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## Sketchbook Journaling

## **Materials List**

Marian Pham

A high-quality sketchbook that can withstand heavy painting and drawing without buckling are usually made of 100% cotton paper and are 200-300 gsm (90lbs to 140lbs). That does come with a price tag however, so most economical sketchbooks are made of a mix of cotton and cellulose.

For this course, **please bring ONE sketchbook** you will want to use with the following specs:

- Heavyweight mixed media paper or watercolor paper with a minimum of 200gsm.
- Lay flat binding. Some of the prompts will require a full spread, so avoid spiral or coil binding.
- Landscape OR portrait orientation
- standard size:
  - o 8x10, 8x8, A4, B5 etc are all fine, but no larger than 9x12, no smaller than 8 inches.
- Hot Press/Smooth OR Cold Press/Vellum
  - If you intend to be drawing with mostly dry media, ink pens, markers, and light washes, then hot press mixed media paper will suffice.
  - If you intend to be painting often with watercolors, gouache, acrylics, inks, etc, then you will need cold press, and preferably watercolor paper.
  - take into consideration that we will also explore collaging
- Brands I recommend: Etchr Lab, Hahnemühle, Stillman & Birn, Hand Book Paper Co
  - \*my preferred sketchbooks are the Etchr mixed media ones. I have used all three lines of sketchbooks they
    offer, and they're all wonderful to use.

## Other supplies that we may use in class:

- Your favorite brushes, pens, pencils, etc. use what you have!
- Spray fixative
- Heat gun or hair dryer
- Kneaded eraser with a case
- Portable or travel palette for wet mediums
- Water container
- Clear and/or white gesso
- Soft gel medium, or other collage adhesive.
- Opaque white ink for highlights or corrections
  - Sakura gelly roll, posca paint markers, bleed proof white etc.
- Silicone painting brush: one of those flat color shapers with a tapered end. I like using these to apply mediums and gesso, very easy to clean as you just peel off the dried bits.
- My go-to tools are the following (you do not need to have each item, this is just to give you an idea of what I'll be demonstrating with):
  - O Red lead and a lead holder
  - Blackwing pencils
  - O Copic gray sketch markers
  - Fineliners
    - I prefer Kuretake Zig or Faber Castell Pitt pens.
  - O Refillable brush pens
    - variety of felt tips, synthetic, and natural bristles.
    - My current fave is the Kuretake no.13 fountain brush pen, not only for its performance, but it also has replaceable tips and a refillable ink converter.
  - O Sumi, India, or Carbon black pigment ink
  - O Sennelier shellac inks
  - O M Graham watercolors and gouache
  - O Coliro metallic watercolors
  - Etchr mini palette
  - Etchr watercolor brushes

