



801.587.5433  
lifelong@continue.utah.edu  
lifelong.utah.edu  
@uofucontinue

# Painting Vintage Flora in Oil or Acrylic

## Materials List

Theresa Otteson

**Paint:** For oil paint, Gamblin, Winsor and Newton, Utrecht, and Dick Blick all have good quality paint and are more affordable. \*\*\*Please do not get Artist Loft paint. For Acrylic, Winsor and Newton, Blick, and Liquitex are good

- Cadmium Yellow
- Yellow Ochre
- Cadmium Red Light
- Cobalt Blue
- Pthalo Blue
- Quinacridone Magenta
- Raw Umber
- Titanium White
- Optional: any other colors you like to use

### Brushes:

- Synthetic sable no bristle brushes
- Flat: size 2,4,6
- Round: 3-4 brushes between size 1-6
- A large flat around size 12-14 to do the wash toning your surface
- They need to be stiff. Blick Scholastic Wonder White, Princeton Summit, Trekkel Protégé Synthetic Kolinsky, Trekkel Golden Taklon (short or long handle) are good options.

### Other:

- Diamond shaped Palette knife
- Gamsol or another odorless mineral spirits if using oil paint.
- Painting medium such as Liquin or Gamblin non-solvent gel if using oil paint.
- Palette- for oil paints, I prefer glass. You can buy glass cutting boards with a smooth side in the kitchen supply area of most stores. Disposable palettes are a good option. \*\*please do not get plastic watercolor palettes.
- For acrylics, there are palettes that have a bottom that stays moist to keep the paint from drying out too fast.
- Paper towel or rags
- Two 8 x 10 **SMOOTH** canvas or boards. For oil painters, it's preferable but necessary to have oil primed canvas but it is preferable. Please see the link as to where you can purchase them. Centurion Oil-primed panels. They come in packs.

<https://www.jerrysartarama.com/centurion-deluxe-oil-primed-linen-panels>

Directions for preparing surface to paint on.

- 1- Use Gamsol or odorless mineral spirits and some Raw Umber paint to make a thin wash to apply to your canvas/surface.
- 2- Use a big brush and apply the wash. Let it sit for a couple of minutes then use a dry soft rag to wipe the surface to create a smooth tone.
- 3- You can draw or transfer a drawing of the flower after the surface is dry.
- 4- To do a transfer, trace the flowers on a piece of tracing paper. Apply soft graphite (at least 6B) to the back of the tracing paper.
- 5- Lay the tracing paper on the canvas with the graphite down. Tape. Trace the flower. Make sure you don't do too much detail it should look like a coloring book outline. It will leave a light outline of the flower on your surface.



Learn more.  
Do more.  
Become more.