WATERCOLOR PAPER - 140# Cold Press
Arches, Fabriano or Dick Black 140 lb cold press watercolor paper in single sheets, a block, tablet or journal. For online workshops I usually use an 9” x 12” Fabriano Studio Watercolor Pad that is reasonably priced (shown above). 300# Soft Press Fabriano is my favorite for larger paintings. It's up to you, just invest in good paper it will make a difference. Painting size is always up to you.

WATERCOLOR BRUSH
Dynasty Black Gold Quill Brush size 4 (similar to a size 8 round brush) This is the best brush I've ever worked with!!!! It holds the paint well and has a great point. You may also want a 3/4” Cat’s Tongue or Silver Black Velvet 3009S for large washes. Get 5% off your entire order from www.The Brush Guys.com, enter code: cbriggs You can find me in the Teachers section and find all my brushes in there. You may want the 0 & 2 Dynasty brush for smaller paintings or details. If unavailable - a good round watercolor brush that comes to a nice point will do in a size 8 - avoid floppy quill brushes.

WATERCOLOR PALETTE
Choose a Watercolor Palette with a lid, generously squeeze in your watercolor tube paints & let fully dry a few days before painting. I use a Heritage Artist Palette 18 color wells. My select list of colors is provided on the next page. For a basic palette go for the full 18 colors, 9 colors or even just 4 colors depending on your budget and mix. (See my select color list on the next page) If you are just starting watercolors and only buy the 4 colors, I suggest you create a color wheel and practice mixing values - see lessons provided. If the colors don’t mix well on your palette, try rubbing the white mixing surface with Mr. Clean Magic Eraser - also great for cleaning your palette.

PENS & PENCILS
Mechanical Pencil .7 and a Kneaded Eraser (your pencil eraser leaves fibers and bruises the paper. Faber Castell Pitt Artist Pens in Black &/or Sanguine XS, F, S, Medium and Brush Pen for Quick Sketch projects. Stabilo of Faber Castell - Black Aquarelle Pencil for value studies.

WATERCOLOR Miscellaneous
Water Bucket, Paper Towels or Travel Towel, Holbein Squirt bottle or other small squirt bottle for spritzing your paint. Painters Tape or Artist tape or Clips to attach your watercolor paper to your Gator Board or non-porous board if needed. Mr. Clean Magic Eraser (sponge or sheet/no soap version).

Note: You can always use your own related reference photos in my classes. If you have any questions feel free to email me at CindyBriggsArt@gmail.com and/or visit www.CindyBriggs.com
DANIEL SMITH EXTRA FINE WATERCOLORS

You can use similar colors in professional grade watercolors such as Windsor-Newton, Holbein, Cheap Joes. The watercolors come in a tube and you squeeze the paint in generously a few days before class so they are mostly dry. Colors listed in order of placement in palette above from right to left like a color wheel. I love using all of these 18 colors but can do with less. If you have a limited budget you can use the project colors suggested in BOLD. My 4 color palette in COLOR (practice the color wheel if you only use 4 colors). Or my smaller underlined 9 Color* palette.

- **Lemon Yellow** - primary color - cool yellow mixes well with most colors
- **New Gamboge** - a warm sunny yellow, love it for sunflowers
- **Naples Yellow** - a warm creamy sunny yellow used on European Walls, sand & in portraits
- **Yellow Ochre** - warm earthy yellow great for landscapes and portraits
- **Quinacridone Gold** - warm glowing yellow mixes well with greens and roses
- **Permanent Brown** - warm earthy rich red brown, add some blue to mix Burnt Sienna
- **Pyroll Orange** - warm color that I often drop into shadows for reflective light
- **Cadmium Red Hue** - warm traditional red - hue means it doesn’t have cadmium in it.
- **Quinacridone Rose** - cool red primary color that mixes well with other colors
- **Rose of Ultramarine** - interesting violet that separates and creates unique effects
- **Lavender** - amazing color for shadows, French shutters, I use it in most of my paintings
- **Cobalt Blue** - cool blue for skies and sometimes in shadows
- **Ultra Marine Blue** - traditional blue
- **Phthalo Blue Green Shade** - primary cool blue - mixes well with other colors
- **Cobalt Teal Blue** - cool opaque blue that you can drop in for a surprise accent
- **Green Apatite Genuine** - earthy warm green, add Quin. Gold to make Rich Green Gold
- **Phthalo Yellow Green** - sunny green used where the sunlight hits trees, plants, etc
- **Neutral Tint** - MIX with all your colors for rich darks and neutrals.

Optional: Only used fresh out of the tube: Titanium White, Buff Titanium, Wisteria. Mix with other colors create more opaque colors. Buff is a warm off-white great for sand and European walls, etc.
18-Well Palette Map
Trace onto watercolor paper then paint in your own colors.
Create your own Color Wheel

Optional Bonus Lesson Warmup:
Want to learn how to mix just about any color? Use just your primary colors: Phthalo Blue Green Shade, Quinacridone Rose & Lemon Yellow. The inside circle has Neutral Tint added to create beautiful darks and neutrals in the same color family. It’s pretty easy and it will help you discover how you can minimize your palette and create a multitude of colors. While I love having a full palette of colors, it’s a good idea to know how to mix colors from just 4 colors. If you only have these 4 colors - please try this in advance. I have more hand-picked colors in my palette because it’s easier to just grab or mix the colors I want.
Color Wheel Tracing

Print this out and tape it in the window in the daylight. Then tape a piece of watercolor paper on top - you will be able to see through the watercolor paper so you can trace the lines.

Once your’ drawing is ready. Start with the 3 primary colors in the big spaces on shown on the color example. Then mix your secondary colors in the center space between two primary colors. Then mix your tertiary colors - the steps between the primary and secondary colors such as yellow-green, blue-green. This is totally optional, I just want to share this with you as a bonus lesson.
How to control your brush, water & paint.

It’s a good idea to practice mixing paint with water to get used to the medium. You can create a range of values with watercolor depending on how much paint you use and how much water. You can easily mix light, medium and dark values as you control your paint consistency. In the first row I’m showing you consistency…how the paint feels when mixed. Often when painting watercolor, beginners will have too much water in their brush, so practicing this will give you a head start.

The second row is similar but save the white of the paper for white and we add Neutral Tint for the dark. I often these consistency and value terms when teaching.

Here are a few tips:

1. When you dip your brush into clean water, tap the brush so you lose some of the extra unnecessary water. You can also pull the brush tips across the edge of the water container to loose extra water.

2. I usually start with a milky consistency (thickness) of watercolor and water combined, then either add water or less paint to get the range of values in the diagram below.

3. Try painting with the body/side of your brush and not just the tip/point.

4. Don’t use so much water that if you hold up your paper it all drips off.

5. Take care of your brush. Do not leave it sitting tip down in the water - this will ruin the brush. When finished, reshape the bristles/tip and dry flat before storing.

More Water  Mixing Values  More Paint

Consistency - How the mix feels. The amount of water to paint creates a value range.

Values - How it looks based on how much paint and water you mix together.