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# Sketchbook Journaling

## Materials List

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### One Sketchbook:

- Heavyweight mixed media paper or watercolor paper with a minimum of 200gsm.
- Lay-flat binding. Some of the prompts will require a full spread, so spiral binding or regular perfect binding will give you a hard time.
- Landscape OR portrait orientation
- Standard size:
  - 8x10, 8x8, A4, B5 etc. are all fine, but no larger than 9x12, no smaller than 8 inches.
- Hot Press/Smooth OR Cold Press/Vellum
  - If you intend to draw with mostly dry media, ink pens, markers, and light washes, then hot press mixed media paper will suffice.
  - If you intend to be paint with watercolors, gouache, acrylics, inks, etc, then you will need cold press, and preferably watercolor paper.
- Brands I recommend: Etchr Lab, Hahnemühle, Stillman & Birn, Hand Book Paper Co
  - My preferred sketchbooks are the Etchr mixed media ones. I have used all three lines of sketchbooks they offer, and they're all wonderful to use.

### Supplies:

- Your favorite brushes, pens, pencils, etc. use what you have!
- Spray fixative (can be shared)
- Heat gun or hair dryer (can be shared)
- Kneaded eraser with case
- Portable or travel palette for wet media
- Water container
- Clear and/or white gesso
- Opaque white ink for highlights or corrections
  - Sakura gelly roll, posca paint markers, bleed proof white etc.
- Silicone painting brush
  - One of those flat color shapers with a tapered end. I like using these to apply mediums and gesso, very easy to clean as you just peel off the dried bits.

### My go to tools (you do not need to have these, this is just to give you an idea of what I'll be demonstrating with):

- Red lead and a lead holder
- Blackwing pencils
- Copic gray sketch markers
- Fineliners
  - I prefer Kuretake Zig or Faber Castell Pitt pens.
- Refillable brush pens
  - Variety of felt tips, synthetic, and natural bristles.
  - My current fave is the Kuretake no.13 fountain brush pen, not only for its performance, but it also has replaceable tips and a refillable ink converter.
- Sumi, India, or Carbon black pigment ink
- Sennelier shellac inks
- M Graham watercolors and gouache
- Coliro metallic watercolors
- Etchr mini palette
- Etchr watercolor brushes



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