

**UNIVERSITY OF UTAH LIFELONG LEARNING 2025**

MATERIALS LIST

**PAINTING LIGHT & SHADE IN ANY MEDIUM**

**4 HOUR CLASS**

MAIL ORDER: IF TIME! Dick Blick, Jerry's Artarama, Arch, Jackson  
Dick Blick in Sugarhouse carries basics but mostly not my specific recommendations

**You may perform these exercises in any medium**

**GRAPHITE, CONTE CRAYON, CHARCOAL, INK, WATERCOLOR, GOUACHE, OIL, ACRYLIC, or PASTEL or PASTEL PENCIL**

YOU CAN PERFORM ALL THE EXERCISES IN A DRAWING MEDIUM  
ADD ONE TUBE OF COLOR OR ONE COLOR PASTEL TO ENHANCE  
UNDERSTANDING VALUE OF COLORS: CONTE COMES IN RED EARTH COLOR

**DRAWING MEDIUMS**

**GRAPHITE**

**STAEDTLER 2 mm lead holder with 2B or 4B lead**

<https://www.staedtler.com/intl/en/products/technical-drawing-instruments/technical-pens-drawing-ink/mars-techni-co-780-leadholder-m780/>

or

.7 mechanical pencils and/or a wood pencil set

or

Basic 2B Pencil works for this class

**FABER-CASTELL PITT PURE GRAPHITE : FAVORITE**

Dick Blick in Sugarhouse carries them.

6B 1st choice, add HB 2nd choice, 9B will be very dark but could be fun.

I prefer this brand to other brands of solid graphite pencils.

<https://www.jacksonsart.com>

**ERASERS & SHARPENERS**

Erasers and sharpeners to fit your particular pencils

Eraser suggestions: Faber-Castell DUST-FREE or Staedtler Mars Plastic or Kneaded

**PAPER FOR SKETCHING**

COPY PAPER OR SKETCH / DRAWING PAD

COULD USE A MULTIMEDIA SKETCH PAD FOR THE EXERCISES

## **CONTE CRAYON**

A SMALL BOX OF 4 STICKS OF CONTE CRAYONS , INCLUDES WHITE PAPER

TEXTURED / TOOTHED PAPER

## **CHARCOAL**

not my first choice because of the dusty mess

## **INK**

any pen, archival ink best

try variety of pens for variety of mark making

sketch or drawing paper works

## **FOR ALL PAINT MEDIUMS OR PASTEL**

EXERCISES IN THIS CLASS WILL REQUIRE ONE BLACK PAINT OR CONTE / PASTEL STICK OR MIX YOUR OWN BLACK

EVERY MEDIUM EXCEPT WATERCOLOR REQUIRES WHITE PAINT OR WHITE PASTEL STICK

INCLUDE ONE ADDITIONAL COLOR FOR UNDERSTANDING VALUES IN COLOR

## **WATERCOLOR**

REQUEST FULL WATERCOLOR SUPPLY LIST IF WISH MORE DETAIL

### **PAPER**

Student grade paper is OK for this class

GOOD WATERCOLOR PAPER IS NOT THAT EXPENSIVE! 140 lb is fine for these exercises :

one large 22 X 30 inch sheet can be cut or torn into smaller sizes, then clipped to a support board.

Arches, Saunders, Hahnemuhle, Boahong, Fabriano are professional grade papers

**YOU NEED BOTH ONE BLACK AND ONE COLOR TUBE OF WATERCOLOR PAINT**

Professional grade watercolor is worth the price: Studio grade is not as strongly pigmented and does not handle nicely in comparison to professional grade: choose from Graham, Sennelier, Winsor & Newton, Daniel Smith, Holbein, Schmincke, Isaro

1 **ONE TUBE OF BLACK WATERCOLOR OR MIX BLACK :**

ULTRAMARINE BLUE + BURNT SIENNA

OR

ANY VERY DARK TRANSPARENT PIGMENT MIXED WITH A SECOND DARK TRANSPARENT PIGMENT

2 **ONE TUBE OF ANY COLOR WATERCOLOR**

**PALETTE:** IF YOU DO NOT HAVE A PALETTE USE LIDS OF YOGURT CONTAINERS OR SIMILAR WATER CONTAINER or two - keep one with clean water  
PAPER TOWELS OR RAGS  
BULL CLIPS: Needed to attach pads to support boards  
WHITE ARTIST TAPE : not necessary for these exercises, use BULL CLIPS.  
If you buy sheets and cut to size, use bull clips or tape with white tape to board.

## **GOUACHE**

ALL ASPECTS OF WATERCOLOR APPLY TO GOUACHE EXCEPT YOU NEED WHITE PAINT  
BRUSHES COULD BE WATERCOLOR OR ACRYLIC OR OIL BRUSHES

## **OIL / ACRYLIC**

**SURFACE:** CANVAS OR GESSOED PAPER

**PAINT:**

- 1 **ONE TUBE OF BLACK OR MIX BLACK :**  
ULTRAMARINE BLUE + BURNT SIENNA  
OR  
ANY VERY DARK TRANSPARENT PIGMENT MIXED WITH A SECOND DARK TRANSPARENT PIGMENT
- 2 **ONE TUBE OF ANY COLOR**
- 3 **ONE TUBE OF WHITE**

## **BRUSH**

Only need one BRUSH : I LOVE FILBERTS : LANGNICKEL LA F SUPREME

**PALETTE :** appropriate to your medium

WASH OIL BRUSHES WITH VEGETABLE OIL

rags, paper towels etc

water container for acrylic

I never use solvents with oils : research techniques

## **PASTEL : OIL OR DRY**

**take precautions for dust from dry pastels**

**pastel pencils are nice**

PAPER : TOOTHED

- 1 **ONE STICK OF BLACK OR MIX BLACK**
- 2 **ONE STICK OF ANY COLOR**
- 3 **ONE STICK WHITE OPTIONAL**

## **EASEL**

If you have a portable easel great!

MY EASEL : Richeson Italian Steel Tripod Easel

You do not need an easel for this class.

Work on a table with a support under paper or canvas