The Osher Lifelong Learning Institute
Courses, Lectures, and Events For People 50 and Better

Join or renew your membership anytime.
Special Events start September 4
Classes and Lunch and Learn start September 20.
Register now by calling (801) 585-5442
or online at www.osher.utah.edu!

(Use the forms on pages 30 - 32 to gather all the information you'll need to register.)
Dear Osher Members,

Back to School Eagerly!

This term brings plenty of opportunities to satisfy your curiosity, expand your knowledge, and stay connected with your community. Courses range from American Writers to Water Color Painting. Explore Egyptian, Greek, and Roman art history or early Utah art; keep your bones in tip-top shape or learn more about how the brain works and ages; learn about what is happening right now in courses like Tracking the Economy, Current Issues, Surviving as a Minority in the Middle East, or Middle East Paths to Conflict; learn how forensics really works; or draw, paint, or play in the mud at Ceramics class.

Expand your world with some really great courses and people. Enjoy the experience of learning with no prerequisites, tests, grades, or parking hassles. Surrounding yourself with life loving peers adds dimensions to the experience not available while reading books or watching movies or TV (even PBS or the Discovery or National Geographic channels).

Check out what we have to offer and register today!

Want to do a huge favor for a friend? Bring them to Osher where they will find nourishment – for their brain and for their being. Need extra catalogs or want to put someone on the mailing list? Call the office today at (801) 585-5442, option 2.

Cathy House
Director
(801) 585-5442
Courses by Category

Art
- Art History: Egyptian, Greek, Roman, and Byzantine
- Ceramics: Primitive Techniques, History and Hands-on Experience
- Chamber Music: A Survey
- Dance: History and the Creative Process
- Drawing: Colored Pencil
- Early Utah Art: 1847 to 1940
- Watercolor Painting

Contemporary Studies
- Current Issues in American Public Affairs/Politics
- Surviving as a Minority in the Middle East
- Roads to Just Peace
- Tracking the Economy Out of the Great Recession

Health
- Build a Bone
- Walking for Health

History
- Bury My Heart at Wounded Knee: The Making of an Atrocity
- Life and Times of Early Bountiful Pioneers, Utah’s Second Settlement
- Middle East: Paths to Conflict
- Our Colonial Origins: Faith, Order, and Liberty

Languages
- French: Getting Started
- French: Intermediate
- French: Advanced
- Spanish: Getting Started
- Spanish: Continuing

Literature
- American Writers: Edith Wharton
- Contemporary American Authors: The Strength of the Feminine Within the Family
- Reading Walden
- Tolstoy: Life, Philosophy, and Anna Karenina
- Wallace Stegner: Non-fiction

Science, Medicine, and Technology
- Bioelectronics and the Bionic Age: How Technology Touches Our Hearts
- Ethnobotany: The Study of How People Use Plants
- Forensic Anthropology: The Science Behind the Media
- Human Ancestors: Geological and Environmental Background
- Memory and Aging
The Best Part Of Waking Up

Do you dread the sound of your alarm going off in the morning, or do you consider it a sound of promise and possibility? Retirement or semi-retirement gives Osher members the flexibility to devise their own roadmap and enthusiastically greet each day, fired up about all they can do. By looking at life as an empty canvas, a blank page, a hunk of clay to be crafted on purpose, Osher members jump at the chance to seek out interesting people, reexamine long dormant talents, or dive into something completely new. The Osher program provides many fascinating opportunities for its members to find ways to reinvent themselves or to continue to gain personal wisdom with a global perspective.
American Writers: Edith Wharton
Having grown up in upper-class pre-World War I society, Pulitzer Prize winning author Edith Wharton became one of its most astute critics. In The House of Mirth and The Age of Innocence (both adapted for the big screen), she described New York’s upper class and the vanishing of their world in the early 20th century. Our attention will focus on critically reading these works for Wharton’s use of fictional realism, humor, profound empathy, and subtle dramatic irony and on how the heroines respond to the restrictions of the manners and mores of the early 20th Century. We will examine how characters’ lives are marked by boundaries and expectation.

Art History: Egyptian, Greek, Roman, and Byzantine
Explore some of the most fascinating and astounding accomplishments of human beings which have shaped our culture. Truth is indeed stranger than fiction and discovering why is enlightening and great fun. Join us as we select subjects from a timeline that begins with the Egyptians continuing to the contributions of the Greeks and classical sculpture, the Romans and their incredible engineering feats, the Dark Ages, and Byzantine cathedrals. Slides will help illustrate topics with an emphasis on relevant art vocabulary that will benefit any person interested in art and its impact on daily life.

Bioelectronics and the Bionic Age: How Technology Touches Our Hearts
Barely a generation ago the stethoscope was the diagnostic sensor of choice. Now we have a tremendous array of electronic medical diagnostic and treatment tools that touch virtually every organ, system, fluid, and action of our bodies. The promises of neural prostheses are helping the deaf to hear, the blind to see, and eventually the chair-bound to walk. We will discuss the history of bioelectronics, where the field is heading, and the implications for modern health care and beyond including an overview of bioelectronics and the bionic age and topics such as artificial retinas, the Utah Electrode Array, implantable micro devices, next generation MRI, and bio-materials.
Build a Bone

Have you heard the words osteopenia or osteoporosis from your medical professional? Want to prevent bone loss and related medical issues? Learn what research suggests you can do to improve your bone health. Practice exercises that will improve your bone strength and reduce your risk of falls by 50%. This course will cover weight bearing, weight lifting, spine extension, balance exercises, core strengthening, walking, and nutrition. Participants will listen to lectures and perform exercises with the help of instructors. Instructors are experts in physical therapy. Classes are interactive, motivating, and fun!

Osher 189 - 001
Dates: Mondays, 9/20/2010 - 10/18/2010, no class 10/11
Time: 1:30 PM - 3:30 PM
Location: The University Orthopaedic Center, Eccles Conference Room, 590 Wakara Way
Instructor: Patty Trela, et. al.
Tuition: $109
Special Fee: $22, includes a pedometer and handouts

Bury My Heart at Wounded Knee: The Making of an Atrocity
In the late 19th century, the U.S. government marginalized American Indians, concentrated them on reservations, and used lethal force to enforce compliance. The HBO series, Bury My Heart at Wounded Knee, focused our attention on this period of history. This class is based on Jeffrey Ostler’s recent book, The Plains Sioux and U.S. Colonialism from Lewis and Clark to Wounded Knee. We will explore well-known aspects of the Sioux story to gain new insights and look at many lesser-known facets of Sioux history and culture to develop a deeper understanding. We will examine the clash between two great military powers on the northern Great Plains and the tragic results for the Lakota.

Osher 619 - 001
Time: 11:30 AM - 1:00 PM
Location: Commander’s House, Fort Douglas
Instructor: Ephriam Dickson
Tuition: $145
Special Fee: $40

Ceramics: Primitive Techniques, History and Hands-on Experience
This course is designed to give students an overview of the history of primitive hand-built ceramics as well as hands-on experience forming and firing clay. Demonstrations, lectures, and slides will introduce students to the ancient techniques of pinch and coil pottery and to outdoor pit firing, saggar firing, and Japanese raku firing. Students will have ample studio time to produce pots using these age-old techniques and will be directly involved in firing their work. Class is suitable for beginning and returning students. Special fee covers one bag of clay, firings, glazes, class handouts, and open studio time.

Osher 614 - 007
Time: 9:30 AM - 12:30 PM
Location: Bountiful, 75 E. 200 S.
Instructor: Diane Shaw
Tuition: $145
Special Fee: $40

Chamber Music: A Survey
Chamber music is often defined as instrumental ensemble music performed by one player to a part. Contrast this with orchestral music, in which there are several players for each part. Our survey of chamber music will focus mostly on string quartets, string trios, and brass quintets by composers from various periods, including Haydn, Mozart, Beethoven, Brahms, Debussy, Ravel, Bartok, and Hindemith. We will explore form and style so that by the sixth session, students will able to identify the characteristic sounds of classicism, romanticism, impressionism, and post-impressionism.
Osher 818 - 007
Time: 3:15 PM - 4:45 PM
Location: Bountiful, 75 E. 200 S.
Instructor: Dr. Lewis Phelps
Tuition: $109

Contemporary American Authors: The Strength of the Feminine Within the Family
This course explores three contemporary authors and their views on the strength of the feminine within the family, including the meaning of “mother.” Within that examination, special attention is centered on what it means to be motherless, and the impact that condition has on the three teen-aged narrators. Topics focus on the social construction of family and the value of self-preservation and relationship-building in the aftermath of damaged and fragmented families. Students will have ample opportunity to share insights and opinions. Reading the suggested books will enhance appreciation of the class.


Osher 682 - 007
Dates: Mondays, 9/20/2010 - 11/1/2010, no class 10/11
Time: 3:15 PM - 4:45 PM
Location: Bountiful, 75 E. 200 S.
Instructor: Leslie Biebau
Tuition: $109

Current Issues in American Public Affairs/Politics
Examine the behind-the-scenes details (strategies, personalities, power, and politics) that influence stories in The New York Times about American political and governmental current events. The Times provides many controversial issues for lively discussion. In addition to The Times, The Washington Post, CNN, and National Public Radio will be our sources for breaking stories. Students should come to class prepared to ask hard questions and actively and respectfully participate in class discussion.

Osher 630 - 001
Dates: Tuesdays, 9/21/2010 - 11/2/2010, no class 10/12
Time: 1:30 PM - 3:00 PM
Location: Commander’s House, Fort Douglas
Instructor: Tim Chambless
Tuition: $109

Dance: History and the Creative Process
Learn how the art of dance has evolved from primitive, ancient, and medieval to European renaissance court dance and ballet to American modern dance revolutionists and how the creative process works today. We will explore the creative process including choreography, production from studio to stage, costumes, lighting, and the influence of multi-media, film, and television. The final class will discuss philosophy, criticism, and trends in contemporary dance.

Osher 201 - 001
Dates: Tuesdays, 9/21/2010 - 11/2/2010, no class 10/12
Time: 1:30 PM - 3:00 PM
Location: Commander’s House, Fort Douglas
Instructor: Loa Mangelson-Clawson
Tuition: $109

Drawing: Colored Pencil
Learn the fundamental techniques and principles needed to master this incredible modern medium. We'll begin with an explanation of different types of pencils, paper, and strokes. Next we'll cover basic colored pencil techniques such as tonal layering. You will choose your own subjects, work at your own pace, and discover the versatile and vibrant medium of colored pencil. This class will give you a solid foundation to continue with drawing or move into other mediums such as...
Give Them Something To Talk About

Osher classes not only cover a broad range of current, topical, and pertinent subject matter, they are also designed to stir lively conversation and debate. In fact, members are encouraged to participate in classroom discussions and share their knowledge and ideas. These discussions often continue after class in the parking lot or coffee shop. Osher members are typically not short on opinions and the classes are the perfect place to share them; and then quite possibly reformulate those opinions based on new insights gleaned from the instructor and fellow students. As issues are discussed, minds are opened, perspectives enhanced, confidence built, and friendships formed.
watercolor, oil, or acrylic painting. Returning students should bring their supplies. New students can order supplies from the instructor during the first class only or purchase on your own. Approximate cost is $45.

Osher  626 - 001
Time:  11:30 AM - 1:00 PM
Location:  Tenth East Senior Center, 237 S.
          1000 E., SLC
Instructor:  Bill Laursen
Tuition:  $109

**Early Utah Art: 1847 to 1940**
This course will introduce the study of early Utah art and artists, including those who were sponsored to attend the Paris Academies in the 19th century. Topics include pioneer art and the itinerant artists, second generation Utah artists and the mission to Paris of 1890-92, Depression-era artists and the WPA projects.

Osher  202 - 001
Time:  9:30 AM - 11:00 AM
Location:  Commander's House, Fort Douglas
Instructor:  Tom Alder
Tuition:  $109
Special Fee:  $4

**Ethnobotany: The Study of How People Use Plants**
Ethnobotany is a recently developed field of study that combines anthropology and botany. It examines the way cultures use plants for food, medicine, ritual, and utilitarian purposes. This class will follow the history of ethnobotany to the present day by sharing the fascinating stories and adventures of the intrepid scientists and explorers who venture to some of the wildest places on earth to learn from indigenous people about plants and their uses. Two field trips, one to the Garret Herbarium at the Utah Museum of Natural History and another to see the modern-day herbal pharmacy at Millcreek Herbs, will broaden the classroom experience.

Osher  115 - 001
Time:  1:30 PM - 3:00 PM
Location:  Commander's House, Fort Douglas
Instructor:  Merry Harrison
Tuition:  $109
Special Fee:  $4

**Forensic Anthropology: The Science Behind the Media**
Forensic anthropologists examine human skeletal remains to determine the characteristics of the deceased. The media stretches the bounds of forensics, leaving just enough truth to be believable. This course explores the facts, fiction, and fallacies of forensic anthropology in the media. We will discuss basic analytical techniques, including hands-on experiences with forensic skeletal material, to understand how forensic anthropologists read the skeleton with respect to sex, age, race, and pathologies. By the end of this course you will be able to dissect an episode of your favorite crime drama.

Osher  204 - 001
Time:  1:30 PM - 3:00 PM
Location:  Commander's House, Fort Douglas
Instructor:  Caitlin Dardenne and Alexis Smith
Tuition:  $109

**French: Getting Started**
If you've always wanted to study French, this student-centered class will get you going. It is designed for individuals planning a trip to France and armchair travelers hoping to better navigate a favorite French recipe or opera. Students will practice pronunciation, basic grammar, and important vocabulary, including French terms and phrases that enrich the English language. Different teaching techniques will be used to help students find the most

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more course info on page 9
effective methods for reaching their own learning goals, and the instructor will tailor class sessions to students' interests and needs.

Osher  136 - 001
Dates: Tuesdays and Thursdays,
9/21/2010 - 11/4/2010,
no class 10/12 and 10/14
Time: 1:30 PM - 3:00 PM
Location: Tenth East Senior Center, 237 S.
1000 E., SLC
Instructor: Annie Burt
Tuition: $179
Special Fee: $2

French: Intermediate
This class is designed for those with basic knowledge of French vocabulary and grammar, whether you learned French at one time and need a refresher or are progressing from a beginning class. Learn grammar and vocabulary and develop enough conversational skill to be able to travel in a French-speaking country, to watch French movies, and to read French literature and newspapers. While the first class will provide instruction in English, over the duration of the course progressively more French will be used until students are comfortable asking questions in French and are able to understand the answers in French.

Osher  143 - 001
Dates: Tuesdays and Thursdays,
9/21/2010 - 11/4/2010, no class
10/12 and 10/14
Time: 11:30 AM - 1:00 PM
Location: Tenth East Senior Center, 237 S.
1000 E., SLC
Instructor: Annie Burt
Tuition: $179
Special Fee: $2

French: Advanced
Continue advancing your French language skills. This class will emphasize learning more about cultural nuance through the French language. Class participants will practice pronunciation, grammar, and important vocabulary by engaging in interactive dialogue that explores French history and current news events, contemporary life, and well-known French political and media personalities. This course may be repeated several times by students interested in continuing their learning. Only French is spoken in this class. This course is not suitable for beginners.

Osher  135 - 001
Dates: Tuesdays and Thursdays,
9/21/2010 - 11/4/2010, no class
10/12 and 10/14
Time: 9:30 AM - 11:00 AM
Location: Tenth East Senior Center, 237 S.
1000 E., SLC
Instructor: Annie Burt
Tuition: $179
Special Fee: $2

Human Ancestors: Geological and Environmental Background
Many fossils of early humans and their hominid ancestors have been recovered in the Lake Turkana region of The Great Rift Valley of northern Kenya. Interdisciplinary fieldwork and research in the region have contributed much to our understanding of the timing and context of human origins. Learn about the physical geography, peoples, languages, flora, and fauna; the vast geological strata from 4 million years ago to present; how the strata and the fossils they enclose are dated, connections to the marine record, and their importance; reconstruction of ancient plant and animal communities through paleontology, stratigraphy, and isotopic studies; and the importance of fossils to our understanding of human history.

Osher  206 - 001
Dates: Tuesdays, 9/21/2010 - 11/2/2010, no class 10/12
Time: 9:30 AM - 11:00 AM
Location: Commander’s House, Fort Douglas
Instructor: Frank Brown
Tuition: $109

**Life and Times of Early Bountiful Pioneers, Utah's Second Settlement**

We will use early pioneer journals and personal diaries to learn of the life and times of some of Bountiful's residents during the late 1800s. Share in their joys, sorrows, good times, and challenging times and gain an appreciation for their contributions to the development of our communities in Utah. What can we learn from the early settlers that will help us through our own times and challenges? Come to appreciate how we have this wonderful community of beautiful homes and gardens in the land “Bountiful,” Utah's second settlement.

**Osher 208 - 007**


Time: 3:15 PM - 4:45 PM

Location: Bountiful, 75 E. 200 S.

Instructor: Tom Tolman

Tuition: $109

**Memory and Aging**

How does aging affect memory? This course will examine what constitutes normal memory, how memory works, the basic anatomy and function of the brain, and ways to protect and enhance memory. We will look at common problems that occur with memory and discuss when to seek professional help, differences between depression and dementia, and the importance of family trees, genetics, and stem cells. We will wrap up the course with a look at twenty-first century brain science and dementing illnesses including the latest in diagnostic approaches, treatment options, and current research. Taught by experts from The U of U Center for Alzheimer's Care, Imaging & Research.

**Osher 191 - 001**


Time: 1:30 PM - 3:00 PM

Location: Commander's House, Fort Douglas

Instructor: Dr. Gordon Chelune, Dr. Kevin Duff, Dr. Norman Foster, Dr. Edward Zamrini

Tuition: $109

**Middle East: Paths to Conflict**

A variety of characters have created multiple, almost continuous conflicts in the Middle East since World War I, sometimes inadvertently, sometimes intentionally. Each class session participants will examine a particular segment of the modern history of the Middle East to see who was involved, what they did, why, and how their actions have contributed to the situation there today. Students will learn about the people that populate Middle Eastern countries, religious movements, political movements, kings and dictators, and the intrigues of European and American diplomats and companies. Each session will culminate with a class discussion.

**Osher 654 - 001**

Dates: Tuesdays, 9/21/2010 - 11/2/2010, no class 10/12

Time: 3:15 PM - 4:45 PM

Location: Commander’s House, Fort Douglas

Instructor: Chris Schaefer

Tuition: $109

Special Fee: $2

The instructor will supply a recommended reading list and recommended movies/videos for those wishing to learn more about specific course topics.

**Our Colonial Origins: Faith, Order, and Liberty**

Puritanism dominated the intellectual and political life of colonial New England and had a direct impact on American political and cultural development. Studying the foundational documents of the New England political experiment reveals how and why this occurred. Of course, the Magna Carta, the English Constitution, and the Declaration of Independence were important but there are many lesser known documents of equal if not more importance to the development of moral and political ideas derived from that time. In each class session we will consider one or two primary documents and examine them in the historical context of time, place, and the people involved and how their effect manifests today.

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more course info on page 12
Several years ago a television show portrayed the story of the six-million-dollar, bionic man, an astronaut who was rebuilt after an accident to have super-strength and vision. What seemed like a futuristic pipe dream at the time has now become a reality. Scientific advances in the medical field have created a tremendous array of electronic diagnoses and treatment tools that can help the deaf to hear, the blind to see, and eventually the chair-bound to walk. This next generation of healthcare technology is known as bioelectronics, a frontier discipline emerging at the interfaces of electronics and electrical engineering, biology, physics, chemistry, and materials science. Bioelectronics will have an enormous impact in improving the quality and reducing the cost of healthcare, while changing the way we think about health, wellness, and even the aging process.
Reading Walden
This course will focus on a central text in the canon of American literature, Henry David Thoreau's *Walden*. Like Melville’s *Moby Dick*, *Walden* is a book generally known second-hand, by its reputation, rather than first-hand through a close reading of the text. Close reading is what we will do in this course. We will try to understand the literary texture of Thoreau's great work—at times infuriating, at times extremely funny, and always linguistically dense. Reading *Walden* closely will be an experience you won't forget. Class will be held at the instructor's home and is limited to 10 students.

- **Osher 211 - 001**
  - Time: 1:30 PM - 3:00 PM
  - Location: Commander’s House, Fort Douglas
  - Instructor: William Martin
  - Tuition: $109

Roads to Just Peace
As they have done with slavery, humans can abolish warfare as a legitimate means of establishing government or control over territory, ideology, religious beliefs and/or resources. Learn about the factors that lead to war and terrorism, the true costs of such extreme actions, and how the incidence of violent human conflict can be reduced by promoting standards of universal human rights and supporting international laws and conventions. Guest lecturers from various disciplines (history, political science, philosophy, communications and sociology) will be invited to lend their perspectives on various topics. Formal presentations will be limited to half the class time with the other half devoted to discussion of the issues.

- **Osher 140 - 001**
  - Time: 9:30 AM - 11:00 AM
  - Location: Tenth East Senior Center, 237 S. 1000 E., SLC
  - Instructor: Staff
  - Tuition: $179
  - Special Fee: $4

Spanish: Getting Started
Learn the basics of pronunciation, vocabulary, and grammar, and develop a cultural awareness about everyday life in the Spanish-speaking world. We will focus on development of oral-aural skills through conversations and discussions in a relaxed and congenial atmosphere. This class can be repeated to build the confidence and skills needed to move to a continuing class. To fully benefit from this class, you must be willing to spend time outside of class practicing and studying. This course is for students with little or no Spanish language skills.

- **Osher 212 - 001**
  - Dates: Mondays, 9/20/2010 - 11/1/2010, no class 10/11
  - Time: 3:15 PM - 4:45 PM
  - Location: Instructor’s home - details will be sent to registered students
  - Instructor: Brooke Hopkins
  - Tuition: $109

Spanish: Continuing
Build on your Spanish foundation, develop your oral proficiency, and further your cultural awareness. We will use discussions and audio-visual and other classroom aids. Students are encouraged to practice and study outside of class. This course is intended for students with a basic knowledge of Spanish and the basics of pronunciation, grammar, vocabulary, and the phrases needed to communicate successfully using the language. This class may be repeated.

- **Osher 213 - 001**
  - Time: 9:30 AM - 11:00 AM
  - Location: Commander’s House, Fort Douglas
  - Instructor: Andrew Schoenberg
  - Tuition: $109

more course info on page 13
Surviving as a Minority in the Middle East

Conflicts in the broad Middle East provide a framework for identifying the diversity of religions and ethnicities in the region. Taliban attacks in Islamic Pakistan remind us of the presence of Pakistani Christians and Ahmadis as well as the dominant Sunni Muslims and minority Shi’a Muslims. Arab Sunni-Shi’a competition for political power in Iraq is influenced by the Kurdish ethnic group. We will survey the range of religious and ethnic groups in the region focusing on the strategies that have allowed numerical minorities to control majority groups as well as the mechanisms that have allowed persistence of religious and ethnic groups in specific Middle East states.

Tolstoy: Life, Philosophy, and Anna Karenina

This class will start with a brief examination of Tolstoy’s long life (1828-1910) and his multi-varied, ever fluctuating philosophical stances. Then, we will examine and explicate (if possible) the various meanings contained in his novel Anna Karenina. We will examine narrative forms and this narrator in particular, and then we will investigate how Tolstoy illustrates the meaning of family, love, vengeance, and suicide in the context of Russian culture of the 1870s.

Tracking the Economy Out of the Great Recession

Is the US economy out of the woods yet? We know what the news outlets are saying but how do economists really measure recovery? Expand your knowledge of the economy beyond popularly quoted stock market indices by learning about the trends in output and income, jobs and unemployment, inflation and deflation and other important indicators of economic health and recovery. We will also look at a variety of problems such as the federal government budget deficit, the trade deficit, price inflation, continuing unemployment, job creation and other factors that influence the economy today.

Walking for Health

Turn your walk into a full-body workout with Nordic Walking. Nordic Walking is walking with specially designed poles to reduce the strain on your lower joints, increase oxygen consumption, help burn more calories, and utilize 90% of the muscles in your body in the process. The best part: There is no perceived increase of exertion.
over regular walking. Set yourself up for maximum benefit by learning proper pole adjustment and technique from the pros. Come try this unique fitness activity and see how much fun walking can be. Poles will be provided for you to use during and between classes.

**Osher 393 - 001**

**Dates:** Wednesdays, 9/22/2010 - 10/6/2010

**Time:** 3:15 PM - 4:45 PM

**Location:** Commander's House, Fort Douglas

**Instructor:** Elizabeth Foote and Donna Mirabile

**Tuition:** $59

**Special Fee:** $25

**Wallace Stegner: Non-fiction**

At the time of his death Wallace Stegner (1909-1993) was recognized as one of America's leading figures in literature and conservation. During his long writing career he wrote books and essays on history, literary criticism, biography, and the problems of conservation and water in the American West. Through studying Stegner’s non-fiction works we will come to appreciate the significant impact Stegner had on the American literature of the last half of the twentieth century and the strong influence he brought to conservation and ecological movements.

**Osher 216 - 001**

**Dates:** Tuesdays, 9/21/2010 - 11/2/2010, no class 10/12

**Time:** 9:30 AM - 11:00 AM

**Location:** Commander’s House, Fort Douglas

**Instructor:** Robert Steensma

**Tuition:** $109

**Special Fee:** $1

**Text:**
- Where the Bluebird Sings to the Lemonade Springs, ISBN 0-14-01-7402-8
- Marking the Sparrow’s Fall, ISBN 13: 978-0-8050-6296-0, all by Wallace Stegner

**Watercolor Painting**

This course will focus on learning the basic skills and techniques for using traditional transparent water color. Students will work from examples, worksheets, and models provided by the teacher. In each class the instructor will give a lesson and demonstration of watercolor techniques. Each student is responsible for obtaining the materials. A supply list will be mailed with your registration confirmation. Beginning and experienced students are welcome.

**Osher 712 - 001**

**Dates:** Wednesdays, 9/22/2010 - 11/17/2010, no class 10/13

**Time:** 3:00 PM - 5:00 PM

**Location:** Tenth East Senior Center, 237 S. 1000 E., SLC

**Instructor:** Linda Moffit

**Tuition:** $159

**Special Fee:** $4

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**Bridge Group**

The bridge group meets during the term on Mondays (9/20/2010 - 11/1/2010, no meeting 10/11/10), 12:30 PM – 2:30 PM at the Tenth East Senior Center (237 S. 1000 E., SLC). There will be an interactive discussion and handouts, and students will play illustrative hands. Participants are encouraged to purchase Defense in the 21st Century: The Heart Series by Audrey Grant; ISBN13: 978-0939460656. Everyone welcome!

**Movie Group**

This term the movie group continues. Watch your e-mail, flyers at classes, or the web site, or call the office for details on the films, dates, times, and location.

**Your Activity Here:**

Anyone can start an interest group. All you need to get started is an idea and some enthusiasm. The first step of the process is to find a group leader. This is the person who communicates with the group members, and works with the OLLI office to secure a meeting place. If you are interested in leading a group or want to learn more about the process call the office.
The study of literature rewards our lives in so many ways. Great literature contains our beliefs, our self-perception, our philosophies, our assumptions, and our interactions with the world at large. Of course, we learn the lessons found in literature only if we pause to think about what we read. We gain even greater knowledge and understanding when we discuss the ideas and meanings with a diverse group of individuals. Osher provides a golden opportunity to read great works and discuss them with others who appreciate deeper thinking. As you experience cultures and beliefs from the inside looking out through literature and add discussion with others, you gain much insight into your own biases, beliefs, and values.

Literature courses available:
- American Writers: Edith Wharton, pg. 4
- Contemporary American Authors: The Strength of the Feminine Within the Family, pg. 6
- Reading Walden, pg. 12
- Tolstoy: Life, Philosophy, and Anna Karenina, pg. 13
- Wallace Stegner: Non-fiction, pg. 14
FALL 2010
SPECIAL EVENTS

RSVP required for all events.
See the event worksheet on page 32.

Walking Tour of Salt Lake City’s Great Ladies
Saturday, September 4, 2010, 9:00 AM – 10:30 AM
Randall Dixon, historian, researcher, and senior
archivist for the LDS Church’s Historical Department
will lead us on a walking tour of significant buildings
built during our city’s early years. He will give historical
as well as architectural information pertinent to each
building. Randall has thirty-two years of experience in
tracking the growth of the downtown area and is deeply
attached to its early years. Wear your walking shoes and
bring your questions.

This is the Place Heritage Park Quilt Collection
Tuesday, September 7, 2010, 1:00 PM – 2:00 PM
This is the Place Heritage Park, 2601 East Sunnyside
Ave (800 S.)
The quilt collection at the museum dates from the
1820s to 1940s. Lisa Waggoner, a member of the
Quilt Guild, will discuss the connection of quilting to
our American society and to the Industrial Revolution,
show antique quilts from the collection, and highlight
that influenced quilt design and quilting techniques.
Participants will be given an opportunity to examine
the quilts in detail. Gloves will be provided for anyone
wishing to touch the quilts.

Utah Opera Production Studio Tour
Wednesday, September 8, 2010, 10:00 AM – 11:00 AM
336 N. 400 W.
Michelle Peterson will lead us on a behind-the-scenes
tour of the production studio which houses staff, the
prop tech department, costumes, and rehearsals for all
Utah Opera productions. Come see what it takes to
produce an opera.

Rock Cliff Nature Center at Jordanelle Reservoir
Thursday, September 9, 2010, 10:00 AM – 11:30 AM
SR 319 #515 Box 4, Heber City, UT 84032
Naturalist Kathy Donnell will take us through the
nature center as well as on a hike around the wetlands.
Ms. Donnell has been assigned to Rock Cliff for over
10 years and brings a lot of experience to this outing.
The park was established in 1995 with a reservoir of
3,000 surface acres of water that provides culinary
water to the Wasatch Front, Heber, and Provo as well
as opportunities for camping, boating, and fishing.
This will be a great opportunity to be outside in the
mountains in the fall. Don’t forget your binoculars and
walking shoes.

University Health Care Pain Management Center
Friday, September 10, 2010, 5:00 PM – 6:30 PM
546 Chipeta Way Suite #220
Joey Robinson, MSNEd, a patient advocate for
37 years, has been chosen by the American Pain
Foundation to lead statewide pain-advocacy and public
awareness efforts. She will present a Pain Management
Overview including a discussion of shingles, chronic
pain, achieving independence from pain, and how to
talk with your health care provider. We will also tour
the facility. Please join us for this important event.

Fort Douglas Walking Tour
Tuesday, September 14, 2010, 1:00 pm – 2:00 pm
Fort Douglas Museum and surrounding area
Osher instructor Ephriam Dickson will lead a tour of the
historic buildings and military cemetery on campus. He is
the curator of the Fort Douglas museum and an historian
with special interest in Native Americans. Come ready to
walk and learn about our beautiful Fort Douglas.

Rastar Communications Tour
Wednesday, September 15, 2010, 10:00 AM – 11:00 AM
2211 W 2300 S (west of Redwood Road)
Founded in 1992, Rastar is a large printing company,
with 330 employees. We will tour their four main
buildings. The first one is the traditional offset facility
where five colors are applied at once, the second the
digital facility, the third the marketing and large
format operation where banners and posters are made,
and the last building houses the Photo Book operation
where customers can order scrapbooks online for
delivery. Rastar is the major printer for O.C. Tanner.
This will be a very interesting production line tour
of various forms of printing. There will be 2 hours of
walking and driving between buildings.
Pioneer Craft House  
**Thursday, September 16, 2010, 2:00 – 3:00**  
3271 S. 500 E., SLC  
The Pioneer Craft House has traditionally provided education to preserve weaving, tatting, stained-glass making, silversmithing, and more. In 2006, ownership of the five buildings and 1.68 acres of surrounding land transferred to a group consisting of the Utah Open Lands Conservation Association, the Pioneer Craft House Association and Salt Lake County. Since the sale, the property has been undergoing significant improvements and renovation while protecting and preserving its historic nature. The Craft House holds Utah's best puppet collection and a trove of other historical artifacts. The grounds include century-old redwood and sequoia trees and a restored greenhouse. The Craft House offers many arts and crafts classes facilitating continuation of rich historical traditions in modern ways. We will tour the buildings and grounds and have an opportunity to see many historic items and artists at work.

UMFA: Las Artes de Mexico  
**Friday, September 24, 2010, 10:00 AM – 11:00 AM**  
410 Campus Center Drive  
Explore the richness of Mexican art and culture across many eras and regions, from the ancient work of the Mayans and Aztecs to groundbreaking modernist painting of the 20th century on this docent led tour. “Las Artes de Mexico: From the Collection of the Gilcrease” includes a broad array of artifacts such as woven fabrics, masks, and religious objects from Mesoamerica (pre-Conquest Mexico) as well as paintings by modernist masters like Rufino Tamayo, Jose Clemente Orozco, and Diego Rivera. The work of Pablo O'Higgins, a SLC native who moved to Mexico in 1924 to live and to train under the famous Mexican muralist Diego Rivera will also be included in the tour.

AARP Driver Safety  
**Tuesday, October 12, 2010, 9:00 AM - 1:30 PM**  
Tenth East Senior Center, 237 S. 1000 E., SLC  
The AARP Driver Safety Program is designed specifically for the older driver. Drive more safely. Tune up your driving skills and update your knowledge of the rules of the road. Learn about normal age-related physical changes, and how to adjust your driving to allow for these changes. A certificate is awarded upon completion. Check with your insurance company about discounts available to certificate holders age 55 and older. This course is co-sponsored by Osher and the Tenth East Senior Center. There is a fee for materials, payable to the instructor ($12 for AARP members – must show membership card, $14 for non-AARP members). Feel free to bring your lunch. Note: This event can be added above the four event limit by calling the Osher office (801-585-5442, option 2)

All Around The U  
**Wednesday, November 10, 2010, 8:00 AM – 12:00 PM**  
Campus – Meeting Location TBA  
An exciting and informative way to learn about the U, this event will provide an up-close and personal look at select up-to-date research and outstanding academic programs all over campus. New areas of the U are visited each time this tour is offered. Presentations are always top notch and well worth the time.

Uintah Brewery  
**Friday, November 12, 2010, 2:00 PM – 3:00 PM**  
1722 S. Fremont Dr. (2375 W.)  
Take a tour of Utah's largest brewery. Founded in 1993, Uintah produces ten varieties of world-class beer, of which a half million cases a year are sold both in and out of state. The on-site pub will be open to our group after the tour for those who wish to taste.

Weaving World Peace: Navajo Rug Show  
**Sunday, November 14, 2010, 10:00 AM – 1:00 PM, Snow Park Lodge, Deer Valley Resort**  
Each November the Adopt-A-Native-Elder Program sponsors a rug show and sale in Park City. The event is centered on traditional weavings of the elders and other aspects of traditional Navajo culture. Osher members will enjoy an exclusive explanation of different weaving styles and materials, an introduction to some Elders, and an opportunity for the group to chat informally with one or two Elders. Browse the many beautiful, hand-woven Navajo rugs and other handmade items. The event closes with lunch in Park City at a restaurant of the group's choosing. There is a weaving demonstration at 1:00 PM and a closing pow-wow at 3:00 PM for those who want to stay longer. Admission: $5 or a canned food donation, payable at the door.

RSVP required for all events. See the event worksheet on page 32.
Salt Lake City Main Library Tour  
**Tuesday, November 16, 2010, 10:00 AM – 11:00 AM**  
210 East 400 South  
The Salt Lake City Main Library is a significant architectural feat. The library design earned an Honor Award for excellence in architecture from The American Institute of Architects for Moshe Safdie and Associates. Safdie’s design recognizes the civic importance of the library through its siting, composition and in its grand interior spaces. The Main Library in Salt Lake City embodies the idea that a library is more than a repository of books and computers—it reflects and engages the city’s imagination and aspirations. Join us for a tour of this shining star in local architecture and discover features likely missed on a casual visit.

Lake Hills Memorial Crematory  
**Wednesday, November 17, 2010, 10:00 AM – 11:00 AM**  
10055 South State Street, Sandy  
Have you considered being cremated? Get a behind the scenes look at what is involved in cremation. See the actual equipment and learn about the requirements, limitations, advantages, and process. Find out what a retort is and how the ashes are tracked so family members can be assured they are actually those of their loved one. This is an opportunity to get all your questions answered before you need to know.

BYU Museum of Art  
**Thursday, November 18, 2010, 10:30 – 12:00**  
BYU Museum of Art, North Campus Drive, Provo  
*American Dreams: Envisioning America* represents a mosaic of artistic visions of the United States of America. Each piece reflects the artist’s view of the nation at a specific moment in history, enabling viewers to reflect upon the changing perceptions of “America” and what it means to be an American. The bold juxtapositions of seemingly unrelated works precipitate colorful discussions and probing comparisons. We will also view the special exhibit of Carl Bloch, a Danish artist famous for his religious paintings. In addition to the painting Christ Healing the Sick at Bethesda (1883) in the permanent collection at the museum, five other altarpieces created by Bloch for churches in Denmark and Sweden will be on display along with several smaller pieces. Join us for this docent led tour.

Mrs. Fields®  
**Wednesday, November 18, 2010, 9:55 AM – 11:00 AM**  
1717 South 4800 West in Salt Lake City  
This event is an amazing behind-the-scenes look at America’s favorite cookie. Our guided tour will take us through the entire production of Mrs. Fields gourmet gifts—from dough to hand-tied bow to boxed and ready-to-go! They’ll show off the gourmet bakery, assembly area and shipping dock, where you might be surprised to see just how efficiently they deliver as many as 35,000 packages in a single day! The tour ends with a visit to the outlet store where delicious Mrs. Fields® cookies as well as closeout gift items are available for purchase. Wear comfortable walking shoes—open-toed shoes are not allowed. Hair nets, beard/mustache nets, and other coverings will be provided on site.

**What Is Zen?**  
**Wednesday, December 1, 2010, 1:00 PM – 2:00 PM**  
1268 East South Temple  
The Big Mind Western Zen Center. Mark Enterman, a priest, publisher, and director of outreach programs for the Center will lead us on a brief tour, followed by a discussion period.
LUNCH & LEARN

Lunch and Learn lectures are wonderful opportunities for learning and social interaction with fellow Osher members and to introduce your friends to Osher. Bringing new people to Osher certainly helps to keep the program strong and vibrant and likely will make a tremendous difference in the lives of your friends as they explore the possibility offered by the Osher program and community. Bring a friend and a brown bag lunch. Come early to visit and enjoy your lunch before the speaker starts. Speakers start promptly at noon. The lectures generally last for about an hour and sometimes Q&A continues a bit longer.

Fall 2010 Lunch and Learn Schedule:
(No RSVP needed. Bring guests. All lectures are at the Commander's House, Fort Douglas.)

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Learning a Sense of Place Through Birds at Tracy Aviary
Wednesday, September 22, 2010, 12:00 PM-1:00 PM
Learn how Utahns are connected to Chilean flamingos through our feathered friends and how Tracy Aviary inspires people of all ages to pay more attention to the birds around us, their habitat needs, and the importance of conservation. Participants will also learn about Tracy Aviary’s master plan and the exciting new exhibits that have been built as well as exhibits soon to be built. Founded in 1938 and located on 8 acres within Salt Lake's Liberty Park, Tracy Aviary is the oldest and largest public aviary in the United States.

Climbing Mount Everest
Wednesday, September 29, 2010, 12:00 PM-1:00 PM
Imagine yourself on the peak of Mt. Everest. Share the experience with one who has been there. Dr. Masherter will show pictures from her climb and share some of the highs and lows of this challenging yet intensely rewarding experience. She will answer questions about what it is like to prepare for such a climb as well as the climb itself.

Fourth Street Clinic and Its Unique Role in the Salt Lake Community
Wednesday, October 6, 2010, 12:00 PM-1:00 PM
The Fourth Street Clinic provides high quality primary health care services to over 6000 homeless people per year. This presentation discusses how the clinic is funded, how it functions, the role of volunteers, and how Fourth Street supports homeless people and other homeless service providers in creating permanent supportive housing. Case findings are described and the near future of the clinic is discussed.

Police in Our Schools
Wednesday, October 20, 2010, 12:00 PM-1:00 PM
Did you know that many schools now have police on staff? Learn from an expert about societal changes that have taken our schools in this direction and what these public servants face every day, from concerns of international and domestic terrorism to criminal events in schools and alerts of active shooters on campus. What is law enforcement doing to prepare? What makes a school campus different from any city street in terms of the type of service or response needed? How are urban, suburban, and rural schools different? While the concerns may vary over time and location, the role of school police departments is universal—to protect our children, teachers, and visitors and to maintain an environment conducive to learning.

Healthy Aging
Wednesday, October 27, 2010, 12:00 PM-1:00 PM
How well we age is a product of personal and environmental influences that act together over the course of our lives. Our health is something we can positively influence at any age through the choices we make every day. Positive changes now can influence the rest of our lives! Often, aging well focuses on physical health. Although physical health
is important, optimal aging also has psychological, social, and even spiritual dimensions. This presentation will focus on what constitutes healthy aging, the factors that determine it, and ways to achieve it in one's daily life.

Be Fearless: Creating Positive Encounters with Contemporary Art
Wednesday, November 3, 2010, 12:00 PM-1:00 PM
Contemporary visual art can be perceived as inaccessible, irrelevant or controversial. But as society has diversified, visual artists have explored and depicted society by equally diverse methods and media. Encountering contemporary art need not be confrontational; rather, in response to an artist’s perspectives, viewers already have all the necessary tools to look at, contextualize, and cast a personal judgment about contemporary art. Learn how the Salt Lake Art Center provides such opportunities for positive encounters with contemporary art.

INSTRUCTORS

Tom Alder
Early Utah Art: 1847 to 1940
Tom Alder has an MA in Art History from The University of Utah. He is a partner in Williams Fine Art, trustee of the Museum of Utah Art and History, and a member of the boards of The University of Utah College of Fine Art, Art Access, and the Salt Lake County Art Collection board. Tom authors a monthly column about early Utah artists for 15 Bytes and is co-authoring a Utah art book entitled *Painters of Utah's Mountains and High Plateaus*.

Lee Bean
Surviving as a Minority in the Middle East
Lee L. Bean holds a BA and MA from The University of Utah, and a PhD from Yale in Sociology. He is Professor Emeritus, The University of Utah, primarily with the Department of Sociology. He also served as the Director of the Middle East Center and the Population Council of The University of Utah. Before his retirement, he was Senior Fulbright Research Scholar at the Cairo Demographic Center (Cairo) and at the Higher Institute for Public Health (Alexandria).

Leslie Biebau
American Writers: Edith Wharton and Contemporary American Authors: The Strength of the Feminine Within the Family
Leslie Biebau has an MA in British and American Literature from The University of Utah. She teaches in the English Department at Salt Lake Community College.

Frank Brown
Human Ancestors: Geological and Environmental Background
Frank Brown is the Dean of the College of Mines and Earth Sciences at The University of Utah. He has a BS and a PhD in Geology from the University of California, Berkeley. He has done field work and concomitant laboratory work on sites with fossils of early humans and early human ancestors in northern Kenya and southern Ethiopia for over forty years.

Annie Burt
Annie Burt is a native of France and spent much of her life in eastern France. She has an MA in English from the University of Nancy, France. She began her teaching career when she taught English and French to French senior high school students. She also taught adult language classes in France for community programs and private businesses.

William Carlisle
Tracking the Economy Out of the Great Recession
Dr. Carlisle has taught at The University of Utah for the past 35 years, teaching economic theory and American economic history in addition to other subjects. One of his special fields of interest is the Great Depression of the 1930’s. He has also taught courses in the area of current economic problems.
Juan Casteneda  
*Spanish: Getting Started and Spanish: Continuing*  
Juan is a native of Chile. Since coming to the US in 1981 he has taught English and Spanish among other professional pursuits. He has taught at Beacon Heights and substituted taught ESL at other schools.

Tim Chambless  
*Current Issues in American Public Affairs/Politics*  
Tim Chambless, PhD, has taught courses in The University of Utah’s Department of Political Science since 1987. He emphasizes current events and contemporary world problems in his courses because he wants his students to see political science and the study of government as both an experiment in democracy (George Washington’s term) and a tool for problem solving.

Gordon Chelune  
*Memory and Aging*  
Dr. Gordon Chelune is on the faculty of the Brain Institute and a professor of Neurology and Senior Neuropsychologist in the Center for Alzheimer’s Care, Imaging and Research at The University of Utah. He has a PhD from the University of Nevada at Reno and completed a fellowship in clinical neuropsychology at the University of Colorado Health Sciences Center. He is widely published in the areas of cognitive assessment, memory disorders, and outcome research.

Caitlin Dardenne and Alexis M. Smith  
*Forensic Anthropology: The Science Behind the Media*  
Caitlin N. Dardenne and Alexis M. Smith are PhD students in Biological Anthropology at The University of Utah. Both focus on the application of the concepts and techniques of the discipline to address questions of medical or legal significance. Ms. Dardenne holds an MSc in Physical Anthropology from the University of Pennsylvania. Ms. Smith holds an MA in Forensic Anthropology from California State, Los Angeles. Both instructors have experience in forensic skeletal analysis.

Ephriam Dickson  
*Bury My Heart at Wounded Knee: The Making of an Atrocity*  
Curator at the Fort Douglas Museum, Ephriam Dickson is an historian with special interest in Native Americans and their relationship to the federal government.

Kevin Duff  
*Memory and Aging*  
Dr. Kevin Duff is an Associate Professor in the Department of Neurology and a Neuropsychologist for the Center for Alzheimer’s Care, Imaging and Research (CACIR). He has an MA in Psychology from the University of Northern Colorado and a PhD in Clinical Psychology from the State University of New York at Albany. He conducts research in clinical neuropsychology, aging, and dementia. His primary areas of interest include longitudinal cognitive assessment, practice effects as an indicator of cognitive plasticity, and cognitive decline in normal aging, mild cognitive impairment, and dementia.

Gene Fitzgerald  
*Tolstoy: Life, Philosophy, and Anna Karenina*  
Gene Fitzgerald, professor of Russian language and literature at The University of Utah, has taught Russian language and literature of the 18th through the 20th centuries, and courses in the Honors Program, Liberal Education, and Comparative Literature. He was awarded the distinction of Liberal Education “University Professor,” the U’s Distinguished Teaching Award, the Hatch Prize for Excellence in Teaching, and the Presidential Teaching Scholar award.

Elizabeth Foote and Donna Mirabile  
*Walking for Health*  
Elizabeth Foote and Donna Mirabile began Nordic Walking in 2005 and recognized it as an incomparable fitness activity for individuals of all fitness levels. In March 2006, they received the necessary training to become Nordic Walking instructors sponsored by LEKI USA. Since that time they have successfully instructed hundreds of students in this unique fitness activity.

Norman Foster  
*Memory and Aging*  
Dr. Foster received his MD from the Washington University School of Medicine. He completed his residency in neurology at The University of Utah and...
a three-year fellowship in experimental therapeutics with the National Institute of Neurological and Communicative Disorders and Stroke at the NIH. He spent over 20 years at the University of Michigan. He joined The University of Utah in 2005 as Professor in the Department of Neurology, where he is also Director of the Center for Alzheimer's Care, Imaging and Research (CACIR) and serves as senior investigator for the Brain Institute.

Cynthia Furse

Bioelectronics and the Bionic Age: How Technology Touches Our Hearts
Dr. Cynthia M. Furse holds BS, MS, and PhD degrees in electrical engineering from The University of Utah. She is the Associate Vice President for Research and a Professor of Electrical and Computer Engineering at The University of Utah. Dr. Furse is the Director of the Center of Excellence for Smart Sensors, an active, funded research program including electromagnetics for biology and remote sensing. Dr. Furse will be joined in teaching by experts from the departments of Electrical and Computer Engineering and Bioengineering and the Center for Advanced Medical Technology.

Merry Harrison

Ethnobotany: The Study of How People Use Plants
Merry received her training from master herbalist Michael Moore at the Southwest School of Botanical Medicine and is a professional member of the American Herbalists Guild. She is on the faculty of the Myotherapy College of Utah. HerbalGram, the journal of the American Botanical Council, and the Journal of Utah Archaeology have published feature articles on her research on the botanical parts of an old Native American bundle. Her herb column runs in CATALYST magazine.

Brooke Hopkins

Reading Walden
Brooke Hopkins was born in Baltimore, Maryland. He attended Harvard College and Oxford University, and received his PhD from Harvard. He is emeritus faculty from the English department at The University of Utah.

Bill Laursen

Art History: Egyptian, Greek, Roman, and Byzantine and Drawing: Colored Pencil
Bill Laursen is a well-known Salt Lake area artist and educator. Bill has been painting and teaching his entire career. His art credits include Best of Show from the Brigham City Museum Gallery, the Oneta J. Thorne Memorial Art award for Outstanding Watercolor, and an Award of Merit from the Park City Arts Festival.

Loa Mangelson-Clawson

Dance: History and the Creative Process
Loa Mangelson-Clawson taught dance at The University of Utah for 32 years. She holds a BS in Dance Education and an MFA in choreography from The University of Utah. Her professional roles have included dancer, choreographer, artistic director, and board member. She has worked with Ririe-Woodbury Dance Company, Repertory Dance Theater, Performing Danscompany, the National Endowment for the Arts, and the National Dance Association. Her choreography has been performed on 5 continents.

Bill Martin

Our Colonial Origins: Faith, Order, and Liberty
Bill Martin is a PhD candidate in Early American History at The University of Utah. Prior to following his passion for American history Bill completed a successful business career. He holds a BA in English literature from California State University, Dominguez Hills, and a BA in Classical Languages and an MA in Ancient History from The University of Utah. He has taught Latin at Rowland Hall – St. Marks School and Western Civilization, World History, and Great Books at The U.

Linda Moffitt

Watercolor Painting
Linda Moffitt is an accomplished artist. Her paintings have been accepted into juried Utah Watercolor Society shows, The World of the Wild Art Exhibit at Hogle Zoo, and other art exhibits. Her paintings were featured in the Blue Cockatoo gallery for several years. Her experience includes private and public teaching.
Lew Phelps
Chamber Music: A Survey
Lew Phelps earned BM, MMEd, and AMusD degrees at the University of Arizona, studying voice, music history, and composition. He served as choral director at Point Loma High School, San Diego, and as professor of music at Mount Union College, Alliance, Ohio. He received the Great Teacher award in 1999. He and his wife spent a year at the BYU Jerusalem Center, where he delivered 25 lectures to Israeli students. He also lectured at Hebrew University.

Chris Schaefer
Middle East: Paths to Conflict
Chris Schaefer is an historical researcher. His first book, *Bataan Diary*, is about a group of American soldiers left behind in the Philippine Islands during the Japanese occupation. His current project is a book about the men who wrote the treaties that ended World War I, and how those treaties have led to our problems in the Middle East today. Chris holds a BA in History and a MS in Computer Science from Texas A&M University.

Andy Schoenberg
Roads to Just Peace
Andy Schoenberg was a Professor of Biophysics and Bioengineering at The University of Utah before retiring in 1999. Andy promoted and started the World Peace and Citizenship Seminar at The University of Utah, which he coordinated for 10 years. The Peace Seminar delved into the problems of war and establishing a peace with justice as seen from the disciplines of Philosophy, History, and Political Science. He received the Gandhi Peace Award for his work in promoting peace and human rights.

Diane Shaw
Ceramics: Primitive Techniques, History and Hands-on Experience
Diane Shaw has been teaching ceramics for The University of Utah for more than 20 years. She holds an MFA from The U. Private collections holding Diane’s work include American Express, Federal Reserve Bank of San Francisco, Nora Eccles Harrison Museum of Fine Art/USU, the St. Louis LDS Temple, and The U’s Museum of Fine Art. Her work is also featured at the Ogden Nature Center and the Gallivan Center Plaza.

Robert Steensma
Wallace Stegner: Non-fiction
Robert Steensma is professor emeritus of English at The University of Utah. He has published five books, the most recent being *Wallace Stegner’s Salt Lake City*, and several hundred articles, reviews, and professional papers. In 1990 he was honored by English majors at The University of Utah as the department’s "Outstanding Professor for Teaching." He is also a retired Navy captain who served on variety of warships and with NATO.

Tom Tolman
Life and Times of Early Bountiful Pioneers, Utah’s Second Settlement
Tom Tolman graduated from Weber State College with an art major, photography minor, and a teaching certificate. He has been a Bountiful City Councilman for 8 years. He is an original member and organizer of the Bountiful Historical Commission and currently a board member of the Bountiful Historical Preservation Foundation. In 2003 he received the Mayor’s Award for Bountiful History in Humanities from the Utah Humanities Council.

Patty Trela
Build a Bone
Patty Trela is a physical therapist at The University of Utah Orthopaedic Center, where she developed the “Build a Bone” program. She holds a BS in Physical Therapy from Temple University and a Doctor of Physical Therapy from Creighton University. She teaches in the Physical Therapy program at The U.

Dr. Edward Zamrini
Memory and Aging
Dr. Edward Zamrini is an Associate Professor of Neurology and the Director of Clinical Trials at the Center for Alzheimer’s Care, Imaging, and Research at The University of Utah. He received his MD from American University of Beirut in Lebanon, completed a neurology residency at North Shore University Hospital in New York, and completed fellowships in both epilepsy and neurogeriatrics and behavioral neurology at the Medical College of Georgia in Augusta.
THANK YOU

Our donors, sponsors and partners allow us to bring together a community of adult learners who share a passion for intellectual and social interaction.

MASTER DONOR

Bernard Osher Foundation
The Bernard Osher Foundation was founded in 1977 by Bernard Osher, a respected businessman and community leader. The Foundation’s interest areas and priorities include programs addressing the education needs of adults age 50 and over at institutions of higher education (Osher Lifelong Learning Institutes), as well as other higher education, regional arts, and cultural programs. The Foundation currently funds over 100 Osher Lifelong Learning Institutes around the country.

MEMBERS LIKE YOU

Members’ gifts are greatly appreciated. Gifts to the general fund help us continue the quality programming that makes Osher so special. Gifts to the scholarship fund make it possible for people who may not otherwise be able, to take classes.

FACULTY PARTNERS

Thank you to all the departments on campus that are represented on our faculty team this term.

Biological Anthropology: Caitlin Dardenne and Alexis Smith
Center for Alzheimer’s Care, Imaging, and Research: Dr. Gordon Chelune, Dr. Kevin Duff, Dr. Norman Foster, and Dr. Edward Zamrini
Continuing Education: Diane Shaw
Economics: Bill Carlisle, Emeritus
Electrical & Computer Engineering: Dr. Cynthia Furse
English: Robert Steensma
History: Bill Martin

Humanities: Gene Fitzgerald
Mines and Earth Sciences: Frank Brown, Dean
Modern Dance: Loa Mangelson-Clawson, Emeritus
Orthopaedic Center: Patty Trela

CAMPUS AND COMMUNITY PARTNERS

Fort Douglas Museum
The Tenth East Senior Center
University of Utah Alumni Association
Utah Museum of Fine Arts
Utah Museum of Natural History
Osher classes held at Ft. Douglas, Salt Lake City are based at the Commander’s House. Arrive a few minutes early on your first day of class for a cup of coffee, tea, or cocoa, and to find out where your class will be held. An Osher representative will be on hand to welcome you and help you find your class.

Administrative and Registration Offices
The Osher offices are located in the building on the corner of Mario Capecchi Dr. (formerly Wasatch Dr.) and South Campus Dr. The registration office is on the north end of the first floor, room 1185. The administrative offices are on the second floor at the south end of the hall, rooms 2163 and 2165.
Commander’s House
Enter gates of Ft. Douglas from South Campus Drive. Left at first stop sign. Left on the one-way street immediately before the Officer’s Club into parking lot. Whenever classes are in session you may park in any space in this lot except the handicap and University vehicle stalls. Overflow parking is available in the lot behind the University Guest House to the north.

Other class locations in Salt Lake City:

**Fort Douglas Museum**
32 Potter St., Salt Lake City
Enter gates of Ft. Douglas from South Campus Drive. Take the first left, then the first right. The museum is the first building on the right. Parking is in the lot just west of the building or on the museum side of the street directly in front of the museum. Parking on the street opposite the museum is prohibited without a valid University of Utah parking pass.

**Tenth East Senior Center**
237 S. 1000 E., Salt Lake City
Check the class listing for your class location(s).

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**STRIVING FOR AUTHENTICITY**
Learning to freely express yourself is the route to authenticity. As you continue to exercise your mind through learning and creativity, you plumb the depths of your being, accessing what you think and believe. You may be surprised at the resources, thoughts, and impulses that you discover there.
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<td>• Roads to Just Peace Ethics</td>
<td>• French: Advanced (T,Th)</td>
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<tr>
<td>11:30 AM – 1:00 PM</td>
<td>• Tracking the Economy Out of the Great Recession</td>
<td>• Lunch and Learn</td>
<td>• Bury My Heart at Wounded Knee</td>
<td>• Drawing: Colored Pencil</td>
<td></td>
</tr>
<tr>
<td></td>
<td>• Tolstoy: Life, Philosophy, and Anna</td>
<td></td>
<td>• French: Intermediate (T,Th)</td>
<td>• French: Intermediate (T,Th)</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Karenina</td>
<td></td>
<td>• Spanish: Continuing (T,Th)</td>
<td>• Spanish: Continuing (T,Th)</td>
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</tr>
<tr>
<td>1:30 – 3:00 PM</td>
<td>• Build a Bone (1:30 – 3:30)</td>
<td>• Current Issues in American Public</td>
<td>• Our Colonial Origins</td>
<td>• Ethnobotany: The Study of How People Use Plants</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Affairs/Politics</td>
<td>• Forensic Anthropology</td>
<td>• French: Getting Started (T,Th)</td>
<td></td>
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<tr>
<td></td>
<td></td>
<td>• Dance: History and the Creative Process</td>
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<td>• French: Getting Started (T,Th)</td>
<td>• Bioelectronics and the Bionic Age</td>
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<tr>
<td></td>
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<td>• Walking for Health</td>
<td>• American Writers: Edith Wharton</td>
<td></td>
</tr>
<tr>
<td>3:15 – 4:45 PM</td>
<td>• Reading Walden</td>
<td>• Middle East: Paths to Conflict</td>
<td>• Water Color Painting (3:00 – 5:00 PM)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
### Membership Benefits

Membership in OLLI is a life enhancing experience and will introduce you to a community of engaged and engaging peers. The people, the courses, the stimulating discussions, the events, and the easy access to campus, all add up to a unique experience.

OLLI Membership ($30 per year) includes:
- Access to a wide variety of classes. Class tuition and special fees apply.
- A wide range of no-or low-cost special events and lectures.
- Eligible to join Osher Member Special Interest Groups.
- 25% discount on Continuing Ed's Tech Ed courses* (801) 581-6061.
- 25% discount on Continuing Ed's Lifelong Learning courses* (801) 587-5433.
- 15% discount Continuing Ed's Youth Education programs*, 801-581-6984.
- Discounted membership in the U of U Alumni Association (801) 581-6995.

*Discounts are available on a space available basis. Call the respective office four days before the class starts to register at the discounted price. To guarantee a space, register at full price anytime. Discounts will not be applied retroactively.

### Student Benefits

Members registered for at least one course are eligible to obtain a University of Utah student ID card (for $10, must be picked up at the U Card office in the Olpin Union on campus). The ID card is active for University discounts and benefits whenever you are actively taking classes. Show your card wherever you go in SLC and other cities and see what benefits may be available at museums, theaters, and more.

- Free access to the Utah Museums of Fine Arts and Natural History and Red Butte Garden.
- Discounts at Kingsbury Hall and the Utah Symphony and Opera.
- Full access at all University libraries.
- Free access to University computer labs and free e-mail account and online file storage.
- Discount on purchases at Smiths on 400 S., 800 S., and in the Avenues. Show student ID card at the store to get special Fresh Values card.
- Eligible to purchase a campus recreation pass (must be purchased through Osher). Visit www.web.utah.edu/campusrec or call (801) 581-3797 for more information about facilities and programs.

### BOUNTIFUL CLASS SCHEDULE

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>3:15 – 4:45 PM</td>
<td>3:15 – 4:45 PM</td>
<td>3:15 – 4:45 PM</td>
<td>3:15 – 4:45 PM</td>
<td>9:30 AM – 12:30 PM</td>
</tr>
</tbody>
</table>

- Contemporary American Authors: The Strength of the Feminine Within the Family
- Survey of Chamber Music
- Life and Times of Early Utah Pioneers
- Ceramics

Classes start September 20. (all classes are 1 1/2 hours, once per week, except as noted)
Class Registration and Special Event RSVP

Request Processing
Registration and RSVP requests are processed as they arrive in the office or online. Confirmation letters are sent within a week of processing. If a class you request is full, your name will be placed on the wait list.

Textbooks
Textbooks can be purchased at your favorite bookseller or borrowed from a source of your choosing. We recommend that you get your textbooks prior to the first class.

Special Fees
In most cases, special fees can be waived if you do not wish to receive the materials. Please call the Osher office for assistance (801) 585-5442.

Refunds
Because space in classes is limited and we have arranged to provide our students access to various University facilities, you may drop a course and receive a full tuition and fee refund up until 4 days before the class starts. Should you need to drop after this point, please contact us so that we may identify the best option to meet your individual circumstance. Membership fees cannot be credited or refunded.

Attending Classes for Which You Are Not Registered
You must be registered for all classes you attend. This includes attending a different section of a class. If you would like to register, please contact the office before attending the class. You will be accommodated on a space available basis. Please note that an empty seat does not imply there is room in the class. If there appears to be room in the class it may be because there are extra seats for another class held in the same room that day or because some students are absent or late. Sitting in on a class disrupts the experience for those students who are legitimately registered for the class. Please respect your fellow students and instructors by not attending classes for which you are not registered.

Guests
Bringing guests to Osher is a lovely way to introduce them to our community. Members are encouraged to bring guests to Lunch and Learn Lectures. These lectures offer an opportunity to experience the more academic side of Osher while also meeting some members. There is no guest charge. Guests are welcome to sample Special Events and Interest Groups on a space available basis. Call the office four days before the event to RSVP for your guest. To reserve a space prior to that your guest may purchase a membership. Guests are not permitted in classes and other activities for which there is a tuition charge. Exceptions may be made in certain circumstances only with prior approval of the director.

Cancellation of Classes due to Weather
In case of severe storm conditions, please listen to your local radio station for University closure announcements or call the Osher office prior to leaving for your class.

Every attempt will be made to leave a message on the main Osher line (801-585-5442) regarding closures.

Contact Information
Feel free to contact us anytime in the following ways:
E-mail: osher@aoc.e.utah.edu
Phone: (801) 585-5442

Special Events
RSVPs are required for all events. To ensure all members have an opportunity to attend some events there is a four event per member limit. The four event limit applies to the total number of events for which you are either confirmed or wait listed. Additional events may be requested 1 week in advance of the event and will be honored on a space available basis. Call the office to check availability.

Many events have a wait list. If you can’t attend it is important that you call to cancel as far in advance as possible. This allows us to give someone else a chance to attend and be respectful of our hosts and fellow members. Your RSVP is nontransferable. Members on the wait list have priority for open spots and must be processed in order.

Event size is limited at the requests of our hosts to ensure a great experience for participants. We communicate the group size to our hosts in advance of the event. Please do not attend an event for which you do not have a confirmed reservation as this can place a burden on our hosts and is not fair to other members.
### FALL 2010 COURSE SELECTION AND WORKSHEET

Mark an (X) in the box next to the classes you are requesting.

<table>
<thead>
<tr>
<th>Courses</th>
<th>Class Name</th>
<th>Cat#</th>
<th>Sec#</th>
<th>Tuition</th>
<th>Fee</th>
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<tbody>
<tr>
<td>American Writers: Edith Wharton (pg. 4)</td>
<td>187</td>
<td>1</td>
<td>$109</td>
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<tr>
<td>Art History: Egyptian, Greek, Roman, and Byzantine (pg. 4)</td>
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<td>Bioelectronics and the Bionic Age: How Technology Touches Our Hearts (pg. 4)</td>
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<td>Build a Bone (pg. 5)</td>
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<td>$109</td>
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<td>Bury My Heart at Wounded Knee: The Making of an Atrocity (pg. 5)</td>
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<tr>
<td>Ceramics: Primitive Techniques, History and Hands-on Experience (Bountiful) (pg. 5)</td>
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<tr>
<td>Contemporary American Authors: The Strength of the Feminine Within the Family (Bountiful) (pg. 6)</td>
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<td>Dance: History and the Creative Process (pg. 6)</td>
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<td>Drawing: Colored Pencil (pg. 6)</td>
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<tr>
<td>Early Utah Art: 1847 to 1940 (pg. 8)</td>
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<tr>
<td>Ethnobotany: The Study of How People Use Plants (pg. 8)</td>
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<tr>
<td>Forensic Anthropology: The Science Behind the Media (pg. 8)</td>
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<td>French: Getting Started (pg. 8)</td>
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<tr>
<td>Human Ancestors: Geological and Environmental Background (pg. 9)</td>
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<td>Life and Times of Early Bountiful Pioneers, Utah’s Second Settlement (pg. 10)</td>
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<td>Our Colonial Origins: Faith, Order, and Liberty (pg. 10)</td>
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<tr>
<td>Reading Walden (pg. 12)</td>
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<td>Roads to Just Peace (pg. 12)</td>
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<td>$109</td>
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<tr>
<td>Spanish: Getting Started (pg. 12)</td>
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<tr>
<td>Spanish: Continuing (pg. 12)</td>
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<tr>
<td>Surviving as a Minority in the Middle East (pg. 13)</td>
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<tr>
<td>Tolstoy: Life, Philosophy, and Anna Karenina (pg. 13)</td>
<td>214</td>
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<tr>
<td>Tracking the Economy Out of the Great Recession (pg. 13)</td>
<td>215</td>
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<tr>
<td>Walking for Health (pg. 13)</td>
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<td>Wallace Stegner: Non-fiction (pg. 14)</td>
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<tr>
<td>Watercolor Painting (pg. 14)</td>
<td>712</td>
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<td>$159</td>
<td>$4</td>
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</tr>
</tbody>
</table>

**Tuition and Special Fees Subtotal**

The more you learn the better the value. Buy 2 or more courses and get 10% off tuition. No coupon needed.

To register, call (801) 585-5442 or visit www.osher.utah.edu
MEMBER INFORMATION

Name: ____________________________________________

Address, City, State, Zip: ______________________________

Phone: ___________________________ Cell: _______________________

E-mail: ______________________________________________

Student ID (if known) __________________________ Date of Birth: ____________

Referred by: ___________________________________________

Save a tree: receive your catalog and publications only by e-mail? YES □ NO □

Please include my listing in the member directory? YES □ NO □

Campus Rec pass? Include $30 in line 6 of payment section. YES □ NO □

To register, call (801) 585-5442 or visit www.oshers.utah.edu

COURSES AND MEMBERSHIP

Line 1: Course Tuition (from page 30)

Line 2: Multiple Course Discount (multiply line 1 by 10%)

Line 3: Course Tuition Subtotal (subtract line 2 from line 1)

Line 4: Special Fees (from page 30)

Line 5: Annual Membership Dues: $30 per year

New and renewing members only.
Need to renew is indicated on mailing label.

Line 6: Campus Recreation Facility Pass: $30 (optional)

Tuition, Fees and Membership Total: $________

GIFTS

Gift Amount $________

Donate 10% Discount $________

Gifts Total: $________

Special Instructions:

Please keep this gift anonymous

Special Instructions:

Publish donor(s) name(s) as:

Cash □ Please charge my credit card □ Check (pay to: The U of U)*

(please charge my credit card)

(please keep this gift anonymous)

Please charge my credit card □ Check (pay to: The U of U)*

(please charge my credit card)

Card #: ___________________________ Exp: ____________

Name on Card: ____________________________

Signature: ___________________________________________

Billing Address: ________________________________
Join, Renew, Register, and RSVP

Become an Osher member, renew your membership, register for classes, and RSVP for special events using the procedure below. Memberships are valid for 1 full year from date of purchase. For the best chance of getting your preferred classes and events, register early.

1 – Complete the member information on page 31 and other forms on pages 30 – 32 as needed.

2 – Submit your request with payment. Credit card payment is preferred.

- **Online:** www.oshер.utah.edu.

- **By phone:** (8 AM – 5 PM) at (801) 585-5442.

- **In person** (8 AM – 5 PM) or by mail:
  Continuing Education Registration Office
  Annex wing A
  1901 E. South Campus Dr., #1185
  Salt Lake City, UT 84112
  Register early to ensure that the class you want will have room for you, and to prevent classes with low enrollment from canceling. Refer to page 29 for important policies.

**EVENT RSVP WORKSHEET**

**Select up to 4 events.** Additional events may be requested 1 week in advance of the event. Call the office to check availability.

<table>
<thead>
<tr>
<th>Check to RSVP</th>
<th>Fall 2010 - Special Events</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Walking Tour of Salt Lake City’s Great Ladies</td>
<td>9/4</td>
<td></td>
</tr>
<tr>
<td>This is the Place Heritage Park Quilt Collection</td>
<td>9/7</td>
<td></td>
</tr>
<tr>
<td>Utah Opera Production Studio Tour</td>
<td>9/8</td>
<td></td>
</tr>
<tr>
<td>Rock Cliff Nature Center at Jordanelle Reservoir</td>
<td>9/9</td>
<td></td>
</tr>
<tr>
<td>University Health Care Pain Management Center</td>
<td>9/10</td>
<td></td>
</tr>
<tr>
<td>Fort Douglas Walking Tour</td>
<td>9/14</td>
<td></td>
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<tr>
<td>Rastar Communications Tour</td>
<td>9/15</td>
<td></td>
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<tr>
<td>Pioneer Craft House</td>
<td>9/16</td>
<td></td>
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<tr>
<td>UMFA: Las Artes de Mexico</td>
<td>9/24</td>
<td></td>
</tr>
<tr>
<td>AARP Driver Safety</td>
<td>10/12</td>
<td></td>
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<tr>
<td>All Around The U</td>
<td>11/10</td>
<td></td>
</tr>
<tr>
<td>Uintah Brewery</td>
<td>11/12</td>
<td></td>
</tr>
<tr>
<td>Weaving World Peace: Navajo Rug Show</td>
<td>11/14</td>
<td></td>
</tr>
<tr>
<td>Salt Lake City Main Library Tour</td>
<td>11/16</td>
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<tr>
<td>Lake Hills Memorial Mortuary, Cemetery, and Crematory</td>
<td>11/17</td>
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<tr>
<td>BYU Art Museum</td>
<td>11/18</td>
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<tr>
<td>Mrs. Fields</td>
<td>11/18</td>
<td></td>
</tr>
<tr>
<td>What Is Zen?</td>
<td>12/1</td>
<td></td>
</tr>
</tbody>
</table>

**IMPORTANT:** Many events have a wait list and we communicate the expected attendance with our hosts in advance. Call to cancel if you can’t attend so someone else may have your reservation. Do not attend an event if you do not have a confirmed reservation as this can place a burden on our hosts and is not fair to other members.