites, proseccos and more from this amazing country.

**OSHER 565-001** • Wednesday, Oct 31
7:00 – 9:00 PM
LOCATION: Café Trio – Cottonwood, 405 South 3000 East, Salt Lake City

*more class information on page 25*
Nothing helps you nurture your mind, body, and soul like a hike in the beautiful Wasatch Mountains. As you take in the majesty of the great outdoors, you'll connect in meaningful new ways with your fellow Osher members and you can't help but be inspired by the beauty, vastness, variety, and persistence of nature.

Hiking the Wasatch, pg. 11
INSTRUCTOR: Sheral Schowe  
TUITION: $49  
SPECIAL FEE: $109

**Wines of France**

France has the reputation of producing the world’s finest wines. Find out why as we explore wines from Alsace/Loire, Burgundy, Bordeaux/Côtes du Rhône, and Provence/Languedoc Roussillon. We’ll discuss words to look for on the bottle’s label to help you find some hidden gems and also cover what the French are born knowing—how to pair dinner entrees and more with these wines.

OSH 151-001 • Wednesday, Nov 28  
7:00 – 9:00 PM  
LOCATION: Café Trio – Cottonwood, 405 South 3000 East, Salt Lake City, UT 84121  
INSTRUCTOR: Sheral Schowe  
TUITION: $49  
SPECIAL FEE: $109

**Women Artists: Part I**

This two-part course will explore the careers of women artists in what, for centuries, was a male domain. To allow for class discussion, the historical time periods to be covered in each class are approximated. The fall session will begin with the Medieval period and go through the Rococo period of the early 18th century. In the winter term, we will pick up where we left off and continue on through the art of the 20th century. We will examine how women in the Middle Ages—multi-talented in music, arts and poetry as well as in painting—were able to make their marks and be recognized as artists. We will investigate the development of collaboration between female and male artists beginning with the father/daughter or teacher/pupil relationship that evolved into that of the mentor/apprenticeship relationship between established male artists and inexperienced female pupils. This class is not a prerequisite for the winter course.

OSH 937-001 • Tuesdays, Sep 18 – Oct 30  
9:30 – 11:00 AM • No class Oct 11  
LOCATION: Commander’s House  
INSTRUCTOR: Bernadette Brown  
TUITION: $99

**World War II: Eastern Europe**

Many of us think of World War II as having taken place primarily in the places where the forces of the United States and Great Britain fought. We know very little about World War II campaigns in Eastern Europe despite the fact that the vast preponderance of fighting happened there. This lecture series focuses on the specific events of the Eastern European campaign and the decisions that led to victory. We will carefully examine the pros and cons of the major decisions, the factors in play, and why the final outcome was what it turned out to be. We will examine Operation Barbarossa, the Battle of Stalingrad, and the amazing recovery and resilience shown by the Soviets. We will also discuss additional topics, including the role played by Soviet women.

OSH 862-001 • Thursdays, Sep 20 – Nov 1  
9:30 – 11:00 AM • No class Oct 11  
LOCATION: Commander’s House  
INSTRUCTOR: Steve Hall  
TUITION: $109  
SPECIAL FEE: $1

**Write Your Creative Aging Story: The Art of the Personal Essay**

Do you have a story to tell? Write your personal essay on aging, be it quirky or serious, funny or poignant. By telling our stories we connect with others, recognize our common humanity and realize we are not alone on this journey. This course is designed to help you craft a compelling story. To that end, we will discuss the elements of a successful essay, including what to write about, where to start, voice, the importance of details, and the revision process. Writing exercises will generate ideas; readings, discussions, and gentle group feedback will help improve your story. The goal is to have a completed essay. Publishing options will also be discussed.
Yoga For All Bodies - NEW INSTRUCTOR
Roz Newmark brings over 25 years of experience in teaching yoga oriented toward individuals with injuries, those recovering from injuries, or with other special needs. The perfect recipe for stability, careful movement, and a calmer nervous system varies depending on the individual. Working from the ground up, we will begin to personalize a practice for each Osher member’s specific needs. Drawing from the Iyengar Yoga tradition, attention will be focused on alignment and the therapeutic uses of various “asanas,” or poses. We will use props to help customize the asanas and to create a more balanced condition in your body. This course is accessible to all body types. Props and mats will be available for use at the studio. Please wear clothing appropriate for moving.

Intergenerational Learning: Osher and UKids at Guardsman Way
Help enrich the lives of the University of Utah’s youngest lifelong learners by sharing your favorite lessons and stories with toddlers and kindergarteners at UKids on Guardsman Way. Want to introduce young ones to a foreign language? Assist in the infant room? Lead a ukulele sing-a-long? Osher staff will be standing by to co-create lesson plans Osher members can share with children enrolled at UKids.

Register for this course and get ready to teach, learn, and play anytime between September 17 and Nov 21. You can sign up for one week, all six weeks, or any time period that works with your schedule.

Tuition covers the cost of a standard background check mandatory for all UKids volunteers and employees. Once you have registered, Osher staff will contact you with additional information. For more information about UKids at Guardsman Way, visit www.guardsman.childcare.utah.edu.
Special Events

Department of Environmental Quality – Clean Water
8/21/2018 • 10:30 AM
3430 Danish Road, Sandy 84093
What does clean water mean? Tour the Metropolitan Water Treatment Plant and discover the steps required to provide the water we use for drinking, washing, cooking.

Jane’s Home Art Tour
8/21/2018 • 10:30 AM
1229 E South Temple Salt Lake City 84102
The primary purpose of Jane’s Home is to provide a congenial environment for people to gather and share ideas, impressions, and opinions, and to use the Golden Rule as the guiding principle for that sharing. This tour will emphasize the art, one of the premiere art collections in the state. It spans many decades and genres of work by Utah Artists from the 19th century to the 21st. This tour does not have a cost, but donations are welcome.

Salt Lake County Government Center Public Art Tour
8/22/2018 • 2:00 PM
SLCo Government Center, 2001 South State • Salt Lake City 84114
With just over 400 artworks, the Salt County Government Center houses the largest collection of Utah art on public display in the nation. The Salt Lake County Art Collection was established in 1985 as part of the County’s 1% For Art Program, and thanks to the financial support from the County Mayor and County Council, continues to grow annually. The collection consists of artworks from 1876 to artists working today and covers all genres and mediums. The purpose of the Salt Lake County Art Collection is to enrich people’s lives by exhibiting, preserving, collecting and fostering the understanding of Utah works of art.

Cactus and Tropicals: Understanding & Attracting Bees
8/22/2018 • 6:00 PM
2735 South 2000 East Salt Lake City 84109
An introduction to pollinators, what is (and is not) happening to them, and what we can do to help. Discussion includes recommendations and resources on gardening and landscaping to attract and support pollinators (whether to lend a hand, enjoy pollination services in our garden, or simply to observe and learn about these incredible creatures).

UMFA Tour of Chiura Obata
8/23/2018 11:00 AM
410 Campus Center Drive • Salt Lake City 84112
Enjoy a special Osher members’ only docent-led tour of the exhibition, “Chiura Obata: An American Modern” with complimentary admission. Chiura Obata was one of the most significant Japanese American artists of the twentieth century. This exhibit features more than 150 watercolors, paintings, prints, and screens produced during his seven decades of work as an artist. Obata was Professor of Art at the University of California, Berkeley and became one of more than 100,000 Japanese Americans relocated in 1942 to internment camps. The exhibition includes sketches and paintings completed during Obata’s internment at the Topaz War Relocation Center in Utah, giving us an honest view into the camp’s austerity and hardship, while still finding hope, forgiveness, and beauty to portray, even in his incarceration, as well as in his life afterwards.

Eccles Theatre
08/27/2018 • 10:00 AM
131 Main St Salt Lake City 84111
The George S. & Delores Doré Eccles Theater had its ground breaking on June 3, 2014 and opened on October 21, 2016. It includes the 2,500-seat Delta Performance Hall, which hosts national touring Broadway shows, concerts, comedy, and other popular entertainment events. The Regent Street Black Box hosts innovative local art performances as well as community and private events. The six-story Grand Lobby overlooks Main
Street and is enhanced by two dramatic public art pieces and a public terrace. Our tour will include both the front and back stage areas of the theater.

KUED and The Great American Read Series Launch
9/04/2018 • 5:30 PM
101 S. Wasatch Drive • Salt Lake City 84112
Join KUED for a reception before you attend the launch of the PBS series The Great American Read. See the first episode in this eight-part series that explores America’s 100 best-loved novels (as chosen in a national survey). Spend time with other Osher members and meet some of KUED staff. Then go to http://www.pbs.org/the-great-american-read/vote/ to vote for your favorite book. A national winner will be chosen during the series finale in October 2018.

Labyrinths of SLC
9/5/2018 • 10:00 AM
1580 East Vine St. (6100 South) • Murray 84121
The labyrinth is a tool that can be used as part of walking meditation. It may surprise you to learn that we have six labyrinths in the Salt Lake valley. We will visit one in Murray and learn about this labyrinth tucked behind a church and settled against 50 garden plots. We will gain insight for making your walk meaningful, and have an opportunity to practice. Wear comfortable clothing and shoes suitable for walking or standing.

Cleone Peterson Eccles Alumni House
9/6/2018 • 1:00 PM
155 Central Campus Dr • Salt Lake City 84112
For the past two years, the alumni building has undergone renovations to make it a place befitting a Pac-12 school such as the University of Utah. Join us for a tour of the newly renovated Cleone Peterson Eccles Alumni House, located at the center of campus, featuring a gorgeous new ballroom, plus spacious conference and meeting rooms.

Department of Environmental Quality – The Noise Around Us
9/7/2018 • 10:30 AM
Legacy Bridge, 228 S Mario Capecchi Drive • Salt Lake City 84112
A walking tour of the U of U campus to explore the level of noise (measured in decibels) we are exposed to everyday. We will measure noise levels at different points on campus: the road traffic from below while standing on the Legacy Bridge; in a gym; a quiet classroom; a car with the radio on; to name a few. Learn how to reduce your exposure and protect your hearing. Total tour is about 1.5 miles. We will have a chance to sit down indoors half way through the tour. Tour will begin at the bottom of the stairs on the WEST side of Legacy Bridge. Fee for parking on campus or take TRAX to the Fort Douglas Station.

University of Utah Crocker Science Center
9/10/2018 • 10:00 AM
1430 Presidents Circle • Salt Lake City 84112
For generations, the George Thomas Building has hosted University of Utah students and the citizens of Utah. Beginning its life as the University Library, then serving as the Utah Museum of Natural History. Listed on the National Register of Historic Places, the George Thomas Building had not been updated since its original construction in the mid-1930s. In April 2018, after an extensive $55 million renovation and expansion of the original George Thomas Building, the Crocker Science Center is now open. The new and remodeled space is the University’s home for interdisciplinary science education and research. The Crocker Science Center contains the Henry Eyring Center for Cell and Genome Science, a Technology Incubator, undergraduate teaching labs, a STEM Resource Center, a Student Advising Center, and a state-of-the-art optics lab, featuring a $5.9M Cryo-Electron Microscope! This new award-winning Science Center allows students and visitors the opportunity to view scientific research, up close and personal.

JQ Lawson Capitol Theatre Tour
9/10/2018 • 10:00 AM
50 W 200 S • Salt Lake City 84101
The Capitol Theatre is one of Salt Lake’s most
beloved buildings. A landmark in downtown since 1913, a newspaper reporter at the time described the building as “rich and restful, without vulgar or gaudy display.” Renovated and reopened under the 1976 Bicentennial Bond, the Capitol Theatre is known today for its elegant turn-of-the-century architecture and serves as the home for Ballet West, Utah Opera, Children’s Dance Theatre, and JazzSLC.

Salt Lake City Library 24 Hour Online Resources
11/16/2018 • 10:00 AM
9/12/2018 • 10:00 AM
210 East 400 South • Salt Lake City 84111
The City Library offers dozens of online resources that you can access anytime and anywhere. Download eBooks and digital magazines, stream music and movies, learn a new language or skill. Databases include The New York Times, Consumer Reports, Lynda and Zinio. Each person who attends this orientation will have access to a computer to actively learn how to use all these resources.

Overstock Peace Coliseum
9/21/2018 • 10:00 AM
799 West Coliseum Way, Midvale 84047
Overstock.com’s global headquarters was designed to be an open, welcoming space that sparks creativity and innovation. This 231,000-square-foot structure resembles a classic Roman coliseum from the ground and the iconic peace symbol from the air. While flying overhead, newcomers to Salt Lake City can see the peace sign, and a bit of the soul of Overstock, at the center of their corporate headquarters. Discover why this building is so special.

Tracy Aviary Conservation Tour
9/13/2018 • 10:30 AM
589 E 1300 S, Salt Lake City, 84115
Tracy Aviary is committed to inspiring curiosity and caring for birds and nature through education and conservation. As the largest and oldest of only two free standing aviaries in the nation and accredited by the Association of Zoos and Aquariums, Tracy Aviary has grown and evolved over our 80 year history to become a cultural landmark, public garden and leader in environmental education and conservation. Join one of the bird experts for a guided walk and talk. $5 fee is payable to Tracy Aviary for this tour.

Old Crap, Bird Crap, Learned Crap: Ecology & Historical Archaeology of the Great Salt Lake
9/28/2018 • 11:00 AM
12408 W Saltair Dr (exit 104) • Magna 84044
Great Salt Lake has featured prominently in the natural and cultural history of North America and beyond. Great Salt Lake nerds Chris Merritt and Jaimi Butler will talk about modern research attempts to bridge the multi-thousand year human-environment interactions. Millions of birds rely on this productive environment for breeding, nesting, and refueling during migration. Humans have a close connection to the lake as well, and we all, birds included, have a stake in the future of Great Salt Lake. This tour will be more than 2 hours. Be prepared to walk 4 miles on sometimes uneven terrain. Bring water and a small pack with lunch or $10 to purchase lunch.

Porter Fork Historical Walk
10/5/2018 • 10:00 AM
Millcreek Canyon Salt Lake City 84109
Porter Fork was a mining community of 200 people in 1800's. Located in Millcreek Canyon, it is now a recreational & residential area. Come explore, enjoy nature, and learn about its colorful history. This hike will involve a gradual 200 feet elevation gain over 1 mile on paved road or packed trail.

Book Arts Studio
10/08/2018 • 10:00 AM
Marriott Library, University of Utah
295 S. 1500 E • Salt Lake City 84112
Two outstanding features of the Marriott Library are the Book Arts Program and the Red Butte Press.
Since 1995, bookbinders, printers, and book artists have utilized type, letterpress, photo engravings, and bookbinding equipment as they combine traditional techniques with modern aesthetics and technology in the Book Arts Program. Visit the studio and also see the facilities of the Red Butte Press. As part of the experience, we will learn how to sew a single signature book using a pamphlet stitch.

**U of U School of Dentistry**
10/9/2018 • 1:00 PM
530 South Wakara Way • Salt Lake City 84108
The U of U School of Dentistry awarded its first-ever Doctor of Dental Surgery (DDS) degrees in May 2017. The school is housed in the new Ray and Tye Noorda Oral Health Sciences Building, located in Research Park. Thanks to the vision of the Noorda family and others, the School of Dentistry brings together the efforts of many to provide the State of Utah with a leading dental institution that is integrated into the University of Utah’s Health Sciences Center. We are committed to providing an exceptional experience for our patients and our students as we seek to improve the oral health of the community. We welcome OSHER participants to come and learn what makes the School of Dentistry special as an educational facility and as an oral health provider.

**Land Cruiser Heritage Museum**
10/10/2018 • 1:00 PM
470 W 600 S Salt Lake City 84101
The Land Cruiser Heritage Museum houses approximately 75 vehicles, from 1953 to current production, including many right-hand-drive and diesel-engine variants rarely seen in the United States. The Land Cruisers are not merely display pieces – they are veterans of countless adventures. Also enjoy the collection of Land Cruiser-related memorabilia, toys and tools.

**Marriott Library Rare Books**
10/10/2018 • 10:30 AM
Marriott Library, University of Utah 295 S. 1500 E • Salt Lake City 84112
Luise Poulton, curator of the Rare Book Special Collection, will present a lecture related to the treasures in this collection. You will see clay tablets, a page from the Gutenberg Bible, facsimiles of illuminated manuscripts, and books of the 20th Century. She will offer a question and answer period afterward and put many books on display for a closer look.

**Refugee Education & Training Center**
10/11/2018 • 11:00 AM
250 W 3900 S, SLCC Meadowbrook Campus • Salt Lake City 84107
The Refugee Education and Training Center (RETC) is the hub for the Refugee Services Office (a department of Workforce Services) programming. The RETC programs help refugees access higher education and training programs needed for better paying jobs that will support their families. Some of these programs are ESL classes, resume assistance, web development, basic computer skills, sewing, public speaking and many more. The tour will include a detailed look at RETC’s programming as well as how the Refugee Services Office fulfills its mission to energize, educate and empower refugees to achieve their dreams through quality services offered in a collaborative resource-rich environment. You can find more information on their Facebook page ‘Know Your Neighbor Volunteer Program’.

**Antelope Island State Park Tour**
10/12/2018 • 10:00 AM
4528 W 1700 S • Syracuse, Utah 84075
Come immerse yourself in 133 years of history at the Fielding Garr Ranch on Antelope Island State Park. We will meet with the naturalist for a talk about wildlife on the island. Learn about the rich ecosystem on an Island in the middle of the Great Salt Lake. We will also visit the
Fielding Garr Ranch and have time to explore the area around it. Plan on several hours for this tour. However, you can make it as short or long as you please. $1.00 per person.

**Adopt a Native Elder Rugs**
10/18/2018 • 10:00 AM
328 W Gregson Avenue • Salt Lake City 84115
Since the 1980s, Linda Myers, founder of the ADOPT A NATIVE ELDER program and NAVAJO RUG SHOW in Park City, has served the elders on the Navajo Reservation, many of them rug weavers, basket weavers and jewelry makers. Each year she facilitates the sale of over 600 rugs and the artist receives 100% of the proceeds. Linda will share information about the individual weavers, rug design, and the history of different rug patterns. We will learn the steps of rug making and how to care for a treasured Navajo Rug.

**High West Distillery at Blue Sky Ranch**
10/19/2018 • 11:00 AM
27649 Old Lincoln Highway • Wanship, UT 84017
High West Distillery creates American craft whiskey at its finest. Learn about the art and science of making premium whiskies during this tour of the spectacular 20,000 sq. ft. distillery located in Wanship, Utah. This high-tech operation is a celebration of cowboys and the American West and has the distinction of being the world’s only distillery/dude ranch. Situated on 3,500 acres, Blue Sky Ranch is the perfect setting for this Western architectural dazzler of a distillery and reception center. High West-themed gifts and tasting opportunities ($15 or $25 per person) round out a highly satisfying experience at Utah’s only whiskey distillery.

**Ruby Snap Cookies**
10/20/18 • 9:00 AM
770 S 300 W • Salt Lake City 84101
Cookies, cookies, cookies - who doesn’t love them? At Ruby Snap, we will tour the facility where founder/owner Tami Steggel makes her creatively distinctive flavor combination cookies, each baked with fresh ingredients. The company was started in 2008 and has grown each year. Tami’s mantra is “If it isn’t wonderful, it doesn’t belong in your mouth.”

**KUED – The Hinkley Report**
11/02/18 • 9:30 AM
101 S Wasatch Dr • Salt Lake City 84112
Enjoy a tour of the station, peek into the control room during the taping of the Hinkley Report, and then meet Jason Perry and his guests afterward. Jason is the Vice President for Government Relations and the Director of the Hinckley Institute of Politics at the University of Utah.

**Shriners Hospital for Children**
11/6/2018 • 10:00 AM
1275 E Fairfax Road • Salt Lake City 84103
Shriners Hospital for Children has been in Salt Lake City since 1925 and moved to the current location 20 years ago. The hospital is changing lives every day through innovative pediatric specialty care, world class research, and outstanding medical education. The Salt Lake City Hospital is one of 22 Shriners Hospitals in the United States, Canada, and Mexico. All services are provided regardless of a family’s ability to pay.

**Ronald McDonald House**
11/07/2018 • 10:00 AM
935 E South Temple • Salt Lake City 84102
The Ronald McDonald House of the Intermountain Area provides a home away from home for families whose children are being treated in local hospitals. Recently expanded from 33 to 72 rooms, the house serves approximately 3,000 families (9,000 people) each year. On our tour, we will learn the history of the Ronald McDonald global organization and the history of Ronald McDonald House in Utah. We will see
one of the rooms in which families stay as well as the other areas, from the kitchen to the movie theater, and will learn about the activities and resources available to eligible families. We will also learn what it takes to operate the Ronald McDonald House and the vital role volunteers play in the operation.

VIP Reception and Screening of Into the Night Documentary
11/7/2018 6:00 PM
111 Broadway • Salt Lake City 84111
Join Osher members for a VIP Reception with documentary film maker Helen Whitney and then stay to view her new documentary Into the Night: Portraits of Life and Death. Whitney’s film features interviews with people from all walks of life who have “awakened” to their own mortality. Each considers death in the context of religion, science, art, the natural world and the power of love. This film is brought to Osher through the Tanner Humanities Center at the University of Utah.

TOSH (The Orthopedic Specialty Hospital) - Osteoarthritis
11/9/2018 • 10:00 AM
5770 S 250 E Bldg 5 Ste 475
Take a look at TOSH’s comprehensive approach to treating osteoarthritis, including strength training, aerobic conditioning, stretching and nutrition counseling. Manage and improve your symptoms to achieve better health and mobility. Discussion and a visit to their exercise facility included. Dress comfortably.

U of U School of Dentistry
11/12/2018 • 1:00 PM
530 South Wakara Way • Salt Lake City 84108
The U of U School of Dentistry awarded it’s first-ever Doctor of Dental Surgery (DDS) degrees in May 2017. The school is housed in the new Ray and Tye Noorda Oral Health Sciences Building, located in Research Park. Thanks to the vision of the Noorda family and others, the School of Dentistry brings together the efforts of many to provide the State of Utah with a leading dental institution that is integrated into the University of Utah’s Health Sciences Center. We are committed to providing an exceptional experience for our patients and our students as we seek to improve the oral health of the community. We welcome OSHER participants to come and learn what makes the School of Dentistry special as an educational facility and as an oral health provider.

Utah Bureau of Forensic Services
11/13/2018 • 10:00 AM
4451 S 2700 W • West Valley City 84119
The Utah Bureau of Forensic Services is the only full service crime laboratory in Utah. 40 forensic scientists serve city, county, state and federal law enforcement, performing forensic analysis in multiple areas including controlled substances, trace evidence, firearms/toolmarks, DNA, fingerprints, and shoe and tire impressions. They participate in crime scene response and reconstruction and are called to provide expert testimony in court proceedings.

Mrs. Cavanaugh’s Chocolate Factory
11/14/2018 • 11:00 AM
935 West North Point Circle • North Salt Lake 84054
Visit one of Utah’s most well-known chocolate candy manufactories. Learn about the history of chocolate and of this family owned and operated company. Watch a demonstration of hand-dipping and observe the chocolate factory operations from the balcony. Mrs. Cavanaugh’s Chocolates have been made and distributed since 1964 and have won numerous awards, including Best in State. A $1 fee will be payable in cash at the time of event.

Remember to cancel your RSVP if your schedule changes so a member on the wait list will have an opportunity to attend.
Artificial Intelligence, Part 2: Even More on What’s Happening in the World of AI
Wednesday, 9/19/18, 12:00 - 1:00 PM
Commander’s House, Fort Douglas
Larry Campbell
In this presentation, Larry L. Campbell, Ph.D. in Electrical Engineering from the University of Utah, will present more facts on artificial intelligence. We will learn what it is, whether it is dangerous, and who in the world is developing it. This lecture will also discuss how artificial intelligence can keep us safe and could be used for climate change solutions and in elderly care, taking stock of both the progress and the challenges for current research. We’ll look at the potential benefits and dangers of this research, and consider the political implications of what may come of successfully developing increasingly capable systems and programs.

Criminal Recidivism Prevention and Early Resolution Programs
Wednesday, 9/26/18, 12:00 - 1:00 PM
Commander’s House, Fort Douglas
Sim Gill, Salt Lake County Attorney and District Attorney
Salt Lake County District Attorney, and University of Utah alumni, will discuss new programs for decreasing criminal recidivism in Salt Lake County. He will go over the successes and challenges of programs like Mental Health Court and treatment programs. Come with questions.

What Makes us “Red Rocks”- University of Utah Women’s Gymnastics
Wednesday, 10/3/18, 12:00 - 1:00 PM
Megan Marsden, Head Coach
By the end of the 2016 season, Utah’s Red Rocks had won 10 national championships, including nine NCAA Gymnastics championships. They are the only team to have qualified for every NCAA championships. Find out how the Red Rocks are recruited, train, compete and still make time to study and volunteer. This session will also share what’s on the horizon for the team, including new gymnasts and post-season training.

Legal and Financial Planning for Seniors, Part 2
Wednesday, 10/17/18, 12 - 1:00 PM
Commander’s House, Fort Douglas
Laura Milliken Gray, Attorney at Law
Having a proper plan for the disposition of your assets when you pass away is essential. Additionally, planning for potential disability has never been more important. In this interactive luncheon with seasoned estate planning attorney Laura Milliken Gray, we will discuss proper planning with wills and revocable living trusts, and also cover how to properly protect yourself and your assets in the event of a temporary or permanent disability.

Treating Severe Burns in the Intermountain Region
Wednesday, 10/25/18, 12:00 - 1:00 PM
Commander’s House, Fort Douglas
Brad Wiggins, Nurse Manager of the University of Utah Health Burn Center
All of our lives have been impacted by some type of traumatic event but very few have had a life changing moment caused by a burn injury. Join us for this lunch and learn as we hear about burn treatment from our local University of Utah Health Burn Center Nurse Manager, Brad Wiggins, BSN, RN. Learn about 1st, 2nd, 3rd degree burns, the challenging complications that each patient faces, and the amazing outcomes that help to make each patient a survivor and not a victim of a catastrophic burn injury.

Behind the Scenes of the Salt Lake Acting Company
Wednesday, 10/31/18, 12:00 - 1:00 PM
Commander’s House, Fort Douglas
Cynthia Fleming, Executive Artistic Director, Salt Lake Acting Company
The goal of this Lunch and Learn “Behind the Scenes of the Salt Lake Acting Company is to get a look into what it takes to run a theatre company
from the perspective of an Executive Artistic Director. One of the aspects that sets a night at the theatre apart from a night at the movies, is the connection between the live audience and the actors; during a performance, it can seem that the actors and the audience are all that exist. However, off stage and behind the scenes is an extensive crew of talented people who the actors rely upon to make the production possible. And, both the crew and the actors rely on an administrative team to make sure that the audience, actors, and crew are all taken care of, and all the productions run smoothly.

<table>
<thead>
<tr>
<th>Date</th>
<th>Lunch &amp; Learn Lecture</th>
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<tbody>
<tr>
<td>9/19/18</td>
<td>Artificial Intelligence, Part 2: Even More on What's Happening in the World of AI</td>
</tr>
<tr>
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</tr>
<tr>
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<td>What Makes us &quot;Red Rocks&quot; - University of Utah Women's Gymnastics</td>
</tr>
<tr>
<td>10/17/18</td>
<td>Legal and Financial Planning for Seniors, Part 2</td>
</tr>
<tr>
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</tr>
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</tr>
</tbody>
</table>

Carol Anderson

*Utah Opera Preview: Gounod’s Roméo et Juliette*

Dr. Carol Anderson has been principal coach for the Utah Symphony | Utah Opera since 2003, where her duties include presenting the popular Opera Preludes before every Utah Opera performance. She serves as the official accompanist for both the Utah District Metropolitan Opera National Council Auditions (MONCA) and the MONCA Southeast Regional Auditions in Atlanta, and spends her summers on the music staff of the Santa Fe Opera.

Anne Asman

*Embrace Aging - Updated*

Anne Asman completed a M.S. in Interdisciplinary Gerontology in August of 2015 from the University of Utah, the Dementia Dialogues Certification as a trainer in August of 2015 and the Utah Certificate of Palliative Care Education in August 2016. She has worked with the State Office of Aging and Adult Services, and is an active member and leader for the Alzheimer’s and Other Dementias Coordinating Council. Anne has facilitated several presentations on Advanced Directives and End of Life Planning. She is also an integral part of the Department of Psychiatry’s committee applying for a designated Geriatric Psychiatry Division. Anne has consulted with Community Nursing Services for the past five years.
**INSTRUCTORS**

**Ken Baxter**  
*The Art of Sketchbooking, Plein-air Oil Painting*  
Kenneth Bischoff Baxter earned a B.F.A. from the University of Utah where Alvin Gittins, a portraitist, and Frank Ericson, a landscapist, were his mentors. He later earned an M.F.A. from Utah State University. Baxter began his professional career as a traditional-realist, known for his paintings of the historical reconstructions of downtown Salt Lake City. His works reveal his talent for composition and brushwork. After being influenced by LeConte Stewart, he began to paint his immediate outdoor environment. A pioneer of the plein-air school in Utah, Baxter influenced the aesthetic lives of many Utah artists.


**Linda Bayes**  
*Bon Voyage! French for Travelers I, French for Travelers 2*  
Linda Bayes is passionate about all things French. Holding a Bachelor of Arts major in French from the University of Utah, she completed advanced courses at UCLA, California State University, and BYU. She has studied a variety of subjects in France on multiple occasions and traveled through the country eleven times. A retired language teacher and former Osher instructor on French culture, she is active in multiple associations advocating French language and culture. Linda served as the Attachée for the French Olympic Committee in 2002.

**Bernadette Brown**  
*Women Artists: Part 1*  
Bernadette Brown worked as the Curator of African, Oceanic, and New World Art at the Utah Museum of Fine Arts. She earned an M.A. in Anthropology and a Certificate in Museum Studies from New York University and a B.A. in Anthropology with a minor in Art History and Archaeology from Hunter College.

**Jennifer Brown**  
*Great Architectural Monuments*  
Dr. Jennifer Brown received her Ph.D. in Art History from Johns Hopkins University. She lived, conducted research, and taught in study abroad programs in Europe for ten years before returning to her native Utah. In addition to her publications and teaching in art history, Dr. Brown has received numerous awards for her work promoting the humanities, fine arts, and educational equity.

**Tim Brown**  
*Connecting People to Nature*  
Tim Brown has been executive director of Tracy Aviary for thirteen years. He has a B.S. in wildlife biology from the University of Vermont and a Master’s degree in Environment and Community from Antioch University in Seattle. He also has several decades of experience in the non-profit sector focused on organizations related to education and conservation. Alongside Brown, Tracy Aviary’s very capable senior staff will assist classes, sharing their specific expertise in different subject areas including horticulture, bird training, education, conservation, and aviculture.

**Jaimi Butler**  
*Our Great Salt Lake*  
Jaimi Butler is the coordinator of the Great Salt Lake Institute, housed at Westminster College. Despite the Great Salt Lakes’ reputation for being inhospitable, Jaimi fell in love with the lake and made it her place. Since graduating with her Fisheries and Wildlife degree from Utah State University in 1999, Jaimi has helped increase knowledge and shape perceptions of the Lake through work in the private sector, government, and academia. Jaimi can barely remember a time when she was not using airplanes, boats, four-wheelers, airboats, and stand-up paddle boards to get around one of Utah’s most amazing ecosystems. Jaimi’s primary areas of studies include the brine shrimp and bird populations that thrive at the lake. When she is not knee deep in salty water...
doing research or lost in grant documents, Jaimi and her students are likely educating the community about the importance of the lake.

Michael Calles

*Drawing and Painting the Landscape*

Originally from the Northeast, Michael has lived in the Intermountain West for over twenty years. He received his B.F.A. and M.F.A. in illustration at Utah State University. He also studied at the Lyme Academy College of Fine Arts College for three years. He has taught at the Bear River Bird Refuge Education Center, the Brigham City Fine Art Center, and at a private high school for the past several years.

Tim Chambless

*Current Issues in American Public Affairs and Politics*

Tim Chambless, Ph.D. has taught seven different courses for the University of Utah’s Department of Political Science since 1987. He has also taught courses for the U of U’s Departments of Communication and History as well as the English Language Institute. He has worked for a Mayor and Governor in addition to a Senator and Congressman. He served over 20 years on the Salt Lake City’s Planning Commission and Board of Adjustment, and participated in over 30 political campaigns. Tim emphasizes current events and contemporary world problems in the study of American government as both an experiment in democracy and as a tool for solving societal problems. He has taught for Osher since January 2007.

Stacey Cole

*Singing for Shy Singers*

Stacey Cole is a voice coach, speech therapist, and singer, with a background in theatre and film. Until about seven years ago, she herself was a shy singer. Training with the Natural Voice Network (in the UK) and as a Fitzmaurice Voicework® teacher, opened the door to singing and (to her surprise) the discovery that she could sing. Now she sings in two choirs, performs in a band, and leads a local drop-in choir called CHOIR! CHOIR! SLC! She is dedicated to helping others experience vocal freedom and the fun of singing.

Marshall Coopersmith

*Excel on Mac*

Marshall has applied his B.S. in Computer Science (Weber State University) and M.B.A. from the University of Utah in his career as Application Developer with Utah State Courts. In the 1970s he was on the ground floor with mainframe and personal computers. In addition to direct application, he has shared his expertise by teaching at the University of Nevada and Northern Nevada Community College and consulting with many users of Excel & Access.

Marla Dee


Marla has been a professional organizer for 18 years and a teacher of the Clear & SIMPLE Way to get organized for 16 years. She is a master messenger and an international speaker. She has appeared on numerous TV, radio and podcast programs throughout the years. Marla is the author of *Get Organized, The Clear & Simple Way*, and *The ART of Letting Go*. She is a Certified Professional Organizer and former President of Utah Professional Organizers. If you are ready for a change, Marla will set you free of the clutter and chaos at last.

Chris Dyson

*Cultural Geography*

Chris Dyson received a B.A. in English from the University of Utah in 1972 and a Master of Education in 1994. She spent 16 years as a geography teacher and another 11 years as a Teacher Specialist for Granite School District. She has presented at conferences across the United States, also in Canada and China, also traveling to 24 countries including two humanitarian trips in Peru and Nepal.

Wayne Egan

*The Simple Joys of Singing*

Wayne Kenneth Egan has a Ph.D. in German from the University of Texas at Austin. He taught at the
University of Texas, Westminster College, and the University of Phoenix. His avocation is traditional jazz piano. He is an adept improvisor, well versed in basic jazz harmony and the songbook that will be the subject of the course. He has lectured on the great American songbook for private groups for several years and has recorded and produced three CDs on the Nuance label.

**Paula Fowler**

*Utah Opera Preview: Gounod’s Roméo et Juliette*

Paula Fowler is the Director of Education and Community Outreach for Utah Symphony | Utah Opera, a position she has held since the two companies merged in 2002. She was Education Director for the Utah Opera for five years before the merger. She helps oversee Utah Opera’s Resident Artist program, manages outreach to schools and communities around the state, runs the company’s classroom operas program, and enjoys creating music events for special populations.

**Ray Gesteland**

*Our Genes, Our Future, The Revolution*

Dr. Raymond F. Gesteland has a B.S. in chemistry and an M.S. in biochemistry from the University of Wisconsin, and a Ph.D. in biochemistry from Harvard University. He is emeritus faculty in the Department of Human Genetics at the University of Utah. During his time at the U, Dr. Gesteland served as chairman and professor of Human Genetics, director of NIH Utah Center for Human Genome Research, and Vice President for Research. He is the recipient of the Helen Lowe Bamberger Colby Presidential Endowed Chair in Human Genetics.

**Steve Hall**

Stephen C. Hall, (Colonel, USAF retired) is a former Senior Fellow at L-3 Communications Systems-West (CS-W), Salt Lake City, Utah. He is a 1967 graduate of the Georgia Institute of Technology and received his Masters Degree in Management from Troy State University in 1976. Colonel Hall lectures on World War II history at Georgia Tech, Morehouse College, BYU, and the University of Utah.

**Merry Harrison**

*Medicinal Herbs and Botanicals*

Merry Lycett Harrison, R.H. (A.H.G.), is the owner of Millcreek Herbs, LLC, in Salt Lake City, Utah. A trained clinical herbalist and professional member of the American Herbalists Guild, she received her training from Michael Moore of the Southwest School of Botanical Medicine in 1998. She’s studied ethnobotany at the Baca Institute of Ethnobotany and the science of essential oils at Purdue University. Merry is an author and researcher whose work can be read in the HerbalGram; the Journal of the American Botanical Council and Utah’s own Catalyst Magazine. She teaches classes on medicinal and culinary herbs, herb gardening, harvesting, preparations, and she is also the creator of Thrive Tonic.

**Linda Hilton**

*Stories from The Salt Lake City Cemetery*

Linda is retired from a career in community outreach and advocacy for low-income and homeless Utahns. For years she has been interested in Utah history (especially the stories of famous Utah women), and has researched gravesites and monuments in the Salt Lake City Cemetery, located in the Avenues district. Her research resulted in the publication of an annotated map of the cemetery. She continues to share stories of the famous and infamous buried there.

**Chris Horner**

*The Aeneid by Virgil*

Chris Horner has lived in Salt Lake City and taught literature at the college level in Utah for the past 20 years. He holds a Doctorate in Literature from the University of Utah and a Masters from City College of New York. He has taught literature courses at the University of Utah, Salt Lake Community College, Weber State University, and Westminster College. He has taught courses at OSHER since 2015 on the works of Homer, Dante, Chaucer, and Shakespeare.
Julie Howell

*Everyday Mindfulness*

Julie Howell is a Certified Mindfulness Facilitator (CMF) who trained at the Semel Institute at UCLA, Mindful Awareness Research Center. She continues to enjoy a decades long meditation practice. She works at the Huntsman Cancer Institute, and facilitates mindfulness-based classes for patients and staff. Having personally experienced the benefits of a mindfulness practice, she delights in teaching the practical application of mindfulness to everyday life, and the experiential practice of meditation.

Sally Humphreys

*Utah Symphony Finishing Touches Preview*

Sally loves to keep a busy schedule as a free-lance musician, playing flute and piccolo with the Ballet West Orchestra, the Utah Symphony, and the woodwind quintet Aspen Winds. She maintains a private flute studio and also teaches at Westminster College. She is President of the Utah Flute Association and is acting as the local arrangements chair for the National Flute Association when they bring their annual convention to Salt Lake City in 2019.

Margaret Landesman

*Great Portraits in New York and London Museums*

Margaret is emeritus Faculty of the University of Utah, where she served as the Head of Collections Development at Marriott Library for many years. She has a B.A. in Philosophy from Oberlin College, a Master of Library Science from University of Southern California, and spent two years as a graduate student in Art History at Stanford University. Margaret is also a volunteer docent at the Utah Museum of Fine Arts.

Jill E. Meyer

*Great Portraits in New York and London Museums*

Jill E. Meyer has a B.A. from the University of Utah and an M.A. from the University of Delaware in Art History. She enjoyed presenting public gallery talks while employed at the Metropolitan Museum of Art, Cooper-Hewitt National Design Museum, and IBM Gallery in New York City as well as the Winterthur Museum in Wilmington, Delaware. She currently serves as an Osher and Go Learn staff member, and is a volunteer docent at the Utah Museum of Fine Arts.

Walter Jones

*America’s Role in the Cold War: 1918 to 1990*

Walter Jones, retired Head of Western Americana at the J. Willard Marriott Library, teaches history at Salt Lake Community College. He has a Master’s degrees in Library Science from BYU and in History from the University of Utah. Walter was a Korean linguist in the U.S. Army (four years active duty and 23 years Reserves), and in the National Guard. He has presented papers and written about the Vietnam War.

Abdulnaser Kaadan

*History of Medicine: Part 1, The Most Common Health Problem in Elderly: Part 1*

Dr. Abdulnaser Kaadan arrived in the U.S. in December of 2016 as a refugee from the Syrian crisis. He was an orthopedic surgeon and a professor of the History of Medicine at Aleppo University. He now teaches as a Visiting International Professor at Weber State University’s History Department. His courses include the History of Medicine, the History of Science, the History of the Middle East, the History of the Syrian Crisis, and the Islamic Renaissance. Professor Kaadan founded the International Society for the History of Islamic Medicine, and still serves as its President and Editor of its journal. His work and writing led him to be nominated for the Nobel Prize in 2012.

Luke Kelly

*Through Their Eyes: Ancient Greek and Roman Art*

Luke Kelly is Associate Curator of Collections and Antiquities at the Utah Museum of Fine Arts. For the museum’s reopening in August 2017, he curated the new Chinese and South Asian installations as well as revamping the ancient Mesoamerican and Mediterranean exhibits. In addition to conducting provenance research on the
ancient Greek, Roman, and Egyptian art in the permanent collection, he has researched and lectured on the issues surrounding the collecting of ancient art.

**Harry Keshet**  
*Bhagavad Gita in Daily Life, Spiritual Gandhi*  
Harry Keshet, Ph.D., is a clinical and organizational psychologist with degrees from the University of Michigan and Temple University. He has taught social science at the University of Massachusetts and spiritual classes at the Osher Lifelong Learning Institute at Chico State University in California. He brings personal and academic knowledge, humor, and joy to his classes.

**David Keyes**  
*Balanced Bodies*  
David Keyes completed his yoga teacher training soon after retiring from Salt Lake City School District. He teaches yoga, Qigong, and other healthy living classes in the community. His interest in Walking Mediation began in earnest after attending a labyrinth workshop at Grace Cathedral in San Francisco.

**Mary Lambert**  
*Jewelry: Historic Perspectives and Individual Creation*  
Mary began learning metalsmithing in a community education class. She has taught for Osher’s sister program Lifelong Learning since 2016. Metalsmithing is a passion of Mary’s that she is happy to share with Osher members. She looks forward to learning from her students as they grow as artists and metalsmiths.

**Pat Lambrose**  
*Google Drive Basics, Google Maps: Become a Custom Map Maker*  
Pat Lambrose has a B.A. in Recreation and Youth Leadership, a B.A. in Education, and an M.Ed. in Technology and Computers, all from the University of Utah. She taught in middle and high schools and was an instructional technology facilitator in Salt Lake City School District. As a retiree, she is now pursuing her passion for outdoor adventures like backcountry skiing hut trips in Canada, cycling in Europe, and river running. Pat coordinates statewide geospatial technology opportunities.

**Bruce Landesman**  
*Democracy: What is It? How Does it Work? How Does it Fail?*  
Bruce Landesman received his B.A. from the University of Rochester and his M.A. and Ph.D. in Philosophy from the University of Michigan. He taught at the University of Utah for forty-four years, retiring in 2012. His specialties are Political Philosophy, Ethical Theory, and Applied Ethics. He has taught graduate and undergraduate courses in political philosophy, ethics, medical ethics, business and legal ethics, and other areas of philosophy.

**Mark Larese-Casanova**  
*Understanding Watersheds and Their Importance as Natural Resources*  
Mark Larese-Casanova, M.S., has spent the last 15 years developing and teaching the Utah Master Naturalist program throughout Utah. Mark’s background in wildlife biology and environmental education are a good foundation for helping him create fun and engaging science-based Utah Master Naturalist courses that teach others about Utah’s amazing watershed, desert, and mountain ecosystems. As an Extension Assistant Professor at Utah State University, Mark enjoys sharing the secrets of Utah’s natural world with others, inspiring them to continue their lifelong journey of exploring and learning about nature.

**Bill Laursen**  
*Drawing: Colored Pencils*  
Bill Laursen, a well-known Salt Lake area artist and educator, has been painting and teaching his entire career. His art credits include Best of Show from the Brigham City Museum Gallery, the Oneta J. Thorne Memorial Art Award for Outstanding Watercolor, and an Award of Merit from the Park City Arts Festival. Bill is a member of the Salt Lake County Art Selection Committee.
Debbie Leaman
Write Your Creative Aging Story
Debbie Leaman’s writing has appeared in numerous local, national and international magazines, and on a variety of websites. She was awarded 2nd Place in the 2017 Utah Society of Professional Journalists contest and was a finalist in both the 2016 Utah Society of Professional Journalists contest and the 2011 Writers@Work Memoir competition. As a writing coach, Debbie listens deeply, helping others translate their thoughts, experiences, and feelings into words on the page. She teaches various writing workshops including “Creative Aging” and “Writing Through Grief.”

Jeanne Le Ber
Bird Watching – Friday Field Trips
Jeanne Le Ber has a B.A. in English Literature and a Master’s degree in Library Science. A passionate bird watcher for the past thirty-five years, Jeanne has studied and birded with Terry Tempest Williams, Ella Sorenson, Mark Stackhouse, and other experts. As a result of this excellent mentoring, Jeanne has a Utah bird list of 324 species, a North American bird list of 530 species, and an international bird list of 1100 species. Jeanne regularly participates in local bird counts including the Salt Lake City Christmas Bird Count, the Jordan River CBC (as the lead compiler), and the Brighton Bird Count, held in July. She is also an active participant with the Strawberry Valley Bluebird Box Trail, on which 100 nesting boxes are maintained in the Strawberry Valley.

Brent McMaster
Hot Rocks: An In-depth Look at the World of Gems and Precious Stones
Brent McMaster has been the Vice President of retail operations for the O.C. Tanner Company for thirty years, with responsibility for the overall management and the procurement and marketing of diamonds, gemstones, fine jewelry, exclusive watches, and fine gifts. He is a graduate of the Gemological Institute of America and certified as a gemologist by the American Gem Society. He also serves on the Board of Directors for the Couture Jewelers of America.

Roz Newmark
Yoga for All Bodies
Roz Newmark was first introduced to transcendental mediation (TM), and Swami Vishnudevananda’s yoga in 1972. She has studied with many senior Iyengar, Anusara, and Para instructors completing several teacher-training sessions. Donna Farhi’s work has been a strong influence, with its clarity in how to integrate the richly informed studies of Body Mind Centering (BMC) with yoga. In her own teaching, Roz enjoys blending the concise structure of the Iyengar tradition with BMC and her own kinetic insights developed as a professional dancer. She has served a wide range of populations, from children to seniors, athletes to the injured, and corporate to casual. She believes that through merging breath with asana (i.e. poses) while listening to the body’s deeper wisdom, one can prevent injuries and find greater ease in movement and stasis.

Bim Oliver
Why Do Buildings Look The Way They Do?
Bim Oliver researches, writes, and lectures about architecture. His publications include the book South Temple Street Landmarks: Salt Lake City’s First Historic District as well as articles on Utah architecture in various local and national periodicals. Currently, he is working on a history of the Salt Lake airport.

Andrew Pacejka
Forensic Science
Andrew Pacejka is the Forensic Scientist Manager for the Identification Section of the Utah Bureau of Forensic Services. He has been with the Bureau since 2002 and has been qualified in and completed casework in Forensic Serology, DNA Analysis, Crime Scene Response and Latent Prints. Andy has a B.A. in Biology from Illinois Wesleyan University, an M.S. in Biological Sciences from Illinois State, and did some post-graduate work at the University of Utah’s Biology Department.
Rick Paine
*The Ancient Maya*
Rick Paine has a B.A. from McGill University and a Ph.D. from Penn State. He is an Associate Professor of Anthropology and has been introducing University of Utah students to the wonders of Mesoamerican archaeology since 1995. Rick, an experienced Maya scholar, has conducted excavations at Maya sites in Guatemala and Honduras. He has also excavated in Turkey and in the United States. Rick is currently a member of the Mirador Basin archaeological project. El Mirador is a colossal pre-Classic Maya site in the Peten rainforest of Guatemala.

Steve Patrick
*Interpersonal Communications: Words Are Only Tools*
Steve Patrick might be viewed as a wild and crazy guy or as a guy who is filled with the deep joy that comes from life's energies. He loves learning. He earned a Master's degree in Industrial Psychology at University of Utah and has continued to study psychology, epistemology, and philosophy. He feels that what matters most is coming to view life as holding energies that are much deeper than any studies or cognitive learning can bring. What matters more than any particular biographical characteristic is the whole of life energies that Steve has learned to allow to flow through, not just those filtered through the cognitive tools of his words.

Deeanna Price
*Great Decisions 2*
Deeanna is a Utah native of Wayne County. She received an Associate’s degree in Teaching Second or Foreign Languages from Snow College and a B.A. in Liberal Arts from Excelsior College. She spent the mid-nineties volunteering as an English teacher in Voronezh, Russia, through the International Language Programs. Recently, she served for four years as a Community Liaison Officer at the U.S. Embassy in Cairo, Egypt. Eventually, Deeanna got brave enough to try scuba diving in the Red Sea and ultimately earned her open water certification.

John Sanders
*William Faulkner: The Yoknapatawpha Saga*
John Sanders completed an M.A. in English from Ohio State University, as well as all the course work toward the Ph.D. As a graduate student, he taught several undergraduate courses and then continued his teaching career in English at the high-school level for 33 years. He has actually visited Yoknapatawpha County, Mississippi.

Chris Schaefer
*Politics of the Middle East*
Historian Chris Schaefer is the author of an award-winning documentary movie, *Forgotten Soldiers*, and the non-fiction book *Bataan Diary*, both about World War II in the Pacific. He teaches courses about the history of the Middle East and is currently researching a new book about the rise and causes of terrorism. Previously, Chris was founder and President of an Information Technology company that served clients in north America, Europe, and the Middle East. He holds Bachelor’s and Master’s degrees from Texas A&M University.

Sheral Schowe
*Wines of France, Wines of Italy, Wines of Northern Spain*
Sheral Schowe is the founder and owner of Wasatch Academy of Wine, Utah's first and largest wine school and affiliate provider of classes for the Wine Scholar Guild. She teaches for the Lifelong Learning program at the University of Utah, Harmons Grocery and Cooking Schools, and Salt Lake Community College Culinary Institute. She is certified as a French Wine Scholar through the French Wine Society, she is a Scholar in the areas of Provence and the Rhone. She has a Master’s degree in Adult Education and is a Licensed Wine Educator through the Utah Department of Alcoholic Beverage Control.

L. Rex Sears
*American Pragmatists: Charles Peirce and William James*
Rex is a philosopher by training, and an attorney by trade. His degrees include a B.S. and a M.S. in Philosophy from the University of Utah; the A.M.
and a Ph.D. in Philosophy from Harvard University; and a J.D. from the University of Chicago.

David Smith  
Hiking the Wasatch
David Smith has been hiking and skiing in the Wasatch Mountains for nearly fifty years. He is a Life Member of the Wasatch Mountain Club, and has organized many activities for the Club. He spent his professional life working in the mountain sports industry and enjoys having more time to hike and ski since he retired. He has a B.S./B.A. from Regis College in Denver, Colorado and an MBA from Westminster College in Salt Lake City.

Christopher Stockslager  
Silent Screams! The Dawning of the Horror Motion Picture (1896-1931)
Christopher Stockslager was born and raised in Cottonwood Heights, Utah. He earned his B.A. from Westminster College in Salt Lake City in Classical voice in 2015. He then earned his M.M. also in Classical voice from The Manhattan School of Music in New York City in 2017. Chris’ areas of expertise include music history, vocal pedagogy, vocal performance, and film history. While planning to pursue a career performing opera and/or jazz, he loves passing on his knowledge and enthusiasm for the arts to others.

Barbara Taylor  
Barbara received a B.A. from the University of Utah and taught art in the public schools. She then earned a M.Ed. from University of Illinois and later an M.S.W. from the University of Utah. She is a retired L.C.S.W. who has discovered the thrill of color. She has taught art at the Rescue Mission and recently won a blue ribbon in watercolor at the Utah State Fair.

Marci Villa  
Beginning Ukulele
Marci Villa is a self-taught ukulele player with a passion for the cheery little instrument whose Hawaiian name translates as “jumping flea,” and enthusiastically shares her love of the instrument and for music. Twenty years’ experience as a corporate trainer have honed her understanding of how people learn and given her an exceptional ability to teach new skills.

Debbie White  
Internet Security, iPad Basics, iPad Beyond the Basics, Mac Basics, Mac Beyond the Basics, Reiki 1, Reiki 2
Debbie White retired from public education after 30 years. She earned her M.Ed. at Westminster College and her Technology Endorsement via the eMINTS program. Following her retirement, Debbie spent three years as an Apple Product Professional and enjoys teaching adult continuing education, particularly in the University of Utah’s Osher program. Debbie also loves to share her more recently gained healing skills. As a Usui Reiki Master and a certified Crystal Healer, Debbie successfully combines these healing modalities, and is excited to share her knowledge of the healing arts with others.

Beth Whitsett  
Individual Rights and the Constitution Part 3: Due Process and the Right to Privacy
Ms. Whitsett is a Utah (and California) attorney, practicing law since 1978. She is a graduate of the University of Southern California Law School, Yale University (M.A. in Teaching), and Stanford University. She has broad transactional legal experience with focus in recent years on compliance and governance, including code and policy development, and employee training for U.S. and multinational clients. She is a former Adjunct Professor of Law, University of Utah College of Law.

R. Scott Williams  
Law in Film: Part 1
R. Scott Williams, a retired civil litigator and trial lawyer, was a partner and member of the board
of directors of a prominent Salt Lake law firm. For several years he represented Utah civil trial lawyers in a national organization. He currently is affiliated with Utah Alternative Dispute Resolution as a mediator, volunteers as legal counsel for a nonprofit organization, and enjoys taking classes in film at the University of Utah.

Colleen Wood  
*Renaissance Art: What’s the Fuss?*  
Colleen taught in Granite School District for over 40 years, including 29 years of Advanced Placement Art History. She also taught French, World History, Anthropology, and Financial Literacy. Between 1983 and 2008 she led students on tours in Europe and has recently led student tours in San Francisco. She is convinced of the importance of art within societies and how art reflects social values, culture, religious beliefs and political and economic conditions of the times.

**IN MEMORIAM**

Instructor: Paul Anderson  
Right before our spring term began, Osher instructor – and lifetime educator - Paul Lawrence Anderson passed away. Osher Lifelong Learning Institute at University of Utah was honored to have had Paul as an instructor. Paul taught Architectural Appreciation for the European Traveler for Osher. He was an architect, artist, museum designer and curator. He taught architectural history courses at Brigham Young University. His obituary can be read online at [http://www.larkinmortuary.com/obituary/paul-lawrence-anderson](http://www.larkinmortuary.com/obituary/paul-lawrence-anderson).
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<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
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<td>8:00 AM</td>
<td>Hiking the Wasatch (SL) - Mac Basics (CE) - Reiki 1 (CE)</td>
<td>iPad Basics (CH) - Metalsmithing: Jewelry (SL) - Spiritual Gandhi (CH) - Watercolor 1 (CE) - Women Artists Part 1 (CH)</td>
<td>American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
<td>Our Great Salt Lake (CH) - Reiki 2 (CE) - Renaissance Art (CH) - WWII in Eastern Europe (CH)</td>
<td>Birdwatching Field Trips (SL)</td>
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<td>9:30 AM</td>
<td>- Birdwatching Field Trips (SL) - Metalsmithing: Jewelry (SL) - Spiritual Gandhi (CH) - Watercolor 1 (CE) - Women Artists Part 1 (CH)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
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<td>10:00 AM</td>
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<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
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<td>11:30 AM</td>
<td>- Cultural Geography (CH) - Individual Rights (CH) - Hot Rocks (CH) - The Aenid by Virgil (CH) - Bhagavad Gita in Daily Life (CH) - Watercolor 2 (CE) - Yoga for All Bodies (SL)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
<td>- Birdwatching Field Trips (SL) - Metalsmithing: Jewelry (SL) - Spiritual Gandhi (CH) - Watercolor 1 (CE) - Women Artists Part 1 (CH)</td>
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<tr>
<td>12:30 PM</td>
<td>- Birdwatching Field Trips (SL) - Metalsmithing: Jewelry (SL) - Spiritual Gandhi (CH) - Watercolor 1 (CE) - Women Artists Part 1 (CH)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
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<tr>
<td>1:30 PM</td>
<td>- Bon Voyage 1 (CH) - The Art of Sketchbooking (SL) - Drawing: Colored Pencils (10) - Current Issues (CH) - Great Portraits in NY &amp; London (CH) - iPad Beyond the Basics (CH)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
<td>- Birdwatching Field Trips (SL) - Metalsmithing: Jewelry (SL) - Spiritual Gandhi (CH) - Watercolor 1 (CE) - Women Artists Part 1 (CH)</td>
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<tr>
<td>2:30 PM</td>
<td>- Bon Voyage 1 (CH) - The Art of Sketchbooking (SL) - Drawing: Colored Pencils (10) - Current Issues (CH) - Great Portraits in NY &amp; London (CH) - iPad Beyond the Basics (CH)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
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<tr>
<td>3:30 PM</td>
<td>- Bon Voyage 2 (CH) - Internet Security (CE) - The Ancient Maya (CH) - Through Their Eyes: Ancient...(CH)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
<td>- Birdwatching Field Trips (SL) - Metalsmithing: Jewelry (SL) - Spiritual Gandhi (CH) - Watercolor 1 (CE) - Women Artists Part 1 (CH)</td>
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<tr>
<td>4:30 PM</td>
<td>- Bon Voyage 2 (CH) - Internet Security (CE) - The Ancient Maya (CH) - Through Their Eyes: Ancient...(CH)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
<td>- Birdwatching Field Trips (SL) - Metalsmithing: Jewelry (SL) - Spiritual Gandhi (CH) - Watercolor 1 (CE) - Women Artists Part 1 (CH)</td>
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<td>5:30 PM</td>
<td>- Forensic Science (CH) - Everyday Mindfulness (CH) - Google Maps: Become A Custom (CE)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
<td>- Birdwatching Field Trips (SL) - Metalsmithing: Jewelry (SL) - Spiritual Gandhi (CH) - Watercolor 1 (CE) - Women Artists Part 1 (CH)</td>
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<tr>
<td>Evening</td>
<td>Forensic Science (CH) - Everyday Mindfulness (CH) - Google Maps: Become A Custom (CE)</td>
<td>- American Pragmatists: Charles Pierce ... (CH) - Connecting People to Nature (TA) - Excel on Mac (CE) - Our Genes, Our Future, The Revolution (CH) - The Cold War (CH)</td>
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</tbody>
</table>

**CLASS SCHEDULE**

Refer to individual class listing for details.

- (10) 10th East Senior Center
- (CE) Continuing Education Building (540 Arapeen Dr)
- (MC) Monson Center (411 E South Temple)
- (SL) Salt Lake City (see class listing for location)
- (TA) Tracy Aviary
Maps & Directions

Commander’s House, Fort Douglas
Osher classes held at Ft. Douglas, Salt Lake City are based at the Commander’s House. Arrive a few minutes early on your first day of class for a cup of coffee, tea, or cocoa, and to find out where your class will be held. An Osher representative will be on hand to welcome you and help you find your class.

Enter gates of Fort Douglas from South Campus Drive or Mario Capecchi Dr. Left at first stop sign. Left on the one-way street immediately before the Officer’s Club into parking lot. Whenever classes are in session you may park in any space in this lot except the handicap and University vehicle stalls. Overflow parking is available in the lot behind the University Guest House to the north.

Administrative and Registration Offices
The Osher offices are located at 540 Arapeen Drive in the University of Utah’s Research Park. Offices are on the second floor in room 280 and 263.

540 Arapeen Drive is on the corner of Wakara Way and Arapeen Drive. It is just west from the University of Utah Credit Bureau.

Tenth East Senior Center
237 S. 1000 E., Salt Lake City
The center is on the east side of the street. Parking is in the lot behind the center and is free at all times.

Thomas S. Monson Center
411 South Temple, Salt Lake City
Parking is available in lots North and East of the Monson Center.

Check the class listing in this catalog for your class location.
Lifelong Learning at the University of Utah designs its courses for inquisitive adults ages 18 to 118. Sign up for a course and learn more, do more, become more.

Here are Osher’s Sister Programs to Enrich Your Life

THE OSHER LIFELONG LEARNING INSTITUTE is one of three personal enrichment programs offered by the University of Utah.

lifelong.utah.edu
Take your knowledge further as you explore the world with hand-selected U of U faculty in a program that combines education with a vacation. It’s the most intelligent way to travel.

golearn.utah.edu
Class Registration and Special Event RSVP

Request Processing
Registration and RSVP requests are processed as they arrive in the office or online. If a class or event you request is full, your name will be placed on the wait list. Registration status (confirmed or wait listed) will be noted on your confirmation.

Special Fees
In many cases, special fees can be waived if you do not wish to receive the materials. Please call the Osher office for assistance.

Refunds
Because space is limited and we have arranged to provide our students access to various University facilities, you may drop a course and receive a full refund up to the start of class. Once class has begun, you may drop the course, but a $20 late drop fee and class special fee will be subtracted from your refund. If you have an extenuating reason for dropping past the start of class, please contact the Osher office at 801-585-5442, so that we may identify the best option to meet your individual circumstance.

Attending Classes for Which You Are Not Registered
You must be registered before you attend a class. This includes attending a different section of a class. Sitting-in on a class disrupts the experience for those students who are legitimately registered for the class. Please respect your fellow students and instructors by not attending classes for which you are not registered.

Guests
Bringing guests age 50 and over to Osher is a lovely way to introduce them to our community. Members are encouraged to bring guests to Lunch and Learn Lectures. These lectures offer an opportunity to experience the more academic side of Osher and to meet some members. Guests are welcome to sample Special Events and Courses on a space-available basis with prior approval of the Osher office. Call four days before the event or one day before the course to check availability and register your guest. There is no guest charge, but remember, the guest policy is for sampling Osher. Please encourage your guests to join so they too can enjoy the full benefits.

Accessibility
To request a reasonable accommodation for a disability, please contact the Center for Disability Services at 801-581-5020 or online at disability.utah.edu. Reasonable notice required.

Special Events
RSVPs are required for all events. To ensure all members have an opportunity to attend some events there is a four-event per member limit. The four-event limit applies to the total number of events for which you are either confirmed or wait listed.

OSHER POLICIES & FAQ
Our donors, sponsors, partners, and volunteers allow us to bring together a community of adult learners who share a passion for intellectual and social interaction.

MASTER SPONSOR
Continuing Education & Community Engagement (CECE)
CECE provides the operational infrastructure for our Osher Institute.

MASTER DONOR
Bernard Osher Foundation
The Bernard Osher Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. Among other priorities, the Foundation funds Osher Lifelong Learning Institutes for people 50 and better on 119 campuses of higher education across the country.

MEMBERS MAKE THE DIFFERENCE!
Members' tax-deductible gifts are greatly appreciated and help sustain and expand the quality Osher programming. Thank you for supporting the benefits and joy of learning by enrolling in classes, purchasing gift certificates for family members and friends, and remembering Osher in your charitable giving. Visit www.osher.utah.edu/support or call the office to discuss giving options.

FACULTY PARTNERS
Thank you to the esteemed faculty from the University of Utah Colleges and Academic Departments who will share their expertise with Osher members this term.

CAMPUS AND COMMUNITY PARTNERS
Marriott Library
Natural History Museum of Utah
Red Butte Garden and Arboretum
Tenth East Senior Center
The University Guest House and Conference Center
UKids - Guardsman Way
Utah Museum of Fine Arts
University of Utah Alumni Association
University of Utah Emeriti Club

Advisory Committee
Rob Branch
John Boles
Marilyn Copeland
Luci Malin
V. Pasupathi - chair
Claudia Raab
Tamara Springer
Fred Tripp

Curriculum Committee
John Boles - Vice Chair
Kathie Coopersmith - past chair
Marilyn Copeland
Judy Donnell
David Hibdon
Steve Hudson - Lunch & Learn
Mary Jo Westien
Connie Kirkpatrick
Helle LeRette

Special Events Committee
Nancy Morrison
Connie Reed
Jill Smith
Frank Wilson
Pam Wilson

Class Assistants
Too numerous to list, but none-the-less important to the success of the Osher Institute.

OSHER MEMBERS MAKE IT HAPPEN!
The Osher Institute depends on members who volunteer their time and talents to make our programs the best that they can be. Volunteers multiply the reach of our small staff and are integral to curriculum, special events, and lunch and learn planning, as well as instructor and member support. Thank you!

INTERESTED IN BEING A VOLUNTEER?
Anyone can be a volunteer at the Osher Institute. Opportunities range from being a contributing member of one of the standing committees to proposing and leading a new initiative to spreading the word in the community. Contact the Osher office to express your interest and share your ideas.
WE MUST LEARN FROM THE PAST TO ENSURE A BETTER FUTURE

Take a fascinating look at something many would rather forget—the internment of Japanese Americans during World War II with two Osher Special Events.

Explore the Topaz Museum with Osher

Osher and Go Learn have partnered to provide a chartered bus trip down to Topaz Museum in Delta, Utah, that includes a docent led tour of the museum and a guided excursion to the Topaz Internment Camp.

OSHER 350-001 • Wednesday, Sep 12 9 AM - 6 PM • $99

Note: This all day trip includes a boxed lunch. Please bring appropriate clothing and closed toe shoes. The internment camp area is not wheelchair accessible. Be prepared to walk on some uneven gravel surfaces.

An Overview of the Topaz Internment Experience

Osher is pleased to host Rick Okabe, a member of the Topaz Museum Board, for a one-time lecture and overview of the internment 120,000 Japanese Americans, including the 11,000 who lived at Topaz. Rick helped oversee the construction of the current museum and will share his thoughts on how the museum has led him to understand that the U.S.’s history of internment can be used to protect the rights of all people.

OSHER 360-001 • Thursday, Oct 18 5:15 - 6:45 PM • $19