



Learn more. Do more. Become more.
**LLREC 926 Beginning Roller Skating: Agility, Stability, and Skills
Materials List**

Required gear:

- Hard shell helmet
- Elbow pads
- Wrist guards
- Knee pads
- Quad skates
- *Recommended but not required:* Mouth Guard

Need gear? No problem! Participants may opt to rent Salt Lake Roller Derby's used safety gear and/or skates:

- \$10 per session for safety gear
- \$10 per session for skates.
- \$20 per session for safety gear *and* skates.

**Participants who need to rent equipment should notify Lifelong Learning at lifelong@continue.utah.edu in advance of their shoe size to ensure adequate access to rental equipment. **