

Learn more. Do more. Become more.

LLREC 925 – Bear River Kayak Tour
Mike Fagerstrom
Materials List

Required Gear:

- Students provide and transport their own vessel. Kayaks and canoes are welcome. Sit-in day touring and/or recreational kayaks are highly recommended. Inflatable kayak packages can be rented from the University of Utah Campus Recreation Services or a sporting goods shop; please reserve early. SUP's (stand-up paddleboards) are not recommended for this class due to distance that will be covered (~10 miles). *Students will be shuttled between river entry and exit points.*
- Paddles (bring a spare if one is available)
- PFD (Personal Flotation Device) - PFD's should be Type III or V for active paddlers. Other types may be permitted, but please check with instructor to verify safety. **Per paddling best practice, PFD's must be worn by all paddlers at all times while on the water.**
- Clothing - Although weather/water temperatures should be on the warmer side, please be prepared for all conditions. Recommended clothing articles include board shorts or athletic shorts/pants; a long-sleeve sun shirt with hood; spray or rain jacket; ball cap or hat with a brim; neck gaiter or bandana to keep cool; *aquatic sandals like Chacos or Tevas or an old pair of tennis shoes. Slip-on sandals like flip flops or Crocs are strongly discouraged.
- Food - Please pack a bagged lunch and snacks for the duration of the trip. There will be no services available to purchase food once we're on the water.
- Water - **Bring at least 2 liters of potable water per person.** Filtering water from the river is not recommended.
- Phone - Phones and/or cameras are welcome on the trip. However, keep in mind the risks inherent with electronics on the water.
- Dry Bags - A reliable, 10-30 L dry bag for food storage, keys/electronics and extra layers is recommended.
- Sunscreen - Please bring sunscreen and be prepared to apply it several times during the trip.

Optional Equipment:

- Other paddling safety gear - Spray skirts, helmets, throw bags, bilge pumps and paddle floats are welcome but not required for this particular course.

If you have any questions regarding necessary and/or optional gear, logistics, or transportation during this course, please do not hesitate to reach out to the instructor or to Lifelong Learning at lifelong@continue.utah.edu.